The Bulletin

February 2016

Congregation B'ngi Israel, Elizabeth, NJ - Affiliated 199



By Rabbi Steven Bayar

The word "Tzedakah" can be translated in different ways. Some translate it as "Charity" others as "the right thing to do." I choose to translate it as "rightful giving." This captures both the obligatory nature and the object (people in need) of the action.

In the workshops about Tzedakah that I have led through the years, I almost always start out with the question, "Why do we do Tzedakah?" You would be surprised at the responses I get from the simple fundamental question. They include: As Jews we are supposed to help those in need, Helping others is the highest goal we can aspire to, by helping others we help ourselves, it makes me feel good and it's a values we are taught to practice.

While all the answers are valid, they are not right. The correct answer is, "We do Tzedakah because it is a Mitzvah." It is ironic that most people do not connect eh action of Tzedakah with the concept of Mitzvah. It is troubling that, once this answer is given, no one seems to know what to do with it. Most people think a Mitzvah is a "good deed." While that may be the common understanding of the term, it is not accurate. The word Mitzvah means "commandment." Of course, your understanding of the term "commandment" depends upon whether you are "traditional" or "liberal."

Mitzvah is a concept directly linked to the term Covenant, which is our formalized relationship with God. Each movement within Judaism avers that we are a "Covenantal People." However, just as each movement understands our relationship with God differently, each views the "Covenant" differently. You cannot decipher the differences between traditional and liberal unless you learn the differences of this religious vocabulary.

Our community is created by the combined elements of Covenant and Commandment. To put it another way, our relationship with God determines how we relate to one another. The Torah is our guide; we learn about Covenant, Commandment and Community from studying the narratives and laws of the Torah.

Remember, the wicked son of the Haggadah asks, "What are these observances to you?" He says, "you" not "we." Thus he excluded himself from the community and its laws. That is why he is called wicked.

Help us and support our efforts to "do Tzedakah" in our area.

Steven Bayar

Shabbat Services

Kabbalat Shabbat	8:15 pm
Shabbat Morning	9:00 am
Tefilot Yeladim (Grades 3-6)	10:15 am
Tefilot Ketanim (K-2)	10:30 am
Tot Shabbat (Preschool)	10:30 am
Shabbat Journeyers	
Minyan (2/13)	10:45 am
Yaldeinu (1/6)	9:30 am

Candle Lighting

February 5	5:01 pm
February 12	5:10 pm
February 19	5:18 pm
February 26	5:26 pm

Mincha/Havdallah

February 6	5:16 pm/6:16 pm
February 13	5:25 pm/6:25 pm
February 20	5:33 pm/6:33 pm
February 27	5:41 pm/6:41 pm

Minyan Rotation

1/31–2/6	Shaykevich - Smith
2/7–2/13	Solomen - Szerlip
2/14 -2/20	Talpins - Weiner
2/21-2/27	Weinstein - Williams
2/28 –3/5	Wisnudel - Zucker

This is a reminder that you are scheduled on the Minyan Rotation List for this month. *We urge* you to make every effort to attend minyan, the times are listed below.

Morning Minyan 7:10 am Mon. & Thurs. 7:15 am Tues., Wed. & Fri. 8:30 am Sun. **Evening Minyan** 8:00 pm Sun.-Thur.

Let's Kvell Together!

Send us your simchas! New baby, engagement, marriage, anniversary, milestone birthday... Special honor or recognition in the community... You get the idea!

Share your joy with your CBI family... let's kvell together! Send your information to: Lisa Roth at lisar@cbi-nj.org.

MUSICAL NOTES By Cantor Lorna Wallach

I spend quite a bit of time exercising my spiritual "muscles". My goal is to reach new spiritual heights and to make my prayer experience meaningful as opposed to routine. But even as someone who is knowledgeable and comfortable with our liturgy, it is still a challenge to not pray by rote! When it comes to Jewish prayer, there are laws about how to pray, when to pray, what to pray. There are fixed times, fixed ways, fixed texts. On the other hand, prayer is supposed to be worship



of the heart, the outpouring of the soul. There are two principles that guide Jewish prayer: *Keva* (fixed prayer) and *Kavana* (concentration or intention when praying). Just as athletes must have their daily practice routines and always focus, Jewish worshippers must figure out how to synthesize the prescribed daily prayers with our own personal intention. Tradition brings us the words, but we must bring the meaning.

The two passages that follow illustrate the principles of Keva and Kavana.

Abraham Joshua Heschel, in his book *Man's Quest for God: Studies in Prayer and Symbolism*, wrote: "How grateful I am to God that there is a duty to worship, a law to remind my distraught mind that it is time to think of God, time to disregard my ego for at least a moment! It is such happiness to belong to an order of the divine will. I am not always in a mood to pray. I do not always have the vision and the strength to say a word in the presence of God. But when I am weak, it is the law that gives me strength; when my vision is dim, it is duty that gives me insight."

