The Bulletin



The Spirit of the High Holidays at CB9

We pride ourselves on being a warm and welcoming congregational community. During the High Holidays, when so many people join together to celebrate the New Year, we have a special opportunity and responsibility to nurture this feeling of warmth and be an accepting community.

We invite you to join us in making Congregation B'nai Israel feel like a big family gathering. As you arrive at synagogue, smile and greet others with wishes of "Shanah Tovah!" - "A good New Year!" As you greet your own family and friends, take time to also meet those you do not know and welcome those who are new to our congregational family. Making the effort to greet visitors and newcomers, or invite a stranger to sit with you, can make the spirit of the High Holidays even more powerful.

L'shanah Tovah U'metukah! May this be a sweet and good new year!

You can find our High Holiday Schedule on the centerfold

Shabbat Services

Kabbalat Shabbat	8:15 p.m.
Shabbat Morning	9:00 a.m.
Tefilot Yeladim (Grades 3-6)	10:15 a.m.
Tefilot Ketanim (K-2)	10:30 a.m.
Tot Shabbat (Preschool)	10:30 a.m.
September 5 (Rosh Hashanah – Day 1)	
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& September 14 (Yom Kippur)

10:30 a.m.

Candle Lighting

August 23	7:22 pm
August 30	7:11 pm
September 6	7:00 pm
September 13	6:48 pm
September 20	6:36 pm
September 27	6:24 pm
October 4	6:13 pm

Mincha/Havdallah

August 24	7:37 pm/8:37 pm
August 31	7:26 pm/8:26 pm
September 7	7:15 pm/8:15 pm
September 14	7:03 pm/8:03 pm
September 21	6:51 pm/7:51 pm
September 28	6:39 pm/7:39 pm
October 5	6:18 pm/7:18 pm

Minyan Rotation

Noval – Plump	Aug 18 – Aug 24
Podhoretz – Renner	Aug 25 – Aug 31
Retik – Russo	Sep 1 – Sep 7
Sabin – Schneider	Sep 8 – Sep 14
Schor – Shapiro	Sep 15 – Sep 21
Shaykevich – Smith	Sep 22 – Sep 28
Solomon – Szerlip	Sep 29 – Oct 5
Talpins – Weiner	Oct 6 – Oct 12

Mi Sheberach

One of the least known liturgical functions of a congregation involves the "Mi Shebarach:" the prayer asking God to heal those who are ill. Congregation B'nai Israel has a "Mi Shebarach" list that is read at services on Monday, Thursday and Shabbat mornings.

We ask members of the congregation to inform us of those they would like placed on the list. If there is anyone you feel would benefit from these weekly prayers, please contact Rabbi Bayar by phone (973-379-3811) or email (cbirabbi@ cbi-nj.org) with the name. Please note that all names currently on the list will be cleared as of Rosh Hashanah unless we hear otherwise from

FROM THE RABBI'S DEN

By Rabbi Steven Bayar

e live in a practical tradition. We begin the New Year with ten days devoted to introspection. Between Rosh Hashana and Yom Kippur we are asked to review our past; failures and victories, to evaluate our relationships and how we can make things better for ourselves and those we care for. We take stock of our lives and try to put ourselves back on the right path.



Our Covenant divides our relationships into two categories: those we have with each other and the relationship we have with God. The mistakes we make fall into these categories as well: the ways in which we hurt others and the ways in which we hurt God.

Isn't it incredible that we can hurt God? Some may disagree and ask, "How can a perfect God be concerned with our sins?" In my opinion it is a measure of God's love for us that God created a relationship in which God is affected by our actions. And, while some may say this is only a metaphor - I am not so sure. If one truly believes in the concept of Tikun Olam (fixing the world), and recognizes our responsibility to fix the world, how can God not be disappointed and hurt when we fail?

This interplay between repentance and sin, our relationship to God and our relationship to others creates a very involved dynamic and ideally forces us to face our frailties and responsibilities. We have made mistakes - but how can we atone for them?

These days of introspection give us the opportunity to explore our Judaism and derive deep meaning from it. This is the essence of repentance: the "return" to one's tradition. We look for God in these moments of prayer and study, wrapped in a Tallit and speaking to the Divine. This is one way, and it is a good way - but it is not the

I have experienced moments of spiritual delight, wrapped in my Tallit and turning towards God, when the door opened and my path was illuminated. But I have also experienced the intensity of giving a bag of school supplies to a child who has never had them before, or delivering 20,000 pounds of food to a shelter in Mississippi that was on the verge of closing for lack of supplies. I can tell you this: when I am alone and feel in the dark, scared and aware of my mortality, when I am in pain, it is the Tzedakah experiences I dust off and recall. They bring me back. When I am depressed it is going out and helping a person in need that brings me out of depression. For me, prayer and ritual are vital expressions of my identity and form the basis of my observance - but my humanity comes from Tzedakah

Steven Bayar



To contact Rabbi Bayar, email him at cbirabbi@cbi-nj.org



MUSICAL NOTES

By Cantor Lorna Wallach

ach year on the High Holy Days, I am always deeply moved by the powerful words of the Unetaneh Tokef prayer and the plaintive melody of Brosh Hashanah Yikateivun. "How many will pass away and how many will be born? Who shall live and who shall die?" Using dramatic language and vivid imagery, the Unetaneh Tokef prayer expresses the precarious nature of life. It depicts the heavenly scene on the Day of Judgment with the Shofar resounding and the angels



trembling. G-d reviews our deeds, judges each of us individually and then inscribes our fate in a book of records. As if by this point we are not filled with enough fear and trepidation, and with a sense of uncertainty and doom about the future, the prayer goes on to enumerate all the misfortunes which may befall us during the coming year. But immediately thereafter, the text of *Unetaneh Tokef* continues with just seven words which, to me, offer tremendous comfort and hope. "*Uteshuvah*, *utefillah*, *utzedakkah*, *ma'avirin et ro'ah hagezerah*." It affirms that even though we cannot predict our future, we each have the capacity to make our lives better through repentance, prayer and acts of charity and loving kindness. There are things which happen in our lives that are the result of chance, but there are also elements in our lives which we can control such as the choices we make about how we live our lives.

I am not the first to suggest that as we journey through the High Holy Day liturgy, many of us find ourselves on an emotional roller coaster. The prayers we recite, the melodies we sing and the blasts of the Shofar evoke in us a gamut of emotions, yet they ultimately leave us with a sense of hope and inspiration. Just as G-d tells Rachel in the Haftarah for the second day of Rosh Hashanah, "Yesh tikvah l'achariteich" (there is hope for your future), we, too, must never abandon our hope and optimism for the future.

I pray that the New Year will bring all of us to new spiritual heights and that we will be blessed with good health, strength and peace. Michael, Shira and Joshua join me in wishing all of you a wonderful and sweet New Year. Shanah Tovah Umetukkah!

Lorna Wallach



To contact Cantor Wallach, email her at cbicantor@cbi-nj.org

Next Deadline

Please note, the deadline for the October 2013 bulletin is September 9. Information contained in the bulletin each month is time sensitive. We appreciate your cooperation in order to ensure that the Bulletin reaches everyone by the beginning of each month. Space permitting, we will do our best to include your item(s), and we reserve the right to edit your submission. Please submit all material to lisar@cbi-nj.org.

In The Community

Mazel Tov to:

Sam Kantor on becoming an Eagle Scout.

Nancy and Joe Tenenbaum on Stephanie's engagement to Barak Daon.

Susan Schott and Leila & Melvin Schott on the birth of their new granddaughter / great granddaughter, Maysen Sarah Taub, daughter of Eve & Jordan Taub.

Aly and Michael Greenstein on the birth of their baby boy, Shaun Daniel.

Miriam and Yechiel Stobezki on the birth of their baby daughter, Leah

Meryl Hubscher for her milestone birthday!

Dr. Joshua Schor for being awarded with the Lester Z. Lieberman Leadership Award for Humanism in Health Care.

Condolences to:

Frances Licht on the passing of her brother, Sanford Kaplan.

Phil Darivoff on the passing of his beloved father, Lt. Col. Irwin Darivoff.

Lois Cantwell on the passing of her father, former member Sam Koniak.

Kopel Burk on the passing of his beloved brother, Maurice Burk.

Risa Goldberg on the passing of her beloved step-father, Norman Rosenberg.

Marc Adelman on the passing of his beloved grandfather, Norman Usdin.

Joshua Schor on the passing of his beloved father, Joseph Schor.

Richard Jacobs on the passing of his beloved father, Harvey Jacobs.

Refuah Shleima to:

Cantor Lorna Wallach, Brenda Eisenberg, Paul Klein, Miriam Levine, Secky Rothman, Tirza Freeman, and Lenore May.



