

The Bulletin



**CONGREGATION
B'NAI ISRAEL**

Congregation B'nai Israel, Elizabeth, NJ - Affiliated 1992

May, 2013

Congregation B'nai Israel Proposed Slate of Officers and Trustees

Executive Board (2 year term)

President Linda Sotnick
1st Vice President Andrea Hirschfeld
2nd Vice President David Good
3rd Vice President Mariela Dybner
Treasurer Michelle Hubertus
Recording Secretary Stacy Merkel

Board Of Trustees (2 year term)

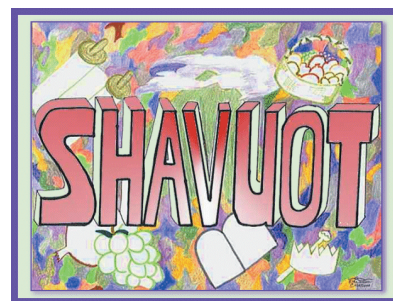
Henry Bloom	Michael Klausner
Steve Chizzik	Miriam Linver
Elizabeth Cohen	Daniel Richter
Art Fredman	Neil Yaris
Lisa Goldberg	

Board Of Trustees (1 year term)

Beverly Orel
(filling unexpired term of Karen Tucker 2013-2014)
Paula Touger
(filling unexpired term of Mariela Dybner 2013-2014)

Nominating Committee

Ilisa Perlman, Chair	
Marilyn Berney	Lenette Talpins
Lisa Biller	Karen Tucker
Mark Goldenthal	Evan Wasserman
Nan Greenwald	Charlotte Adler Wernick

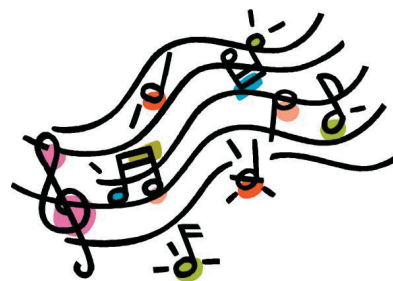


Shavuot at CBI
Celebrate God's Gift of Torah
May 14-16
"Stay the Night" for Shavuot
Learning Session
See Page Nine for
Schedule of Services

Musical Shabbats are Back!
With Our Very Own CBI Band
and Cantor Wallach

Friday, May 31
Friday, June 14
Friday, July 26

Sing, Dance and Be Inspired!



Shabbat Services

Kabbalat Shabbat	8:15 p.m.
Shabbat Morning	9:00 a.m.
Tefilot Yeladim (Grades 3-6)	10:15 a.m.
Tefilot Ketanim (K-2)	10:30 a.m.
Tot Shabbat (Preschool)	10:30 a.m.
Shabbat Journeymen's Minyan (5/4 & 5/18)	10:45 a.m.
Yaldeinu (5/11)	11:15 a.m.

Candle Lighting

May 3	7:35 pm
May 10	7:42 pm
May 17	7:49 pm
May 24	7:58 pm
May 31	8:03 pm

Mincha/Havdallah

May 4	7:50 pm / 8:50 pm
May 11	7:57 pm / 8:57 pm
May 18	8:04 pm / 9:04 pm
May 25	8:15 pm / 9:15 pm

Minyan Rotation

Abraham – Basarab	April 28 – May 4
Benbasset – Blum	May 5 – May 11
Bolton – Caplan	May 12 – May 18
Casel – Cohen	May 19 – May 25
Cohn – Ehrlich	May 26 – June 1

Next Deadline

The deadline for the June (Summer) 2013 bulletin is Friday, May 10. Information contained in the bulletin each month is time sensitive.

We appreciate your cooperation in order to ensure that the Bulletin reaches everyone by the beginning of each month. Space permitting, we will do our best to include your item(s), and we reserve the right to edit your submission. Please submit all material to lisar@cbi-nj.org.

Publicity Guidelines

If you would like a copy of CBI's new Publicity Guidelines, please contact David Good, chairperson of the Publicity Committee at dfgood@verizon.net.

FROM THE RABBI'S DEN

By Rabbi Steven Bayar



Shavuot suffers from bad timing; it occurs fifty days after the beginning of Passover, a time when religious schools are closed for the year. The megillah of Ruth is read on Shavuot because it details the story of Ruth, who is considered the model convert to Judaism. Naomi had two sons, who married Ruth and Orpah. The son's marriages produced no children. After Naomi's husband and two sons died, she wishes to return to the land of Israel without her daughters in law. She urges them to return to their own families.

In the ancient world an elderly widow without male children is powerless. Ruth's desire to share Naomi's fate shows her character; she will not desert her elderly mother in law. When they return to Israel, it is Ruth who works to keep them both fed.

In the Torah, farmers are required to leave part of their harvest for the poor. In particular, if the workers drop any stalks of grain as they are harvesting, they are not allowed to pick them up. They are left on the ground for the poor to glean. Gleaning was hard work, and the gleaners were not always treated with respect. Ruth finds herself in the field of a man named Boaz, who we later find, is a relative of Naomi.

Boaz returns favor for favor. What Ruth did for Naomi, Boaz does for Ruth. Shavuot is the holiday that celebrates the revelation at Sinai. Ruth embodies the faith and spirit of the Torah we received. Faith and action are the model we follow.

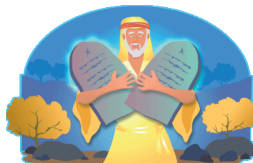
Boaz and Ruth will marry and have a son who is the grandfather of King David. The text suggest that if Ruth had not followed Naomi back to Israel, had she not shown Naomi kindness and loyalty, she would never have met Boaz. Had Boaz and Ruth never met, King David would never have been born. Kindness brought them together.

Was it just coincidence that Ruth went to glean in the field of Boaz, or was it the hand of God? The older I get, the less I believe in coincidence. I believe our lives are composed of threads of "coincidence" where we intersect with other lives and circumstances. Each life we touch, each circumstance we encounter gives us the chance to bring about some form of TiKun Olam. This weaving is a constant in our lives...if we allow ourselves to be sensitive to it. Ruth and Boaz met because of the Mitzvot they performed - and their union produced King David.

Steven Bayar



To contact Rabbi Bayar, email him at cbirabbi@cbi-nj.org





MUSICAL NOTES

By Cantor Lorna Wallach

Each spring I look forward to attending the Cantors Assembly Convention – a gathering of about 300 cantors (mostly Conservative, but also Reform and Orthodox) from the United States and Canada, Israel, South America and Europe. This year's convention will place in New Jersey and New York City from May 19 to May 23. At this year's convention, a female cantor, Nancy Abramson, will become the first woman president in the history of the Cantors Assembly and all the female cantors in the organization are being honored. This spring marks the 22nd anniversary of my graduation from the cantorial school at JTS and the 22nd anniversary of women being accepted as members of the Cantors Assembly.



People still ask me about my motivation to become a cantor and about the challenges of being one of the first female cantors. The short -answer version about how I came to pursue a career in the cantorate is that I have always loved to sing, and was involved Jewishly while growing up. In a nutshell, my Jewish identity was shaped by my involvement in the synagogue where I grew up (a traditional, non-egalitarian congregation in Brooklyn), by the Jewish home created by my parents, and by my experiences as a camper and staff member at Camp Ramah/Berkshires over 15 summers. These early life experiences directed me on a journey to deepen my Jewish identity and to find a meaningful way to use my voice.

I don't want to dwell on what the issues of being a "pioneer" as a woman in the cantorate, because the joys and the rewards have far outweighed the obstacles. The greatest challenge I believe I face going forward is to continue to be the kind of cantor I want to be who can inspire others to heightened spirituality and be a positive role model. May we all be blessed with strength and good health to fulfill our individual and collective dreams.

One of the topics that we end up discussing at every cantors convention is how to maintain a balance between the old and new melodies of prayer and the popular versus the not so familiar, so that the service remains comfortable yet inspiring to the worshippers. A trained hazzan has access to the powerful tool of music, specifically *Nusach* (the "traditional" way in which the liturgy is chanted according to the proper prayer modes) to help achieve the goal of inspiring the prayers of others. But how the Hazzan uses this tool is what will have the greatest influence. The music for Jewish prayer has changed and will continue to change. What some think of as a "traditional" melody is more likely that which is the most popular but may not necessarily be a very old melody.

We have enjoyed great success with a "new tradition" at CBI of having several Kabbalat Shabbat services in the spring and summer that use musical accompaniment – provided by our own CBI volunteer band. This year, we look forward once again to holding three instrumentally enhanced Kabbalat Shabbat services, the first of which is on **May 31 at 7:00 PM. Please note**

continued on page 14



To contact Cantor Wallach,
email her at cbicantor@cbi-nj.org

In The Community

Mazel Tov to:

Sage Ferdinand and Sam Gersho who sang at Lincoln Center on March 17, as part of the 20th Anniversary Gala Concert of Hazamir, the International Jewish High School Choir.

Jane and Robert Brauer and Dr. Alan Burghauer on the engagement of their children, Rebecca and David.

Hal and Ginny Wiener on the birth of their great-grandson.

