

The Bulletin



CONGREGATION
B'NAI ISRAEL

Congregation B'nai Israel, Elizabeth, NJ - Affiliated 1992

October/November 2015

SING! LEARN! CELEBRATE



CONGREGATION
B'NAI ISRAEL

Musical Shabbat

featuring
Shabbatoness
Jewish A Cappella Group
from the University of Pennsylvania
October 30 & October 31



Congregation B'nai Israel L'Dor V'Dor Speaker Series

The Genius of Maimonides

feature presentation by

Dr. Moshe Halbertal

World-Renowned Maimonides Scholar

Monday, November 23, 7:30 p.m.

Congregation B'nai Israel



cbi
MEN'S CLUB



Annual

Chanukah Dinner Dance

Save the Date!!!

Sunday, December 13th at 6:30 p.m.

The CBI Gala Celebration



SAVE THE DATE!

Saturday Evening

February 6th, 2016

at

Crystal Plaza in Livingston

More Details to Come!

Our Fabulous Honorees!

Sensational Musical Entertainment!

Shabbat Services

Kabbalat Shabbat	8:15 pm
Shabbat Morning	9:00 am
Tefilot Yeladim (Grades 3-6)	10:15 am
Tefilot Ketanim (K-2)	10:30 am
Tot Shabbat (Preschool)	10:30 am
Shabbat Journeys	
Minyan (11/7)	10:45 am
Yaldeinu (11/14)	9:30 am

Candle Lighting

October 23	5:46 pm
October 30	5:37 pm
November 6	4:29 pm
November 13	4:22 pm
November 20	4:17 pm
November 27	4:13 pm

Mincha/Havdallah

October 24	6:01 pm/7:01 pm
October 31	5:52 pm/6:52 pm
November 7	4:44 pm/5:44 pm
November 14	4:37 pm/5:37 pm
November 21	4:32 pm/5:32 pm
November 28	4:28 pm/5:28 pm

Minyan Rotation

10/25-10/31	Fried – Gershman
11/1-11/7	Gersho – Gottlieb
11/8-11/14	Greenberg – Halpren
11/15-11/21	Hausman – Jacobs
11/22-11/28	Jaffe – Keselman
11/29-12/5	Kessler – Krauss

This is a reminder that you are scheduled on the Minyan Rotation List for this month. **We urge you to make every effort to attend minyan, the times are listed below.**

Morning Minyan	Evening Minyan
7:10 am Mon. & Thurs.	8:00 pm Sun.-Thur.
7:15 am Tues., Wed. & Fri.	
8:30 am Sun.	

Let's Kvell Together!

Send us your simchas!
New baby, engagement, marriage,
anniversary, milestone birthday...
Special honor or recognition
in the community...
You get the idea!

Share your joy with your CBI
family... let's kvell together!
Send your information to:
Ana Amorim at lisar@cbi-nj.org.

FROM THE RABBI'S DEN

By Rabbi Steven Bayar

The high holidays are designed to help us learn about ourselves – and become good people. But what is a good person? Robert Coles defines it this way: A good person is one who in the first place has learned to take seriously the very notion, the desirability of goodness – a respect for others, a commitment of mind, heart and soul to one's family, neighborhood, nation and has also learned that goodness is not an abstract notion, but rather a concrete one.



In Genesis we learn that Adam and Eve were expelled from the Garden of Eden because they ate from the Tree of Knowledge. But the trees full appellation was the Tree of Knowledge of Good and Evil. For all we know they were rocket scientists with IQ's off the charts – but they didn't know the difference between Good and Evil. Once they ate the fruit and were able to discern the difference, Eden was no place for them. And isn't it ironic that the first action they took after ingesting the fruit and recognizing their vulnerability and transparency was to make clothing – perhaps a symbol of their becoming materialistic and dealing with shame.

And we spend inordinate amounts of time calculating how much we have and how much we don't have, how much we want and how much everyone else has, or needs or wants. And we become so wrapped up in pursuit of success we tend to confuse success with goodness. We infuse ourselves with goals and strive to achieve those goals and confuse the achievements with bringing meaning into our lives. Then, if we are unlucky enough to reach those goals – we find that they themselves are devoid of meaning. Our achievements have kept us busy – but not satisfied us.

We look to success from a variety of sources: It is common to link success with our children. Yet, for many of us, the most interesting and productive times in our lives comes after we have children. For the majority, the greatest challenges and struggles also come in midlife and later.

To some success is finally achieving freedom from everything – to live a life where we are beholden to no one and under no one's control. But we find that without people to be responsible for – we have no one to care for us. Complete freedom means having no ties – and no direction – being totally free means there is no meaning.

To some success is a life without fear: being able to conquer their emotions and be prepared for whatever life brings. They mistake disconnection with courage. You have to feel fear to be brave – just as you must have doubts to have faith – if you face life without fear you are not facing life – you are denying it.

Some people define success as always being right. They sail through life believing that winning arguments is success and losing them betokens failure. They can only feel alive when they are in conflict with others – and they will create conflict where none need be – so that they can feel alive. They easily see the flaws in everyone else – but are blind to who and what they are.

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MUSICAL NOTES

By Cantor Lorna Wallach

Stay Tuned for an A Cappella Musical Shabbat on October 30 - 31.

If you know even a little bit about me, you know my passion for singing – particularly singing Jewish music, both sacred and folk; and for making music with others through the venue of a choir. I have derived great joy and satisfaction from conducting our own CBI choir, whom you hear each year singing so beautifully on the High Holydays.



This past summer, as I have done for almost every summer since 1990, I enjoyed attending the North American Jewish Choral Festival, sponsored by the Zamir Choral Foundation. This festival is a 5 day gathering of over 500 people, all of whom share a passion for singing Jewish music (although not all of them are “professional” singers/musicians) and who share the objective of keeping alive the tradition of music in Jewish life and worship. A survey conducted on behalf of the Zamir Choral Foundation shows the impact that singing in a Jewish choir can have. There is strong anecdotal evidence that many people who are not otherwise involved in Jewish life find their way in through their love of Jewish singing. For me, singing in or conducting a Jewish choir is a way to integrate music, Judaism, community and spirituality.

For 10 years (1988 – 1998), I sang with the Zamir Chorale in New York. I didn’t even know that this Jewish choir existed until I was in Cantorial School. I always wished that I had had some type of outlet for singing Jewish music, especially with my peers, during my college years, but Jewish *A Cappella* groups had not yet become a presence on college campuses as they are at so many colleges today. Realizing the tremendous positive impact that singing Jewish music together can have in strengthening the Jewish identity of young adults in college, I feel it is critical for the future health and strength of the Jewish community to support the existence of such an extra curricular activity in colleges and to encourage students with an interest in music to get involved in these choirs.

Last Fall we enjoyed the beautiful *A Cappella* sounds of 2 college age choirs (each of whom had members who are from CBI!) and, what I hope will become an annual tradition at CBI, I have invited another college *A Cappella* group to spend a Shabbat with us later this month to share their talent and their sweet souls with our community! Please join us on **Friday night October 30** at a **7:30 PM service**, to hear the **SHABBATONES**, the Jewish *A Cappella* choir from the **University of Pennsylvania**. This talented group has a repertoire which includes Jewish, Israeli and popular American songs and they have even performed at the White House. These 16 students (including my niece!) will perform at our service on Friday night (Please note earlier start time!) and will also share their voices on Shabbat morning, with our Youth services and with community singing at Kiddush! These events are open to the entire community (you are welcome to bring your neighbors/friends who are not members of CBI) and I also hope to see the many UPenn alumni who are at CBI and in our area to show their support!

Lorna Wallach



To contact Cantor Wallach,
email her at cbicantor@cbi-nj.org

In The Community

Mazel Tov to:

Betsy and Allan Rauch in honor of the engagement of their son, Daniel to Laura Fletcher.

Rabbi Bayar in honor of your new grandson, Benjamin.

Refuah Shleima to:

Anitta Fox, Mort Gershman, Dennis Lowenthal, Sharon Sloan, Joe Siff.

Condolences to:

Joe Rubin on the loss of his beloved father, Samuel Rubin.

Shirley Alper on the loss of her beloved husband, Irving Alper.

David Ehrlich on the passing of his beloved father, Nathan Ehrlich.

Seymour Beneroff and Jamie Beneroff on the passing of their beloved wife and mother, Harriet Beneroff.

Marilyn Atlas Berney on the passing of her beloved father, Stuart Atlas.

President's Message

By Andrea Hirschfeld, CBI President

I hope you all have had wonderful holidays this year! I always have a renewed feeling of a fresh start after the summer. Last year when I spoke from the Bima during Rosh Hashana I tried to convey the feeling I have as a member of this community. It's a deep feeling, an attachment within my soul that I identify with from my childhood in Skokie, Illinois. My hope is that you will experience this community in the same way.