President's Message

By Linda Sotnick, CBI President

Summertime at Congregation B'nai Israel brought some nice additions. After a thorough committee process, Lisa Roth was offered and accepted a new position as Synagogue Administrator. Most of you already know Lisa as she has been a dedicated and skilled Administrative Assistant for the past several years.





Lisa Roth

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Rafael Saleta

Lisa brings in-depth knowledge, ability, creativity and commitment to her new role. Lisa will be managing CBI's office staff as well as CBI's new Facilities Supervisor, Rafael Saleta. As CBI's first Facilities Supervisor, Rafael will be managing the maintenance staff in addition to hands on maintenance and facility work. Please join me in welcoming both Lisa and Rafael to these new positions. We look forward to successful partnering in ensuring CBI's smooth upkeep and functioning.

Programmatically, summertime brought refreshing musical Shabbat services as well as our 3rd Annual Barbeque. At the time of this writing, we are anticipating this event which has become an eagerly-anticipated

summer tradition at CBI.

The High Holidays are always a time of contemplation and renewal. This is also a great time to think about different ways to be involved at CBI. Many initiatives are already being worked on such as launching of our new website, a photo directory, Adult Learning, Mitzvah Day, Interfaith Hospitality Network Host week, to name just a few. There is room on every committee as well as time-limited projects and initiatives. Please let me know (cbipresident@cbi-nj.org) if you are interested in being involved at CBI -- we will find the "right fit."

David, Hannah, Elliot and I wish you and your families a very happy and sweet new year. L'shana Tova U'metukah!

Linda Sotnick

To contact Linda Sotnick, email her at cbipresident@cbi-nj.org

Our Caring and Welcoming Community

On Monday, July 1st, severe weather hit Millburn. Claire Shaw, a resident of Livingston, sought safety at CBI rather than risk driving in the storm. The following letter was addressed to Linda Sotnick, President, in appreciation of the kindness shown by Rochelle Baron, Director of HGECC.

Just a note to inform you about an outstanding experience at the Temple.

On Monday morning I was driving to Maplewood when an alert horn was sounded on the radio and the announcement of a tornado expected in the Millburn area in just a few minutes. I sought refuge in the Temple when I saw young children hurrying in. There I was in the hallway, when the director of the nursery school asked me to join the children in a safe area. They were all singing songs, clapping hands and having fun. So I joined in too. What a truly outstanding, caring lady Rochelle is. I hope the parents know how fortunate they are to have their children in such a special environment.

I was scared and looking for God, when I found Rochelle and her children. How blessed I was to see this all, and how blessed you are to have such an outstanding lady as part of your Temple team.

Claire Shaw 7-2-13



Scenes from Camp: 7/11/13

FROM YOUR SYNAGOGUE ADMINISTRATOR

By Lisa Roth

ost of you already know me. For those who don't, my name is Lisa Roth and I am your new Synagogue Administrator.

I have been answering phones, sending tributes, helping coordinate your B'nai Mitzvahs and just about anything needed since August 2006. Every day it seems I learn something



new, be it in the office or talking with many of you either in person, on the phone or through email. In these past seven years my knowledge and understanding of the Jewish faith has grown exponentially, and I have only scratched the surface. I am learning new things daily in my new position. I surprise myself at times with my capacity to learn ... even at my age.

Each day congregants share bits and pieces of their lives with me; now is my opportunity to reciprocate. I was born, raised and lived in Endicott, a small town in central New York.

I am married to Larry, a senior account executive for Cablevision. After two years, Larry's car grew tired of the 354 miles roundtrip every weekend to see me. We decided it was time to live in the same state.

In 2005, my son Nick and I moved to Bloomfield. Nick is now a senior at Montclair State University. I also added a daughter Hayley, two grandchildren Caleb (15) and Sophie (6). You will hear me talk about my trips to Kansas where they live. I was always fascinated by the Wizard of Oz, never dreamed I would be making a couple trips their yearly!

I am the oldest of four and come from a very large, extended Italian family. My mother, siblings and their families all reside in central New York State. When we are together much like all of you, there is an abundance of food, family and love! Outside of my family there are two things I am passionate about: cooking and my beloved New York Giants. I love football. As I write this, training camps have started and I couldn't be happier (unless February comes around and we have a "home" game).

I thank everyone for this opportunity. I am very fortunate to enjoy what I do, all the people I work with and so many of you in this community. I am as accessible as always and here to assist you

Lisa Roth



To contact Lisa, email her at lisar@cbi-nj.org

Publicity Guidelines

If you would like a copy of CBI's new Publicity Guidelines, please contact David Good, chairperson of the Publicity Committee at dfgood@verizon.net.



CBI Chanting Circle

Join us Thursday Sept. 5th, the First Day of Rosh Hashanah, and Yom Kippur, Sept. 14th at 9:30AM, for an hour of inspirational Hebrew chant and meditation.

Chants and nigguns are a way of opening our heart and neshama to the meaning of these Days of Awe.

No singing ability needed or prior knowledge of Hebrew . . . only a desire to cultivate your spiritual self.

We will be meeting in the classroom wing.

HEDWIG GRUENEWALD EARLY CHILDHOOD CENTER

By Rochelle Baron, Director

↑ he new school year will be starting in a few days and we are so excited to get back! Our classrooms and teachers are all set for what we hope will be another year of growth and fun for all of our HGECC families. September might be short on school days but we have lots of great activities planned.



On September 8 the whole school will gather for a "Playdate in the Playground" at which time the

teachers and families will have the opportunity to



Summer Camp



Crazy Hat Day 7/22/13

meet and greet each other. The parent orientation meeting takes place on September 9, and then our first day of school is September 10. We'll be busy getting acquainted with our new friends and new routines and hope to spend time learning about the High Holidays as well. Tuesday, September 24 will be our "Pizza in the Hut" party in the CBI succah in celebration of Sukkot—all good things!

All of us wish all of you a happy and healthy 5774!

Rochelle Baron



To contact Rochelle Baron, email her at HGECC@cbi-nj.org



Wallaby Tales Program 7/9/13



Summer Camp

BLANCHE BAYAR RELIGIOUS SCHOOL NEWS

By Janice Colmar, CBI Education Director

What's happening at BBRS?

Miracles

hat are miracles and how do they affect our spiritual lives? Are events miracles or merely coincidences? This is the question that we will try to answer



this year during our Rosh Chodesh celebrations. We are looking for people who have experienced a miracle to share theirs with us and aid the students in their quest.

Tefila tickets inflation

Do you still have tefila tickets? Over the past 12 years, they have been the coin of the realm. Coin for Hershey kisses and many toys from Oriental Trading. Many a BBRS graduate has come to me three years after finishing Zayin to ask to trade in a pile of tickets they have found in a drawer or a backpack. On September 29 this will end for grades Gimel – Vav, when the school will be introduced to Bayit tickets which are part of our new Batim program.

Batim program

On September 29, the students in grades gimel – vav will be divided by the "sorting kippa" into three batim or houses. This program will be based on Hogwarts of the Harry Potter novels. Studies have shown that a benefit of the house system is "friendly competition" and "imparting to students a shared identity with their classmates". Students at BBRS have experienced these benefits by way of our annual end of the year Academic Color War, and now these ideas will carry through the entire year. Throughout the school year, these houses will compete for and earn for points through "house" projects, charity collections, cooperation, and class participation.

Points will be earned while students are learning grade leveled classes in Bible, Jewish holidays and rituals, Jewish history and Hebrew language. Students in Hebrew language instruction are assigned by ability.

Bayit meetings will take place each Sunday morning in lieu of chugim.

Technology update

Thanks to a donation from an anonymous school, we now have desktops in every classroom on the second floor. These desktops will allow teachers to do class web searches and small group video watching. They will also supplement our laptops, which have all been reformatted and updated.

Shana Tova.

Janice Colmar



To contact Janice Colmar, email her at cbieducator@gmail.com



JVS Offers a Broad Range Job Counseling Services

If you or someone you know is unemployed and looking for work, changing careers, re-entering the workforce, or seeking a job for the first time, we can help. JVS Career Counseling & Placement offers high-quality career services—at no or low-cost to you. Services include: One-on-one career counseling and job placement, resume writing, interview training, mentoring, support groups, workshops and more. For information, contact Dr. Meryl Kanner at JVS at mkanner@jvsnj.org or at 973-674-6330 ext. 271

BAT MITZVAH

Chloe Cohen August 31



Chloe is an 8th grader at Millburn Middle School. She enjoys tennis, field hockey, skiing, piano, art and laughing. Her paintings have been selected to be in the "Creative Expressions Arts and Healing" 2013-2014 Calendar that is being distributed at the Goryeb Children's Hospital. As part of her mitzvah project, Chloe is collecting art supplies to be donated to chronically ill children to use to creatively express their feelings through art therapy. Chloe has also created activity bags that she personally delivers to newly diagnosed type 1 diabetic children who are being hospitalized. In addition, she volunteers at The Friendship Circle and meets weekly with her special friend. Chloe is sharing her special day with her parents Jill and Barry Cohen, her siblings Sara and Brett and her grandparents Ellen and Sam Weinstock and Elaine and Gerry Cohen. Chloe would like to thank Rabbi Bayar, Aliscia Kuschuk, and Cantor Wallach for their support and encouragement in preparing to become a Bat Mitzvah.

