# The Bulletin





SAVE THE DATE! Sunday, October 30 at 9:45 a.m.

**Exclusive Presentation One Week before the National Elections!** 



# The Nine Commandments for Mideast Policy

### **Bret Stephens**

Foreign Affairs Expert
Deputy Editorial Page Editor, Wall Street Journal
Pulitzer Prize Winner for Commentary

Bret Stephens is one of the foremost authorities on U.S. foreign policy and the forces that are shaping the world. He speaks frequently about Israel and the myriad issues shaping the Middle East today. Bret is a popular, respected, award-winning journalist famous for what the Pulitzer Prize Board calls "his incisive columns on American foreign policy and domestic politics, often enlivened by a contrarian twist." Bret is the deputy editorial page editor responsible for the international opinion pages of *The Wall Street Journal*. He also writes "Global View," the paper's weekly foreign-affairs column, and is a member of the Journal's editorial board. Previously, he was editor-in-chief of *The Jerusalem Post* and holds the distinction of having interviewed every Israeli prime minister since Shimon Peres.

This event is free and open to the public.



160 Millburn Avenue Millburn, NJ 07041 973-379-3811 www.cbi-nj.org

### **Shabbat Services**

Kabbalat Shabbat	8:15 pm
Shabbat Services	9:00 am
Minyan Gesher (Grades 2 through 6)	10:30 am
Minyan Shalom (PreK through 1st Grade)	10:30 am
Minyan Katan (2 yr.old - 1st grade)	10:30 am
Shabbat Journeyers Minyan (10/29)	10:45 am
Yaldeinu (10/3)	9:30 am

### **Candle Lighting**

October 7	6:11 pm
October 14	6:00 pm
October 21	5:49 pm
October 28	5:40 pm

### Mincha/Havdallah

October 8	6:24 pm // 7:24 pm
October 15	6:13 pm // 7:13 pm
October 22	6:03 pm // 7:03 pm
October 29	5:53 pm // 6:53 pm

### **Minyan Rotation**

Cohn-Ehrlich	October 2 – 8
Eichler-Feins	October 9 – 15
Feldman - Freeman	October 16 – 22
Fried - Gershman	October 23 – October 29

Minyan Rotation List for this month. We urge you to make every effort to attend minyan, the times are listed below.

### **Morning Minyan** 7:10 am Mon. & Thurs.

7:15 am Tues., Wed. & Fri. 8:30 am Sun.

**Evening Minyan** 8:00 pm Sun.-Thur.

### Let's Kvell Together!

Send us your simchas! New baby, engagement, marriage, Special honor or recognition in the community... You get the idea!

Share your joy with your CBI family... let's kvell together! Send your information to: Lisa Roth at lisar@cbi-nj.org.

### FROM THE RABBI'S DEN

By Rabbi Steven Bayar

n this most important election year we find ourselves a nation and a people divided. While it is not my habit to comment or even speak to politics, this coming election will in many ways determine the course of our country and people for years to come, and it behooves us all to be active in the election process.



The most painful part of the past year has been watching an electoral process that was

more focused on demonizing the opposition, whether in primaries or national elections than in facing the issues. We now choose a president based upon personal preference as opposed to future policy or court appointments.

I believe that Abraham Lincoln was one of the greatest politicians our country has ever seen. To my mind of all his accomplishments his ability to have his greatest rivals work alongside him, whether they agreed with him or not, was a model too seldom seen in our political history. Regarding this election he said,

"If the great American people will only keep their temper, on both sides of the line, the troubles will come to an end, and the question which now distracts the country will be settled just as surely as all other difficulties of like character which have originated in this government have been adjusted."

He was, as I am, mistrustful of promises made. He looked at the character of the person for someone who acted with respect towards others and showed a care and consideration of language.

I know that there are many who distrust all the candidates - but not voting should not be a consideration, the election is too important.

The rabbis taught, "It is not for us to complete the task, but we are not free to desist from it."