As I reflected on that hope throughout this first year as your president – a year with a mid-year staffing change for our new BBRS director, Rabbi Sharon Litwin – a year filled with compliments – and complaints, a year met with typical financial challenges – and a year during which I visited members who decided for various reasons to leave us – I felt sad. My naïve hope was that I could inspire you to feel as I do, especially during our celebrations of 90 years in Millburn – But maybe appealing to emotions is too difficult without the experiences of a 28-year membership. After 28 years of volunteering, donating, using the shul for my children's education and lifecycle events, I have a strong attachment. I believe that attachment is still something you can have without a lengthy membership – consider how many of us feel about our alma maters after only 4 years – we hope our children attend there – many of us join the alumni association, attend reunions, and cheer for the sports teams. But we only spent 4 years there.

This past year I developed new leaders with the Rabbi in

our United Synagogue sponsored Sulam program, helped others find their way into synagogue leadership and tried to be available and open. In celebration of 90 years in Millburn and with great help from the Board of Trustees – you donated funds to make major improvements to our sanctuary and the maintenance of the building. Next year we will continue implementing those improvements with new sanctuary windows and woodwork.

So for this next year – what can we hope to achieve? To secure our future, consider joining our Legacy Circle. If you believe that your synagogue community is part of your families' life and future Jews, consider joining and making a planned gift. No planned gift is too small. Imagine a time when our endowment fully funds our expenses!

But, it's up to you. Everything we have done at CBI has been done with your support. The gap in our budget because we have over a 2 and one half million dollar to service from our 2006 capital campaign has to be covered through fundraising. This year we will have a special Gala on Saturday night February 6th at the Crystal Plaza. Please mark your calendars and join us in celebrating with our honorees and Cantor Wallach for her 18 years of service. Dues, as you all know, only account for 2/3 of our budget income. If you haven't already donated to our High Holiday Appeal, please do so – it is critical to balancing our budget. This year, we will have a deficit budget if our fundraising falls short and we will start to invade our endowment. Please be as generous as you can.



To contact Andrea Hirschfeld,
email her at cbiandrea@gmail.com

Andrea

The CBI Gala Celebration



SAVE THE DATE!

Saturday Evening

February 6th, 2016

at

Crystal Plaza in Livingston

More Details to Come!

Our Fabulous Honorees!

Sensational Musical Entertainment!

Next Deadline

Please note, the deadline for the December 2015 bulletin is November 15. Information contained in the bulletin each month is time sensitive. We appreciate your cooperation in order to ensure that the Bulletin reaches everyone by the beginning of each month. Space permitting, we will do our best to include your item(s), and we reserve the right to edit your submission. Please submit all material to lisar@cbi-nj.org.

B'NAI MITZVAH



Holden Angelson September 26

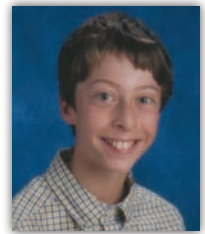
Mark Hubertus is a seventh grader at Millburn Middle School where he serves as a Peer Leader. Mark enjoys playing the string bass and is a member of the MMS orchestra as well as the Youth Orchestra of Essex County. He also plays travel soccer and baseball and is a member of Kadima.

Mark is excited to celebrate his special day with his parents, Michelle and Jim Hubertus, his siblings Jake and Rachel, and his grandparents Maxine and Bert Saum and Jackie and Jerry Hubertus. Mark would like to thank everyone at CBI for helping him reach this milestone especially all of his teachers at HGECC, BBRS, and Cantor Wallach, Rabbi Bayar, and his tutor, Paula Touger.

Brandon Samuels October 24 (AM)

Brandon is in the 7th grade at Millburn Middle School and has been a part of CBI since he was in kindergarten. Brandon is an avid tennis player, who also shares a passion for playing the guitar, and is currently playing in the Millburn Middle School Jazz Band. For Brandon's Mitzvah Project, he has decided to partner with CBI and the Interfaith Hospitality Network by collecting toiletries and donations for the IHN families who will be staying at CBI in late October. In addition, Brandon is donating stuffed animals to sick children in Israel through Bears from Bergenfield.

Brandon is excited to share this simcha with his family and his friends, and is thankful to Rabbi Bayar, Cantor Wallach and Paul Touger for their guidance in helping him to prepare for his Bar Mitzvah.



Elie Forster November 7

Elie Forster is an 8th grader who attends Millburn Middle School. Elie spends most of her time playing soccer, which she has been doing since she was 5 years old, and spends her summers at URJ Camp Harlam. In 8th Grade, Elie is participating in a school program called Peer Leaders. She participates in the Peer Leader Group called SPORT, which helps people stay active and healthy. Elie has been a part of CBI since pre-school.

Elie is excited to celebrate her simcha with her parents, Miri and Adam, her sister and brother, Orli and Ari, as well as her grandparents, all of whom have provided loving support throughout. Elie would like to thank Paula Touger, Cantor Wallach, and Rabbi Bayar for helping her to become a bat mitzvah and take her place in the Jewish Community.

Lexi Abrams November 21

Lexi is a seventh grader at Millburn Middle School. She enjoys acting, playing field hockey and lacrosse, and spending time with her friends. This year she is a peer leader in the MMS P2P Reach program. Lexi loves attending Camp Pembroke and spending the summer with her "summer sisters." She has been a member of the CBI community since her baby naming; she was a student at HGNS, starting with Rochelle's Mommy and Me class, attends BBRS and is a member of the CBI Youth Groups.

For her mitzvah project, Lexi combined her two loves of camp and field hockey. In October, she hosted a field hockey clinic that raised money for One Happy Camper NJ, a program of The Partnership for Jewish Learning and Life. Sharing in Lexi's simcha are her parents, Debra Nevas and Jonathan Abrams, her brother Seth, and her grandparents, Alan and Janet Nevas, Sondra Abrams and Lexi's step-grandfather, David Kleiner. Lexi is especially grateful to Paula Touger, Cantor Wallach and Rabbi Bayar for their assistance and enthusiasm in helping her to prepare for this special day.



HEDWIG GRUENEWALD EARLY CHILDHOOD CENTER

By Rochelle Baron, Director

Our school year is off to a great start! Even with the first few abbreviated weeks the children have made a smooth transition and have been learning, playing and becoming more comfortable in their new surroundings each day.



October was a busy month for our HGECC friends. The weekly family Shabbat program began on October 2 and we enjoyed going to the sanctuary to sing and hear stories read by Cantor Wallach. Our full slate of morning enrichment classes started mid-month featuring Mini-Music-Makers, Kid's Yoga, a nature class lead by a representative from the Hartshorn Arboretum and gymnastics with Travelin' Tumblers. After-school activities (from 2:00 to 2:45) started up the week of October 12 and will include Teddy Tennis, Tae Kwon Do, Happy Feet, and

Preschool Performers. The Millburn Fire Department visit that took place on October 26 once again was a fun event. Rounding out October was the annual Early Childhood Educators conference held at Temple Emanuel in Westfield. The entire staff participated and came away with all kinds of new ideas to bring to the classrooms. We also enjoyed working on welcome gifts for our IHN friends to use during their stay at CBI.

During November we look forward to learning about and celebrating Thanksgiving.

All of us wish all of you a happy and healthy holiday!

Rochelle Baron



To contact Rochelle Baron,
email her at HGECC@cbi-nj.org



CBI Chanting Circle

Join us in the Chapel on
Sunday, November 15, at 5 PM
as we explore Birchot Hashachar – the Blessings
of the Morning – through soulful and inspirational
chant and song with musical accompaniment.
Often there is barely a minyan when these verses
that begin the service are said.
Yet they are a treasure to be savored!

Be prepared to sing your heart open,
soothe your mind, and let your spirit
soar! No knowledge of Hebrew necessary,
or singing ability . . . only a wish to join in
spiritual community.

October 2015 Yahrzeit Donors

Nathaniel Feldman

Sarah Fisch

Owen Kirsch

Marion & Murray Mohl

Wendy Rosenberg

Leila Schott

Allan & Nancy Sloan

Leonard Wieselmann

A Message from the Director of Congregational Learning

By Rabbi Sharon Litwin

Shalom CBI Community,

Several of you asked to see a copy of my remarks from Rosh Hashanah. I share them below.

Shana Tovah.

I want to thank Rabbi Bayar for inviting me to address the community and to talk about my vision for Jewish education. Thank you to Cantor Wallach and to Andrea Hirschfeld and to the entire community for welcoming me as Director of Congregational Learning. I am so happy to be a part of this community.

The Shofar that we will hear momentarily is a call. For some it is a call to wake up, because they have been sleeping during services, for some it is a call to remember their family of origin and to think back to sitting next to their grandfather or grandmother in synagogue on these holidays in years past, and for others it is a call to action, to make changes in their lives and to think differently about the year to come.