Yahrzeit Donors

Roberta Balsam Lillian Barbarosh Ralph Berkowitz Rosemarie Blum Steve Blum

Irwin & Judith Buncher Mark Chasin Steve Colin Ruth Dobrowski Judy & Gary Dubro Shirley Ehrich Barnet Epstein Sam Estreicher Rosalie Farber June Fastow Janet Fischer Marvin Fish

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Linda Glasofer Daniel Gluckman Andrea Good Lisa Karen Goldberg Larry Gordon

Sofiva Fornaro

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Evelyn Schachtel Josh Schor

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Samuel Schwartzstein

Gloria Segel Sharon Selinger Sally Shotkin Nancy & Allab Sloan

Stacey Thornton Mindy Tucker & Family

Michael & Susan Turk **Evelyne Weinberg Svdell Weiner** Leonard Wieselman

Corinne Winston Neil Yaris Norman Zegas

MEN'S CLUB

By Hernan Wurgaft, Men's Club President

he Men's Club enters this leap year of 5774 with great momentum to continue to serve as one of the pillars of the congregation and to enhance opportunities for camaraderie and Jewish self-realization for all members.



At our installation event last June we welcomed four new trustees to our board: Jeffrey Greenberg, Larry Jasinover, Jonathan Schor, and Charles Shapiro. Each of the new trustees adds a tremendous amount of energy and talent to an already supercharged board, and everybody got quickly busy with the committee work to plan the events for the year. We congratulate and welcome all of our new board members!

In August, our all-star grilling team led by Steve Chizzik and David Touger displayed its skill at the Annual BBQ under the Stars; Dan Richter led the Men's Club river rafting expedition down the Lehigh River for a second year in a row; and Craig Rothman organized the logistics for the Men's Club ushering effort during the High Holidays. We thank all leaders and participants.

I am pleased to announce that besides our flagship events, this year we will be again hosting a Men's Club Health Forum, popular with all congregants, and that the Men's Club Book Club continues with full force. Please mark your calendars for:

- Sunday September 15: Book Discussion for "My Father's Paradise" by Ariel Sabar. For more information contact Ed Nadel at edwardnadel@gmail.com
- Thursday, November 14: Health Forum. For more information contact Jeff Greenberg.
- Sunday December 8: Hanukah/Man of the Year Party.
 For more information contact David Sotnick and Josh Schor.
- Fri Saturday February 1: Men's Club Shabbat (parashat Terumah) For more information contact Dan Dovdovany and Dan Richter.

Expect thirteen months of fulfilling experiences, friendship and creativity. The activities being planned for the 385 days of 5774 are varied and creative, and they include a Bowling Night, Yom Hazikaron Commemoration with military veterans, and a Lag B'Omer picnic – stay posted for forthcoming details. Wishing you a sweet and happy New Year – L'Shanah Tovah uMetukah,

Hernan Wurgaft

@

To contact Hernan Wurgaft, email him at hernanw40@yahoo.com





CBI White Water Rafting 8-4-2013

CHAVERIM

The CBI Youth Group for 4th and 5th Graders

Tuesday, September 10

Opening Event /Tie-Dye & Ice Cream Sundae Party

Immediately After Religious School, Includes Pizza Dinner

Tuesday, October 1

<u>Ultimate Game Show Mania</u>

Immediately After Religious School, Includes Pizza Dinner

KADIMA

Tuesday, September 24

Opening Event /Tie-Dye & Ice Cream Sundae

Special Tuesday Date /Includes Dinner

Thursday, October 10

Chocolate Israel

Thursday, October 24 Mystery Madness

Includes Pizza Dinner

MILLBURN USY

The CBI Youth Group for 9th – 12th Graders

Please note, USY events will alternate between Tuesday and Thursday evening.

Thursday, September 12

Opening Event / Waffle Sundaes and Ice Breakers 7:30 – 9:00 p.m.

Tuesday, September 24

Hippies in the Hut /Tie-Dye and Twister 7:30 – 9:00 p.m.

Thursday, October 10

Challah for Hunger

Tuesday, October 22

Food Olympics 7:30 - 9:00 p.m.

SAVE THE DATE!!! 4th Annual Youth Group Shabbat & Ice Cream Sundae Oneg Chaverim / Kadima / Millburn USY Friday, October 18

CBI Youth Groups Chaverim – Kadima – Millburn USY

2013-14 Millburn USY Board Hagalil Region "Chapter of Excellence"

Congratulations to Lara Moehlman and the incoming Millburn USY Board!

President	Lara Moehlman (Senior)
Israel Awareness VP	Lara Good (Junior)
Religious Education VP	Aliza Sherman (Junior)
Social Action/Tikun Olam VP	Sage Ferdinand (Junior)
Membership VP	Tali Greenberg (Junior)
Communications VP	

The Youth Committee is thrilled to announce that Aly Greenstein, a Youth Advisor at CBI for the past six years, is the new advisor of our congregation's award-winning Millburn USY group while continuing with Kadima as well. We are also pleased to announce that Michael Greenstein - Aly's husband and a teacher at BBRS for the past two years - will take the lead of our youngest youth group, Chaverim.

Welcome back from what we hope was a great summer for everyone!

We are looking forward to another wonderful year of amazing programs for all of our Youth Groups: Chaverim 4th & 5th Grade, Kadima 6th-8th Grade, and USY 9th-12th Grade. There are many new and exciting events planned and we hope everyone takes advantage of everything the program has to offer.

Keep an eye out for our membership information packets, which will include a calendar of events through December, membership application, and key information about the youth groups. Please return your membership forms right away so we can keep you and your child(ren) up to date with email reminders and important information.

Once again, we will be providing tee shirts to our Chaverim, Kadima and USY members and this year we will be Tie-Dying them at our Tie-Dye events, so please register early to make sure you get a shirt.

Check out the schedule of events in this Bulletin for a quick look at our September and October programs for all three youth groups. Bring your friends and enthusiasm to help get this year off to a fabulous start!

Aly Greenstein

USY & Kadima Advisor Alygreenstein18@gmail.com

Michael Greenstein

Chaverim Advisor Michael Greenstein@hotmail.com

Game Night Social in the Sukkah

An "Adults-Only" Evening of Fun and Drinks!

Saturday, September 21 – 7:45 p.m. Havdalah at 7:51 p.m.



Join friends in the Sukkah...

Learn a new group board game like Balderdash, Apples to Apples, Wise or **Otherwise**

Bring your favorite game to share!

Warning...Charades games may break out!

Cookies

Coffee, Scotch, Soda, Wine, and Beer

RSVP to Dan Richter at daniel.richter@verizon.net or (732) 261-5138 by September 17th

\$8.00 per person (Bring cash or check payable to "CBI")



Sponsored by CBI Family Programming

All adults welcome...especially those with children in K through 8th grades. (But leave the kids at home!)

CBI HEARTS AND HANDS COMMITTEE

in partnership with



Doing a World of Good Through Tzedakah

High Holiday Food Drive

an important project to help feed hungry children in McRoberts, Kentucky.

McRoberts is a tiny town where the median household income is less than \$24,000. Congregation B'nai Israel has directly supported the McRoberts community for several years through home refurbishment, school supply assistance, clothing donations and more. Please join us in our ongoing efforts to support the families of McRoberts by donating items to enable

We are Collecting the Following Items Only

children to eat over the weekends when federally-funded school meals are not available.

Condensed Canned Soups Canned Pasta (15 oz: spaghetti, ravioli, etc.)

Popcorn (small microwave bags) Boxes of Dry Pasta (1 lb.)

Pudding (non-refrigerated) Pop Tarts

Cereal Bars Instant Oatmeal (in envelopes; flavors okay)

Peanut Butter (plastic jars) Crackers (boxes with sleeves like Ritz and Saltines)

Cans of Spaghetti Sauce Snack Crackers (peanut butter, cheese) Cans of "Squirt" Cheese

Collection Will Take Place Tuesday, September 3 through Sunday, September 29

Food donations can be dropped off in the bins at CBI in the school wing and near the front office. Food donations do not need to be kosher.

Please direct any questions to Andrea Good asgood@verizon.net or 973-921-1665.



HEARTS & HANDS

By Michelle Retik

ello, and welcome back from summer vacation. I am writing my very first Hearts & Hands bulletin piece to you all the way from Tel Aviv! Being in Israel helps to remind me about selfless living and giving - and I am thankful to have opportunities to help others throughout the year without having to serve in the army!