This passage is by Rabbi Jules Harlow, from his book *Pray Tell: A Hadassah Guide to Jewish Prayer.* "How can I express my deepest personal feelings with the words of a formula that I did not write? The use of a common expression can answer the question. "I love you." These words constitute a formula of sorts, one that I did not invent. If, however, I do not say those words to the people I love, and if I do not hear them, what am I? Those three words--I love you--can be as meaningful or as meaningless as we show them to be through the way we live. When we invest ourselves in those "three little words," when our actions reflect our love, then that familiar formula has meaning. The same is true with the words of prayer. We must invest ourselves in them, heart and soul, as we listen to what the words convey."

I encourage all of you to exercise your spiritual "muscles" when possible, and if you feel that it's challenging, then pray for the ability to pray!

Lorna Wallach

To contact Cantor Wallach, email her at cbicantor@cbi-nj.org

B'NAI MITZVAH



Alexander Popolow

February 6

Alex is a 7th grader at Millburn Middle School. He loves reading, gaming, recreational sports, and spending time with his friends. He also enjoys playing the tuba in the middle school band, select wind ensemble and symphonic orchestra. Sharing in this simcha are Alex's parents, Shari and Brett, twin brother Jacob,

sister Maddie, his grandparents, Lillie and Ron Brandt, Barbara Leiland and Jonathan Mallamud, and Michaeline and Michael Popolow, along with many aunts, uncles and cousins. He thanks Rabbi Bayar, Cantor Wallach, and Alan Herschenfeld for helping him prepare for this very special day.

Jacob Popolow

February 6

Jacob Popolow is a 7th grader at Millburn Middle School. He enjoys travel soccer, running, basketball and spending time with his friends. Jacob especially enjoys his summers spent at Camp Ramah in the Berkshires. He is happy to be sharing this simcha with his parents Shari and Brett, twin brother Alex, sister Maddie, his grandparents, Lillie and Ron Brandt, Barbara Leiland and Jonathan Mallamud, and



Michaeline and Michael Popolow, along with many aunts, uncles and cousins. Jacob sincerely thanks Rabbi Bayar, Cantor Wallach, and Paula Touger for working with him to prepare for this milestone.

Mitzvah Project

Together, Jacob and Alex have been volunteering with and helping to raise money for the Friendship Circle which is dedicated to promoting a greater awareness and understanding of people with special needs, and encouraging respect and empathy for those facing challenges. Jacob and Alex participated in and completed the Mitzvah Volunteer Program, they raised funds for the recent Friendship Circle Walk, and they currently volunteer every other Sunday in the Torah Circle Club spending time with special needs friends enjoying art, baking, sports, gym time and Torah learning.

In The Community

<u>Mazel Tov to:</u> INTRODUCING STEVEN KANDLER, SYNAGOGUE DIRECTOR

We are pleased to announce that Steven Kandler has joined Congregation B'nai Israel as Synagogue Director.

Steve is a former Executive Director at Temple Beth Shalom in Livingston and recently served as the Interim Executive Director of the Conservative Synagogue Adath Israel Riverdale in New York.

Steve is a native of Brooklyn, NY, having left many years ago with his wife, llene, to pursue doctorate work in chemistry at New Mexico State University. After some time in the chemical industry, he found his true calling in Jewish communal life, starting as Administrator of Congregation B'nai Israel in Bridgeport, CT. He has served as an administrator/executive director at Reform and Conservative synagogues in Connecticut, New Jersey and New York for over 22 years.

Steve looks forward to meeting you! You will always be able to find him in the synagogue office...stop by and say hello!

Refuah Shleima to:

Anitta Fox, Sharon Sloan, Joe Siff and Karen Tucker.

Condolences to:

Shirley Judd on the passing of her beloved husband, Leonard Judd. Rubin Sinins on the passing of his beloved father, Stephen Sinins.

<u>Welcome to:</u>

Abraham Telechanski and Marienela Cordoba and family



Sisterhood's Message

By Karen Tucker, Sisterhood President

Winter Energy Check

If you are like me when the weather begins to get cold I check the furnace, the fireplace, the windows and doors for drafts and where the extra blankets are. But what about our internal energy check? It is this time of year we tend to



hibernate in the warmth our homes. The warmth of companionship, however, is also very important.

Through all of my medical issues being able to attend Sisterhood Shabbat was at the top of my list.

So yes - we just celebrated Sisterhood Shabbat – one of what I feel is the warmest of CBI events. It shouldn't and needn't stop here. We have many programs throughout the winter to both warm the heart and spirit as well. Mah Jongg and Knit and Knosh always welcome new faces- including those who have never played, knitted or crocheted as well at those who are proficient in any of these areas. Rosh Chodesh is always inspiring (and delicious as well). For those of you who do not relish the idea of winter driving please let me know and I'll "hook you up" with someone in your neighborhood willing to drive.