For me, it is always about my childhood. It harkens me back to the synagogue where I grew up and my father getting excited with me to see how well the shofar would be blown, especially how long the Tekiah Gedolah would be. It reminds me of hanging out with my friends outside of shul on Rosh Hashana and how I couldn't imagine being anywhere else with any other people at that moment. The Shofar blasts are just a part of my Jewish soul. I love hearing them and I love when young people learn to blow the shofar and take it on as one sensory Jewish experience that they carry with them for the rest of their lives!

Lately I have been spending a lot of time pondering what exactly is the purpose of Jewish supplementary school education? Hebrew schools are a mainstay of most liberal synagogues in America and have been for almost a century. I went to Hebrew school in the 1980s and the Hebrew school that I went to is so different from BBRS, yet in essence, I think we have the same goals.

The core elements are the same. We want our students to have skills and knowledge so that they are comfortable in Hebrew and in synagogue settings. We want them to know how to observe Shabbat and holidays in their homes and in the community, and we want to instill in them Ahavat Torah and Ahavat Yisrael, a love of Torah and a love for the Jewish people. We want them to grow up to be Jews and to raise the next generation of Jewish children.

It is really hard to do this in 2015, especially for some children whose families may not be as Jewishly connected as others in the school. We are not really a supplemental school in that regard; we are the primary source for their Jewish education and all of their Jewish experiences. Home observances amongst many Jews in most liberal synagogues are not always done. Sometimes when I have asked my current and former students at Jr Congregation on a Shabbat morning what they did last night, I am pleased to hear that they lit candles or had a family meal together, but most of the time, there was a game, a school event, a movie, a trip to the mall, and Shabbat candles or Kiddush were all but forgotten or were an afterthought.

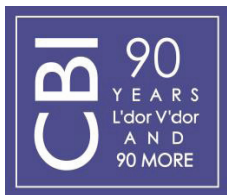
As a rabbi and a Hebrew school principal, I can't force my students and their families to find meaning in Jewish ritual. I can't make them pray. I can't force them to believe. I can't tell them, "you must go to Israel as a family to celebrate your child becoming Bar/Bat Mitzvah." So, it's a conundrum that I, and countless others like me, face in my work.

I have always had happy students. As I always say, I don't run your Zadi's Hebrew school. I strive for my school to be interactive, lively, engaging, modern, and uplifting. Together with the teachers, parents, and children, we work to create community in the classrooms and in our school-wide activities. I am proud of the accomplishments of my past experiences where my students were Hebraically strong and Judaically more knowledgeable than I was when I graduated Hebrew school. But, I don't know if they have what I call Yiddishe Neshamas, loosely translated as Jewish Souls to the Core. Did they graduate from Hebrew school with a Jewish consciousness and a daily awareness of their Jewish identity? Does the Shofar blast hit them in the kishkes? I hope so, but I don't know.

Will they grow up to be active members of a Jewish community, raise their children as Jews? Continue their Jewish education beyond what we can teach them at a 7th grade level, whether in our Tichon Hebrew High School program or in college or in Adult education settings? Will they travel to Israel and love it? Will they find meaning in the prayers and awe in the words of Torah? Will they know God? I hope so, but I don't know.

I am just taking the first steps as the Director of Congregational Learning here at CBI. I am called by the sound of the shofar to help to inspire our children and

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Congregation B'nai Israel

L'Dor V'Dor Speaker Series

The Genius of Maimonides

feature presentation by

Dr. Moshe Halbertal

World-Renowned Maimonides Scholar

Monday, November 23, 7:30 p.m.

Congregation B'nai Israel



Moshe Halbertal is Gruss Professor of Law at New York University School of Law, professor of Jewish Thought and Philosophy at the Hebrew University of Jerusalem, and a member of the Israel Academy of Sciences and Humanities. He is the author of numerous books, including his latest book, *Maimonides: Life and Thought*, which was released in November 2013. This book provides a comprehensive and accessible introduction to Maimonides' life and work. In 2000, Halbertal was asked by the IDF to join a group of philosophers, lawyers, and generals for the purpose of drafting the army's ethics code, a subject he remains deeply involved in to this day.

This event is free and open to the public.



160 Millburn Avenue
Millburn, NJ 07041
973-379-3811
www.cbi-nj.org

A Message from the Director of Congregational Learning

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everyone in this community to learn, to grow and to connect as Jews in 2015, which is a tall order. I hope to hear from many of you about what you hope to learn, about what you are passionate about, and about who you are. I hope to interact not just with our BBRS families but with the whole community. I have met many of you, but certainly not all, so please come by to say hello, my door is always open and I am happy to chat over a cup of something at my new favorite Kosher hangout, Squirrel and the Bee. I hope the

parents of my students will continue to be my partners over the course of their children's youth and adolescence and that we can find a way together to help to raise the students in our community and to nourish their Jewish souls to the core.

I wish you all a Shana Tova UMetuka.

Rabbi Sharon Litwin
Director of Congregational Learning

We Welcome Our NEW CBI MEMBERS

We welcome members who have joined our congregational family in recent months!
(Reflects July through September)

Kelly & Daniel Abramowitz
Sharon & Jason Altman
Maureen & Sam Bernstein
Amy & Ian Blackman
Alyssa & Andrew Bressler
Francis & Mark Dmiszewicki
Michelle & Joshua Greenfield
Rache Helman
Shirley & Leonard Judd
Wendy & Hank Kaplowitz
Gail & Jerry Katz
Katherine Wu & Eugene Kublansky
Rhee & Scott Nesson
Judy & Steve Orich
Ellen Ost
Amy & Josh Reiter
Shoshannah & Daniel Turgel
... and their families



Sisterhood Members FREE!

Open Mah Jongg Night **Wednesday, November 18, 7:15 pm**

Other Wednesday's at 7:15 pm:

December 16, January 13,

February 17, March 16, April 6, May 18, June 22

Presenting an opportunity to play your game, or join a new one; refresh your skills, or perfect them! Learner's table available.

RSVP to Amy Dantus. Abdant@gmail.com.

Members FREE!!! Non-Members: \$5.00

Rabbi's Message

continued from page 2

If we aspire to find the meaning in life we must first of all believe that there is meaning to life. Life can be good. There will always be heartache and sorrow. Life is not easy – but life can be good. But for life to be good we must believe in goodness – and to be good we must act in a way that is good. And if you refuse to see what is good in life, in yourself and in others – you will never achieve it.

How many of you remember Highlights magazine, when you see a picture and have to pick out what is wrong with it. Children love the challenge. We also do the same with life. But, by focusing most of our attention on what is wrong, we naturally become invested in seeing that something is wrong.

To see that life has meaning and be part of a community that feels the same is a blessing. Because when we truly are together we recognize that disputes are nothing more than disagreements among close knit family members and being right or coming out ahead mean nothing compared to caring and compassion. Everyone belongs in this room, no matter who, what or how they are – that is our “why.”

And we must be willing to be successful – but realize that the definition of success is being able to

care for others. For if you can truly feel empathy for the other person – then you will never be cruel.

Steven Bayar

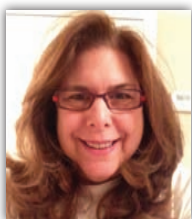
Tributes, Donations, Contributions

If you would like to have a tribute card sent to any of the families listed in memoriam or in honor of a life cycle event, you can make donations online at: www.cbi-nj.org or contact the synagogue office at 973-379-3811.

Sisterhood's Message

By Karen Tucker, Sisterhood President

As you read this the high holidays will be behind us and we will be in full swing of fall programs. It was wonderful to see so many of you during the holidays and to chat and catch up about the happenings of the past year.



It's always exciting to embark on a new year of Sisterhood- that is trying to accommodate and expand our connections in our community. Let us know if there is a way to involve you to secure our future and vibrancy. Every day is an opportunity for myself and your board to engage and support the women of CBI- but we need to hear from you to know the direction you would like to take.

This is the time of year we focus on growing our Sisterhood- that is trying to accommodate and expand our connections in our community. Let us know if there is a way to involve you to secure our future and vibrancy. Every day is an opportunity for myself and your board to engage and support the women of CBI- but we need to hear from you to know the direction you would like to take.

This year's KICK OFF DINNER will be on Monday Eve. Nov. 9th. Join us for an evening of shopping, fun and friends. For info and to RSVP contact Lisa Ehrlich (lisa.ehrlich@comcast.net). See flyer for added info.

I am pleased to announce Sisterhood Shabbat this coming year will be Jan. 22nd and Jan. 23rd, 2016.

There are many ways to participate both during services as well as behind the scenes. A signup sheet will be going around during Kick Off.