Steven Bayar



To contact Rabbi Bayar, email him at cbirabbi@cbi-nj.org Follow the Rabbi on Twitter @RabbiBayar





### **MUSICAL NOTES**

By Cantor Lorna Wallach

synagogue is a unique treasure. Throughout the centuries, wherever Jews have lived and journeyed, the synagogue has provided a haven for our souls and a sanctuary in which to gather as a community to worship and to learn. In the synagogue, the essential times of life and rites of passage such as welcoming a newborn into the Covenant, the acceptance of adulthood and marriage are celebrated and made sacred. The synagogue can be a place in which to restore your strength and courage, and find



the patience and wisdom with which to meet the many demands of life. In the synagogue, you may declare your Jewishness and share in its two- thousand – year- old history. One of the main ways in which we do all this is through prayer, and particularly through communal prayer. Prayer is at the heart of our spiritual experience during the High Holy Days.

The Haftarah that is read on the first day of Rosh Hashanah, the story of Hannah's journey from the heartbreak of childlessness to the glory of motherhood, exemplifies the power of prayer. As the story of Hannah shows us, prayer can be a means of expressing and unburdening ourselves of our deepest pain, and faith can help us achieve the courage and strength to deal with it. We all face difficulty and pain at some point in our lives. What a blessing it would be to so many of us if the synagogue could be a place to find comfort and solace.

One of the High Holyday prayers that we sing together on Yom Kippur, "Ki Anu amekha, v'atah eloheinu," provides that feeling for me of comfort and the support of the community. This early medieval poem emphasizes our relationship to God – but focuses on "We" rather than on our personal relationship with the Divine. "For We are Your people, and You are our God; We are Your children and You are our parent. We are Your servants, and You are our master; We are Your congregation, and You are our portion."

The prayers of confession (*Viddui*) that we recite in the plural as a community on Yom Kippur are preceded by this short poem. As we prepare for the daunting task of confession, the text of this poem utilizes simple metaphors to reassure us that our connection to the Holy One is certain. The prayer ends with the ultimate promise that we seek, the guarantee of a communication that will be reciprocal and effectual: "We are the ones You address, You are the One to Whom we speak." *Ki Anu Amekha* is essential to the *Vidui* that follows. We must be assured of our relationship to God before we pour out our hearts and ask forgiveness. Why raise our voices if God is not listening? Why bare our souls if God is distant or indifferent? We cannot hope to correct what is broken in our relationships unless we know that these relationships are there to be repaired. We find assurance, too, in the key word "*Anu*" (We). Each of us offers our confession couched in the first person plural, thus making it possible to bear the strain of Yom Kippur because we do it as a community. We sing, we turn and return, together.

As we begin the New Year, let us embark on a spiritual journey together to seek *shalem* and *shalom*, wholeness and peace.

Michael, Shira, Joshua and I wish all of you and your extended families a Shana Tova u'Metuka!

To contact Cantor Wallach, email her at cbicantor@cbi-nj.org Lorna Wallach

### In The Community

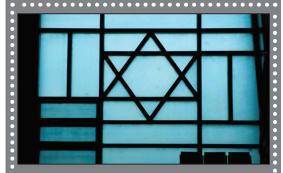
### **Refuah Shleima to:**

Shirley Alper, Anitta Fox, Cathy Lasser, Joe Siff, Karen Tucker

### **Condolences to:**

David Good on the passing of his beloved father, Howard Good.

Mark Weissman on the passing of his beloved brother, Paul Weissman



Thank you to our Sustainer members this year and their continued commitment to our community!

### October 2016 Yahrzeit Donors

Roberta Balsam
Nathan Bisk
Irwin & Judith
Buncher
Andy Cohen
Treasure & Rich
Cohen
Steve Colin
Judy & Gary Dubro
David Ehrlich
Rosalie & Morton
Farber
Marvin Fish
Sofiya Fornaro
Linda & Bill Glasofer

Shari Gorman
Renee Harrison
Hanna Keselman
Howard Kessler
Susan Lichtenbaum
Arnold & Roz Mytelka
Randi & Fred Ostry
Secky Rothman
Elliott Schabses
Michele Sherrill
Peta Siegal
Stacey Z. Thornton
Jane Vatsky
Sydell Weiner
Marshall Weinerman

### **President's Message**

By Andrea Hirschfeld, CBI President

Shana Tova!!