Steve and Gayle Chizzik on the birth of their grandson Cooper Logan Chizzik.

Condolences to:

Sean and Stacey McGarr on the passing of Sean's grandmother Carol Kutik.

Susan Gordon on the passing of her father, Marshall Bernstein.

Rick Yaverbaum on the passing of his beloved mother, Sally Yaverbaum.

Refuah Shleima to:

Joseph Siff, Sydele Weiner, David Most, and Randi Ostry.

This October, C.B.I. will be hosting
Interfaith Housing Network Families.

For her mitzvah project, Jessica Daniel is writing a children's book for the children to enjoy. Books will be donated to the children and other copies will be sold to raise money for the **I.H.N.**

For more information, contact Jessica at:
(973)-258-1245 or email jdian100@verizon.net

For my mitzvah project, I am raising money for the **Make-A-Wish Foundation of New Jersey.** This organization grants wishes to children with life-threatening illnesses. Granting wishes to these children gives them joy, strength and hope. Some wishes have included meeting Eli Manning, becoming a cop, or traveling to Disney World. I love to bake, in order to raise money, I am baking and selling desserts! My goal is to raise \$900 by the end of September to help make a wish come true. If you would like to order, please email me at rdan100@verizon.net. A brochure of my treats will be available soon.

Thank you for supporting me in my efforts to help Make-A-Wish!

Rebecca Daniel

President's Message

By Linda Sotnick, CBI President

"You make a living by what you get, but you make a life by what you give." — Winston Churchill

* * * * *

On the morning of April 7th, CBI's Social Hall was filled with the warmth of congregants celebrating and honoring two of our past presidents, Barry Allen and Steve Brown. Steve and Barry both spoke to us from the heart, communicating their honor in having been given the opportunity to serve and lead our community. Their speeches focused on the teams of people they were blessed to work with who put so much effort into making CBI the vibrant, special synagogue it is. As current president, I emphatically agree with Barry and Steve. To be a leader in this congregation is, indeed, a true honor. Our congregation is filled with people who contribute, in ways large and small. We are a true community because of shared commitment and dedication.

CBI thrives because of the teamwork that exists among our clergy, staff and volunteers. I am constantly amazed by, and grateful to the officers of our congregation, the committee chairs and members, our Board of Trustees, our schools' chairwomen and their boards and PA's, our discussion group leaders, our Sisterhood and Men's Club, everyone who leads parts of services, everyone who takes part in



special projects, the amount of donations that our congregation gives both to CBI itself and the greater community, the outreach that exists when members are in need.

In doing research about volunteerism, I stumbled upon a quote by Robert Kennedy that captures the essence and attitude of CBI's volunteers: *"Some people see things as they are and say 'why,' I look at things that never were and say, why not?"* Robert Kennedy's sentiment certainly resonates with me in relation to the team of people that I am so lucky to be working with. Not a week goes by that I am not approached by a member of the executive board or board of trustees or a CBI congregant who has an idea for a program, or someone who wants to participate in an effort or fix something they see is a problem. The list goes on and on. I am in awe of this community.

On Friday May 31st, beginning at 7:00 pm, we will be celebrating YOU, CBI's volunteers, with a special Musical Shabbat and Oneg. Whether you volunteer, want to volunteer, or want to thank CBI's volunteers, this celebratory service will be a joyous event for the entire congregation. No RSVP is necessary. Make sure to mark you calendar. See you on the 31st!

Linda Sotnick



To contact Linda Sotnick,
email her at cbipresident@cbi-nj.org

Save the date: May 7, 12:30 - Adult Forum and guests

Art Fredman will deliver a talk about the former coal-mining region of Southeast Kentucky. Since 2010, CBI has been rendering assistance to some of the downtrodden inhabitants of McRoberts, Kentucky. Art will speak of the unique history, dialect, food, economy, and religion of that area. He will play a DVD and share the personal experiences of our Rabbi Bayar-led missions to that region.

Title:

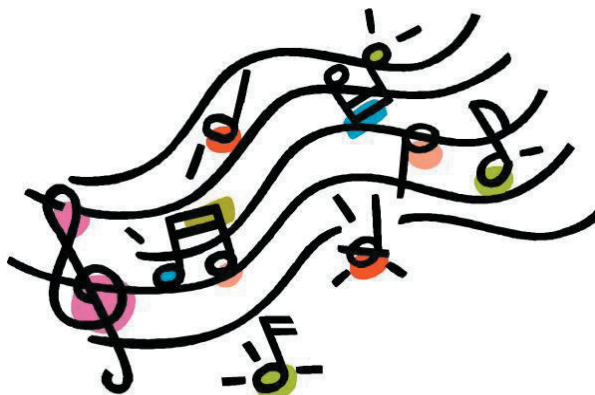
JEWS BRINGING COMFORT TO BAPTISTS IN APPALACHIA? MANY WONDERS FOUND AMONG THE MOUNTAIN FOLKS IN SOUTHEASTERN KENTUCKY.

The nation extracted their timber, coal, and minerals; politics ruined their culture; Congregation B'nai Israel brings continuing hope to an abandoned pocket of Appalachian Mountaineers.



*Future Musical
Shabbats
June 14 and July 26*

Musical Shabbat and Volunteer Appreciation



*Friday, May 31
7:00 p.m.*

*Shabbat Service
with CBI Band*

Sing, Dance and Be Inspired!

**Each of us in our own way has volunteered and benefited from CBI.
Please join us as we come together as a community to celebrate!**

Special Celebration Oneg

Hosted by Rabbi Bayar, Cantor Wallach and the Officers of CBI

**Congregation B'nai Israel is blessed to have committed volunteers who
give so freely of their time and talents!**

Chair a committee!
Come to a *minyan*!
Attend a *shiva*!
Donate items for a food drive!
Read Torah or lead a service!
Sponsor a *Kiddush*, *Oneg* or program!
Sing in the choir! Play in the band!
Lead a discussion group!
Visit the sick or house-bound!
Plan or help at Shabbat dinners!

Plan a program!
Serve on a committee!
Usher on Shabbat or High Holidays!
Assist in the kitchen!
Serve on the Board of Trustees!
Work at Purim Carnival or Mitzvah Day!
Sort books in the library!
Help others learn how to *daven*!
Provide fun children programming!
Greet a new member!

Contribute items, sort donations, or work the sales floor at White Elephant Sale!

And so much more!!!

HEDWIG GRUENEWALD EARLY CHILDHOOD CENTER

By Rochelle Baron, Director

May is here, spring is here, and all is good at HGECC! We have many activities planned to keep us happy and busy.

The children in the Threes' classes will journey to the Trailside Nature and Science Center for a morning of outdoor learning and exploration. On May 8 we will welcome the mothers of our two year olds at the annual "Tea with the Twos" event. Our final preschool Shabbat dinner and early service for this year, planned jointly with HGECC's Parents Association and CBI's membership committee, takes place on May 10.

Everyone will learn about good dental hygiene when a pediatric dentist comes to visit on May 20. The highlight of the month will be learning about Shavuot and celebrating the Torah.



A new addition to our repertoire of classes is "Mommy and Baby Yoga." Taught by CBI's very own Amy Alpert, this six-week class begins on Friday morning, May 10 and runs for 6 weeks in the school wing. If you'd like further information or know of anyone who would enjoy this class, please send an email to me at hgecc@cbi-nj.org.

We are excited about the 'children's garden' that we are working on for the center area near the school entrance. The children are cultivating tiny flowering plants which will be transplanted outdoors once they are strong enough. We look forward to caring for our garden and sharing the beauty of it with all of you.

Rochelle Baron



To contact Rochelle Baron,
email her at hgecc@cbi-nj.org



Mommy and Baby Yoga

(and Dads, too!)

Six-Week Series

Baby Yoga Class for Parents and Infants Six Weeks to Seven Months

Friday mornings // May 10 through June 14
9:30 a.m. to 10:15 a.m.

Congregation B'nai Israel // 160 Millburn Avenue // Millburn, NJ 07041

Through movement and engagement, babies have fun while developing gross motor skills and adults enjoy a nice yoga stretch. This class inspires curiosity, works on gross motor skills, stimulates baby's senses and creates lot of laughter.

Stretch and strengthen your body while bonding with your baby and connecting with other parents. No need to have any experience with yoga, just come with an open mind and a desire to cater to yourself and your baby for 45 minutes.

Changing, feeding and caring for your baby are all part of class, so no need to worry. Wear clothes that allow you to move and blankets for your baby to lie down or sit on. Yoga mats will be provided (or you can bring your own).



SIGN UP NOW!

Rochelle Baron, HGECC Director
973-379-4040
or hgecc@cbi-nj.org

\$90 for six sessions

Amy Alpert, Instructor

Amy has been teaching yoga since 2010 to adults and children of all ages. Through her instruction of Hatha Yoga, Meditation and Acceptance, Amy inspires her students to connect with themselves emotionally, spiritually and physically.

Space is Limited. Save Your Spot Early.



INVEST IN ISRAEL BONDS

TO SUPPORT ISRAEL AND YOUR IMPORTANT CAUSES

ONE INVESTMENT, DOUBLE BENEFIT

Purchase an Israel bond in the name of your designated organization, foundation or other beneficiary.