As always I am available for any questions or concerns you might have about sisterhood. The important thing is that you join us and join in.

Karen Tucker

The CBI Gala Celebration



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Saturday Evening

February 6th, 2016

at

Crystal Plaza in Livingston

More Details to Come!

Our Fabulous Honorees!

Sensational Musical Entertainment!



Searching for Siddur!

Do you have one of our CBI blue Siddur Sim Shalom for Shabbat and Festivals at home?

Please return any found copies to the sanctuary or the synagogue office, as we are missing books and need them for the weekly Shabbat services and prayers of congregation.

Donations can be made to the **Max Alper Prayer Book Fund** at any time during the year to support the upkeep and replacement of various prayer books used by the congregation on a daily, weekly and holiday basis.

Thank You!

MEN'S CLUB MINUTE

By Dan Richter, Men's Club President

Be our guest! Be our guest! Put our service to the test. Tie your napkin 'round your neck, Cherie. And we'll provide the rest.... Sorry just shifting gears from all of that attentive ushering by the Men's Club at the High Holidays. We'll be in high gear to serve again...for the Hanukkah Party in December and the Men's Club Shabbat in January. These will be coming up before you know it. Thanks to the Men's Club for volunteering this year for the High Holiday Services . . . and what an added bonus to have the Religious School parents help out with the youth service coordination.

So how was it that the ushering ran so smoothly this year? The answers may surprise you. Men's Club Ushering has enjoyed the experienced leadership of Craig Rothman for several years now. Now with several years of leading Men's Club Ushering, he is bringing onboard a new chief for this role, Dan Kamen. Men's Club Minute (MCM) sat down with Craig and Dan to find out what has made the Men's Club Ushers such a successful organization over the years, and what plans lie ahead for the future management.

MCM: Hi, Dan and Craig!

Craig: Hello!

Dan: Hi Dan

MCM: No call me, MCM. It's short for Men's Club Minute. You're a Dan, I'm a Dan. Could get confusing. Are you eating that donut?

Dan: My donut?

MCM: Sorry, yes, Dan. The one on your plate.

Dan: I am, but there's an Entenmanns box over there with 3 more.

MCM: Oh, right. Thanks. Could you pass them over? So Craig, Mazal Tov on completing several years of running the Men's Club Ushering. How many years has it been exactly?

Craig: Actually, I'm not sure but it's been several.

MCM: Wonderful. So over the past several years, while you have been adroitly leading law enforcement with Men's Club Ushering, other law enforcement agencies around the country have been bogged down in controversy. They've been subject to protests by segments of the community who have decried certain policing policy and procedures including the "Broken Windows policy" and "Stop Question and Frisk" procedure. So, has Men's Club ever had to break any windows?

Craig: Yeah, I really wasn't expecting that kind of question. I don't think police departments were breaking any windows in the Broken Windows policy. I think they were

trying to help out in areas where there were a lot of broken windows. Just so you understand, Men's Club Ushering is not a law enforcement group and really has few similarities to a police department. The only thing I can think of is that CBI will be replacing the plastic windows of the sanctuary with real blue-green glass as part of the rehabilitation for the 90th campaign, and Men's Club ushers do help out in the sanctuary.

MCM: That is fascinating, Craig. What about Stop, Question, and Frisk?

Dan: Actually, I'll take one of those donuts in the box.

Craig: Yeah, we do Stop and Question people on the ushering team. But while cops may ask questions about where you are going and what's in your pocket, we tend to ask questions like "how was your summer?" , "how's the new job working out?" or "how is your back" feeling?

MCM: And the frisking?

Craig: Really not a part of the job, and not appropriate in shul.

MCM: I see. So it's Stop and Question.

Craig: Sure. But usually, it's just Stop and Wish Shanah Tovah.

MCM: Excellent. I think I got it. So Dan, you are the young new leader in the wings. What do you see as your core strengths?

Dan: Well, I'm good with organizing. I'm also pretty good at working with the new technologies, and the ushering team has implemented some nice innovations.

MCM: Technology. Wow. So when you say technology, are the Men's Club labs rolling out telephone surveillance systems and full body scanners.

Dan: Um, no, not at all. I think you're still not on the same page with this association with law enforcement. You're really thinking FBI and TSA. So Men's Club has an automated email distribution list, but we try not inundate our members with lots of emails. We don't have a tech budget. So technology innovations come from our members to make our lives easier. For example, Jamey Potechin recently set up an online volunteer system which helped us a lot.

MCM: Terrific. So as part of the technology plan, would you consider building an app to replace the ushers at CBI? Imagine walking into CBI and showing the front desk people your High Holiday ticket on your i-phone, like is done at airports. Then you just walk on over to the doors of the sanctuary of the multi-purpose room, and it's just, "Open the MPR doors, Hall!"

Dan: Dan, I mean, MCM....I'm afraid we just can't do that.

We're not going anywhere with personal devices in the shul, and our technology rests on Shabbat.

MCM: Gotcha. So what's one phrase that captures the essence of Men's Club ushering.

Craig: Service with a smile!

Dan: What he said!

MCM: Thanks, guys for your time. Craig, thank you for your service! Dan, good luck to you!

* * * * *

So Men's Club is off to a very active start to the year. After ushering the High Holidays, we:

- Shot hoops since September 9th Wednesdays at 8:30 (Hartshorn Elementary School) & Sundays 9:15am (YN-YWHA of Union) for pick-up basketball
- Set up Kiddush for Sukkot Day 1 on Monday morning Sept 28th
- Sipped fine Scotches in the Sukkah on Saturday night Oct 3rd
- Watched and listened to a great presentation on Jews in Baseball on Sunday Oct 11th by new member Sam Bernstein at the Bagels and baseball event. Thank you, Sam!
- Lunged, flunged, and parried as Wednesday night (8pm) fencing touched off on October 14th

* * * * *

Scheduled for time during bulletin preparation and distribution:

- On **October 25th**, we had a hike planned to Sugarloaf Mountain. I'm hoping all went well and weather was nice. Report in next bulletin. More hikes to come!
- **Sunday Nov 1st 7:30pm** - Book Club was to meet at the home of Michael Horowitz in West Orange. The book of the Month was **The Grammar of God** by Aviya Kushner. In this eye-opening chronicle, Kushner tells the story of her vibrant relationship to the Bible, and along the way illustrates how the differences in translation affect our understanding of our culture's most important written work.

* * * * *

Ahead we have...

- BOWLING NIGHT SUNDAY NOVEMBER 15TH

7:30PM at Hanover Lanes on 119 State Route 10, East Hanover. Cost is \$20 pp. Email cbimensclubmillburn@gmail.com saying that you can make it, and we'll take you for \$18. You can also call me or leave me a message at 732-261-5138. There is a chance that we will play against another shul or 2. So our big Kiddush cup trophy may be at risk! Even if you are bowling impaired, like me, please come and have fun. It will be our top 3 bowlers who will represent us in the tournament. So the bowling impairments will have no impact on the outcome.

- And now, our feature event. Of the year. SUNDAY EVENING. DECEMBER 13TH. THE ANNUAL CHANUKAH DINNER DANCE 6:30PM!!!! There will be a great dinner prepared by our celebrity Men's Club Chefs David Touger and Nahum Burstein. There will be great music to dance the night away from B'nai Jazz. Please make preparations now by introducing yourself to our 5776 Man of the year honoree, Henry Bloom. This is for the grown-ups. So start looking for babysitters. If you are looking for a sitter, please reach out to cbimensclubmillburn@gmail.com and we will connect you with baby-sitting members of the shul.

* * * * *

I will close with a word about Henry Bloom. Mensch. Ok a few more words. Henry is a past Men's Club President, a current member of the CBI, and all around incredible volunteer. Perhaps you worshipped at the high holidays with his wonderful wife, Rabbi Helaine Ettinger, in the parallel service. You can certainly meet Henry at a coming CBI Shabbat dinner, as he heads up organizing these dinners for the different groups of the synagogue. Henry has been a mentor, since I joined the Men's Club. I've had the great honor to work with him in planning Men's Club Shabbats over the years, and I look forward to telling you all about the next one, in next month's bulletin. We look forward to raising a glass to Henry at the Chanukah Party and maybe a few roasting words to come.

And 4 words on the coming **Men's Club Shabbat January 29 and 30**: Cholent contest is on!

Shanah Tovah,

Daniel Richter

Men's Club President

cbimensclubmillburn@gmail.com

m: (732) 261-5138

The CBI Gala Celebration



SAVE THE DATE!

Saturday Evening

February 6th, 2016

at

Crystal Plaza in Livingston

More Details to Come!

Our Fabulous Honorees!

Sensational Musical Entertainment!