Hearts & Hands, the social action arm of the synagogue, provides the CBI community with opportunities to help others in need throughout the year. Some of these opportunities are very near to us while others are aimed at helping those far from our homes. Each month, Hearts & Hands will highlight opportunities for you to get involved in. I also welcome and encourage any thoughts or ideas for new opportunities to help others.

I'd like to say thank you to all of you who donated to the relief collection for the victims of the Oklahoma tornadoes. Once again, our community stepped up and helped families in need!

I wish you all a Happy and Healthy New Year!

Michelle

SEPTEMBER EVENTS

McRoberts Kentucky High Holiday Food Drive -September 3rd through September 30th. Working together with the Good People Fund, CBI is once again helping to feed hungry children in McRoberts, Kentucky. McRoberts is a tiny town where the median household income is less than \$24,000. Congregation B'nai Israel, led by Rabbi Bayar, has directly supported the McRoberts community for several years through home refurbishment, school supply assistance, clothing donations and more. Please join us in our ongoing efforts to support the families of McRoberts by donating items to enable children to eat over the weekends when federally-funded school meals are not available. Food donations can be dropped off in the bins at CBI in the school wing and near the front office. Food donations do not need to be kosher. No glass jars. See the flyer in this Bulletin for details or contact Andrea Good at asgood@verizon.net or 973-921-1665.

In addition, we are also collecting manufacturer coupon circulars. These coupon circulars will be sent to McRoberts residents to help them stretch their limited food budget when purchasing food at local supermarkets. Drop off near food bins.

• Oheb Shalom Kosher Food Pantry - Volunteers are always needed and welcome at the Bobrow Kosher Food Pantry, located at Oheb Shalom Congregation in South Orange, which serves the elderly and poor living in the community and surrounding area. Groceries that have been collected and purchased are divided into bags on various Wednesdays throughout the year and distributed on Sundays. Here are available dates for the next few months:

Wednesday, September 11 (Bagging from 7:00-8:30 p.m.) Sunday, September 15 (Distribution 9:00-11:00 a.m.) Wednesday, October 16 (Bagging from 7:00-8:30 p.m.) Wednesday, November 13 (Bagging from 7:00-8:30 p.m.) Sunday, December 22 (Distribution 9:00-11:00 a.m.) Wednesday, January 15 (Bagging from 7:00-8:30 p.m.) Sunday, January 19 (Distribution 9:00-11:00 a.m.)

You do not need to volunteer for both days. For safety reasons, the pantry requires that children be over nine years old and are accompanied by an adult. The food pantry prefers to know in advance who is showing up as some dates are reserved for group projects. Please RSVP to me at whitney62@mac.com. If a CBI group wants to "reserve" a date for a group project, please let me know as soon as possible.



To contact Michelle Retik, email her at whitney62@mac.com



Summer Camp 2013

HIGH HOLDAY SERVICE SCHEDULE 5774

Erev Rosh Hashanah ~ Wednesday September 4

6:30 pm Mincha/Ma'ariv

1st Day Rosh Hashanah ~ Thursday September 5

7:45 am Early Service Begins (with Shacharit)

9:00 am Young Family Service

9:30 am Junior Congregation Service #1

10:30 am Yaldeinu Service

11:15 am Junior Congregation Service #2

11:30 am Late Service

11:30 am USY/Kadima Youth Group Program

11:45 am Grade School Family Service 12:30 pm Junior Congregation Service #3

6:30 pm Tashlich

7:00 pm Mincha

2nd Day Rosh Hashanah ~ Friday September 6

8:30 am Service Begins

9:00 am Young Family Service

10:00 am Junior Congregation Service #1
 11:30 am Junior Congregation Service #2
 11:45 am Grade School Family Service

6:30 pm Mincha

Erev Yom Kippur ~ Friday September 13

6:15 pm Mincha 6:30 pm Kol Nidre

Yom Kippur ~ Saturday September 14

7:45 am Early Service Begins (with Shacharit)

9:00 am Young Family Service 9:30 am Yizkor Service (approx.)

9:30 am Junior Congregation Service #1

9:30 am Yaldeinu Service

11:15 am Junior Congregation Service #2

11:30 am Late Service

12:30 am Yizkor Service (approx.)

11:30 am USY/Kadima Youth Group Program

11:45 am Grade School Family Service

12:30 pm Junior Congregation Service #3

2:00 pm Afternoon – TBA Study sessions

4:30 pm Community Yizkor

5:00 pm Mincha

6:30 pm Neilah

Sukkot - Erev - Wednesday, September 18th

6:00 pm Mincha & Maariv

Sukkot - First Day - Thursday, September 19th

9:00 am Festival Shacharit

Kiddush sponsored by Men's Club

6:45 pm Mincha & Maariv

Sukkot - Second Day - Friday, September 20th

9:00 am Festival Shacharit

Kiddush sponsored by Sisterhood

6:15 pm Kabbalat Shabbat

Chol Hamoed / Shabbat - Saturday, September 21st

9:00 am Shabbat Service

Chol Hamoed - Sunday, September 22nd

8:30 am Shacharit 8:00 pm Maariv

Chol Hamoed - Monday, September 23rd

7:00 am Shacharit 8:00 pm Maariv

Chol Hamoed - Tuesday, September 24th

7:00 am Shacharit

5:00 pm Pizza in the Hut for HGECC families

8:00 pm Maariv

Hoshanah Rabbah - Wednesday, September 25th

7:00 am Festival Shacharit 6:00 pm Mincha & Maariv

Shemini Atzeret - Day - Thursday, September 26th

9:00 am Festival Shacharit 10:30 am Yizkor Recited

Simchat Torah - Erev - Thursday, September 26th

7:00 pm Minchat Torah (Children's Service)7:30 pm Congregational Simchat Torah Oneg

8:00 pm Simchat Torah

Simchat Torah - Day - Friday, September 27th

9:00 am Festival Shacharit

Kiddush Celebrating our Honorees

Honorees *Kalat Bereshit*

Kalat Torah

6:15 pm Kabbalat Shabbat

About Our High Holiday Services

Young Family Service

(for families with children in preschool through kindergarten)

Song-based, non-reading service with story-telling and activities. Festivities will include Torah parade and Shofar blowing on Rosh Hashanah.

Grade School Family Service

(families with children in 1st - 5th grade)

Age-appropriate Siddur with Hebrew and English prayers and songs. This service includes an abbreviated Torah service and Shofar blowing on Rosh Hashanah.

High Holiday Services for Our Youth

Children are welcome to sit with their parents in the sanctuary for any service. In addition, CBI offers a number of youth-only services on each day of Rosh Hashanah and Yom Kippur for children in 1st through 12th grade.

Junior Congregation

(youth only in grades 1st – 5th grade)

New this year, there will be three 75 minute services in the Chapel. Each service is open to any child in 1st - 5th grade. Children are invited to attend one of the three services. Please let your children know where you will be at the end of their service so they can join you with a minimum of disruption.

USY / Kadima Youth Group Program

(youth only in grades 6th - 12th grade)

After the end of the early service on the first day of Rosh Hashanah and Yom Kippur, Rabbi Bayar will lead a discussion on the meaning of the High Holidays for the USY and Kadima Youth Groups in the Youth Lounge. Time is approximate.

High Holiday Activity Rooms

There will be two classrooms in the school wing dedicated to educational activities for the High Holidays. Students from 1st through 3rd grade, accompanied by a parent/grandparent, are welcome in Room #104. Students in 4th and 5th grade are welcome to Room #108 where supervision will be provided. No formal teaching taking place in these rooms...just fun activities.

Advance registration is requested for the above at www.cbi-nj.org.

Please note: CBI is not providing childcare services. All children in the Childcare Hospitality Room must be accompanied by parent or guardian at all times.

Nursing Room

For additional privacy, the HGECC library on the first floor of the school wing has been set aside for nursing mothers.

Study Sessions

The High Holidays are a special time of reflection, study and prayer. Topics and locations will be posted in synagogue.

First Day Rosh Hashanah Morning

9:30 am	High Holiday Chanting
10:30 am	Study Session #1
11:30 am	Study Session #2
12:30 am	Study Session #3

Yom Kippur Morning

9:30 am	High Holiday Chanting
10:30 am	Study Session #1
11:30 am	Study Session #2
12:30 am	Study Session #3

Yom Kippur Afternoon

2:00 pm Afternoon Study Session

Hearing Impaired Devices

A limited number of amplification systems are available on a first-come, first-served basis in the main lobby prior to each service. The amplification units must be returned after each service so they may be used for the following service.

Parking Information

The synagogue parking lot is reserved for congregants who require easy access to the building due to physical limitations and genuine need. Parking passes for the parking lot can be requested on a first-come, first-served basis through the synagogue office.

Please be considerate of our neighbors. General parking laws prohibit blocking driveways, crosswalks, intersections or parking near fire hydrants.

Advance registration is requested for the above at www.cbi-nj.org.