My thanks go out to Susan Gordon for her ability to gather more than 60 women to participate in the entire Sisterhood Shabbat experience. To Helaine Ettinger, Janet Slifer, Paula Touger and team for coordinating our delicious spread, and inviting surroundings. But most of all to you all for attending and supporting CBI Sisterhood. This year in particular will hold a very special place in my heart.

Thanks also go out to those manning the table at MLK mitzvah day. We know children in Israel will have many soothing hours with their new friends.

We are actively putting together our executive board for 2015-16. If you are interested in joining the Sisterhood board or helping with events please feel free to contact me to discuss – the possibilities are endless!

Take advantage of what Sisterhood has to offer and what you can bring as well. I am always available by phone, email or to sit and chat. I can be reached at 908-313-5677 or at karenltucker@comcast.net.

As always, please join us and join in- you'll be surprised how much fun it is!

Upcoming Events:

Feb. 10: Wed. 6:15-7:45 pm	Movie Night, <i>Deli Man</i> – see flyer for rsvp	
Feb. 17: Wed. 7:15-9:15 pm	Mah Jongg	
Feb. 23: Tues. 7:30-9:00 pm	Knit and Knosh	

Karen Tucker

To contact Karen, email KarenLTucker@comcast.net



DON'T MISS THE DEADLINE

Please note, the deadline for the March 2016 bulletin is February 10. Information contained in the bulletin each month is time sensitive. We appreciate your cooperation in order to ensure that the Bulletin reaches everyone by the beginning of each month. Space permitting, we will do our best to include your item(s), and we reserve the right to edit your submission. Please submit all material to CBlbulletin@cbi-nj.org.



Bar / Bat Mitzvah Parent Meetings

Parents of Students with 2017-2018 B'nai Mitzvah Dates Tuesday, March 1 at 7:30 p.m. Sunday, March 6 at 11:00 a.m.

Parents of 2017-2018 B'nai Mitzvah students are invited to attend this meeting which will include information on the Bar/Bat Mitzvah process, an overview of the student's preparation, and the logistics and policies of the congregation. It's a great opportunity to meet and speak with other B'nai Mitzvah families and to ask questions to members of the staff and the lay volunteers charged with creating the B'nai Mitzvah experience at CBI.

PLEASE NOTE: Parents only need to attend ONE of these meetings! The same information will be given at both meetings but we offer it twice so that parents can choose the time more convenient for them! **QUESTIONS?** Please contact Celeste Johnson in the Clergy Office at cbjmillburn@aol.com.

Parents of 4th Grade (Dalet) Students Who Have Not Been Assigned a Bar/Bat Mitzvah Date Sunday, April 3 at 11:00 a.m. Monday, April 4 at 7:30 p.m.

Are you the parent of a current 4th grade/Dalet student at BBRS, GOA, or Kushner? Haven't been assigned a Bar/Bat Mitzvah date for your child? If so, please know that the B'nai Mitzvah Scheduling Committee will be holding meetings on Sunday, April 3, and Monday, April 4, and your attendance is requested! You can attend whichever date is best for you. The same information will be discussed at each meeting. We will be discussing B'nai Mitzvah scheduling and give you the opportunity to share your preferences for dates.

PLEASE NOTE: Parents only need to attend ONE of these meetings! The same information will be given at both meetings but we offer it twice so that parents can choose the time more convenient for them! **QUESTIONS?** Please contact Michelle Daniel at michellefdaniel@ gmail.com.

February 2016 Yahrzeit Donors

Ronnie Armuth Mark Chasin Treasure & Rich Cohen Judy & Gary Dubro Peter Eilbott Samuel Estreicher Harriet Farber Klein Janet Fischer Selma Friedman Robert Fulop Jacqueline Gershman Linda & William Glasofer Howard Greenwald Terry Hofflich Hanna Keselman Lois Kleiner Donald Lakin

Sheila Marx Flo Ellen Maslow Erica Maurer Lenore May Helene Moehlman Marion & Murray Mohl **Ruchard Neibart** Frieda Ostrowsky **Jacqueline Printz** Allan Reiss Kenneth & Jeryl Rempell Gloria Segel Sally Shotkin Petra Siegal Stacey Thornton Lorna Wallach Neil Yaris

MEN'S CLUB MINUTE

By Dan Richter, Men's Club President

Mazal Tov to this year's Cholent Champ at Men's Club Shabbat...unless it was me. If I was the winner, I'm telling you, the contest wasn't rigged. And I wouldn't be congratulating myself here. Right? Whoever it was will be basking in a year of free Men's Club membership next year. Their name will be emblazoned on the Men's Club Kiddush cup for years to come...unless one of the other shuls takes our trophy away in a bowling contest. So belated congratulations to the Men's Club bowlers who kept the cup here one more year, fending off bowlers from the Men's Club of Oheb Shalom and Beth El. This year it was a whole team average, and David Sotnick's Chai score of 180 anchored us. Next year we are expecting more local Conservative shuls to enter the competition. So bowlers, practice up!