SALUTING OUR SUPER SENIORS: NAOMI EISENBERGER

By Sheldon Greenholtz



Naomi Eisenberger

Naomi and her husband Gerry arrived in Millburn in March, 1969—a young married couple with no children. Naomi was born and raised in nearby Caldwell and always loved Millburn for its great shopping opportunities (and at the time, very low property taxes!)

Within three years the Eisenbergers had a full house with a son and daughter and a few dogs to take up their time.

Naomi graduated from Montclair State University and taught American history at Whippany Park High School for a few years before leaving for a short career with the NJ State Vocational Rehabilitation Commission. Once kids arrived she became a stay-at-home Mom, though quickly sharpened her entrepreneurial skills on several home-based endeavors which included needlepoint finishing, a plant decorating business and finally as a kosher caterer. Her skills in that area were quickly transferred to the old CBI kitchen where she spent many more hours than she would like to admit. As her kids grew, Naomi (and Gerry) took over the family's retail business in Caldwell where she worked until 1995.

Naomi's introduction to CBI volunteer work came through the Eisenbergers' friendship with Carol and Bob Marcus. Always willing to help, Naomi agreed to head up a congregation study on how best to make single members feel comfortable in the community and the rest, as they say, is history. She quickly assumed the role of secretary to the Board of Trustees and eventually made her way through every executive position (with the exception of treasurer) before assuming the role of President in 1991. Naomi also spent many years on the Religious Affairs Committee and was actively involved in the effort to offer women full egalitarian participation in our services. During her two full terms as President, 1991-1995 (a mistake she readily admits to) Naomi oversaw the renovation that brought us an entrance on the parking lot side of the property as well as the replacement of yet another flat roof. On more than one occasion she was part of a critical bucket brigade that tried to stem the tide (quite literally) of a perpetually leaking roof. Naomi was our only two full term President in three decades. She also presided over the merger, in 1992, of CBI Elizabeth and CBI Millburn.

Naomi worked very closely with Rabbi Bayar, who arrived shortly before her terms began, and together, they

instituted many of the programs still found at CBI. The appearance of the tzedakah maven Danny Siegel to speak during a Scholar-in-Residence weekend inspired the formation of the Hearts and Hands Committee, the sale of two sifrei Torahs to fund a tzedakah endowment and a strong focus on *tikkun olam* within the congregation.

Outside of CBI, Naomi was Co-President of the local chapter of B'nai Brith Women as well as a United Way board member.

Impressed with the work done by Danny Siegel and his Ziv Tzedakah Fund, in 1995 Naomi assumed a part-time position as the Fund's administrator. Shortly thereafter, she became the Managing Director, a position she held until the organization closed in 2008. At that time, Naomi and several others, including congregants Lisa and Erik Lindauer, began The Good People Fund, which is now in its 8th year of operation and has raised and distributed more than \$7,000,000 to small U.S. and Israeli non-profits.

B'nai Israel's connection to McRoberts, Kentucky, actually began with Naomi and the Good People Fund. Through one of its grantees, GPF was introduced to the community and her first visit to the region was made with Rabbi Bayar. For the past five years she has helped arrange and accompanies the synagogue's visits as well as encouraged annual visits from Temple Shaarei Shomayim in Lancaster, PA.

The Eisenbergers have two children. Son Andrew is an oncologist-hematologist at Columbia Presbyterian Medical Center and resides in Riverdale, New York with his wife Jennie and three children, Meital, Ilan and Dafna. Their daughter Sara Kotlarz, a social worker prior to starting her family, her husband Michael and daughters Mollie and Alex live nearby in Short Hills and are the second and third generation of Eisenbergers to belong to CBI.

Just the second woman to become President in CBI's 90 year history, (Molly Eichler was the first), Naomi has earned special recognition as an active, engaged, and productive member who accomplished much in her Presidency, and whose continuing efforts and leadership on behalf of The Good People Fund, benefit our synagogue as well as the greater community. May she continue her charitable endeavors for years to come.

Yasher Koach!

Editor's Note: Each month we will profile a Super Senior who is part of our heritage and history.

Shabbat Birthdays on Shabbat Mornings



**Open to all Preschool and Kindergarten children
at CBI and HGECC!**

**On one Saturday each month during Shabbat services in the
main Sanctuary, children with their families will be called
to the bima and presented with a gift from Rabbi Bayar
in honor of their birthday during that month.**

This will take place in the Sanctuary at 10:15. a.m.

Following the singing of "Happy Birthday" and "Yom Huledet Sameach," families are welcome to attend Minyan Katan (Tot Shabbat) at 10:30 a.m. in the Blanche Bayar Education Wing or remain in Sanctuary for the remainder of Shabbat Service.

Let's Celebrate Together!

Please **pre-register** your child
for "Shabbat Birthdays"
by calling HGECC office at
973-379-4040 or email
hgecc@cbi-nj.org.

(Please include child's name and birthdate.)

2015-16 Shabbat Birthdays Dates

	February 6, 2016
	March 5, 2016
November 14, 2015	April 2, 2016
December 5, 2015	May 7, 2016
January 9, 2016	June 4, 2016
(July and August birthdays will be celebrated in June.)	

CBI YOUTH GROUPS

Chaverim • Kadima • USY

I have two siddurs sitting on my desk, which is, like, three more than ten-year-old me thought I would have.

They're also sandwiched between two identical green copies of B'kol Echad. The siddurs aren't identical, though. Or they might be, under the stickers, but as everyone on a USY trip can tell you, the stickers are the second-most-important part. (The most important part is inside, of course, because that's where the lyrics to Adon Olam are, which you sing to a different tune every time (Why don't we sing it to Backstreet Boys during Hebrew School? Must investigate).

But back to the siddurs. One for each summer on USY. I won't try and tell you I actually need more than one, or that I use them often, but they sit on my desk nonetheless. And yes, as mentioned before, the stickers have something to do with it. A quick look at my East siddur shows a record of great treats-- Coca-Cola and Velvet Ice Cream factories, the Hershey kiss ride and an Official Pretzel Twister sticker (for real, I'm a professional). There are small places-- Disney World, Universal-- and big places-- Canada, space (alright, NASA). Cities like Boston and regions like Tzafon. USYers take our stickers seriously, and that was before I went on Pacific North-West.

I'm probably supposed to be telling you about how amazing USY is, but to be honest, it's hard to do it on paper. I need to show you all the pictures on my phone, Alaskan sunsets and selfies in front of glaciers. I need to show you the look on my sister's face when she talks about her time on Classic or introduce you to the best friend I met on a cruise ship hundreds of miles away from home. I want to take you back to the first hotel I walked into on East and stand on line for Space Mountain with you, remember my first time getting on a roller coaster-- because it was only with all my new friends there that I felt brave enough to do it.

I can't really explain what it is I love about USY, because it's not just one thing. It couldn't be, when it's everything, it's all of it, it's everyone. But I'll give you my recommendation for East and Pacific North-West and tell you what I'm doing next summer.

You know what they say-- next year in Jerusalem.

Abigail Good



Siddur B'kol Echad



Crater Lake



Seattle



Sisterhood Gift Shop ***(Your Judaica depot)***

Come see our many new items for Chanukah!

See us first for your Israeli Artist merchandise – Gabrieli and Eretz Tallit for your simcha (or a new one for yourself). We continuously carry a large number of Talit, kippot and women's head coverings from Israel and local (Precious Heirlooms) artists. Enjoy hand crafted Daniel Azoulay and Orit Grader menorahs, dreidles, wine cups, yads, jewelry, mezuzahs, ketubahs, plus many other Israeli items for your gift giving.

Our collection of **organic soaps** from Chagrin Valley Soap & Salve vary from extremely moisturizing, healing, exfoliating and simply fun! We have a nice selection of soaps and lip balms with ingredients using organic essential oils and butters, and soaps with mud from the Dead Sea.

We also carry **local artists who create stunning unique pieces**: Metal art havdalah set, candlesticks, dreidles, mezuzahs, mobiles, and wall art by Joy Stember, Emily Rosenfeld, and Steven Bronstein. Artist Ed Cohen's challah board, yad and mezuzahs made from unique designs in wood. Jewelry by Ayala Bar, KJK, Michal Golan, Michael Bromberg and Emily Rosenfeld. Glass art by K4 Glass Art, Tamara Baskin Art Glass, Beames, Badash, Case Island Glass, and Yurana Designs. Fine gifts by Quest Designs and batik challah covers by Berta Goldgaber are just samplings of our fabulous artists and the many fun and unique items for this gift giving season!