Did you order extra tickets? Challah? Lulov & Etrog? Please contact the office with any last minute requests.

973-379-3811

or cbihighholidays2013@gmail.com





Congregation B'nai Israel is now one of 25 host congregations in Essex County that support the Interfaith Hospitality Network (IHN). This is a NEW social action initiative of CBI, coordinated by our Hearts & Hands Committee.

What You Need to Know!

"What is IHN?"

IHN coordinates immediate temporary housing for displaced families while they are transitioning to permanent homes. IHN also provides comprehensive support like job skills training, after school care for children and other services aimed at keeping families together and putting them back on the road to self sufficiency and a home of their own. http://ihnessexnj.org

"What does it mean to be a host congregation?"

As one of 25 host congregations in Essex County CBI will provide shelter for up to five families or 14 people in October of this year. The families will be housed in the BBRS wing from Sunday, October 27th through Sunday, November 3rd. CBI will furnish sleeping quarters, a dining room and lounge area where CBI volunteers will provide meals and offer hospitality. The families will be with us from 5:30 p.m. - 7 a.m. on weekdays and all day Saturday and Sunday.

"How can my family and I help?"

October may seem far off but WE NEED YOUR HELP RIGHT NOW!! Planning has started and we need to reach our goals quickly in order to ensure the best possible experience for our quests and the volunteers.

- Sponsor a meal for the families. Providing three meals a day for seven days is no small undertaking. We have a great group of volunteers who are already planning a variety of healthy meals. We need funds to purchase groceries and supplies. Sponsorship form can be found on CBI website (www.cbi-nj.org).
- Donate Bed, Bath and Beyond or Target Gift Cards to purchase bedding and household supplies. (For example, we need to buy 14 new pillows for our guests to use.)
- In a few weeks you will receive information about the "Lotsa Helping Hands" website link where you can log on and sign up to volunteer for a shift during the host week. There are opportunities for everyone to get involved!

Donations may be directed to the main CBI office.

Contact Tracy Ferdinand, teferd@aol.com, if you have specific items to donate, an idea to share or want more information.

Thank you!





CBI IS HOSTING FAMILIES FROM THE **INTERFAITH HOSPITALITY NETWORK (IHN)**

OCTOBER 27 - NOVEMBER 3, 2013

IHN is an organization that provides emergency shelter and meals 365 days a year through a network of 25 churches and synagogues in Essex County. Three to five families (up to 14 people) stay at a different house of worship each week where dedicated volunteers express hospitality by providing a safe and temporary home for the guest families. The houses of worship furnish sleeping quarters and a hospitality room where guests relax, socialize, do homework and watch television.

For one week, our congregation will become a part of the IHN Emergency Network Program, responsible for housing, hosting and feeding up to 14 guests.

Starting soon, you will have the opportunity to volunteer your time through the "Lotsa Helping" Hands" website. Right now we need your financial support!

SPONSOR MEALS FOR THE IHN FAMILIES

7 BREAKFASTS, 7 LUNCHES AND 7 DINNERS

IT'S EASY TO SPONSOR A MEAL. EACH DONATION WILL PROVIDE ONE DAY OF SNACKS OR MEALS FOR UP TO FOURTEEN GUESTS!

\$18 will provide one day of snacks and beverages
\$36 will provide one breakfast for 14
\$36 will provide one day of brown bag lunches
\$54 will provide a special lunch on "Moving-In Day"
\$108 will provide one evening meal for the families and the volunteer hosts
\$180 will provide the families with a special Shabbat meal
Checks should be made payable to CBI with "IHN" written in the memo line.

There are needs and expenses beyond food. We will gladly and gratefully accept monetary donations or gift cards in any amount (Target, Shop-Rite and Bed, Bath & Beyond especially appreciated). Please drop off checks and gift cards in the synagogue office.

THANK YOU!

FOR MORE INFORMATION ON HOW YOU CAN HELP PLEASE CONTACT TRACY FERDINAND AT TEFERD@AOL.COM.

Sisterhood's Message

By Karen Tucker, Sisterhood President

Let me begin by introducing myself. My parents and I moved to Millburn in 1968 and became members of CBI. As a teen I belonged to the youth choir and USY. When my parents moved away I decided to stay connected to CBI and have been a member ever since. I have been on the Sisterhood Board for several



years, serving most recently as Organizational VP under the tutelage of our immediate past President Paula Touger.

Our 2013-2014 Board members are furiously planning programs and events that should prove to be educational as well as fun. We invite you to join us and join in-both in helping to develop, bring new ideas or participate. We are striving to enrich the lives of our diverse sisterhood women by tailoring some of our programs to different age groups. Whether your interest is religious, educational, social, culinary, literary or political we have ways to involve you in Sisterhood that can be a larger or smaller time commitment, depending on your schedule. Please contact me to hear more details.

Thanks go out to Lisa Ehrlich and Laura Conrad for an evening of Card Crafting on Thurs. Aug 8th. We had some new faces and all had a fun time making our own creations.

As we move into the last part of the summer and ready ourselves for Rosh Hashanah remember our gift shop is stocked and Ilisa is on the ready with holiday, hostess and b'nai mitzvah gifts. You can contact her at ilisaperlman@verizon.net.

Mark your calendar alert!

- Join us for our first Rosh Chodesh of the season on Thursday, October 3 at 6:15pm.
- Our **Kick Off Dinner** will be held this year on Monday, October 21.

Information on these as well as what book to start reading, brushing up on your Mah Jongg skills and more to follow.

More than any other holiday the high holidays bring us together. I look forward to spending time with you. From my family to yours may this year and the many to follow bring you happiness and health. L'Shana Tova Tikatevu.

Karen Tucker



To contact Karen, email ?????@aol.com



Summer Camp 2013

Looking for that Special Gift?

Visit the Sisterhood Gift Shop

For info and help with

your purchases, contact

Ilisa Perlman at 973-379-9275

or ilisaperlman@verizon.net



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Glatt Kosher, Vaad Metrowest

Adult Learning

By Josh Schor

ARE YOU READY TO LEARN?! Adult Learning this fall will begin in October right after the holidays. Stay tuned for a separate mailing with details, times, teachers, enrollment etc. Classes are heavily subsidized. Consider the variety our committee has assembled from films to fiction to talmud and back! Last year saw a nice increase in attendees. Why not take the plunge? There's no time like the present. Here is a foretaste of what we will soon offer:

- Rabbi Bayar continues his Tuesday night class on Jewish Law and Custom and Thursday morning on Jewish Views of the Christian Bible.
- Israel through the Lens of Modern Cinema on Sunday nights (6 for the year): Each film will be followed by a brief discussion with Ayala and Yoav Tamir.
- Talmud on Tuesdays (evenings): This class is geared towards an understanding of the text with a special consideration towards historical context. Original source material is used. An intermediate level of Hebrew comprehension is preferred. Tuesday evenings 7:30pm-9:30pm. Please contact Eric Kanter (kanter@rvc-nj. com) for more information.
- Israeli Stories: A Mosaic of Voices /ConText from JTS. We continue this extremely popular mini-series) for 4 Thursday evenings starting October 3, 7:30-9:00PM; In this course we will read in English translation a selection of short stories from the past 60 years that are acknowledged as masterpieces of the form and devle into Israeli society and the Israeli psyche. The stories

- will be made available electronically upon registration. Taught by Professor Edna Bryn-Noiman. Come and be dazzled by Edna's masterful teaching.
- Chai Mitzvah Core Curriculum: This is a Sunday morning, nine-session once a month, new to CBI but nationally recognized Intro To Judaism team-taught by Rabbi Bayar and "Reb Deb" (Deb Smith). Instead of focusing on rituals and prayers, the class explores Jewish views on relationships, mindfullness, the environment etc. See www.chaimitvzah.org Perfect but not limited to Hebrew school and b'nai mitzvah parents.
- Stay tuned for a January JTS ConText Seminar with David Wachtel, one of our most popular JTS lecturers to date. 8 part seminar: Could You Repeat the Question Please? Re-Viewing Jewish History Through the Lens of Responsa.
- Hebrew Prayer Book for Adult Beginners: Back by Popular Demand! Laurie Berkman will once again be teaching this beginning Hebrew reading class for prayers. If you have tried and failed to learn before, this is the time you will succeed! Small group, supportive atmosphere, slow pace. Take advantage of this opportunity to learn and you will be reading along in the siddur in no time! Requires minimum of six (6) CBI members...so spread the word and learn with friends!

The Jewish Theological Seminary



One who lends money is greater than one who performs charity, and one who forms a partnership is greater than all.

-- Talmud Shabbat 63a.

Thank you, Congregation B'nai Israel, for your partnership with JTS.

Thank you for demonstrating leadership, wisdom, and a commitment to Conservative Judaism through your generous support of the Friends of JTS Campaign.