The recipient of your Israel bond will receive interest on the bond, plus principal upon maturity.

The value of your donated Israel bond may be tax deductible to the extent permitted by law; consult your tax advisor for details.

For more information on the Double Mitzvah program, current rates and investment options, contact David Brown, Registered Representative



Development Corporation For Israel/Israel Bonds
6245 Town Center Way • Livingston, NJ 07039
973.712.1404 • david.brown@israelbonds.com



This is not an offering, which can be made only by prospectus. Read the prospectus carefully before investing to fully evaluate the risks associated with investing in Israel bonds. Member FINRA

BLANCHE BAYAR RELIGIOUS SCHOOL NEWS

By Janice Colmar, CBI Education Director

Each season at BBRS has something to recommend it. Fall features a brand new start, with our students - new and old; new programs, and high expectations. Winter features our Chanukah celebration and Hessed Day. It's a time when we can really dig in and learn new things. And now there is Spring with its warm breezes, its conclusions and our school Maccabiah.



When I arrived here 12 years ago, I brought with me my Maccabiah program. This is an academic color war where are our students and teachers study different topics through various fun tasks. Three years ago, **Jacob Ehrlich**, a madrikh (teacher's aide), became the chair of the program devising everything from the theme, to the tasks and the schedule. This year our theme is Jews In ... with our teams investigating Jews In Science, Entertainment, Politics and Sports. For the first time, our captains are madrikhim: **Josh Novick**, **Rachel Novick**, **Ben Caplan** and **Sophie Caplan**. Stay tuned next month to read how it turned out next month.

Last month I began a series on staff at BBRS. This month, I would like to introduce you to our new office manager, **Kamilah Clark**. Kamilah has been with us for three months though some would

say it feels like much longer. A native of Newark and a graduate of Caldwell College in psychology, Kamilah has dedicated herself to giving back to the community. When she is not at BBRS, she is working with teens through an organization that she founded called Empower Yourself of New Jersey. Her experience with helping young people makes her a perfect fit at BBRS and we hope that she will be with us for many years to come.

Janice Colmar



To contact Janice Colmar, email her at cbieducator@gmail.com



Family Shabbat Dinners at CBI

Preschool Family Shabbat Dinner & Service

Friday, May 10 at 5:45

All families of CBI with preschool age children are invited for brief child-friendly service and dinner!

Questions?

Lisa Biller at lisakbiller@gmail.com
Organized by HGECC and CBI Membership Committee



School Age Family Shabbat Dinner & Service

Friday, May 17 at 7:00

Italian-style Shabbat dinner and ice cream sundaes plus two service options (6:30 or 8:15)!

Questions?

marilynatlaserberney@verizon.net
Organized by BBRS Parent's Association

More Information and RSVP Forms Available at www.cbi-nj.org.

B'NOT MITZVAH

Jessica and Rebecca Daniel May 4



Jessica is a seventh grader at Millburn Middle School. She enjoys playing basketball, softball and loves to ski. Jess also enjoys being with friends and spending summers at Camp Harlam. Jessica is a peer leader this year in her school's SHOK program, where she befriends and mentors mentally challenged peers. For her Mitzvah project, Jessica is writing a children's book for the Interfaith Hospitality Network organization. A few families will actually be staying at CBI this October! Books will be handed out to the children, and other copies will be sold to raise money for the IHN. Sharing this special day are Jessica's parents, Greg and Michelle, brother Jacob; grandparents Judy and Gary Daniel; Ellie and Alan Farber; and of course her twin sister Rebecca. Jessica would like to thank her tutor, Pam Slifer, Rabbi Bayar and Cantor Wallach for their help in preparation for her bat mitzvah.



Rebecca is a seventh grader at Millburn Middle School. She enjoys playing basketball, softball and guitar. Rebecca also likes to ski and hanging out with her friends. She's looking forward to spending her fifth summer at Camp Harlam. Rebecca has been a part of CBI all her life. She attended HGNS and has been a student at BBRS and member of the CBI Youth Groups. For her Mitzvah project, Rebecca is raising money for the Make-A-Wish Foundation, by selling baked goods, because Rebecca loves to bake! Sharing this special day are Jessica's parents, Greg and Michelle, brother Jacob, grandparents Judy and Gary Daniel, Ellie and Alan Farber and of course her Jessica! Jessica would like to thank her tutor, Pam Slifer, Rabbi Bayar and Cantor Wallach for their help in preparation for her Bat Mitzvah.

Alexis Ash May 11

Alexis is in seventh grade at Millburn Middle school. She likes to play basketball and lacrosse, and hang out with her friends. She attends Camp Chen-A-Wanda in Pennsylvania over the summer. Alexis has been volunteering at Daughters of Israel for her mitzvah project, and also because she had been interested in finding an opportunity to volunteer. She decided that she wanted to work with the elderly where she felt she could make a difference by spending time with them and helping to brighten their day. Alexis is an older sister to Jordan and Corey, who will be sharing her special day with her, along with her parents, family and friends. Alexis would like to thank everyone at CBI for their support, including Rabbi Bayar and Cantor Wallach, who has been tutoring and encouraging her as she prepares for her bat mitzvah.



Stephanie Alexandra Schron May 18



Steffi is a seventh grader in Millburn Middle School. Like most of her peers, Steffi is always busy with her school work, plus a number of outside activities. Steffi holds a second degree black belt in tae kwon do. She is an avid gymnast and also participates in swimming, skiing and drama. Steffi's mitzvah project was to deliver presentations on hearing loss to all fourth graders at Hartshorn elementary school. Each summer, Steffi spends several weeks at a Jewish camp, and vacations with her family in Southampton, NY. Steffi looks forward to celebrating with her parents, Elise and Arnold; her older brother Jason; relatives and friends. Steffi would like to sincerely thank her tutor Gill Diamond, Cantor Wallach and Rabbi Bayer for their encouragement and support in preparing for her bat mitzvah.

Olivia Wurgaft May 25

Olivia Wurgaft is a seventh grader at Millburn Middle School. She loves to dance and has been training in dance since she was three years old. She currently dances on the competition team at turning pointe studio. For her mitzvah project she is collecting dancewear, costumes and dance shoes for performing arts programs in need around the country. Olivia is sharing her special day with her parents, Hernan Wurgaft and Isabel Goldfaden; her sister Gabriela; her grandparents Sarah Goldfaden, Liliana Kirberg and Jose Wurgaft; and all her friends and family from Michigan, other parts of the United States and Santiago, Chile for this special occasion. Olivia would like to thank Merav Bayar, Cantor Wallach and Rabbi Bayar for their support and encouragement in preparing for her bat mitzvah.





Shavuot Services 2013

Celebrate God's Gift of Torah



Tuesday, May 14

8:00 p.m. --- Ma'ariv

8:30 p.m.--12:00 a.m. --- Tikkun Leil Shavuot

Wednesday, May 15

9:00 a.m. --- Shavuot Services

1:00 p.m. --- Mincha

Thursday, May 16

9:00 a.m. --- Shavuot Services

10:30 a.m. --- Yizkor



Stay the Night at CBI!*

Tikkun Leil Shavuot

(*well, not the *whole* night)

Shavuot is considered to be the anniversary of the Giving of the Torah at Mount Sinai. *Tikkun Leil Shavuot* is the custom of staying up the entire night (*leil*) of Shavuot studying with the community in order to relive the experience of standing at Sinai.

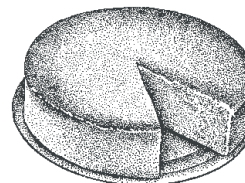
Join Rabbi Bayar, Cantor Wallach and fellow congregants on Tuesday, May 14, for an evening of enlightenment, engagement and enjoyment as we learn together!

There will be eight to ten topics covered, approximately 10 to 15 minutes in duration each.

If you would like to lead a short discussion, please contact Rabbi Bayar at 973-379-3811 or cbirabbi@cbi-nj.org before May 8.

Dairy Refreshments will be Served!

No Cost / No RSVP / Just Show up!





Friday Night @ CBI: Schedule of Shabbat Programming May-June 2013*

Friday nights are always special at CBI. Our traditional Kabbalat Shabbat service at 8:15 p.m. is warm, friendly and joyful...a spiritual and embracing service followed by communal Oneg. Starting in March, we have added a monthly Friday evening "Early Family Shabbat Service," which begins at 6:00 p.m. And, back by popular demand, the always uplifting and fun Musical Shabbats...featuring the CBI Band!

<u>Date</u>	<u>Time</u>	<u>Service</u>
May 3	8:15	Kabbalat Shabbat
May 10	5:45	<i>Preschool Family Shabbat & Dinner</i>
	8:15	Kabbalat Shabbat
May 17	6:30	<i>School Age Family Shabbat & Dinner</i>
	8:15	Kabbalat Shabbat
May 24	8:15	Kabbalat Shabbat
May 31	7:00	<i>Musical Shabbat</i> with CBI Band and Volunteer Appreciation 🎵
June 7	6:00	<i>Early Family Shabbat Service</i>
	8:15	Kabbalat Shabbat
June 14	7:00	<i>Musical Shabbat</i> with CBI Band
June 21	8:15	Kabbalat Shabbat
June 28	8:15	Kabbalat Shabbat

*Subject to Change. Check Friday Email Announcements Each Week for Full Schedule of Services.