Back by popular demand - we will be hosting a ***“Chanukah Boutique”*** for **BBSR students** during school hours. There are many items from \$1 to \$20 for purchase for siblings, parents and grandparent gifts. Feel free to stop by too! The weekday hours are:

Monday (11/30):	6:00pm - 8:00pm
Tuesday (12/1):	3:45pm – 6:30pm
Thursday (12/3):	3:45pm – 6:30pm

The Gift Shop will also be open **10am – Noon** on the following Sundays:
Sunday November 1st, November 15th, November 22nd and
Sunday December 6th (*the first night of Chanukah*)

As always, you can call Ilisa Perlman at (973) 379-9275 to shop during off hours.



Men's Club Bowling

**Sunday, November 15th / Meet up at
7:30, Bowl at 8PM**

Hanover Lanes, East Hanover, NJ (new venue)

119 NJ-10, East Hanover, NJ 07936

For Men's Club Members!

**And...we'll be joined by the Men's Club of
Oheb Shalom, South Orange!**



RSVP by Nov 6th: \$18 per person

Thereafter: \$20 per person

You must bring payment to the event to bowl.

Jerusalem Pizza will be provided!

Need a ride or can give a ride? Please mention when you RSVP!

**To RSVP: Email cbimensclubmillburn@gmail.com
or call Dan Richter at 732-261-5138**

WHAT I LEARNED CHANTING TORAH ON ROSH HASHANAH

By Amy Alpert

Congregation B'nai Israel is blessed with many congregants who chant Torah on Shabbat mornings and holidays. Some read regularly...many chant for the first time at a child's bar or bat mitzvah...others read on the anniversary of a special occasion, such as the anniversary of their own bar or bat mitzvah. And, of course, we have many congregants who chant on the High Holidays!

CBI congregant Amy Alpert, who is a life coach, wrote an interesting and inspiring blog post about the challenges -- and most certainly the joy and fulfillment -- of preparing to read Torah. We are pleased to share her perspective with you.

If you are interested in reading Torah at CBI -- for the first time or 40th time -- please contact Cantor Lorna Wallach in the Clergy Office at 973-379-3811. She would love to hear from you!

Chanting Torah is kind of a big deal. It requires an ability to read Hebrew, the willingness to sing in public, the ability to learn a special melody unique to Torah and the tenacity to practically memorize the portion because in the Torah there are no vowels. What makes it even more intimidating is that there can be no mistakes while chanting. Each word must be chanted correctly. In fact, there is someone there whose primary job is to make sure there are no mistakes and to correct you on the spot if something is said incorrectly.

The first time I chanted Torah I was 13 years old at my Bat Mitzvah (quite a few years ago!) and I may have read a few more times in my childhood. In March 2014 my daughter had her Bat Mitzvah and I had the opportunity to read again and I loved it! It offered me the opportunity to relate to what my daughter was doing as she studied and reminded me that this is about more than invitations and DJs. Connecting to this ancient practice is powerful.

An Attainable Challenge

For some reason I really enjoy chanting Torah. For me it hits the sweet spot between boredom and stress. I know that if I put my mind to it I can learn it, so I have confidence for mastery. However, it is not easy for me so I have to practice and commit. Psychologist Mihaly Csikszentmihalyi has researched this idea of balance between ability and challenge and has discovered it

is a strong predictor for success and happiness. It is recommended that people find activities in their life that hit that sweet spot. So every day for four weeks I practiced my Torah portion.

Allowed for a Pause Each Day

Preparing for the high holidays has always been a goal of mine. I would start reading Alan Lew's *This Is Real and You Are Completely Unprepared: The Days of Awe as a Journey of Transformation*, or writing up New Year's resolutions, but I would rarely commit. When preparing to read Torah, I had a deadline and a motivation—not to embarrass myself. Therefore, I stuck to it and practiced every morning and sometimes at night. I would listen to my Cantor's voice chanting and then I would try to "copy" her (ha!). I loved hearing her beautiful voice fill my kitchen as I practiced and I really loved that my kids would hear her voice too. Perhaps this was helping them prepare for the high holidays too?

In the past, I have dabbled in maintaining a meditation and yoga practice, but this practice was just as meditative and fulfilling. I connected to the music and the upcoming events. I was able to experience the Rosh Hashanah service before there was a hint of chill in the air. It was peaceful, spiritual and satisfying because each day I learned more of the portion. I was able to observe my progress in a tangible way.

Mental Preparation for High Holiday Services

This preparation benefited me greatly during Rosh Hashanah. As someone who has introverted tendencies, I find High Holiday services overwhelming. There is the constant socializing in the hallways, and when I finally find my seat I find myself replaying various conversations to make sure I said the right thing or I worry that I did not go up to someone to say hello in an effort to finally enter the sanctuary. For me, I find it difficult to just sit, pray and enjoy. This time, however, it was different. I was ok with the social element because I had already had a nice fill of Hebrew, Torah and chanting. I didn't feel like I had to try to connect with the service as much and without that pressure, I actually was able to connect in a way I have not before. It was like I had been working a muscle ahead of time so I was able to jump into the game.

Reading Torah Involves Teamwork

My synagogue places the Torah reader in the front of the room; however, the reader faces the ark rather than the congregation. This arrangement diminishes the feeling that the reader is performing. The reader is leading and the congregation is following – it is a group effort. In addition, our Bima is on the floor—it is not on a stage above the congregation. This contributes to the team vibe since I was on the same level with the congregation.

While I was reading Torah, several congregants surrounded me. Standing around the Torah with me was the person who read the Aliya (the introduction to my portion) and the individual who was there to help me if I made a mistake as well as a gabbai who is in charge of the logistics for the reading—he or she calls up the participants as they are needed. My reading was a little less smooth than in the past. I fumbled a bit in the beginning trying to remember the tune, I got back on track and then needed a correction in the end. It was the first time I had to be corrected while reading the Torah. Surprisingly, I actually found it comforting to know that someone is there to help me if I ran

into trouble. Even as he corrected me, he did it in the most supportive and kind way. He was not trying to embarrass me instead we were in it together.

This was what I liked most about the experience. Everyone knows it is tough to get up there and read and you get the sense that everyone wants you to do well. The fact that you are up there doing something challenging while connecting with Judaism is what is important. Being a gifted Torah chanter is great, but not necessary thankfully, because we need people to read the Torah constantly in synagogue and we cannot just rely on the most talented. We need subs as well as starters.

Later in the service our Rabbi had a wonderful sermon where he talked about how connection is often more important than being right. I feel like this is what is taught with chanting the Torah portion. There is no shame in making mistakes, it is considered part of the experience. If you make a mistake, you are corrected, you fix your mistake, and then you move on. Wouldn't it be good if we could all live life that way?



ISRAEL AFFAIRS

By Joe Tenenbaum



Israel Bonds

I hope that you heard Alex Marcus's appeal for the purchase of Israel Bonds delivered during our Kol Nidre service. Alex highlighted how purchasing Israel Bonds is a non-political way to support Israel, and is an investment--not a contribution. He also noted that one of the key goals of the Appeal is to increase the number of families participating in the program, even if at modest levels.

If you were present, you are aware that the conclusion of our Kol Nidre service was not compatible with responding to Alex's appeal by turning in your Israel Bond Pledge Card. However, you can still choose to participate.

To participate, please return the pledge card mailed to your family with your High Holiday tickets, or contact the Israel Bonds Office directly by:

- Calling David Brown at (973) 712-1404, or;
- Visiting Israelbonds.com (website) to set up your own on-line account.

Be sure to mention that you are participating on behalf of CBI Millburn. Thanks to Alex for so eloquently sharing his thoughts about Israel with the congregation.

Israel Movie Nights at CBI

The first two movies for this season have been selected. Each movie will be shown on Sunday at 7 pm. Light refreshments will be served and a brief discussion will follow each film..

November 8 -- *Gett: The Trial of Viviane Amsalem*

December 6 -- *Waltz With Bashir*

The Iran Nuclear Deal

The controversy over the Iran nuclear deal has ended with no definitive congressional action – While the House of Representatives disapproved the deal decisively, the Senate was unable to clear a procedural hurdle to vote on the pact. Although there has also been some effort to fight the pact in court (based on a disagreement related to the side agreements between the IAEA and Iran), I expect that the US and its other negotiating partners will move forward on its implementation.

While many in the pro-Israel community opposed the deal, there was sufficient support in the Senate for the deal

to avoid passage of congressional disapproval.

However, now that the deal will be going into effect, I am hopeful that those who have believed the deal will halt the Iran nuclear program, and those who did not, can all work together on accomplishing that goal. I also expect that Congress will want to strengthen the US Israel relationship by renewing the long term military support package for Israel.

The Situation in Israel

The situation in Israel has grown more troublesome during October. With incitement from the Palestinian Authority, and from local clergy, terrorists have used rocks, stones, boulders, automobiles and knives to attack Israelis – parents, children, men and women, religious and non-religious, city dwellers and suburbanites, and residents on both sides of the green line.