Shanah Tovah

From

The Jewish Theological Seminary

ISRAEL AFFAIRS

By Joe Tenenbaum



What I did on my Summer Vacation

In July, Nancy and I traveled to Oshawa, Ontario (Canada) to attend the 2013 Federation of International Lacrosse (FIL) Women's World Cup. Our older daughter Stephanie is a member of the

Israel Lacrosse team which was participating in the World Cup for the first time. We decided to attend the games at the beginning of the event which were on the schedule, instead of showing more confidence and planning to focus on the play-off rounds which followed.

Attending these games became so much more than just attending the games. The first game we saw was between Israel and Germany. All of the games began with each team's national anthem. Team Israel was blessed to have Nikki Avershal who led the singing of Hatikvah before every game. Most of the other teams played recordings. Team members and fans of both teams recognized the poignancy of Germany and Israel competing on a field of play.

While some of the team did not have a long standing deep association with Israel and Judaism, the team made Zionism and Jewish values central to its character. Before the tournament when Team Israel members created fund raising pages for Israel Lacrosse, each player included an Israeli charity who would receive a portion of the funds raised. Charities ranged from Leket Israel – The National Food Bank to Aviv Lenitzolei Hashoah –Spring for Holocaust Survivors. During the Tournament, when the team won, the players gathered in a huddle and sang "Am Yisrael Chai," and at the end of every game, when each team salutes the opponent, Team Israel shouted "Kol HaKavod! Kol HaKavod! Kol HaKavod! The Team Israel fans cheered in Hebrew – shouting El El Yisrael! and Yalla Yisrael!

Israel Lacrosse announced before the tournament it would not permit its national or club teams to compete on Shabbat. While FIL accommodated Team Israel in the first round by moving its Saturday game to Monday, for the tournament round, Team Israel forfeited its last game, and ended the tournament in eighth place.

Israel Lacrosse decided before the tournament to encourage players and their family members to spend time together each evening. Our evenings included a barbeque at the player's dorms, dinner at local restaurants, and a



To contact Joe Tenenbaum, email him at TenenbaumJ@AOL.com

Shabbat service and dinner at the local Chabad. (Yes there is a Chabad shul in Oshawa, Canada). While we had met many of the parents during the games, the evenings when we had a chance to visit with the parents and the players were enjoyable.

What felt so special to me about this tournament is that Team Israel was more than a group of women playing for Israel. It was a group of women building an Am Yisrael – a Nation of Israel – and really delivering the Zionist message to everyone associated with the Team. When we scheduled our trip to Oshawa, we expected to enjoy Lacrosse in a way we had not done since High School (Go Millburn!). Instead we found ourselves participating in a wonderful Zionist Enterprise.

For more information on Israel Lacrosse, please visit http://www.lacrosse.co.il/

I am sure that many of you had summer vacations which included Israel, including other sports activities (Maccabiah games), B'nai Mitzvah, touring, internships and serving in the IDF. If you wish to share your experience with the CBI community, please send me a note at TenenbaumJ@AOL. com and I will arrange that.

Strong Relationship with Israel: CBI is hosting Rishonim again this year

CBI will be sponsoring a new group of Rishonim this year, and I look forward to featuring each of them in future Bulletin articles. Lisa Lisser will once again be working with the various groups within the congregation to try to be sure that all congregants have an opportunity to meet, visit and form a relationship with the amazing teens who serve as ambassadors from Israel to our community.

Support Israel by Purchasing Israel Bonds: On Kol Nidre, please say yes

Again this year we are encouraging all congregants to purchase Israel Bonds. When you attend Kol Nidre service, please look for your family's pledge card on the table in the lobby and indicate (by bending down a tab) that you are willing to participate in purchasing Israel Bonds this year. Bonds are a wonderful gift and can be purchased for amounts as low as \$36.

B'nai Mitzvah support of Israeli Charities

I have been approached by one family which is interested in supporting Friends of the IDF for their Bat Mitzvah project. Supporting Israeli charities is a great way to help your young adult begin or strengthen a relationship with Israel. It can also help each charity accomplish its mission. There are a number of Israeli charities which offer an opportunity for our students to learn, to help and to support projects they believe in.

For instance, Jewish National Fund (JNF) has a number of different projects including therapeutic riding centers, intensive hiking leadership development programs, inclusive parks, fire service training programs for teens, and many more. JNF will also make the connection for you to meet in person with individuals connected with their partner organizations when you visit Israel. Please feel free to contact Lisa Lisser at llisser@jnf.org for more information on ways your bar or bat mitzvah child can connect with Israel through JNF.

If you are looking for other ideas for projects which support Israel, please contact me for some suggestions.



Missing Soldiers and Soldiers on Duty

We must continue to pray for the remaining soldiers to return home:

> Majdy Halabi Guy Hever Ron Arad Zachary Baumel Avi Feldman Yehuda Katz

Please also pray for Jonathan Pollard, (Yehonaton ha Levi ben Malka) who has been imprisoned now for more than 28 years and is in need of healing.

Joe Tenenbaum





2013 · 5774 HIGH HOLIDAYS

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SALUTING OUR SUPER SENIORS: THELMA LEFF (TEDDY)

By Sheldon Greenholtz



Teddy Leff

eddy Leff recently celebrated a milestone. Not a birthday or anniversary, but an event of comparable significance. Her 60th year in Millburn, at 106 Greenwood Road. On June 1, 1953, Teddy and husband Dan moved into their brand new home. Oval Road was not yet built, it was private property owned by Commonwealth Water Company. Haran Circle was undeveloped land owned by Harry and Ann Silver-

stein (hence its eventual name). Ridgewood Road behind the synagogue was a "paper street" existing only on maps. The area was not yet fully developed.

This was South Mountain Estates, a neighborhood that Teddy has lived in and loved for six decades. Raised in Maplewood, and a graduate of Columbia High School and The Laboratory Institute of Merchandising. She and Dan, who grew up in Newark and was a lawyer, raised three sons here: Ken/Nohra, Richard/Debby, and Ira/Sandy. Teddy and Dan were married forty five years before Dan passed away in 1995. Teddy is the proud grandmother of nine and great grandmother of three. Ken is a lawyer and RN, Richard an oncologist, and Ira an elder lawyer, the latter two in Atlanta, Georgia.

Ira had the distinction of being the final Bar Mitzvah officiated by Rabbi Max Gruenwald in June 1970, before he retired, after twenty six years as CBI's Rabbi. All three of Teddy's sons were active participants in the CBI youth choir, created by Cantor Joshua Steele (1959-1984). Ira named his oldest son, Joshua, in honor of Cantor Steele. Ken formed an adult choir in his synagogue, the Orangetown Jewish Center in New York, in which they use Cantor Steele's music.

Teddy's sons were three, six and nine, when she went back to college at night to earn her bachelors' and masters' teaching degrees, graduating summa cum laude seven years later. She was hired to teach in Glenwood School, Short Hills, where she remained for twenty five years until she retired in 1993. She is very proud of the many innovative and creative programs she introduced to the school system. Another plus to living in Millburn is that warm feeling when she runs into the many young people she taught over the years.

Teddy has been a member of sisterhood since joining CBI. In 1966, she co-authored a 94 page cookbook for Sisterhood which is still being used by those who own it. She

remains a regular attendee at Friday evening services. Her community activities have included being president of South Mountain pre-school PTA, the school PTA, and the Millburn Conference of PTA's. She served on the town Juvenile Conference Committee for many years. This was an arm of the Juvenile and Domestic Relations court. They dealt with first offenders in an effort to keep them on the right path. She has been a Red Cross volunteer driver, a volunteer at St. Barnabas Hospital for the past seventeen years, and has taught writing workshops for teachers, a program established by the *Star Ledger*.

Teddy says that she has had a love affair with the South Mountain neighborhood of Millburn for sixty years. In truth, Teddy, it is we who have enjoyed a warm and close relationship with you. Most of your adult life has been spent as a member of B'nai Israel. We are privileged to have you as a visible and enduring presence among us..

Editor's Note: Each month we will profile a Super Senior who is part of our heritage and history.





Summer Camp 2013



Getting ready to welcome the New Year!



Ana taking your requests...



Kamilah busy in the BBRS office...



Painting



BBRS - shined & buffed...

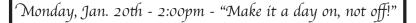


HGECC – getting ready





Save the Date for **MLK MITZVAH DAY**





Mitzvah Day is a wonderful opportunity to learn about and support various charitable groups and organizations in our community and Israel. This community-wide event is open to all. There will be a "hands-on" mitzvah for everyone.