Millburn USY

Ezra Engel completes his tenure as president of Millburn USY this month. He has been active in USY since his freshman year in high school and also has worked at Camp Ramah in the Berkshires. Ezra will graduate from Millburn High in June and is proud to be a member of the West Point Class of 2017.

April is the best month of the year. The world becomes green again, and it's not so hot that you can't enjoy it. We get thunderstorms, spring sports, and a foreseeable end of school. This month marks the true arrival of spring, and, with spring, come flowers, rain, and the USY Hagalil Region Spring Convention!!!

Often in these Bulletin articles, we try to discuss Millburn USY events, or tzedakah initiatives, or programming. But this column will talk about USY as a region. Oftentimes, I've always felt, we become disconnected from Judaism through the doldrums of high school halls and consuming classes. Even at our chapter events, we retain our Millburn pathos, driving us toward stress and away from Judaism. I've found that Hagalil regional events are a welcome break to this cycle of stress and tears. Spring Convention, in particular, offers a welcome retreat from everyday life.

The convention is held in a large hotel, which is filled to capacity with USYers from around the region. It is by far the biggest convention of the year, but in some ways the most intimate, as we are crowded together in the hotel. "Spring," as it is called, is full of praying, classroom sessions, and discussions about Judaism. USYers are able to connect without invasive influences, detached from the world in our private hotel.

It's difficult to communicate the value that I place on regional conventions like these to help me unwind and decompress after months of academic pressure. It feels like stepping off an airplane after a long flight. Every year, Millburn sends many of our members to the convention, and every year I wish we could have sent more. So, next year, or the year after, if you find yourself with a shortage of leg room, I highly recommend coming to "Spring," deplaning, and stretching out those legs.

Ezra Engel

President, Millburn USY

CHAVERIM

**The CBI Youth Group for
4th and 5th Graders**

Thursday, May 23

Year-End Wrap Up Party

MPR

6:30 – 8:00 p.m.

Dinner & Entertainment

KADIMA

**The CBI Youth Group for
6th, 7th and 8th Graders**

Thursday, May 23

Year-End Wrap Up Party

MPR

6:30 – 8:00 p.m.

Dinner & Entertainment

MILLBURN USY

**The CBI Youth Group for
9th – 12th Graders**

Wednesday, May 8

USY Board Installation

MPR

7:30 – 9:00 p.m.

Parents Invited!

Wednesday, May 8

USY Board Installation

MPR

7:30 – 9:00 p.m.

Parents Invited!

Thursday, May 23

Year-End Wrap Up Party

MPR

6:30 – 8:00 p.m.

Dinner & Entertainment

CBI Youth Groups Regional Encampment for Kadima & Millburn USY MAKE FRIENDSHIPS THAT LAST A LIFETIME!

Looking for a one-of-a-kind, totally awesome, end-of-summer adventure for your middle school or high school child?

If so, please consider Hagalil Encampment. Many CBI youth groupers attended in past years. This one-week camp (August 18-25) at B'nai Brith Perlman Camp in the Poconos is hosted by the New Jersey regional chapter of Kadima and USY for teenagers entering grades 6 – 12. There are separate sides of the camp for USY (9th – 12th)

and Kadima (6th – 8th).

Hagalil Encampment is a valuable enriching experience for all Jewish middle school and high school students. It provides teenagers with an opportunity to make new friends and renew the friendships they have made at previous activities. At the same time, they will be living in a completely Conservative Jewish setting and soaking up knowledge in an informal fun setting. Most

continued on page 17

CBI Adult Learning

presents

Israel through the Lens of Modern Cinema

A Series of Critically Acclaimed Films by Israeli Directors!



\$5.00
per person
payable at door



NOW PLAYING!

The Flat

Sunday, May 5

7:00 p.m.

**Congregation B'nai Israel MPR
Snacks & Discussion to Follow**

When you start looking at the past, you never know what you'll find...

At age 98, director Arnon Goldfinger's grandmother passed away, leaving him the task of clearing out the Tel Aviv flat that she and her husband shared for decades after immigrating from Nazi Germany in the 1930s. Sifting through a mountain of photos, letters, files, and objects, Goldfinger undertook the complex process of making sense of the accumulated ephemera of a lifetime. In the process, he began to uncover clues pointing to a complicated and shocking story: A chronicle of the unexpected yet inevitable ethical ambiguities and repressed emotions that arise when everyday friendships suddenly cross enemy lines.

In his award-winning, emotionally riveting documentary, *THE FLAT*, Goldfinger follows the hints his grandparents left behind to investigate long-buried family secrets and unravel the mystery of their painful past. The result is a moving family portrait and an insightful look at the ways different generations deal with the memory of the Holocaust.

View Trailer Here: <http://www.ifcfilms.com/films/the-flat>

MARCH WITH CBI IN THE SALUTE TO ISRAEL PARADE

SUNDAY – JUNE 2nd, 2013

The Bus Will Leave CBI at 10:45 AM & Return at Approximately 4:00 PM



*Photo taken at the 2012 Salute to Israel Parade.

-----*Detach before mailing*-----

RSVP PLEASE NO LATER THEN MAY 31st

Cost is \$12, which includes parade t-shirt, bottled water and bus ride into NYC

Checks made payable to: *Congregation B'nai Israel*.

Make your reservation early to ensure a seat on the bus.

For information send an e-mail message to: michael.jurist@verizon.net

Name _____ Phone Number (with area code) _____

_____ number of parade participants in family @ \$12/person (\$36 maximum/family) = \$ _____

_____ I'd like to be a parade sponsor for an additional \$36 to help defer costs

Total Amount Enclosed = \$ _____

Mail this form, with payment to: **Michael Jurist, 82 Pine Street, Millburn, NJ 07041**

Sisterhood's Message

By Paula Touger, Sisterhood President

May brings us not just Shavuot, the holiday when we celebrate the giving of the Ten Commandments (May 15th and 16th- get your cheesecake and blintze recipes out!) but also the winding down the Sisterhood calendar of events.

On Sunday, May 5th, Sisterhood gives you two reasons to stop by the synagogue.

Our month Rosh Chodesh discussion will make a change from dinner to breakfast. Join us at 9 a.m. for coffee, bagels, and talk. You'll be done in time for early dismissal and a visit to our gift shop for a special event.

Our gift shop is presenting a book signing featuring Joan Roth. Joan will sign her collection of photographs, entitled *Jewish Women*, from 10 a.m.-noon. The photographs of Joan Roth are included in the collections of the Brooklyn Museum, the Jewish Museum, the International Center



of Photography in New York, and numerous public and private collections. She was the recipient of the 1982 Photo Laureate Award from the City of Paris, and her photographs were exhibited at the Musée d'Art Moderne. In 1984 she was selected to represent the United States in Rome for the International Fine Arts Competition. Joan is the mother of our member Alison Roth.

A signed copy of this wonderful book (I display mine proudly on my coffee table) is a perfect Mother's Day gift. We have many other beautiful items in the shop for all the moms in your life!

Monday, May 13 WAS our scheduled **Installation of officers dinner**. The **NEW DATE is Thursday, June 13**. Please correct your calendar and RSVP to me to reserve your spot.

Paula Touger



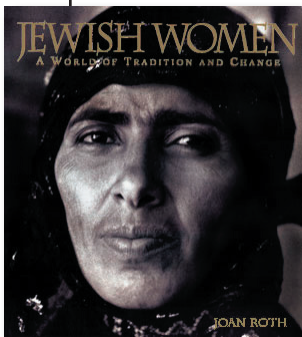
To contact Paula, email pdtouger@aol.com

Sisterhood Gift Shop Book Signing by Joan Roth

We are so excited to hold a book signing with Joan Roth, author of the photography book, *Jewish Women*, on Sunday May 5th, from **10am till noon**. It is a beautiful photography book of Jewish Women from every corner of the earth. What a great gift for Mother's Day

or any day for the special women in your life. Stop by and meet Joan and have a book personally inscribed. If you are unavailable that day, you are welcome to pre-purchase and I will have the book signed for your special someone. They make a great graduation and birthday gift too!

Please call Ilisa Perlman at 973-379-9275 with any questions you may have or to pre-purchase copies of the book.



SAVE THE DATE:

SISTERHOOD INSTALLATION OF OFFICERS AND DINNER

THURSDAY, JUNE 13 AT 6:30 PM
(Please note change of date from 5/13)

RSVP to Paula Touger
pdtouger@aol.com or 973-258-9638

Musical Notes

continued from page 3

the earlier start time. ALSO, THERE WILL NOT BE AN ADDITIONAL LATER SERVICE THAT EVENING. The other dates for the instrumental enhanced services are June 14 and July 26.

I encourage all of you to make every effort to join us in welcoming Shabbat through a spiritual and spirited Friday night experience in which children of all ages are welcome to attend. Let us lift our voices together in singing a new song unto God.