I hope everyone who was able to come out to the Men's Club Shabbat around the Clock program on January 29th-30th enjoyed. It's truly my favorite part of the year for gathering with our CBI community. Thanks to the Men's Club Shabbat Committee for organizing, to Chef David and Chef Nahum for another wonderful Friday night dinner, to the Cholent Cooks of the Second Annual Cholent Challenge, to Dan Dovdavany for organizing another entertaining D'var Torah, to all those who volunteered to learn lines of Torah and read the Haftarah, lead a service, lead us singing (thank you Len Hausman) and to those who joined in to do all of the other honors for the services, and especially to the volunteers and the donors who made this event possible. What a treat to have the CBI band play for us again!

With such a long warm lead-in to this winter, there is less focus on the annual Punxsutawney Phil February



forecast. In fact many of us would welcome 6 more weeks of winter to make up for missing ski trips or sledding this winter. rides Regardless Phil's frosty or not-so-frosty forecast, we will have far more than 6 weeks of great Men's Club Programming ahead. We will continue yearround, even through summer the with wonderful events.

BUT HERE'S THE 6 WEEK MEN'S CLUB FORECAST ANYWAYS:

World Wide Wrap Sunday Feb 7th for Kitah Vav and Parents 11:15 am-noon

Men's Club wrap stars and our Religious School Director, Rabbi Sharon Litwin, will present the why and the how of wrapping teffilin to the students of Kitah Vav and their parents. This is always a super program on super Sunday.

Health Forum Monday night Feb 29th - 8:20 pm

Come hear physicians from our CBI community provide important health updates for you! Healthy and Less Healthy Snacks to be served. Drop in! Free and open to all members and guests of CBI! For more information, contact Dr. Jeff Greenberg at jeffrey.greenberg@nyumc.org or drop a note to the Men's Club at cbimensclubmillburn@gmail.com.

It's a Hockey Night in Newark! Sunday March 6th - 5 pm at the Prudential Arena

Come join the Men's Club along with Men's Clubs from all over New Jersey at the Prudential Center in Newark as Tyler Kennedy of the New Jersey Devils faces off against former teammate Sydney Crosby and the Pittsburgh Penguins. I will buy a bottle of Scotch for CBI kiddushes (any bottle served at our Scotch in the Sukkah or equivalent price) for any goals scored by <u>Jewish hockey players</u>....1 bottle for the Devils Jewish hockey player goals and 2 bottles for the Penguins Jewish hockey player goals. Ticket costs, kosher food availability, Jewish hockey players, and other details to follow in coming flier.

OUR CONTINUING PROGRAMS

Pick-up Basketball

Wednesdays at 8:30 p.m. at Hartshorn Elementary School, 400 Hartshorn Drive, Short Hills Sundays at 9:15 a.m. YM-YWHA, 501 Green Lane, Union. For more information, contact David Touger at dtouger@aol.com

Fencing

The group meets Wednesdays at 8pm in the Social Hall at CBI. Instruction and coaching is led by CBI fencing coach, Len Rubin. Our very own Rabbi Bayar is often in the mix! For more information contact Michael Jurist at michael.jurist@verizon.net

Book Club

The last meeting for Book Club at the home of Hernan

Wurgaft on January 26th, which was Hernan's birthday, where the book *All Who Go Do Not Return: A Memoir*, by Shulem Deen was discussed. For more information on the next book and location of the next meeting, contact Ed Nadel at enadel@lowenstein.com.

Food for thought

It seems that after a good number of Star Wars based CBI Men's Club Minute articles, that the Star Wars bug has spread outside of our synagogue and to other Jews. JJ Abrams, for example made an entire sequel movie to Return of the Jedi called "*The Force Awakens*," and he has even begun production on further movies. Supporting this like-minded fan, I took some time to watch this movie 253 times. But even after re-watching it, I still found that I was unable to answer some very important questions. For example: I got a red light saber in the kitchen, that was already used for fleishik. Can I use it for milchik also? The cutting edge, after all, is light and not a substance. I think the problem is with the handle. So another light saber might need to be purchased. So I'll keep the red light fleishik. Then please keep your eye out for a green light saber, and I'll use that for milchik.

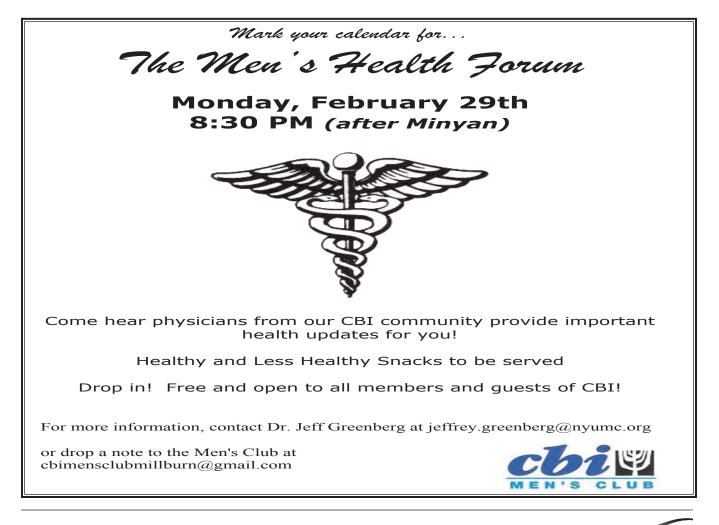
But seriously folks, we are looking to train up more mashgichim in the <u>kitchen</u>. Rabbi Bayar has agreed to train up a new cadre. If you are interested in taking this class, please reach out with details below.