Many commentators have written articles describing the incitements and the attacks, while Israel and its leaders struggle to stop the murderous violence. There is no easy strategy – neither Iron Dome nor a separation barrier can protect everyone, and Israelis have a right to expect protection from this evil.

American Jews must stand shoulder to shoulder with our Israeli brothers and sisters. We must take planned trips, and plan new ones. We must find a way to support our brethren financially and socially. Contribute to charities and support Israel on social media.

And finally, demand that our political leadership take sides. The repeated condemnations of violence on all sides, and killing of innocents on all sides does not address the issue of the enemy's strategy of trying to get the Jews to leave the Temple Mount, leave Jerusalem and leave Israel.

The Israel Affairs Committee

I write this column every month because I hold the position of chairman of the CBI Israel Affairs Committee. However, it has been some time since I have brought together enough congregants to form an active committee (although there are supportive individuals who do help out a lot). I would like to issue a call out to the congregation for volunteers to join the committee.

I welcome individuals interested in building a strong US Israel Relationship – through education, travel, study and political activity. Ideally the committee would include representatives of each of the major arms of the

congregation, so that we can coordinate and encourage more support.

Please contact me or the synagogue office if you are interested in serving on the committee.

2016 AIPAC Policy Conference March 20-22, 2016

Every year the AIPAC Policy Conference in Washington DC offers participants the opportunity to support Israel with 2 ½ days of learning about the current issues in the US Israel relationship, hearing from governmental leaders from both the United States and Israel and other countries (last year, we had the pleasure of hearing the president of Czech Republic, a strong Israel supporter), and then meeting with our own Congressional representatives to let them know how important this relationship is to us. We are proud of the number of CBI congregants who have attended, many of whom have become regulars. Please

plan to attend this important conference next March. If you have any questions about the conference, please contact me at the e-mail address shown below.

Missing Soldiers

We must continue to pray for the remaining soldiers to return home:

**Guy Hever Ron Arad
Zachary Baumel Avi Feldman Yehuda Katz**

We are pleased to be able to report that Jonathan Pollard will be released on parole this November. Please continue to pray for his health (Yehonaton ha Levi ben Malka) so that after he is released he will be able to make Aliyah to Israel.

Joe Tenenbaum



To contact Joe Tenenbaum, email him at TenenbaumJ@AOL.com

Mi Sheberach

One of the least known liturgical functions of a congregation involves the "Mi Shebarach:" the prayer asking God to heal those who are ill. Congregation B'nai Israel has a "Mi Shebarach" list that is read at services on Monday, Thursday and Shabbat mornings.

We ask members of the congregation to inform us of those they would like placed on the list. If there is anyone you feel would benefit from these weekly prayers, please contact Rabbi Bayar by phone (973-379-3811) or email (cbirabbi@cbi-nj.org) with the name.

RESPOND TO CRISIS

Through Federation you can stand shoulder to shoulder with Jews everywhere. In Europe, where Jews are facing rising anti-Semitism. On college campuses, where Jewish students may face a hostile environment. In times of crisis you respond swiftly and effectively whether it's rockets fired on Israel, deadly attacks in France, or an earthquake in Nepal.



Volunteer. Give. Do Good Today.



Jewish Federation®
OF GREATER METROWEST NJ
We Care. We Build. We Save.

JFEDGMW.ORG



Musical Shabbat

featuring

Shabbatoness

Jewish A Cappella Group
from the University of Pennsylvania

October 30 & October 31

We are thrilled to welcome the Shabbatoness, the student-run Jewish a cappella group at the University of Pennsylvania to celebrate Shabbat with us for our first Musical Shabbat of the year! The Shabbatoness are one of the premier Jewish a cappella groups in the country, known for their energetic arrangements and entertaining performances.

Specializing in popular American, Israeli and Jewish music, all of their arrangements are composed, directed and performed by students. Coming from a variety of Jewish backgrounds, the singers are unified by a love for Jewish music and a commitment to being the voice of one of the largest and most vibrant Hillels in the nation.

The Shabbatoness have performed all over the tri-state area, and have toured across the United States and internationally. The Shabbatoness have recorded seven CDs and have been featured on all volumes of the *Best of Jewish A Cappella* compilation series.

Welcome Shabbat!

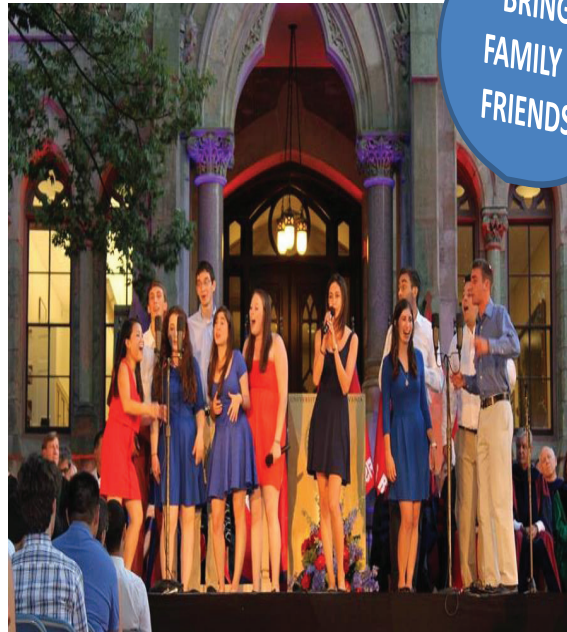
Musical Kabbalat Service

Friday, October 30 at 7:30 p.m.

A special Shabbat appropriate performance of Jewish, Israeli and popular American songs!

Festive Oneg to Follow

BRING
FAMILY &
FRIENDS!



Music Everywhere!

Shabbat Morning

Saturday, October 31

The Shabbatoness will sing a bit in the sanctuary...visit and interact with our youth services...and then join us for community singing at the Kiddush!

CBI Adult Learning

presents

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A Series of Critically Acclaimed Films by Israeli Directors!



\$5.00

per person
payable at door

Gett - Sunday, November 8
Waltz with Bashir - Sunday, December 6

7:00 p.m.

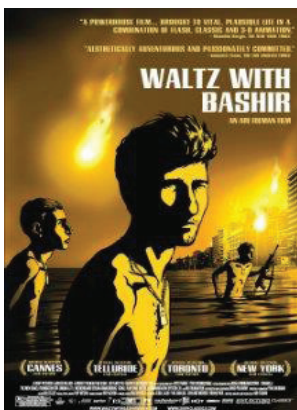
at Congregation B'nai Israel

Snacks & Drinks



GETT: THE TRIAL OF VIVIANE AMSALEM

In Israel there is neither civil marriage nor civil divorce. Only rabbis can legitimate a marriage or its dissolution. But this dissolution is only possible with full consent from the husband, who in the end has more power than the judges. Viviane Amsalem has been applying for divorce for three years. But her husband Elisha will not agree. His cold intransigence, Viviane's determination to fight for her freedom, and the ambiguous role of the judges shape a procedure in which tragedy vies with absurdity, and everything is brought out for judgment, apart from the initial request.



WALTZ WITH BASHIR

Inspired by actual events, Waltz with Bashir chronicles one man's descent into his own half-forgotten past. Filmmaker Ari Folman, an Israeli veteran of the First Lebanon War, encounters an old friend suffering from nightmares of the conflict. Ari begins to wonder why his own memories are full of gaps. In an effort to uncover the truth, he reconnects with old friends and dares to confront the horrors of war. Hailed as "innovative" and "devastating," Waltz with Bashir fuses animation and documentary to create an experience unlike anything you've ever witnessed.



Start out the year on the right foot.

Join us as we kick off a new year in

Sisterhood

An evening full of shopping, fun, and friends

*at our yearly **Kick off Dinner** .*

Monday Night

November 9th

We kick off at 6:30pm

RSVP by November 2nd

Lisa Ehrlich

Lisa.ehrlich@comcast.net

973-258-0622

We hope to see you





COMMUNITY-WIDE MLK MITZVAH DAY 2016

SEEKING TABLE HOSTS AND ORGANIZATIONS

SAVE THE DATE - Mon., Jan. 18th - 2:00pm - 4:00pm



Mitzvah Day is a wonderful opportunity to learn about and support various charitable groups and organizations in our community and Israel.

**THIS COMMUNITY-WIDE EVENT IS OPEN TO
ALL CONGREGANTS AND OUR LOCAL COMMUNITY.**

There will be a “hands-on” mitzvah for everyone.