Lorna Wallach

MEN'S CLUB

By Hernan Wurgaft, Men's Club President

I don't have strong memories from childhood about Shavuot, and I suspect that I am not the only one who feels that way. In Shavuot there is no seder or sukkah or shofar or dreidels. There is no grand family reunion for a lavish meal. It almost feels like an afterthought: seven weeks of counting the Omer after Pesach, and then Shavuot. This is paradoxical because Shavuot commemorates the day that God gave the Torah to the entire nation of Israel assembled at Mount Sinai, arguably the most important day in the history of the Jewish people. One possible explanation is that the magnitude of the giving of the Torah event is such that no single day is enough to remember it. As it is written that Moses said to the people: "Only take heed to thyself, and keep thy soul diligently, lest thou forget the things which thine eyes saw, and lest they depart from thy heart all the days of thy life; but make them known unto thy children and thy children's children." (Deuteronomy 4:9) Consequently, we bless and thank God for choosing the Jewish people to receive the Torah every day of our lives.

In recent years, I have become increasingly fond of Shavuot. I enjoy the Tikkun Leil study sessions with fellow Men's Club members and congregants at CBI. According to legend, the people of Israel overslept while God was waiting on the mountain top, and Moses had to wake them up to receive the Law. To make up for this *faux pas*, it is customary to pull an all-nighter – or at least a late night - study session on any topic related to the Torah. The topics are always varied and stimulating, and there is a great atmosphere of camaraderie. And as the Torah nourishes the spirit like milk and honey, another Shavuot tradition that I greatly enjoy is to eat cheese, fruit, honey and wheat (because of the Omer) transformed into my favorite Jewish dish: Blintzes! I look forward to sharing these Shavuot customs with you.

Chag Matan Torah-taynn Sameach.

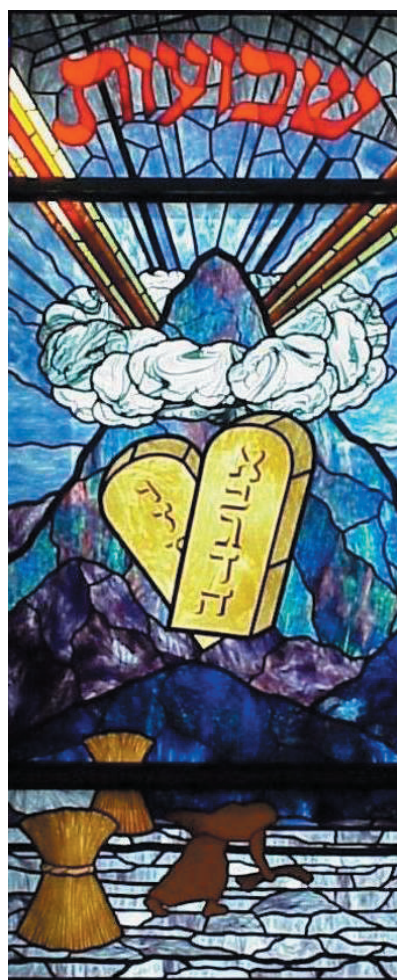
Hernan Wurgaft



MARK YOUR CALENDAR

- **Wednesday June 5, 6:00 PM:** Men's Club Installation Dinner.
- **Sunday August 4:** Second Men's Club River Rafting Trip on the Lehigh River.

SPECIAL THANK YOU: The Joe Keselman & Juan Katz Memorial Paid Up Breakfast held on Sunday April 14 will be remembered for a long time. The guest speakers Steve Serby and Paul Schwartz captivated a large audience with anecdotes and wisdom from covering sports news for the New York post. Thank you to David Touger for organizing the program, and to Howard Greenwald, Phil Levine, Henry Brendzel and board members for serving a delicious and beautifully presented breakfast.



To contact Hernan Wurgaft, email him at hernanw40@yahoo.com

ISRAEL AFFAIRS

By Joe Tenenbaum



Engage with Israel

I hope that you were able to participate in our April events for the three Israel holidays during the month. On April 7, CBI sponsored a very special Yom HaShoah program, featuring Dr. Nili Keren speaking about the history of Holocaust remembrance. Other highlights of the program included the appearance of the CBI youth choir, and remarks about Yom HaShoah in Israel by two of CBI's Rishonim, Inbar Sade and David Marder. I would like to thank David Touger and everyone else who planned this wonderful event.

The following week some congregants attended the screening of *Follow Me: The Yoni Netanyahu Story* at the JCC in West Orange as part of the community Yom Hazikaron observance. On the following evening, the community celebrated Yom Ha'atzmaut at Temple B'nai Jeshurun, where singer Achinoam Nini (Known as "Noa") performed many classic Hebrew and Israeli songst.

Dates for Your Calendar

JNF Central New Jersey Annual Breakfast
Wednesday, May 1 @ 8 am

Israel Movie at CBI: *The Flat*
Sunday, May 5 @ 7 pm

Stand Up for Israel (program for high school students)
Sunday, May 19, 2013

Celebrate Israel Night with the Mets
Tuesday, May 21 @ 7:10 pm

Israel Day Parade
Sunday, June 2

Sar El trip to Israel (Contact Art Fredman)
End of June, Beginning of July

Celebrate Israel at the Salute to Israel Parade June 2, 2013

CBI will once again be marching in the Salute to Israel Parade. If you have never marched down Fifth Avenue, this parade is a wonderful opportunity to demonstrate publicly YOUR support for Israel, and to have fun strolling down the Avenue. The cost of participating is only \$12 per person,

although we encourage additional support for the event. You can become a sponsor with a special contribution of \$36. Please see the enrollment form in this Bulletin for more information or contact Michael Jurist at Michael.Jurist@verizon.net

Stand Up for Israel (program for HS Students) Sunday, May 19 at 9:30 am

To the high school students in our community: Will you know how to Stand Up for Israel on your College Campus?

I know that you might not even know where your college campus will be, but the JCC on Route 10 in Whippany is presenting a program developed by the Anti-Defamation League to help you respond. This program is sponsored by the Jewish Federation of Greater Metrowest, The Partnership for Jewish Learning and Life, and the Legow Family Israel Program Center.

If you are interested in attending this Sunday morning program (9:30 am to noon), please RSVP at www.jfedgmw.org/campusadvocacy or call 973 929-2975.

Celebrate Israel Night at CitiField Tuesday, May 21 at 7:10 pm

The New York Mets will mark Celebrate Israel Night on Tuesday night, May 21 with a game against the Cincinnati Reds. Through a special offer, you can receive discounted tickets, and a Mets Yarmulke. The night will include pre-game musical entertainment. For more information visit www.mets.com/Israel.

Jerusalem Marathon Article by Leslie Gersho

Last month, I promised an article in the Bulletin written by Leslie Gersho about her Jerusalem Marathon experience. Through a production error, the article was not included. You can find it on page 22 in this Bulletin. Perhaps next year, you would like to run in the Marathon (It also comes in shorter half-marathon and 10 Kilometer versions.) Although I hear that even the shorter races are loaded with hills. Next year's race is March 21.

AIPAC Policy Conference March 3 - March 5, 2013 March 2 - March 4, 2014

Next year's conference will be the first week in March (March 2-4). Please visit the AIPAC website to register for the conference. AIPAC has a unique focus on providing solid bi-partisan support for the US-Israel relationship.



To contact Joe Tenenbaum, email him at
TenenbaumJ@AOL.com

Please plan to join the CBI delegation next year.

To view the speeches and videos from this year's conference, visit the AIPAC website, <http://www.aipac.org/pc>

I recommend that you watch the speech by California Assembly Speaker, John Perez, whose speech is available on line. <http://www.aipac.org/pc/videos/2013/speeches/perez>

Missing Soldiers and Soldiers on Duty

We must continue to pray for the remaining soldiers to return home:

**Majdy Halabi Guy Hever Ron Arad
Zachary Baumel Avi Feldman Yehuda Katz**

Please also pray for **Jonathan Pollard**, (Yehonaton ha Levi ben Malka) who has been imprisoned now for over 28 years and is in need of healing.

Joe Tenenbaum



Yahrzeit Donors

Lynn Arian	Sanford Kingsly
Rabbi Steven Bayar	Miriam Less
Ralph Berkowitz	Sheila Marx
Rita Berman	Lenore May
Deena Bernhaut	Barbara Meisler
Shirley Ehrich	Rosemary Merrill
Ellen Eichler	Sandra Nash
Barnet Epstein	Russ Okrent
Sarah Franzblau	Fred & Randi Ostry
Nelli Goldman-Katz	Betty Rose
Shari Gorman	Sondra Sabin
Sheryl Horowitz	Sam Schwartzstein
Lisa Jacobs	Sally Shotkin
Natalie Kent	Florence Wolf

Regional Encampment for Kadima & Millburn USY

continued from page 9

of those attending camp in 6th and 9th grade are first timers and all the returnees help to create a warm and friendly atmosphere for everyone. In addition, the staff has attended for multiple years both as campers and staff and help to create bonds that will last a lifetime.