As always, if you have questions about the Men's Club, feel free to drop me a line at cbimensclubmillburn@gmail.com or daniel.richter@ verizon.net or call me at 732-261-5138.

Daniel Richter

Men's Club President cbimensclubmillburn@gmail.com c: (732) 261-5138



COMMUNITY EVENTS AT A GLANCE

You can also check the calendar on our website www.cbi-nj.org

Monday, February 1

- 7:10 am Morning Minyan
- 9:30 am Adult Learning The Genius of Maimonides (morning session)
- 7:30 pm Adult Learning The Genius of Maimonides (evening session)
- 7:30 pm BBRS Board Meeting @ BBRS School Wina
- 7:30 pm Sisterhood Board Meeting @ MPR
- 8:00 pm Evening Minyan
- 8:00 pm Membership Meeting @ Youth Lounae

Tuesday, February 2

- 7:15 am Morning Minyan
- 6:00 pm-7:15 pm Chaverim Top Chef Challenge
- 7:30 pm Executive Committee Meeting @ Youth Lounge
- 8:00 pm Evening Minyan

Wednesday, February 3

- 7:15 am Morning Minyan
- 12:30 pm Adult Forum Lunch & Learn @ **Oheb Shalom Congregation**
- 8:00 pm Evening Minyan
- 8:00 pm Men's Club Fencing

Thursday, February 4

- 7:10 am Morning Minyan
- 9:30 am Adult Learning Introduction to Islam
- 8:00 pm Evening Minyan

Friday, February 5

- 7:15 am Morning Minyan
- 6:45 pm Shir Shabbat Service

8:15 pm Kabbalat Shabbat

Saturday, February 6

- 9:00 am Shabbat Services -B'nei Mitzvah of Alexander and Jacob Popolow
- 10:15 am Shabbat Birthday Morning
- 10:30 am-12:00 pm Minyan Gesher (Grades 2-6) @ Room 205
- 10:30 am 11:15 am Minyan Katan (Age 2 through 1st Grade) @ MPR
- 10:30 am 11:15 am Minyan Shalom (PreK through 1st Grade)
- 11:15 am-12:00 pm Yaldeinu @ Chapel
- 7:00 pm Musical Gala of Congregation B'nai Israel @ Crystal Plaza

Sunday, February 7

- 8:00 am Morning Minyan
- 10:00 am-12:00 pm Sisterhood Gift Shop Open
- 11:15 am-12:00 pm World Wide Wrap with BBRS Kitah Vav and Men's Club
- 8:00 pm Evening Minyan

Monday, February 8

- 7:10 am Morning Minyan • 9:30 am Adult Learning The Genius of
- Maimonides (morning session) 7:30 pm Adult Learning The Genius of

February 2016 Shevet/Adar I 5776

- Maimonides (evening session)
- 8:00 pm Evening Minyan
- 8:20 pm Men's Club Meeting

Tuesday, February 9

- 7:15 am Morning Minyan
- 7:30 pm Board of Trustees Meeting @ MPR
- 7:30 pm-9:00 pm USY Israeli Game Night •
- 8:00 pm Evening Minyan

Wednesday, February 10

• 7:15 am Morning Minyan

- 6:15 pm Sisterhood Rosh Chodesh Movie Night! @ MPR
- 8:00 pm Evening Minyan
- 8:00 pm Men's Club Fencing

Thursday, February 11

- 7:10 am Morning Minyan
- 9:30 am Adult Learning Introduction
- to Islam
- 6:00-pm 7:15 pm Kadima GaGa and Glam
- 8:00 pm Evening Minyan

Friday, February 12

- 7:15 am Morning Minyan
- 8:15 pm Kabbalat Shabbat •

Saturday, February 13

- 9:00 am Shabbat Services
- 10:45 am Shabbat Journeyers' Minyan

Sunday, February 14 - BBRS Closed

- 8:00 am Morning Minyan
- 8:00 pm Evening Minyan

Monday, February 15 - BBRS Closed, **HGECC Closed for Winter Recess**

- 8:00 am Morning Minyan
- 8:00 pm Evening Minyan

Tuesday, February 16 - BBRS Closed, **HGECC Closed for Winter Recess**

- 7:15 am Morning Minyan
- 8:00 pm Evening Minyan •

Wednesday, February 17 - HGECC Closed for Winter Recess

- Morning Minyan 7:15 am
- •
- 7:15 pm Open Mah Jongg @ MPR • 8:00 pm Evening Minyan
- 8:00 pm Men's Club Fencing •