I wish you all a very healthy, happy and prosperous year! This year promises to be an exciting year at CBI! We in leadership will be discussing what our 90 plus year legacy has been in Millburn and what we hope for our future. And as we continue to do that work, we have attracted more and more lay leaders



who are passionate about their synagogue community, what it offers, and what it promotes and offers to the everychanging landscape we find ourselves in <u>today</u>.

You will see some wonderful upcoming events that I hope will not only excite you to attend but will also garner your pride and support in bringing your friends and neighbors! This month – we are incredibly fortunate to have Bret Stephens coming to speak with us. This program, made possible by Aleza Rosenberg, will bring, no doubt, controversial debate over the upcoming election. **Bret Stephens**, a Pulitzer Prize winning American journalist, was previously the editor in chief of the Jerusulam Post, and now is working for *The Wall Street Journal* as the deputy editorial page editor and their foreign-affairs

columnist; he is also is responsible for the editorial pages of its European and Asian editions. A Republican who has openly expressed concerns that a Trump presidency is a "survivable event", Mr. Stephens we are certain will give a timely talk just a week before the election!

Please look through our bulletin pages. You will see so many inviting events, services and special programs. Our Shabbat morning services include many options for tots, young children, and adults. Watch for updated news about our January shabbaton of stories with Rabbi Amichai Lau-Lavie and the party that follows for our teachers! Bring your friends and family.

And none of this is possible with your time and your financial support. For that, we all on the Board of Trustees greatly thank you.

As always, looking forward to hearing from you and seeing throughout the month!

Andrea and David



To contact Andrea Hirschfeld, email her at cbiandrea@gmail.com or call her at 312-497-0936.

### **Hedwig Gruenewald Early Childhood Center**

By Rochelle Baron, Director

We have finished a full month of school and all is well at HGECC! For the first time in many years we had three uninterrupted weeks of classes which worked beautifully for the children's adjustment. Crying is almost non-existent at this point and lots of happy sounds can be heard in the halls. Now on to October!



The focus of this month will be learning about Rosh Hashanah, Yom Kippur, Sukkot and Simchat Torah and understanding the meaning of each one. Our family Shabbat program begins on October 7 when we will welcome our guests to the sanctuary to sing songs, hear a story told by Cantor Wallach, collect tzedakah and then adjourn to the classrooms for the Shabbat snack. Our annual Pizza in the Hut event takes place on October 19 in the CBI succah. That very same day we are excited to welcome the Millburn Fire Department to learn about fire

safety. After school activities begin this month as well—lots of exciting times indeed!

Gary and I wish all of you a happy and healthy new year!

Rochelle



To contact Rochelle Baron, email her at HGECC@cbi-nj.org

SAVE THE DATE
Congregation B'nai Israel
COMMUNITY-WIDE
ANNUAL MLK MITZVAH DAY
Monday, January 16, 2017
"Make it a day on, not off"
Co-chairs Lisa Biller and Lisa Goldberg

### Sisterhood's Message

By Karen Tucker, Sisterhood President

I have always loved the High Holidays. I find it a time to reflect on the past year and make plans for the incoming year. It is also a time to re-connect with those I may have lost touch with and also a time to spend with those I hold most dear. During the rest of the year it may be hard to slow down and smell the roses. You all



are my roses – made up of many individual colors but when together are a beautiful and fragrant bouquet. With that in mind please mark your calendars for our annual Kick Off Dinner on Wednesday, November 2, where so many of us celebrate the beginning of the Sisterhood year together.

This is the season of renewal and contemplation. It is also a great time to think about different ways to get involved in Sisterhood. Whether volunteering in the gift shop, helping with Kiddushes or Onegs, or suggesting or attending programs, there is always a way to participate-large or small. I am always talking about how Sisterhood can be more meaningful to each of you but, in order to do so, I need to

hear from you. Your Sisterhood Board is always looking for input for new ideas so please feel free to contact any of us with your suggestions.