Each day of the program is filled with activities, sports, meals and plenty of free time to just relax and enjoy with new friends (and old friends). Highlights include talent show, Maccabiah, Israel programs, social action programs, drama, arts & crafts, creative services, swimming and more. You'll be amazed how much fun you can have in just one week! The total cost is very reasonable (2012 cost was \$417.00), which includes **all** accommodations, meals, insurance and round-trip transportation.

We look forward to many other CBI youth groupers joining us this summer from August 18-25th.

For more information, please contact Marla Parnes USY Advisor (mparnes1@verizon.net) or Aly Greenstein, Kadima Advisor (alygreenstein18@gmail.com).



Henry and Roslyn Brendzel present diabetes testing material to David Tatcher, head of Am Shalom Jewish Center in Santa Clara, Cuba, during their recent trip to the Jewish community in Cuba. The year's supply of testing strips was donated by CBI's morning minyan.

SALUTING OUR SUPER SENIORS: TIRZA FREEMAN

By Sheldon Greenholtz



Tirza Freeman

If the CBI family has crown jewels, Tirza Freeman, a member for over 50 years certainly is among them.

The Freeman family, including Tirza's husband Henry, and daughters Eva and

Naomi, moved to Millburn in 1960.

Tirza was born in Eschwege, Germany, the third of four children. Ernest and Leah have passed on, and brother Joe Rosenberg (who with his wife, Aleza recently joined CBI) lives in Maplewood. Her father was a substantial businessman, operating many wholesale grocery stores in the area.

As Hitler's footprint expanded in the 1930's, culminating in the horror of Kristallnacht, it became apparent to Tirza's family that they could no longer remain in Germany. They were, fortunately, able to leave in February 1939. Unfortunately, Tirza contracted diphtheria, and had to remain at Ellis Island, at Marine Hospital, while her family settled in Washington Heights, Manhattan, then home to many German Jewish families. Tirza, just 11 years old, remained alone in the hospital from February until August, when she was finally released and joined her family.

They subsequently moved to the Bronx, where Tirza graduated from James Monroe High School. While attending City College as an accounting major, she met Henry, whom she would later marry. With a master's degree in organic chemistry and employed by Exxon, Henry was planning to attend law school, intent on becoming a foreign patent attorney. With Exxon being a global company and with Henry speaking multiple languages, this seemed like a natural fit. Henry convinced Tirza that it wouldn't do for both of them to be students, so Tirza left City College, married Henry, and began raising her family. Her daughters, Eva and Naomi, live in Laudonville, NY, and Bethesda, Md, respectively. Eva is a professor of nursing, and Naomi is employed by the government in the field of international trade. Tirza is also a proud grandmother of four granddaughters. After raising her daughters, Tirza still had some un-

finished business. She went back to College, got her accounting degree, and, at the age of 50, graduated magna cum laude from Rutgers. She spent the next 20 years, until her retirement, as a controller.

Tirza's impact on CBI is significant. She has, through the years, tutored many of our bar/bat mitzvah students. She attends morning minyan services regularly, and she is knowledgeable enough to lead portions of our Shabbat service. Her husband Henry, though seriously ill, had his second bar mitzvah at CBI in 2005, at age 83, helped in no small measure by the guidance and encouragement of family friend and congregant Kopel Burk. As youngsters, Kopel and Henry both had the same bar mitzvah parsha. Henry would succumb, soon after, to the cancer he so courageously fought. Indeed, many in Henry's family felt that his steadfast desire and singular focus to re-celebrate his bar mitzvah, gave him the strength to survive, against all odds, to beyond that special day.

Tirza, on most Shabbats, can be seen walking to services from her home, a mere 1.5 miles. Not bad for a mid-octogenarian. Her spirit, energy, wit and passion for observance are truly inspirational.

Tirza, you honor us with your presence. You make CBI a better place.

Editor's Note: Each month we will profile a Super Senior who is part of our heritage and history.



**Save Your Stuff & Save the Dates!!!!
The White Elephants are Coming Back!**



CBI White Elephant Sale

Collections Begin June 9th

Sale Dates – June 20, 21 & 23

The **WHITE ELEPHANT SALE** is a big fundraiser for CBI and a great community project.
After the sale, leftover items are donated to worthy causes.

We need donations of gently-used and new items.

So search your homes and ask your neighbors and friends.

Here are just a few ideas that might help to de-clutter your home...

Art and Collectibles * Antiques * Toys and Games * Sports Equipment
Housewares and Appliances * Decorative Items * Small Furniture * Lamps
Arts & Crafts * Needlepoint and Knitting Supplies * Clothing (adult, children, boutique, vintage, outerwear)
Handbags * Shoes * Electronics (televisions, computers, printers) * Musical Instruments * Stationery Items
Pottery and Vases * Silver/Plate Items * Linens * Tablecloths * Fabric * Handbags * Umbrellas
Fireplace Accessories * Tools * Judaica * Jewelry (valuable and costume) * Unused Wedding and
Unwanted Holiday Gifts * DVD's * Books * Knick-Knacks * White Elephants

(Due to space restraints we will not be able to accept very large items such as bathroom fixtures, upholstered furniture, mattresses, office equipment, entertainment units, construction items and also cribs, painted children's furniture and car seats. We will not be able to sell items that are damaged, torn, dirty, stained or broken.)

Let us know if you have anything of extra value as we will be pre-selling online.

If you have a question about whether an item is acceptable, please contact:

Robin and Rich Jacobs at cbiwes@gmail.com or 973-258-9328

Drop-Off Dates at CBI (convenient day, evening and weekend times)

Sunday, June 9 – 10:00 a.m. – 2:00 p.m. and 5:00 p.m. – 8:00 p.m.

Monday, June 10 – 9:00 a.m. to 5:00 p.m. and 6:00 p.m. to 8:00 p.m.

Tuesday, June 11 – 9:00 a.m. to 5:00 p.m.

Wednesday, June 12 – 9:00 a.m. to 5:00 p.m.

Thursday, June 13 – 9:00 a.m. to 5:00 p.m. and 6:00 p.m. to 8:00 p.m.

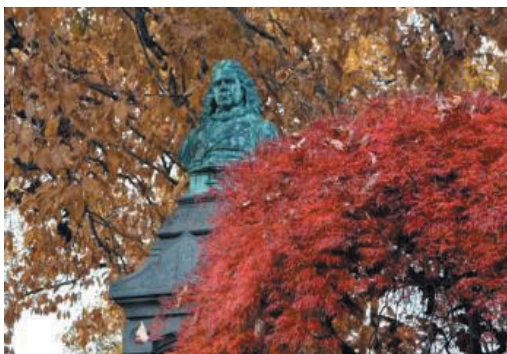
Sunday, June 16 -- 10:00 a.m. – 2:00 p.m.

Monday, June 17 – 9:00 a.m. to 5:00 p.m. and 6:00 p.m. to 8:00 p.m.

Tuesday, June 18 – 9:00 a.m. to 5:00 p.m. and 6:00 p.m. to 8:00 p.m.

Wednesday, June 19 – 9:00 a.m. to 5:00 p.m.

TRIP TO GREEN-WOOD CEMETERY (Trolley Tour) and Coney Island June 26, 2013



Grave of inventor Elias Howe

Everybody loves a great story, and Brooklyn's Green-Wood Cemetery has many of New York's great stories to tell. Everyone who was anybody in 19th-century New York wanted to be buried there, and they were. As The New York Times succinctly put it in 1866, "It is the ambition of the New Yorker to live upon Fifth Avenue, to take his airings in the [Central] Park, and to sleep with his fathers in Green-Wood."

The famous and infamous have continued to come to Green-Wood for over a century and a half now, bringing their lively stories and dark secrets with them. Green-Wood has more than 560,000 permanent residents, including Leonard Bernstein, Boss Tweed, Charles Ebbets, Jean-Michel Basquiat, Louis Comfort Tiffany, Horace Greeley, Louis Moreau Gottschalk baseball legends, politicians, artists, entertainers, inventors, and Civil War generals and other veterans..

Trolley tour includes cemetery's history, chapel, bird life and tales of its most famous residents.

In the afternoon we will have a tour of Coney Island if post-Sandy reconstruction is complete.

Depart: B'nai Israel, Millburn- 9 am **Return** approximately 5:00 pm

Cost: Adult Forum & New Beginnings Member, \$60 Community Participant, \$70, LUNCH ON YOUR OWN.

Make your check out to JCC of Central New Jersey

Mail to: JCC of Central New Jersey, Attn: Barbara Weisbart, 1391 Martine Avenue, Scotch Plains, NJ 07076 Green-Wood Cemetery Trolley Tour & Coney Island

NAME _____ PHONE _____

ADDRESS _____

Amount Enclosed _____ for June 26, 2013 trip Number of people _____

Emergency Contact: Name _____ Phone _____

Birth date _____

ADULT FORUM

May 2013

Our program on Tuesday, May 7, following lunch at noon, we will feature CBI's own Board of Trustees member, Art Fredman as the presenter. Art is a former teacher and school administrator, and is an inveterate traveler and writer. He currently works at Kean University as University Supervisor for student teaching interns. His fascinating topic, especially for those of you who have not gone with the Rabbi to Appalachia, is *Jews in Appalachia? Did Mapquest get them "Fablungit" on their way to Florida?: The Nation Extracted their Timber, Coal, and Minerals; Politics Ruined their Culture; Congregation B'nai Israel Brings Continuing Hope to an abandoned pocket of Appalachian Mountaineers*. There will be a film, and handouts along with the presentation. Please join us for what promises to be an outstanding program.