Thursday, February 18 - BBRS Closed,

- **HGECC Closed for Winter Recess**
- 7:10 am Morning Minyan
- 12:30 pm Adult Forum Lunch & Learn Film
- 8:00 pm Evening Minyan
- 8:00 pm Religious Affairs Committee Meetina

Friday, February 19 - HGECC Closed for Winter Recess

- 7:15 am Morning Minyan
- 8:15 pm Kabbalat Shabbat

Saturday, February 20

• 9:00 am Shabbat Services

Sunday, February 21 - BBRS Closed

- 8:00 am Morning Minyan
- 5:00 pm Chanting Circle @ Chapel
- 8:00 pm Evening Minyan

www.cbi-nj.org

Monday, February 22 - BBRS Resumes

7:30 pm Adult Learning - The Genius of Maimonides (evening session)

7:30 pm Down the Block Meeting @ Youth

• 7:30 pm Sisterhood Ladies Night Out Wine

9:30 am Adult Learning - Introduction to

• 6:00 pm-7:15 pm Kadima - Mitzvah

7:30 pm-9:00 pm USY - Challah for

10:30 am-12:00 pm Minyan Gesher

10:30 am-11:15 am Minyan Katan (Age 2

10:30 am-11:15 am Minyan Shalom (PreK

10:45 am Shabbat Journeyers' Minyan

10:30 am-12:00 pm BBRS Hey Class

• 12:00 pm-1:00 pm BBRS Tichon Plus

7:30 am Knit and Knosh @ Youth Lounge

7:30 pm-9:00 pm Health Forum

7:00 pm USY - Havdallah and Late Night/

Maimonides (morning session)

8:00 pm Evening Minyan

7:15 am Morning Minyan

Tuesday, February 23

& Canvas @ Offsite

• 8:00 pm Evening Minyan

Wednesday, February 24

Thursday, February 25

•

Islam

Madness

Hunger

Friday, February 26

Saturday, February 27

7:15 am Morning Minyan

8:00 pm Evening Minyan

• 8:00 pm Men's Club Fencing

• 7:10 am Morning Minyan

• 8:00 pm Evening Minyan

• 7:15 am Morning Minyan

• 8:15 pm Kabbalat Shabbat

• 9:00 am Shabbat Services

(Grades 2-6) @ Chapel

through 1st Grade)

Sunday, February 28

LockIn

through 1st Grade) @ MPR

8:00 am Morning Minyan

Parent-Student Workshop

• 8:00 pm Evening Minyan

• 7:10 am Morning Minyan

sponsored by Men's Club

• 8:00 pm Evening Minyan

Monday, February 29

•

8:00 pm HGECC Board Meeting

Lounge

7:10 am Morning Minyan 9:30 am Adult Learning - The Genius of

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A very special thank you to our Gala Committee for their tireless efforts in making the Gala a success ...

Gala Co-chairs

Nan Greenwald & Steve Brown

Gala Committee

Deena Bernhaut **Corey Biller** Barbara Brown Heidi Cohen Roni Chasin **Rozlyn Engel** Jonathan Engel Sheldon Greenholtz **Robin Glatt** Isabel Goldfaden Sharon Ingber Boaz Kimelman Carol Marcus Sydra Miller Ilisa Perlman Micole Richter Ruth Rosenberg Alyssa Russo Jane Yaris

Honorary Gala Chairs

Rabbi Steven Bayar Elizabeth & Gerald Cohen Betsy & Phil Darivoff Mariela & Ari Dybner Ellen & Larry Garber Andrea & David Hirschfeld Linda & Donald Lakin Lisa & Erik Lindauer Wendi Weill & Matthew Seiden Susan & Jerry Webman



for Everyope!

Sunday, March 20, 2016 Purim Carnival Wednesday, March 23, 2016 Children's Purim Service ~ 6:30 pm (Followed by Festive Family Oneg) USY - Capture the Rabbi ~ 7:00 pm Congregation Megillah Reading ~ 7:30 pm

MORE INFORMATION WILL BE FORTHCOMING!!!

YOUTH GROUPS REPORT

Millburn USY

Millburn USY has incorporated SA/TO into so many of our events so far far this year. SA/TO stands for Social Action Tikun Olam, this is the part of USY that is geared towards doing mitzvot and raising money for tzedakah. We as a chapter have raised approximately \$300 for the fund thus far and we are still going strong. Some of our SA/TO themed events included Mitzvah Madness, Chanukah Casino Night and Baking for the MLK Mitzvah Fair. Mitzvah Madness was an event in which we made blankets for Project Linus, a program that takes handmade blankets and gives them to children in hospitals. We also made cards for soldiers and spoke about the importance of doing good deeds. Chanukah Casino Night is one of our annual events that everyone looks forward to. At this event we sold casino chips and played games like Texas Hold 'em, Black Jack and good old Dreidel. At the end of the event we transferred the chips into raffle tickets and then used them to raffle of prizes. This is one of our most successful events to raise money for tzedakah and is always fun. For our most recent event, we came together on a Sunday to bake homemade brownies and cookies to sell at the MLK mitzvah fair. It was great to see everyone in the community come together doing good. We have had an amazing year so far and look forward to our Challah for Hunger event and Purim fundraising.