### **Mark Your Calendars:**

Wed.	10/26	MahJongg	7:15 – 9 pm
Wed.	11/2	KICK OFF DINNER	6:30 pm
Wed.	11/16	MahJongg	7:15 – 9 pm
Tue.	11/29	Knit & Knosh	7:30 – 9pm

On behalf of the Sisterhood Board, my family, and myself may this year be filled with health, sweetness and blessings.

L'Shanah Tovah U'Metukah,

Karen Tucker



To contact Karen, email KarenLTucker@comcast.net

### **Blanche Bayer Religious School (BBRS)**

By Rabbi Sharton Litwin, Director of Congregational Learning

Shalom BBRS Families and CBI Community,

We are off to a wonderful start this year. Our first days of school have been very successful in so many ways. Our youngest students have spent time learning about the fall holidays and spent time singing with Morah Vivan. Our *Kitah Gimel* and *Kitah Dalet* students are reviewing their Hebrew and beginning to learn new *Tefillot*. *Kitah Hey* has leaped into the



study of the lifecycle and the heroes of the books of the prophets, which will continue to enrich their Jewish lives. *Kitah Vav* has already begun *Haftarah Trope* with Cantor Wallach and are studying blessings and Torah service as well as having fun with Coral Sasson, our Israeli Shlicha from the Rishonim program through GMW Federation. They will surely be ready for *B'nai Mitzvah* preparation when their time comes. And Kitah Zayin is focusing on the meaning of Jewish Ethics, studying theology through film with Rabbi Bayar and is learning how to make Judaism relevant in their lives. *Kitah Zayin* is also studying Israel and the weekly Parasha.

I want to remind our Hebrew students in Kitah Gimel through Kitah Vav to make sure to practice your Hebrew

reading for 5-10 minutes per night... a great way to keep your Hebrew skills is to learn one or more of your *T'filah Goals*! I am happy to take time to review these with you as are your teachers and madrichim.

I am very excited that this year we will be having three joint programs with two area synagogues. The 4th and 5th grades of Congregation Beth Am Yisrael in Springfield and the Summit JCC will join together for a Sukkot program at South Mountain Reserve on October 16 and for a Havdallah program in January and a Passover program in April. It is wonderful for our communities to come together and to enrich the Jewish social circles of our students through these camp-style informal education programs. Please look for highlights about these programs in the future.

I hope you all have a meaningful High Holy Day season. I look forward to celebrating our holidays together.

If you have any questions or concerns or something good to say too, please don't hesitate to contact me.

Shana Tova U'Metukah,

Rabbi Sharon Litwin



To contact Rabbi Sharon Litwin, email her at slitwin@cbi-nj.org

### CBI HEARTS AND HANDS COMMITTEE

in partnership with



### **HIGH HOLIDAY FOOD DRIVE**

An important project to help feed hungry children in McRoberts, Kentucky.

McRoberts is a tiny town where the median household income is less than \$24,000.

Congregation B'nai Israel has directly supported this community for several years through home refurbishment, school supply assistance, clothing donations and more.

Please join us in our ongoing efforts to support the families of McRoberts by donating items to enable children to eat over the weekends when federally-funded school meals are not available.

### We are Collecting the Following Items Only

Popcorn (small microwave bags)
Snack Crackers (peanut butter, cheese)
Oatmeal (boxes of individual packs)

Breakfast Cereal Cereal Bars/Granola Bars Snack Size Bags of Pretzels, Goldfish, etc.

### **Collection from October 2 through October 26**

Food donations can be dropped off in the bins at CBI in the school wing and near the front office.

Food donations do not need to be kosher.

Please direct any questions to Andrea Good asgood@verizon.net or 973-921-1665.

# Scotch in the Sukkah

**Social Hour** for Men's Club Members and Prospective Members

Saturday, October 22<sup>nd</sup> at 8:00 p.m.



Join friends in the Sukkah...

Sample an assortment of Scotch Whiskey (5 shot max!)

Learn something new about Scotch Whiskey ("educational component")

**Desserts / Snacks** 

Shmoozing!