We will screen *The Intouchables* on May 21, following lunch at noon. An irreverent, uplifting comedy about friendship, trust and human possibility, *The Intouchables* has broken box office records in its native France and across Europe. Based on a true story of friendship between a handicapped millionaire and his street smart ex-con caretaker, *The Intouchables* depicts an unlikely camaraderie rooted in honesty and humor between two individuals who, on the surface, would seem to have nothing in common. The film is in French with English subtitles.

Our final trip of the spring season on June 26 is to the historic Green-Wood Cemetery where we will take a trolley ride to see some of the cemetery's most famous occupants- Leonard Bernstein, Boss Tweed and Louis Comfort Tiffany, among many others. We will also go to Coney Island. Details of the Coney Island part of the trip will depend on what damage Super-storm Sandy has done, and what has been rebuilt. Please see separate form to register. The cost for this trip is \$60 for Adult Forum members and \$70 for community participants.

You needn't be a member of CBI to join us for our programs or trips. Please let your friends and relatives know that they are most welcome.

Lois Dyer



To contact Lois Dyer, email her at penzoe1@comcast.net

ADULT FORUM Events RSVP May 2013

**IN CASE OF INCLEMENT WEATHER,
CALL CBI AT 973-379-3811**

Cost: Adult Forum members \$10 per event, community participants \$12 per event. Events begin with lunch at noon. Make checks out to B'nai Israel, and mail to: Adult Forum, C/O Lois Dyer, 9 Hearthstone Terrace, Livingston, NJ 07039.

Name: _____

Phone: _____

Amount enclosed: _____

I will attend the following events:

☐ **May 7: Art Fredman presents *Jews in Appalachia? Did Mapquest get them "Fablungit" on their way to Florida?* RSVP to Lois by May 3.**

<input type="checkbox"/> Turkey	<input type="checkbox"/> Corned Beef	<input type="checkbox"/> Pastrami
<input type="checkbox"/> Roast Beef	<input type="checkbox"/> Tuna	<input type="checkbox"/> Egg Salad

☐ **May 21: Screening of *The Intouchables*. RSVP to Lois by May 17.**

<input type="checkbox"/> Turkey	<input type="checkbox"/> Corned Beef	<input type="checkbox"/> Pastrami
<input type="checkbox"/> Roast Beef	<input type="checkbox"/> Tuna	<input type="checkbox"/> Egg Salad

☐ **TRIP JUNE 26 to GREEN-WOOD CEMETERY and CONEY ISLAND.
See separate flyer.**



JERUSALEM MARATHON

By Leslie Gersho

I ran in the Jerusalem Marathon this past March, celebrating my fiftieth birthday by combining two of my passions: Israel and running.

Here's how it happened. In February 2011, my family went on the CBI trip to Israel with Rabbi Bayar, Janice Colmar, and a terrific group of congregants. We spent several days in Jerusalem, which included Kabbalat Shabbat services overlooking the Kotel. While I was walking uphill back to our hotel through the beautiful streets of Yemin Moshe. I thought to myself, "Jerusalem would be an amazing place to run a marathon. It's my holy city, the capital of Israel, 3,000 years old; it has a challenging terrain, and a cool climate."

Because I had run five marathons, including Boston and New York, I knew what made a good marathon. If you're going to run 26.2 miles, you want it to be meaningful, or you might as well stay local and run some 5Ks. For me, location is key, and there's no more special place than Jerusalem. I could run in the ancient footsteps of King David. How cool would that be? Since my everyday life is full of extreme "non-coolness," it would be a thrill to combine my love of running with my love of Israel. When our CBI trip came to an end, I decided that one day I would run the Jerusalem Marathon.

A few months later, I ran the Wineglass Marathon in Corning, N.Y. Unfortunately, race day was a runner's nightmare. It poured, and was very cold. I finished drenched, numb, and disillusioned. I thought my marathon days were over.

But after wallowing in self-pity, I decided to start running with my dog. Seeing the joy on his face revitalized me and renewed my passion for running. I also became aware that my "special birthday" was coming up. I would be turning 50. I decided I didn't want a party to mark the occasion. What I really wanted to do was to run the Jerusalem Marathon.

The Jerusalem Marathon was this past March 1, and my husband, Marvin, was game to go. My boys, Sam and Michael, would not be going because of the demands of Millburn High School. Fortunately, our wonderful friends, Jill, Boaz, and Josh Kimelman agreed to host Sam, and my good friend Betsy Karetznick agreed to host Michael for the week Marvin and I would be gone.

Next, I thought it would be fun to run Jerusalem with another CBI congregant. I asked my friend and multi-sport recreational athlete, David Touger, if he was interested.

Luckily for me, David's daughter, Ariel, was working in Jerusalem and he was psyched to run the half marathon and see her and his extended family. Now I had a running comrade to talk to about training runs and get excited about running the race.



It was finally time to go to Israel. Marvin and I made plans to see Lainie, Seth, Sandy and Barry Cogan in Ra'anana. We had a blast going to the Carmel Winery, walking the Ramat HaNadiv Gardens, eating in Zikhron Ya'akov, and hanging out. We hired a guide (thank you Helene Moehlman for a great referral) and visited Ein Gedi and the Christian Quarter. We met my cousins at the Israel Museum and caught the King Herod exhibit. The night before the marathon, David met us at the Expo and Pre-Race Pasta Dinner and we ate and took photos and offered each other last minute encouragement.

Race day was awesome! The weather was cool and cloudy and the 7 a.m. start went off on time. The marathon had 1,100 participants, including runners from Hungary, France, Germany, the Netherlands, the United Kingdom. And of course, Brooklyn. All together there were about 17,000 runners, most of whom participated in the half marathon and 10K. The Jerusalemites who came out to watch, cheered us on with "Kol HaKavod."

Oh yes the hills. They were everywhere, and I had to walk up a couple near the end, but it was totally worth it. Next time, you take a bus or car up Mount Scopus, be glad you're not running up.

At the finish line, I met Marvin and David and traded race stories and took more photos. I couldn't have asked for a better way to celebrate my special birthday. To all my CBI friends, a big "thank you" for all your encouragement, good wishes, and support of my journey. And, for all you competitive readers, I finished in 4 hours and 19 minutes, good enough for seventh place in my age group.

DONATIONS

The following tributes have been sent over the past several months. If you wish to send a tribute please call Ana Amorim at 973-379-3811 ext. 10 or email her at anaa@cbi-nj.org.

Synagogue Fund

To Lilli and Steve Finkler ~ Mazel Tov! In honor of the birth of your first grandson!

❖ Joseph Siff

To Rosalie Rubin ~ Congratulations upon your 80th birthday! We send our love and best wishes on this memorable occasion. Enjoy!

❖ Lois & Fred Polakoff

To The Ramer Family ~ Mazel Tov on Avi becoming a Bar Mitzvah!

❖ Carol & Bob Marcus

To Howard Greenwald ~ Mazel Tov on your milestone birthday!

❖ Carol & Bob Marcus

❖ Amy & Lawrence Dantus

To Ethel Rosenfeld ~ Mazel Tov on your milestone birthday!

❖ Carol & Bob Marcus

To Susan Gordon ~ In memory of your beloved father.

❖ Roz & Jed Buck

❖ Carol & Bob Marcus

To Rick Yaverbaum ~ Condolences on the passing of your beloved mother, Sally Yaverbaum.

❖ Steve & Gayle Chizzik

To Miriam Linver and family ~ Our sincere condolences on the loss of your beloved grandfather.

❖ Robin & Gabriel Margent

To Alia and Dan Ramer ~ In honor of Avi becoming a Bar Mitzvah.

❖ Robin & Gabriel Margent

To Jane and Bob Brauer ~ Mazel Tov on the engagement of Rebecca.

❖ Robin & Gabriel Margent

To The Ehrlich Family ~ Mazel Tov on Sam and Aaron's B'nai Mitzvah.

❖ Ellen Shulman & Jay Perler

To The Silverman Family ~ Mazel Tov on Jonathan and David's B'nai Mitzvah.

❖ Ellen Shulman & Jay Perler

To Lilli and Steve Finkler ~ Mazel Tov on the birth of your grandson.

❖ Robin & Gabriel Margent

❖ Hal & Ginny Wiener

❖ Lisa & David Ehrlich

To Steve and Gayle Chizzik ~ Mazel Tov on the birth of your grandson, Cooper Logan Chizzik.

❖ Robin & Gabriel Margent

❖ Hal & Ginny Wiener

To Ilene and David Klein ~ Mazel Tov on the birth of your grandson, Brandon Charles Rodriguez.

❖ Hal & Ginny Wiener

❖ Lisa & David Ehrlich

❖ Carol & Bob Marcus

To CBI ~ For the kindness shown to me at your Morning Minyan.