DONATIONS

If you wish to send a tribute please call the main office at 973-379-3811 ext.111 or email: lisar@cbi-nj.org.

Synagogue Fund

Matt, Liz and Aiden Goldberg – Mazel Tov! Thank you for sharing your special day with the congregation. I was happy to be a part of it!

Andrea Hirschfeld

Marc, Amy and David Wisnudel – Mazel Tov! Thank you for sharing your special day with the congregation. I was happy to be a part of it!

Andrea Hirschfeld

Maureen Genderson – Wishing you the best and speedy recovery!

Andrea Hirschfeld

Rabbi's Music Fund

Rabbi Bayar & Ginny Twersky- Mazel tov on your marriage! Naomi & Gerry Eisenberger- In honor of the Musical Gala!

Terry Hofflich

Cantor's Music Fund

Linda Sotnick & Family- In memory of Phyllis Katz Jill & Barry Cohen & Family

Sharon Selinger-In memory of your beloved father. Jill & Barry Cohen & Family

Andrea & Michael Tannenbaum

Cantor Lorna Wallach-Thank you for chai years of melodious leadership and friendship. Enclosed is warmth from Florida!

FloEllen and Richard Maslow

Hedwig Gruenewald Early Childhood Center Fund

Burk-Mendlovitz Youth Fund

Phyllis S. Magid Adult Forum Fund

Kathy Galanty – You are in our thoughts for a successful recovery. May you heal quickly and completely! Gloria and Herb Smith

Max Alper Prayer Book Fund

Shirley Alper & Family- In memory of Irving Alper Shirley Alper & Family- In memory of Irving Alper

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Friday Evening SHIR SHABBAT SERVICE

(Shir Shabbat is Hebrew for Shabbat Song!)

Welcome Shabbat with an interactive service co-led by our students along with Clergy.

Shir Shabbat is a complete Friday night service...

...with tunes synced with prayers learned in Blanche Bayar Religious School and Golda Och Academy. Come as a family and experience what **Shir Shabat** is all about...singing, prayer and spirit!

Friday at 6:45 p.m.

February 5 March 4 April 1 May 6

BBRS students receive Shabbat credit for attending this service. Traditional Kabbalat Shabbat Service will take place on these evenings at 8:15 p.m.

> For more information about **Shir Shabbat** or if you have any questions, please contact:

Rabbi Sharon Litwin, Director of Congregational Learning (973) 379-1134 slitwin@cbi-nj.org Torah Fund Women Ensuring Conservative/Masorti Jewish Education



A campaign to ensure our legacy to future generations of Conservative Jews by providing:

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Receive the Torah Fund pin for 5776 as OUR GIFT TO YOU in recognition of your generous support.

Pin design by Eytan Brandes

NAT'AH KAREM

Nat'ah karem is a phrase from the beloved prayer *Eishet Chayil*, taken from the biblical Book of Proverbs. We reenvision this prayer today with appreciation for the hard-working, generous, family-oriented woman who "plants a vineyard by her own labors" (Proverbs 31:7). We honor her productivity, independence, creativity, and orientation to a hopeful future with the 2016 Torah Fund pin/pendant.

For information, please contact your Sisterhood Torah Fund Chair or Rabbi Lilly Kaufman at likaufman@jtsa.edu or (212) 678-8876.

ISRAEL AFFAIRS

By Joe Tenenbaum



Supporting Israel

Last month I suggested three ways to support Israel in its struggle with violence within the country, and in its struggle with anti-Israel and anti-Semitic detractors throughout the world. My suggestions were:

- Communicate Make public statements of support and stay in touch with Israelis you know.
- Visit if you have plans to go, go. If you do not have plans, make plans. It is so important that the American Jewish community let Israel as a nation, and Israelis as individuals know that we will not be kept away.
- Support Support Israeli charities, and buy Israeli products. Attend events where Israelis appear.

This month I am able to provide you a couple of specific ways to support the country, and relate the story of a congregational family who recently visited Israel.

2016 AIPAC Policy Conference March 20-22, 2016

Please consider attending the 2016 AIPAC Policy Conference. AIPAC's mission of ensuring bi-partisan support for the US Israel relationship was challenged in 2015 due to the contentious issue of the Iran nuclear agreement. Please help bring the pro-Israel community together to maintain vigilance against Iran and to work for continuing strong support for the US Israel partnership. In past election years, presidential candidates have appeared at the Conference. Please act now to register for the conference.

This year's conference will be the largest ever, with several of the sessions being held at the Verizon center. The Conference begins Sunday morning and concludes on Tuesday afternoon with lobbying on Capitol Hill.