RSVP to Dan Richter at <u>daniel.richter@verizon.net</u> or (732) 261-5138 by October 16<sup>th</sup>

\$5.00 per person if RSVP email, call, or voicemail received by October 16th.
\$10.00 per person thereafter and at the door.
(Bring cash or check payable to "CBI Men's Club.")



# EXTRA! EXTRA!

### **SAVE THE DATE!**

January 27-29, 2017
Celebration of Shabbat through Stories
& Lifelong Learning Fundraiser

### Rabbi Amichai Lau-Lavie

Founding spiritual leader of Lab/Shul NYC and the founding director of Storahtelling, Inc.

### An Iconoclastic Mystic

Time Out New York

### A Rock Star

The New York Times

One of the most interesting Thinkers in the Jewish world Jewish Week

### **A Maverick Spiritual Leader**

The Times of Israel

One of the Most Inspiring Rabbis in America 2016



### Rabbi Amichai Lau-Lavie brings *Torah to Life* during our Shabbaton weekend!

Be part of this exciting weekend experience — not to be missed!
Family Service — Kabbalat Shabbat — Shabbat Morning — Mincha — Havdalah
Children — Families — Teens — Adults
In our Schools! In our Sanctuary! In our Community!

### **PARTY! PARTY! PARTY!**

Saturday Evening, January 28
Celebrate with Our Teachers!



### llana Tenenbaum Teaching at CBI since 1986

"Children are like sponges. They can absorb whatever comes their way. I love watching their bright faces as they accomplish new tasks. Our school offers a stimulating, warm, creative and loving environment where they can achieve all their goals."



### Paula Schulz Teaching at CBI since 1987

"The two hardest days in a teacher's life are the first day of school and the last day of school. The first day you hope and pray that you will make a difference, and the last day you hope and pray that you did."

### Watch for a list of events, services and programs!

All funds raised benefit CBI's Jewish educational programs...from preschool to religious school to adult learning.

### SALUTING OUR SUPER SENIORS: FRIEDA OSTROWSKY

By Sheldon Greenholtz



Prieda has been a CBI member for over a half century. She was born in Munkacivo (Moonkoch), Czechoslovakia in 1924. That country has separated into two countries, The Czech Republic and Slovakia. Her birth town is now part of the Ukraine. Frieda's family came to the United States in the

early thirties, settling in Newark, where her mother's two brothers and one sister lived. Her uncle was Manny Eichler. Many congregants will remember Manny, a former long-time member and benefactor. His son, Bernie, is a CBI member. Bernie's wife, Molly, was the first CBI women president (1985-87). Molly passed away in 2008. Frieda is the eldest of three children. Twins Claire and Bernie followed. Bernie is an attorney in Knoxville, Tennessee, having raised his family there. Claire lived here until passing away in 2012.

Frieda married Abe Ostrowsky and moved to Millburn in 1961 with three children (four houses behind CBI), and joined the congregation soon after. Barry, Michael and Barbara were B'nai Mitzvahed at CBI. Barry is the chief executive officer of Robert Wood Johnson/Barnabas Health Organization, and is married to Bobbie. They reside in South Orange. Michael is an attorney with Bressler, Amery and Ross and is

married to Debbie. They live in Morristown. Barbara works in the radiology/oncology department at St. Barnabas. She is married to Steve Nackenson. They live in Millburn.

Frieda has been a continuous member of Sisterhood and Hadassah. She is also a member of the women's division of B'nai B'rith, and continues to serve on the Millburn Township Election Board, District 7, as she has for many years.

Frieda and Abe operated a paint shore in Montclair for many years. After Abe's passing in 1985, Frieda ran the store for another 10 years. After selling her home in Millburn, she moved to "The Newstead" in South Orange.

Frieda considers herself fortunate to have her children and their families living nearby. She is the proud grandmother of seven and great grandmother of one.

She has been a volunteer at the Surgical Reception Desk at St Barnabas Hospital for the past 21 years. She'll occasionally see her CEO son, Barry, and is not above reminding him to "respect all your employees and speak slowly and distinctly." Clearly, Frieda espouses the truism....once a Mother, always a Mother.

Frieda and her family have celebrated many smachot at CBI. May she continue to enjoy good health and shep nachas from her extended family.