❖ Samuel Bernstein

To Jane and Bob Brauer ~ In honor of Becky's engagement!

❖ Ann & Mitch Brown

To Robin Jacobs ~ In memory of your beloved father, Myron.

❖ Leslie & Marvin Gersho

Rabbi's Fund

To Rabbi Bayar ~ In celebration of David's recovery and 94th birthday!

❖ Merna Most

To Wendi Weill ~ In memory of your beloved father, Donald Weill.

❖ Elaine & Stephen Katzman

To Rabbi Bayar ~ In appreciation for your support.

❖ Rick Yaverbaum & Polly Merdinger

To Jane and Bob Brauer ~ In honor of the engagement of their children, Becky and Dave.

❖ Janet, Adina, Ari Rothman and Shirley Weiner

To Ilene and David Klein ~ Mazel Tov on the birth of your grandson, Brandon Charles Rodriguez.

❖ Risa & Howard Goldberg

To The Webman Family ~ In honor of your son Aaron and Julie's wedding.

❖ The Draznin Family

To Rabbi Bayar ~ In appreciation for all your help in preparing Eric for his Bar Mitzvah.

❖ The Von Bevern Family

Cantor's Music Fund

To Cantor Wallach ~ In celebration of David's recovery and 94th birthday!

❖ Merna Most

To Lilli and Steve Finkler ~ Mazel Tov on the birth of your first grandson!

❖ Rose Jacobs

To Cantor Wallach ~ In appreciation for your support.

❖ Rick Yaverbaum & Polly Merdinger

To Cantor Wallach ~ In memory of your beloved father.

❖ Ellen Shulman & Jay Perler

❖ Neil and Jane Yaris

To Cantor Wallach ~ Thank you for your support and encouragement while helping me to relearn my haftarah!

❖ Ellen Shulman & Jay Perler

To Mariela Dybner ~ In recognition of your Julius and Bessie Cohn Young Leadership Award.

❖ Neil and Jane Yaris

To Howard Greenwald ~ In honor of your 90th birthday!

❖ Neil and Jane Yaris

To Steve and Gayle Chizzik ~ Mazel Tov on the birth of your grandson, Cooper Logan Chizzik.

❖ Judy & Art Fredman

To Cantor Wallach ~ In appreciation for all your help in preparing Eric for his Bar Mitzvah.

❖ The Von Bevern Family

H. Gruenewald Early Childhood Center Fund

To Robin Jacobs ~ In memory of your beloved father.

❖ Rochelle Baron

Hannah Blum Cogan USY-Kadima Fund

To Robin Jacobs ~ In memory of your beloved father, Myron.

❖ Ann & Mitch Brown

Phyllis S. Magid Adult Forum Fund

To Ethel Rosenfeld ~ Mazel Tov on your 100th birthday!

❖ Shirley & Irving Alper

To Barry Allen ~ Congratulations on your finally being able to enjoy the much delayed celebration of your service to the Congregation as Past President.

❖ Manny Magid

To Steven Brown ~ Congratulations on your finally being able to enjoy the much delayed celebration of your service to the Congregation as Past President.

❖ Manny Magid

COMMUNITY EVENTS AT A GLANCE

Sunday, April 28 - BBRS resumes

- 2:00 pm - Men's Club Lag B'Omer Picnic (offsite)

Monday, April 29 - HGECC resumes

- 9:30 am - Rabbi's Class ~ Mystical Torah Commentaries

Tuesday, April 30

- 7:00 pm - Reading Talmud: The Stubborn & Rebellious Son
- 7:30 pm - Reading Talmud: The Stubborn & Rebellious Son
- 7:30 pm - Sisterhood Book Review

Wednesday, May 1

- 8:15 pm - JTSA Context Course - "How Could We Forget Thee O Jerusalem"
- 8:15 pm - JTSA Context Course - "How Could We Forget Thee O Jerusalem"

Thursday May 2

- 9:30 am Adult Ed Class ~ A Jewish View of the Christian Bible

Friday May 3

- 8:15 pm - Kabbalat Shabbat

Saturday May 4

- 9:00 am - Shabbat Services and B'not Mitzvah Jessica and Rebecca Daniel
- 10:45 am - Shabbat Journeymen's Minyan

Sunday May 5

- 9:00 am - Sisterhood Rosh Chodesh
- 10:00 am - Sisterhood Gift Shop book signing with Joan Roth
- 7:00 pm - Israel Film Series presents "The Flat"

Monday May 6

- 9:30 am - Adult Ed ~ Mystical Torah Commentaries
- 8:00 pm - Sisterhood Board Meeting

Tuesday May 7

- 12:00 am - Adult Forum ~ Art Fredman
- 7:00 pm - Reading Talmud: The Stubborn & Rebellious Son
- 7:30 pm - Adult Ed ~ Jewish Law & Custom
- 8:00 pm - Executive Committee Meeting

Wednesday May 8

- 7:30 pm - USY Board Installation
- 8:15 pm - JTSA Context Course - "How Could We Forget Thee O Jerusalem"

Thursday May 9

- 9:30 am - Adult Ed ~ A Jewish View of the Christian Bible
- 7:00 pm - BBRS/Zayin Aliyah

Friday May 10

- 8:15 pm - Kabbalat Shabbat

Saturday May 11

- 9:00 am - Shabbat Services and Bat Mitzvah Alexis Ash
- 11:15 am - Yaldeinu

Sunday May 12

- 7:00 pm - Chanting and Meditation

Monday May 13

- 9:30 am - Adult Ed ~ Mystical Torah Commentaries
- 8:00 pm - Men's Club Board Meeting

Tuesday May 14

- 8:00 pm - Ma'ariv
- 8:30 pm - Tikkun Leil Shavuot

Wednesday May 15 ~ Shavuot / HGECC, BBRS & Office closed

- 9:00 am - Services
- 1:00 pm - Mincha

Thursday May 16 ~ Shavuot / HGECC, BBRS & Office closed

- 9:00 am - Services
- 10:30 pm - Yizkor
- 8:00 pm - Evening Minyan

Friday May 17

- 6:00 pm - School Age Family Shabbat Service & Dinner
- 8:15 pm - Kabbalat Shabbat

Saturday May 18

- 9:00 am - Shabbat Services and Bat Mitzvah Stephanie Schron
- 10:45 am - Shabbat Journeymen's Minyan

Sunday May 19

- 9:45 am - BBRS Bet Moving Up

Monday May 20

- 9:30 am - Adult Ed ~ Mystical Torah Commentaries
- 8:00 pm - BBRS Board Meeting

Tuesday May 21

- 12:00 pm - Adult Forum film - TBD
- 7:00 pm - Reading Talmud: The Stubborn & Rebellious Son
- 7:30 pm - Adult Ed ~ Jewish Law & Custom

Wednesday May 22

- 8:15 pm - JTSA Context Course - "How Could We Forget Thee O Jerusalem"

Thursday May 23

- 6:00 pm - Youth Group Wrap-up Party

Friday May 24

- 8:15 pm - Kabbalat Shabbat

Saturday May 25

- 9:00 am - Shabbat Services and Bat Mitzvah Olivia Wurgaft

Monday May 27 HGECC & Office Closed Memorial Day

Tuesday May 28

- 7:30 pm - Adult Ed ~ Jewish Law & Custom

Thursday May 30

- 9:30 am - Adult Ed ~ A Jewish View of the Christian Bible

Friday May 31

- 7:00 pm - Musical Shabbat with CBI Band

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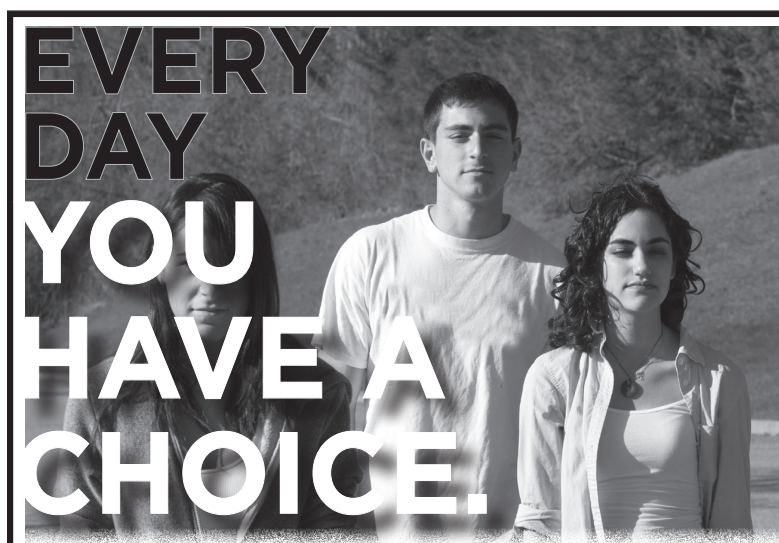
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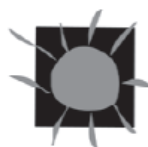
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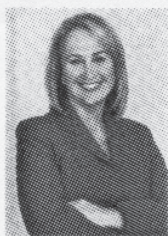
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