Hazon Bike Trip from Jerusalem to Eilat November, 2016

David Touger provided this information about an exciting and challenging way to show your commitment to Israel – Consider joining your fellow Congregants:

This year on November 8th over a dozen members of CBI will be participating in the **Hazon** Israeli Bike Ride. The Israel Ride is a fundraising event benefiting two innovative organizations –The Arava Institute for Environmental Studies and **Hazon**.

The Arava Institute for Environmental Studies is the premier environmental teaching and research program in the Middle East, preparing future Arab and Jewish leaders to cooperatively solve the region's environmental challenges. Through its activities, the Arava Institute encourages, fosters, and supports the advancement of environmental cooperation between Israel and its neighbors.

Hazon works to create a healthier and more sustainable Jewish community and healthier and more sustainable world for all. Through a series of retreats, food educational programs, and a growing network of like-minded organizations, **Hazon** provides transformative experiences and innovated educational programming within the Jewish community.

The Israel Ride is the premier cycling experience in Israel. Riders will enjoy five glorious days of biking, with route options for recreational riders and experienced cyclists. All routes are fully supported with plentiful local food, wonderful crew and mechanics, and great overnight locations. We also offer a non-riding option called Chaverim.

The week-long Ride includes orientation, five cycling days, and a day off for Shabbat. Each cycling day of the Israel Ride offers new cycling opportunities and challenges, although the basic flow of each day is the same.

There is something for everyone on the Israel Ride – for those new to Israel or seasoned travelers, for those coming on their own, with families, or part of local teams, and for riders of all ages. Learn about the ecological challenges in the region as you explore the Negev desert, and support the work of The Arava Institute for Environmental Studies as well as **Hazon**.

The ride is from Jerusalem to Eilat over a five-day period with a break for Shabbos in the middle. The CBI members are riding under the team tile of Desert Dawgs. You can ride 30, 50 or 75 miles a day so people of all different levels can participate. If you are interested in riding or contributing to the cause, contact David Touger at dtouger@aol.com . There will be more information distributed soon including how the riders will also be riding for the benefit of CBI.

The riders are very excited about participating in this wonderful and exhilarating event so come join them physically or figuratively by donating to the cause.

Trip to Israel

Congregants Robert Finkel and Jackie Printz travelled to Israel to visit their daughters, and they have provided a report on their trip. Thank you to Robert and Jackie for sharing their experience with us - and thank you to Rebecca for serving in the IDF!

Rebecca made her transition to Israel through Garin Tzabar. During her senior year in college she met once a month with a group of 30 or so college students who were making Aliyah to serve in the IDF. The group moved together to Israel. For the first three months, Rebecca was stationed in Ra'anana improving her Hebrew and getting accustomed to Israeli culture. In the fall, the group moved to Kibbutz Yechiam near Nahariya in the north. We are very proud of how many new friends Rebecca has made and how she has acclimated to a new country.

Rebecca's draft date was December 24, 2015, when she officially joined the army. Rebecca is slated for a non-combat position in foreign relations. Although a 22-year old, her basic training is with 18-year-old Israelis, supervised by a 19-year-old commander. Rebecca is learning now to march, form a "chet," shoot a rifle, and to clean a latrine.

To help Rebecca transition to the army, our oldest daughter Rachel was able to arrange a January legal internship in Israel with a group pursuing antiterrorism litigation in the United States. We were able to visit Rebecca and Rachel over the New Year's holiday, along with our daughter Emma (who so far appears to remain rooted in the U.S.). As a "lone soldier," Rebecca was given substantial leave to spend time with us during our visit. We were not unfazed by the recent events in the country, and tended to walk a little quicker and to linger a little less in our favorite public places.

Rebecca has two years of military duty in front of her. We are anxious to share her experiences in her foreign relations position and to visit her in Israel again as soon as we can.

Missing Soldiers

We must continue to pray for the remaining soldiers to return home:

Guy Hever Ron Arad Zachary Baumel Avi Feldman Yehuda Katz

Joe Tenenbaum

To contact Joe Tenenbaum, email him at TenenbaumJ@AOL.com





Aaron Glauberg, D.V.M.

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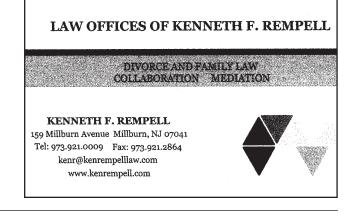
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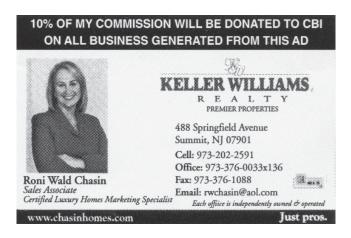
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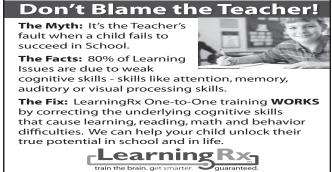
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