### LIBRARY NEWS

By Abigael Good

It has been said that a house without books is like a body without a soul. In that case, I would suggest that a synagogue without books would be missing its heart. But thanks to the Max Gruenewald Library, CBI is not lacking books.

For the sake of clarity, the library door is located near the multipurpose room, between the chapel and the religious school entrance, and across from the In Memoriam wall. The door looks like a pull door but it's actually a push door. Doors are sneaky like that.

But let's get to the point. The library is under new management. Namely, my management. And I cordially invite you, if you haven't before, to step in sometime. Maybe spare a minute for our Five Minutes Shelf or Fifteen Minutes Shelf, pick up a history of Jews in America, or check out our book cart of novels. The library is a celebration of our history and legacy as the People of the Book. Surely it's our job to take care of these books. Books are meant to be read. They get lonely

sitting on the shelf. How dare you leave them alone like this. How dare you, sir.

Still, in all seriousness, the library is an important part of our synagogue, and we hope to make some positive changes to it this year. The biography shelves have recently been purged of outdated books and we hope to replace them with more modern or relevant ones. We are accepting donations in the bin in the library, and we will soon have ready a list of specific books we hope you will be able to donate or help us buy for our collection.

Other upcoming attractions include monthly articles like these and book reviews on the library shelves. After all, a library should be welcoming. So we are welcoming you inside.

Abigael Good



To contact Abigael, email library@cbi-nj.org

### **MEN'S CLUB MINUTE**

By Dan Dovdavany, Men's Club President

Shana Tova! Men's Club is off to a busy fall, both before and after the High Holidays. Following our impressive showing in Softball this summer, Men's Club athletics shifts to the hardwood, with pick-up basketball on Wednesday evenings (8:30 pm @ Hartshorn Elementary School in Short Hills) and Sunday mornings (9:15 am @ YM-YWHA in Union). For more information, contact David Touger at dtouger@aol.com.



This Rosh Hashanah and Yom Kippur look out for your friendly Men's Club Ushers and Shushers – tips are not accepted, but smiles (and patience!) are. Kudos to Dan Kamen (dankamen99@gmail.com) for organizing.

Thanks to Dan Richter for organizing a fantastic joint program with JNF featuring Dr. Abu Hamed, Academic Director of the Arava Institute. We learned about the Arava Institute and the Israel Bike Ride, where a 15-member CBI team (the "Desert Dawgs") will participate this November. Questions about the Israel Ride, please contact Brett Cohen (bcohen19@gmail.com).

Here are some other upcoming programs & dates:

■ Men's Club Book Club: Sunday, October 9 @ 7:30 pm. Discussion of <u>Pumpkinflowers: A Soldier's Story</u>, by Matti Friedman. Please contact Ed Nadel (enadel@ lowenstein.com) for details.

- Thursday, October 13 @ 8 pm: Men's Club Board of Trustees Meeting. Come join us to experience what Men's Club leadership is all about! Please contact me (dandov@yahoo.com) for details.
- Sukkot First Day Morning Kiddush: Monday October 17. Please contact Steve Chizzik (chizz1@comcast.net) for details.
- Scotch-in-the-Sukkah: Saturday, October 22 @ 7:30 pm. Come sample some fine malt offerings in the CBI Sukkah! Please contact Jeff Freedman (Jfreednj@aol. com), Dan Richter (daniel.richter@verizon.net) or Josh Greenfield (joshgnj@gmail.com) for details.
- Men's Club Hike: Sunday, October 23. After fueling-up on Scotch the night before, join us for a beautiful 11-mile hike of the Harriman Highlands Trail in Harriman state park. Meet at CBI parking lot @ 8:00 am, and plan to be back by 4:30 pm. Bring a lunch and water. Please contact Jonathan Engel (Engeljw@gmail.com) if you are interested in hiking.

On behalf of Men's Club, we wish you a sweet, happy and healthy New Year!

Please contact me at any time if you have questions about any of our programs.