YOU are invited to host a table at this year's Mitzvah Day! **HOST A TABLE YOURSELF, AS A FAMILY OR WITH SOME FRIENDS!**

HERE IS HOW YOU CAN HELP YOUR ORGANIZATION:

- 1. Choose your own philanthropy or charitable organization.
- 2. Contact the organization to find out their wants/needs.
- 3. Invite a representative from their organization to come to CBI and "man" the table (2-4pm) or be the representative for the organization yourself.
- 4. Provide information (i.e. pamphlets or poster) regarding the organization.
- 5. Provide a "hands-on/interactive" service activity and/or collection to engage attendees.*
- 6. Be responsible for staffing your table from 2-4pm.
- 7. Be responsible for delivering items to your organization (if pertinent).
- 8. Please be aware that there is NO entrance fee; please let us know if you will be soliciting in-kind or nominal donations.
- *Please Note: Our most successful tables have included an interactive project.

ALL ORGANIZATIONS & IDEAS MUST BE APPROVED BY THE MLK MITZVAH DAY COMMITTEE. FINAL DEADLINE IS WED., NOV. 6TH!

Contact Lori Katzman at 973-379-5856 or lakatzman@me.com with any questions.

Organizations that have been supported during past Mitzvah Days include: (feel free to choose one of these or research your own):

Bridges, The Ruth Gottscho Kidney Foundation, Gift of Life Bone Marrow Foundation, Interfatih Hospitality Network, Arthritis Foundation, Camp Shutaf, bookBgone, The First Tee, Project Night Night, UJC of MetroWest New Jersey, Birthday Angels, Sar El, Stuffed Animals For Emergencies, Justin Bear Charity, Jewish Family Services, Friends of the Israel Defense Forces, The Lupus Foundation, Sole4Souls, B'nai Brith Senior Housing, The Valerie Fund, American Society for the Protection of Nature in Israel, Pancreatic Cancer Action Network, Down the Block, Operation Shoebox, Heifer International, The Seeing Eye, National Council of Jewish Women, Ronald McDonald House, Community Foodbank, McRoberts, Kentucky, Autism Ambassadors, St. Barnabas Hospital, CBI Religious School Tzedakah Fund, Zayin Tzedakah Fund, Jewish World Service's Sudan Relief and Advocacy Fund, Urban Renewal Corporation, Rachel Coalition, USY Tikkun Olam, Bar/Bat Mitzvah Projects.

MLK Mitzvah Day is organized by Hearts and Hands and CBI Programming

ADULT FORUM

September-October 2013

Welcome back, Adult Forum Members.

I hope you had an enjoyable summer and are ready to join us for a terrific line-up of programs and films. Our first program will take place on Tuesday, September 24 and will feature



Hirschhorn presenter Chaim Lauer speaking on *Sukkah Secrets...and Mid-East Politics*. Mr. Lauer has been one of our favorite guests who always gives us an informative and educational program. Weather permitting, we will have our deli lunch in the Sukkah. The first film this year is the Denzel Washington movie *Flight* on October 1. This dramatic tour-de-force earned Denzel Washington an Academy Award nomination for his portrayal of a substance-abusing airline pilot who performs a "miracle landing."

Yiddish Words & Expressions That Have Crossed over into English is Hirschhorn presenter Bennett Muraskin's intriguing topic. Begin to notice in the newspapers and on television just how many Yiddish words have come into popular use-think the Scripps National Spelling Bee winning word "knaidel." This program takes place on October 15.

Once again, we are partnering with the JCC of Central New Jersey to take some fabulous trips. The first of these is to the Frick Collection and the Asia Society on October 24. We will be among the first to view the Frick's featured exhibition which opens two days before our trip, *Vermeer, Rembrandt, and Hals: Masterpieces of Dutch Painting from the Mauritshuis.* That day we will also visit the Asia Society and view a landmark exhibition, *Iran Modern*, that will focus the rich art-driven culture in the 20 years leading up to the Iranian Revolution and the Iran-Iraq War. The cost for this trip is \$85 for members or partners and \$90 for community participants; this includes lunch.

Remember, all of our in house programs begin with lunch at noon followed by the program at 12:30. You may pay at the door, but please call or email me with your sandwich orders in advance. I will return all phone calls and confirm all emails so you know that I have received your message. We are holding the cost of the sandwiches at \$10 for members and \$12 for community participants. Our programs are welcoming and open to all, so please, feel free to bring your friends.

The Steering Committee of the Adult Forum and I would like to wish you and yours a very happy and healthy New Year. L'Shanna Tova.

Lois Dyer

ADULT FORUM Events RSVP September-October 2013

IN CASE OF INCLEMENT WEATHER, CALL CBI AT 973-379-3811

Cost: Adult Forum members \$10 per event, community participants \$12 per event. Events begin with lunch at noon. Make checks out to B'nai Israel, and mail to: Adult Forum, C/O Lois Dyer, 9 Hearthstone Terrace, Livingston, NJ 07039.		
Name:		
Phone:		
Amount enclosed:		
I will attend the followi	ng events:	
☐ September 24: Chaim Lauer <i>Sukkah Secretsand Mid-East</i> Politics. RSVP to Lois.		
☐ Turkey ☐ Roast Beef	☐ Corned Beef☐ Tuna	□ Pastrami □ Egg Salad
☐ October 1: Screening of <i>Flight</i> . RSVP to Lois.		
☐ Turkey ☐ Roast Beef	☐ Corned Beef☐ Tuna	□ Pastrami □ Egg Salad
october 15: Bennett Muraskin <i>Yiddish Words a & Expressions that</i> have crossed over into English. RSVP to Lois.		
☐ Turkey ☐ Roast Beef	☐ Corned Beef☐ Tuna	☐ Pastrami ☐ Egg Salad
Flyer for Fricke Colle	ction & Asia Society a	
	\$12 per event. Events b B'nai Israel, and mail to Terrace, Livingston, NJ (Name: Phone: I will attend the followi September 24: Chai Politics. RSVP to Loi Turkey Roast Beef October 1: Screenin Turkey Roast Beef October 15: Bennet have crossed over in Turkey Roast Beef	\$12 per event. Events begin with lunch at not B'nai Israel, and mail to: Adult Forum, C/O Lot Terrace, Livingston, NJ 07039. Name: Phone: I will attend the following events: September 24: Chaim Lauer Sukkah Sect Politics. RSVP to Lois. Turkey Roast Beef Tuna October 1: Screening of Flight. RSVP to Roast Beef Roast Beef Tuna October 15: Bennett Muraskin Yiddish Whave crossed over into English. RSVP to L



To contact Lois Dyer, email her at penzoe1@comcast.net

DONATIONS

The following tributes have been sent over the past several months. If you wish to send a tribute please call Ana Amorim at 973-379-3811 ext. 10 or email her at anaa@cbi-nj.org.

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To Brenda Eisenberg ~ Wishing you a speedy recovery!

- Miriam & Philip Levine
- Shirley & Irving Alper

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- Deena Bernhaut
- Elayne Feig

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To Evan and Risa Wasserman \sim In honor of Alexa's graduation from college.

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Lisa & David Ehrlich

To Alison Grann and David Gutstein ~ In honor of Naomi's graduation.

Lisa & David Ehrlich

To Josh and Lori Schor \sim In honor of Rafaella's graduation from Golda Och Academy!

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To Susan and Michael Jurist ~ In honor of Mariella's graduation.

Lisa & David Ehrlich

To Steve Rod ~ Thank you for organizing the CBI Library. We love it!

Eve & Joey Askin

To Lilli and Steve Finkler ~ Mazel Tov on the birth of your grandson Max!

Miriam Linver & Matthew Askin

To Kopel Burk ~ In memory of your beloved brother, Maurice Burk.

- Andrea & David Hirschfeld
- Harriet & Sheldon Greenholtz

To Miriam Levine ~ Wishing you a speedy recovery.

- Andrea & David Hirschfeld
- Nancy & Michael Weinstein
- Harriet & Sheldon Greenholtz

To Paul Klein ~ Wishing you a speedy recovery.

❖ Andrea & David Hirschfeld

To Risa Goldberg \sim In memory of your beloved step-father, Norman Rosenberg.

- Roz & Jed Buck
- Betsy & Phil Darivoff
- Meryl & Michael Skinder

To Paul Klein ~ Get well!

- Nan & Howard Greenwald
- Harriet & Sheldon Greenholtz
- Penny & Arthur Klein

To Carol Jonas ~ Get well soon!

Penny & Arthur Klein

To Marc Adelman and Family ~ In memory of your beloved grandfather, Norman Usdin.

Roz & Jed Buck

To Nancy and Joseph Tenenbaum \sim Mazel Tov on Stephanie and Barak's engagement.

- Deena Bernhaut
- Joseph Siff

To Joshua Schor ~ In memory of your beloved father, Joseph Schor.

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- Gloria Segel
- Nancy & Allan Sloan
- Andrea & David Hirschfeld
- Risa, Evan & The Wasserman Family

To Tirza Freeman ~ Wishing you a full and speedy recovery.

Nancy & Allan Sloan

To Richard Jacobs ~ In memory of your beloved father, Harvey Jacobs.

- Lisa & David Ehrlich
- Leslie & Marvin Gersho
- ❖ Nancy & Allan Sloan

To Rabbi Bayar ~ Happy New Year to you and your family.