**YOU ARE INVITED TO HOST a table at Mitzvah Day!
HOST A TABLE YOURSELF, AS A FAMILY OR WITH SOME FRIENDS!**

HERE IS HOW YOU CAN HELP YOUR ORGANIZATION:

1. Choose your own philanthropy or charitable organization.
2. Contact the organization to find out their wants/needs.
3. Invite a representative from their organization to come to CBI and “man” the table (2-4pm) OR be the representative for the organization yourself.
4. Provide information (i.e. pamphlets or poster) regarding the organization.
5. Provide a “hands-on/interactive” service activity and/or collection to engage attendees.*
6. Be responsible for staffing your table from 2-4pm.
7. Be responsible for delivering items to your organization (if pertinent).
8. Please be aware that there is NO entrance fee; please let us know if you will be soliciting in-kind or nominal donations.

***Please Note: Our most successful tables have included a simple, but interactive project or activity.**

ALL ORGANIZATIONS & IDEAS MUST BE APPROVED BY THE MLK MITZVAH DAY COMMITTEE. FINAL DEADLINE TO SUBMIT YOUR IDEA IS TUES., DEC. 1st!

Interested in being part of the MLK Mitzvah Day Team?
Advertise/market to the community via email (Workmoms/Newcomers, Miller Mail - all info will be provided to you), put pre-made fliers around town in Dec./Jan., day of hospitality (with the opening performers, pass out fliers, etc.)
Contact Lori Katzman at 732-809-7499 or lkatzman@me.com with questions/ideas.

*MLK Mitzvah Day is organized by CBI's Hearts and Hands Committee and
Rabbi Sharon Litwin, Director of Congregational Learning*

DONATIONS

The following tributes have been sent over the past several months. If you wish to send a tribute please call Ana Amorim at 973-379-3811 ext. 10 or email her at anaa@cbi-nj.org.

OCTOBER DONATIONS:

90th Anniversary Fund

Marilyn Atlas Berney - In memory of your father.

❖ Linver/Askin Family

David Ehrlich - In memory of your father.

❖ Linver/Askin Family

Synagogue Fund

Betsy and Allan Rauch - In honor of the engagement of their son, Daniel to Laura Fletcher.

❖ Betsy and Allan Rauch

Harriet Klein - Wishing you a speedy recovery!

❖ Carol and Bob Marcus

David Ehrlich - In memory of your father.

❖ Carol and Bob Marcus

❖ Deena Bernhaut

❖ The Moehlman Family

❖ Andrea Sadow and Gary Williams

Nancy and Joe Tenenbaum - Mazel tov on Allie's engagement!

❖ The Moehlman Family

❖ Deena Bernhaut

Andrea and Martin Levine - In memory of your mother, Frieda Greif.

❖ Sharon and Arthur Draznin and Family

Beverly Perlman - In memory of your husband.

❖ Elliott Schabses

Evan Berney - Mazel tov on blowing shofar this Rosh Hashana! Kol HaKavod!

❖ Marilyn and Mike Berney

Rabbi's Fund

Rabbi Bayar - Thank you for your support during our time of mourning.

❖ Andrea Sadow, Gary and Zachary Williams

Rabbi Bayar - Thank you for your understanding and support during recent months.

❖ Marilyn and Mike Berney

David Ehrlich - In honor of your father.

❖ Andrea and Martin Levine

Cantor's Fund

Cantor Wallach - Thank you for your support during our time of mourning.

❖ Andrea Sadow, Gary and Zachary Williams

Cantor Wallach - Thank you for everything.

❖ Fran Rod

Cantor Wallach - Thank you for tutoring Jeremy for his Bar Mitzvah!

❖ The Dranikoff Family

Paula Touger - Thank you for tutoring Jeremy for his Bar Mitzvah!

❖ The Dranikoff Family

Cantor Wallach - Thank you for your guidance and time during recent months.

❖ Marilyn and Mike Berney

Hedwig Gruenewald Early Childhood Center Fund

Lisa Biller - In honor of your grandmother.

❖ The Goldberg Family

Burk-Mendlovitz Youth Fund

Kopel Burk - Get well soon!

❖ Teddy Leff

❖ Judy and Arthur Fredman

Phyllis S. Magid Adult Forum Fund

Tom Peck and Family - In memory of your beloved wife and mother.

❖ Manny Magid

NOVEMBER DONATIONS:

90th Anniversary Fund

Gutstein/Grannn - In honor of Benjamin's bar mitzvah

❖ Marion & Murray Mohl

Synagogue Fund

Marion and Murray Mohl - Mazel tov on your granddaughter's bat mitzvah!

❖ Harriet and Sheldon Greenholtz

Gutstein/Grannn - In honor of Benjamin's bar mitzvah

❖ Lillian & Steve Finkler

Beneroff Family - In memory of Harriet Beneroff

❖ Charlotte Wernick

Leila Schott - Mazel tov on the birth of your new great granddaughter

❖ Thelma Leff

Susan Schott - Mazel tov on the birth of your new granddaughter

❖ Thelma Leff

Eve & Jordan Taub - Mazel tov on the birth of your new granddaughter

❖ Thelma Leff

Shirley Alper & family - In memory of Irving Alper

- ❖ Thelma Leff
- ❖ Nan & Howard Greenwald
- ❖ Sandy & Herb Sabin
- ❖ Leila Schott
- ❖ Charlotte Wernick
- ❖ Greenholtz Family

Rabbi's Fund

Rabbi Bayar - Mazel tov on birth of grandson

- ❖ Shirley Alper
- ❖ Jane Vatsky
- ❖ Greenholtz family
- ❖ David Bernhaut
- ❖ Carol & Robert Marcus
- ❖ Ehrlich Family

Mazel tov on birth of granddaughter & Susan Schott's granddaughter

- ❖ Leila & Melvin Schott

Shirley Alper & family - In memory of Irving Alper

- ❖ Sally Shotkin

Rabbi Bayar - Thank you for your guidance and support in helping Samie prepare for her bat mitzvah

- ❖ Mark & Mindy Haber

Cantor's Fund

Betsy & Allan Rauch - In honor of son Daniel's engagement

- ❖ Gersho family

Andres Sevine - In memory of your mother

- ❖ Weinstein family

Nancy & Joe Tenenbaum - Birth of granddaughter & Allie's engagement

- ❖ Weinstein Family

Terry Hofflich - Mazel tov on new grandchild

- ❖ Nancy & Michael Weinstein

Cantor Wallach - Thank you for your support

- ❖ Shirley Alper

Beneroff Family - In memory of Harriet Beneroff

- ❖ Leslie & Marvin Gersho
- ❖ Harriet & Sheldon Greenholtz
- ❖ Joan Frischman
- ❖ Deena Bernhaut

David & Ilene Klein - Mazel tov on the birth of twin grandsons

- ❖ Judy & Arthur Fredman
- ❖ Weinstein family

Shirley Alper & family - In memory of Irving Alper

- ❖ Rena Panush

Cantor Wallach - Thank you for all your support in making Samie's bat mitzvah such a memorable and special

occasion for our family

- ❖ Mark & Mindy Haber

Hedwig Gruenewald Early Childhood Center Fund

Lisa and Biller Family - In loving memory of your grandmother. Jessica Goldsmith.

- ❖ Sheila and Howard Meyer

Shirley Alper & family - In memory of Irving Alper

- ❖ Rochelle & Gary Baron

Burk-Mendlovitz Youth Fund

Lilian Finkler - For a speedy recovery

- ❖ Weinstein Family

Karen Tucker - For a speedy recovery

- ❖ Weinstein family

Kopel Burk - Get well soon

- ❖ Shirley Alper

Kopel Burk - In order of reading torah and haftorah on Sukkot

- ❖ Charlotte Wernick

Kopel & Renee Burk - Mazel tov on the new apartment

- ❖ Judy & Arthur Fredman
- ❖ Weinstein Family

Phyllis S. Magid Adult Forum Fund

Shirley Alper & family - In memory of Irving Alper

- ❖ Manny Magid

Max Alper Prayer Book Fund

Shirley Alper & family - In memory of Irving Alper

- ❖ Carol & Bob Marcus
- ❖ Andrea & David Hirschfeld
- ❖ Gerry & Naomi Eisenberger
- ❖ Gloria Smith
- ❖ Hal Wiener & Ginny Panzer

Dr. Max Gruenewald Adult Education Fund

Shirley Alper & family - In memory of Irving Alper

- ❖ Merna Most

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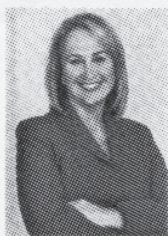
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Reaching in to its members and reaching out to the community, Congregation B'nai Israel is a traditional, inclusive, egalitarian, multigenerational community. Characterized by a unique blend of high energy in a low key, warm and welcoming environment, CBI is a place where congregants come together to pursue religious fulfillment, diversified programming and social and community leadership.

Congregation B'nai Israel (973) 379-3811

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Lorna Wallach, Cantor
Lisa Roth, Synagogue Administrator

Education

Rochelle Baron, Director, Early Childhood Center
Rabbi Sharon Litwin, Director of Congregational Learning

Youth Programming

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