Shana Tova,

### Dan Dovdavany

Men's Club President dandov@yahoo.com (917) 862-1941

### **CBI YOUTH GROUPS**

Chaverim • Kadima • USY

### **CHAVERIM UPDATE, OCTOBER 2016**

Thank you everyone who came out for our very first event of the new year, "Chaverim Ultimate Game Show", on September 13th. All the students had an amazing time and it was wonderful to see everyone back at CBI for another year.

Important update: USY/Kadima/Chaverim youth group Havdallah will begin at 7:30pm on Saturday

**evening October 15th** (Shabbat ends at 7:00). We will be providing multiple programing for each group but we will be beginning together with a large group Havdallah service. Please contact Aly or Mike Greenstein with any questions.

Hope to see you there!

First
Congregational
Shabbat Dinner
of the Year!!!





### SUKKOT

### SHABBAT DINNER

A CBI Shabbat Experience

### Friday, October 21

Celebrate Sukkot and Shabbat with Family and Friends!

Shir Shabbat Service at 6:00 p.m.

a short & sweet Shabbat Service - only service of the evening **Dinner** at 6:45 p.m.

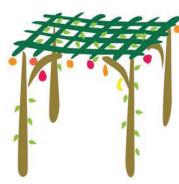
followed by dessert in the Sukkah



### Traditional Chicken Shabbat Dinner

Challah // Veggies // Dessert // Beverages

Kid-friendly, vegetarian and gluten-free options...please let us know!



\$16 per adult/ \$10 per child (maximum of \$50 per family / children under two free)

RETURN THIS FORM AND A CHECK MADE OUT TO "Congregation B'nai Israel"
TO THE SYNAGOGUE OFFICE.

160 Millburn Avenue, Millburn, NJ 07041

### PLEASE JOIN US!!!

RSVP Required by Friday, October 14

Family	Phone number
Name Number of Adults Children	Email
Total Amount Enclosed: \$	I Can Help with Set-Up (at 5:30 p.m.)
Please advise of any special dietary requirements:	I Can Help with Clean-Up (after meal)

Questions? Please contact Henry Bloom at <a href="mailto:henry.bloom@novartis.com">henry.bloom@novartis.com</a>.

### **Erev Simchat Torah at CBI**

### Monday Evening, October 24

Minchat Torah (Children's Service) - 6:30 p.m.

Congregational Festive Oneg – 7:00 p.m.

Simchat Torah (Congregation) - 7:30 p.m.



### **Festive Congregational Oneg**

This Oneg is for the entire congregation and will take place in between the Children's Service (which starts at 6:30 p.m.) and prior to the start of the congregational Simchat Torah Service (at 7:30 p.m.).

### **Sweet Treats for Everyone!**

Dip-Your-Own-Apples with all the Trimmings and other Desserts!

### Come Rejoice in the Torah!

Simchat Torah marks the completion of the annual cycle of weekly Torah readings. Each week in synagogue, we read a few chapters from the Torah, starting with Bereisheit in Genesis and continuing all the way to Devarim in Deuteronomy. On Simchat Torah we read the last Torah portion and then immediately read the first chapter of Genesis, reminding us that the Torah is a circle and never ends. This completion is a time of great celebration...with processions around the synagogue carrying the Torah scrolls and singing and dancing. Children are encouraged to bring their own toy/plush Torahs to the Children's Service.

**Shemini Atzeret Monday, October 24** 

9:00 a.m. Festival Shacharit 10:30 a.m. Yizkor Recited Kiddush following Service Simchat Torah Tuesday, October 25

9:00 a.m. Festival Shacharit
Kiddush Celebrating our Honorees
Chatan/Kalat Bereshit and Chatan/Kalat Torah
8:00 p.m. Ma'ariv





### Join CBI in Community Social Action! INTERFAITH HOSPITALITY NETWORK (IHN)

Our Fourth Year Hosting Families in our Synagogue

November 6 - November 13, 2016

Our previous hosting experiences were hugely successful and demonstrate our congregation's commitment to the core principles of *tzedakah*, *chesed* and *tikkun olam*. There is something for everyone. Be a part of this meaningful tradition!