Joseph Siff

To Cantor Wallach ~ Happy New Year to you and your family.

• Joseph Siff

To Art Fredman ~ Wishing you a speedy recovery!

❖ Sheldon & Harriet Greenholtz

To Teddy Leff ~ In honor of the Bat Mitzvah of your granddaughter.

Barbara Feldstein

Rabbi's Fund

To Phil Darivoff ~ In memory of your beloved father. Lt. Col. Irvin Darivoff.

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- Risa & Howard Goldberg
- ❖ Michele Sherrill

To Brenda Eisenberg \sim Get Well Soon!

Amy & Larry Dantus

To Rabbi Bayar \sim In honor of the marriage of Dominique and Geoffrey Hader.

Helen Hader

To Lois Cantwell ~ In memory of your beloved father, Samuel Koniak.

- Andrea & David Hirschfeld
- Linda & Arnold Selby
- Michele Sherrill

To Risa Goldberg \sim In memory of your beloved step-father, Norman Rosenberg.

Andrea & David Hirschfeld

To Teddy Leff ~ In honor of Miriam's Bat Mitzvah.

- Sally Shotkin
- Frieda Ostrowsky
- Leila & Melvin Schott

To Kopel Burk ~ In memory of your beloved brother, Maurice Burk.

Amy & Larry Dantus

To Paul Klein ~ Get well!

Amy & Larry Dantus

To Nancy and Joseph Tenenbaum ~ Mazel Tov on Stephanie and Barak's engagement.

Andrea & David Hirschfeld

To Diane Krause ~ In memory of your beloved mother.

Sandy Haimoff

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Barbara & Steve Colin

To Joshua Schor ~ In memory of your beloved father, Joseph Schor.

- Marcy & Harvey Brooks
- Donald & Linda Lakin

To Aly and Michael Greenstein ~ In honor of the birth of your son.

Andrea & David Hirschfeld

Cantor's Music Fund

To Frances Licht ~ In memory of your beloved brother.

Judy & Arthur Fredman

To Miriam Levine ~ Mazel Tov on your 90th birthday!

Judy & Arthur Fredman

To Miriam Levine ~ Get Well!

❖ Michele Sherrill

To Phil Darivoff ~ In memory of your beloved father, Lt. Col. Irvin Darivoff.

- Amy & Marc Rosenberg
- Judy & Arthur Fredman

To Helene Moehlman ~ In memory of your beloved sister.

Michele Sherrill

To Paul Klein \sim Wishing you strength, good health, and a complete recovery.

Judy & Arthur Fredman

To Francine Rod ~ In memory of your beloved mother.

Nancy & Michael Weinstein

To Miriam Levine ~ Wishing you a speedy recovery.

- Shirley & Irving Alper
- Judy & Arthur Fredman
- Teddy Leff

To Joshua Schor ~ In memory of your beloved father, Joseph Schor.

Roz & Jed Buck

To Brenda Eisenberg ~ Best wishes for a speedy recovery!

- Teddy Leff
- Judy & Arthur Fredman

H. Gruenewald Early Childhood Center Fund

To Phil Darivoff ~ In memory of your beloved father, Lt. Col. Irvin Darivoff.

Rochelle Baron

To Joshua Schor and family ~ In memory of your father.

* Rochelle Baron

To Richard Jacobs ~ In memory of your beloved father, Harvey Jacobs.

Rochelle Baron

Max Alper Prayer Book Fund

To Olivia Wurgaft ~ In honor of your becoming a Bat Mitzvah.

Steven, Holly, Lilly, April, and Joseph Blum

Burk-Mendlovitz Youth Fund

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To Lois Cantwell ~ In memory of your beloved father, Samuel Koniak.

Gayle & Steven Chizzik

To The Gutstein/Grann Family ~ In honor of Naomi's graduation.

Miriam Linver & Matthew Askin

To Nancy and Joe Tenenbaum $\sim \mbox{In honor}$ of the engagement of Stephanie to Barak Daon.

Manny Magi

Dr. Max Gruenewald Adult Education Fund

To Phil Darivoff ~ Condolences from The Blum Family.

Steven, Holly, Lilly, April, and Joseph Blum

To Joshua Schor ~ In memory of your beloved father, Joseph Schor.

- Orli Almog & Benjamin Levy
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To Kopel Burk ~ In memory of your beloved brother, Maurice Burk.

Rena & Rich Panush

To Miriam Levine ~ Wishing you a speedy recovery.

❖ Manny Magid

- To Paul Klein ~ Wishing you a speedy recovery.
 - Manny MagidRena & Rich Panush

To The Tenenbaum Family \sim Mazel Tov on Stephanie and Barak's engagement.

Manny Magid

To Tirza Freeman ~ Get well soon!

Manny Magid

To Josh Schor ~ For being recognized in your profession.

Nan & Howard Greenwald

Men's Club Fund

To Men's Club \sim In honor of the reading of the Torah this summer by our son-in-law Dan Dovdavany.

Harriet & Cyril Mazansky

COMMUNITY EVENTS AT A GLANCE

Saturday August 31

- 9:00 am Chloe Cohen Bat Mitzvah
- 8:00 pm Selichot

Monday September 2 ~ Labor Day ~ Synagogue Office Closed

• 8:30 am - Morning Minyan (Holiday Time)

Tuesday September 3

• 8:15 pm - Adult Choir Practice

Wednesday September 4 ~ Erev Rosh Hashanah

- Office closed at noon
- See Holiday Schedule pg. 14

Thursday September 5 ~ Rosh Hashanah Day 1

• See Holiday Schedule pg. 14

Friday September 6 ~ Rosh Hashanah Day 2

• See Holiday Schedule pg. 14

Saturday September 7

- 9:00 am Shabbat Services
- 10:30 am Tot Shabbat

Sunday September 8

● 10:00 am - HGECC Playdate on the Playground

Monday September 9

- 7:00 pm Zayin Orientation
- 7:30 pm Sisterhood Board Meeting
- 8:00 pm HGECC Parent Orientation
- 8:00 am Mens Club Board Meeting

Tuesday September 10

- 6:00 pm Chaverim ~ Opening Event // Tie Dye & Ice Cream Sundae Making
- 6:30 pm Executive Committee Meeting
- 8:00 pm BOT Meeting
- 8:00 pm BBRS School Board Meeting
- 8:15 pm Adult Choir Practice

Thursday September 12

 7:30 pm USY ~ Opening Event // Waffle Sundaes and Icebreakers

Friday September 13 ~ Erev Yom Kippur/Kol Nidre

- Office closed at noon
- See Holiday Schedule pg. 14

Saturday September 14 ~ Yom Kippur

• See Holiday Schedule pg. 14

Wednesday September 18 ~ Erev Sukkot

• See Holiday Schedule pg. 14

Thursday September 19 ~ 1st Day Sukkot

• See Holiday Schedule pg. 14

Friday September 20 ~ 2nd Day Sukkot

• See Holiday Schedule pg. 14

Saturday September 21 ~ Chol Homeod

- 9:00 am Shabbat Service
- 10:30 am Tefilot Ketanim (Grades K-2)
- 10:30 am Tot Shabbat
- 7:45 pm Couples Game Night in the Sukkah

Tuesday September 24

- 12:00 pm Adult Forum ~ Speaker Chaim Lauer
- **6:00 pm -** Kadima ~ Opening Event // Tie Dye & Ice Cream Sundae Making
- 7:30 pm USY ~ Hippies in the Hut & Twister

Wednesday September 25

• See Holiday Schedule pg. 14

Thursday September 26 ~ Sh'mini Atzeret

• See Holiday Schedule pg. 14

Friday September 27 ~ Simchat Torah

• See Holiday Schedule pg. 14

Saturday September 28 – Erev Sukkot

- 9:00 am Shabbat Service
- 10:30 am Tefilot Ketanim (Grades K-2)
- 10:30 am Tot Shabbat

Tuesday October 1

• 8:00 pm - Executive Committee Meeting

Thursday October 3

• 6:15 pm - Sisterhood Rosh Chodesh

Friday October 4

• 6:00 pm - "First Friday" Early Shabbat Service

Saturday October 5

- 9:00 am Shabbat Service
- 10:30 am Tefilot Ketanim (Grades K-2)
- 10:30 am Tot Shabbat

Sunday October 6

- 10:00 am New Member Breakfast
- 7:00 pm Israeli Film Series

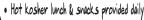


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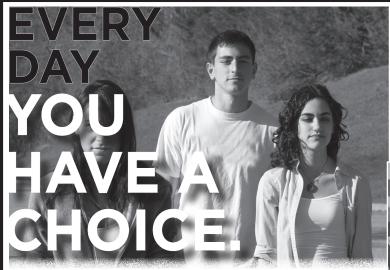
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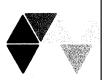
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