### What You Need to Know!

**"WHAT IS IHN?"** -- IHN coordinates immediate temporary housing for displaced families while they are transitioning to permanent homes. IHN also provides comprehensive support like job skills training, after school care for children and other services aimed at keeping families together and putting them on the road to self sufficiency and a home of their own.

**"WHAT DOES IT MEAN TO BE A HOST CONGREGATION?"** -- As one of 25 host congregations in Essex County CBI will provide shelter for up to 5 families or 14 people. The families will be housed in the BBRS wing from **Sunday, November 6**<sup>th</sup> **through Sunday, November 13**<sup>th</sup>. CBI will furnish sleeping quarters, a dining room and lounge area where CBI volunteers will provide meals and offer hospitality. The families will be with us from 5:30 p.m.–7:00 a.m. on weekdays and all day Saturday and Sunday.

### "HOW CAN MY FAMILY AND I HELP?"

### SIGN UP TODAY TO BE AN IHN@CBI VOLUNTEER!

Go to **www.cbi-nj.org** or directly to our "Lotsa Helping Hands" community page:

https://www.lotsahelpinghands.com/c/707178/

Click on the "Join this Community" link and fill out the request form. Once your request is received and approved you will receive instructions on how to sign in and sign up. Pick the day, time and type of volunteer work that best suits you and your family. Choose from a variety of volunteer opportunities: Set up guest rooms; spend time with the families; help prepare meals in the CBI kitchen; AND MUCH MORE.

### SUPPORTING DONATIONS!

We are accepting donations towards food and supplies. Sponsorship forms can be found on the CBI website (<a href="www.cbi-nj.org">www.cbi-nj.org</a>). Donations of Bed Bath and Beyond, Target and Shop Rite gift cards are especially helpful and appreciated and may be directed to the CBI office.

### Questions? Please Contact:

Tracy Ferdinand at teferd@aol.com or Barbara Brown at bsmithbrown@yahoo.com







### Children's & Family Shabbat Services

Join us for meaningful experiences and memories that blend Jewish learning and living. CBI offers services for children that teach the songs and rhythm of Shabbat services in a developmentally appropriate way.

Please refer to the synagogue weekly email, the synagogue Bulletin or the calendar on the CBI website for exact dates for these services.

Children are always welcome in the sanctuary!

### **SATURDAY MORNING**

### MINYAN KATAN (Birth through Age 4) // 10:30 - 11:15 a.m.

### **Every Shabbat**

Sing songs and prayers, hear a story and play games! Come get to know other young families and feel the sense of community at CBI. Minyan Katan will meet in Multi-Purpose Room (MPR) and will be led by Morah Vivian Gibilisco. Bring moms, dads, grandparents...all are welcome! A snack is provided at end of service.

### MINYAN SHALOM (PreK through 1st Grade) // 10:30 - 11:15 a.m.

### September through May (except when school vacation)

This interactive service will include prayers, songs, games, and stories. Minyan Shalom is designed for those children who feel they have outgrown Minyan Katan and are not quite ready for Minyan Gesher. The service will take place in the Youth Lounge and will be led by Morah Karen Lilienfeld. A snack is provided at end of service.

### MINYAN GESHER (Grades 2 through 6) // 10:30 - 12:00 p.m.

### September through May (except when school vacation)

Children will meet in the Chapel to pray, study, laugh, and learn together each week. Children are invited to lead prayers, act out a skit based on the weekly Torah portion, and read from the Torah. All CBI children from BBRS, GOA, and any other school are welcome! Minyan Gesher will be led on alternate weeks by Rabbi Sharon Litwin and Morah Laura Slifer. The *Sim Shalom Siddur*, which is the prayer book used by the congregation in the Sanctuary, is used for this service. Children should come dressed for Shabbat and plan to stay for Kiddush with entire congregation. While this service is for children only, parents are encouraged to "drop in" and enjoy this service from time to time.

Following these services, we welcome families to stay for Kiddush with the entire congregation.

### **FRIDAY EVENING**

### SHIR SHABBAT (Families with Children through Grade 6) // 6:45 p.m.

This service is a traditional Friday night service in the Sanctuary with upbeat singing, led with our clergy and children together. Children are invited to participate in leading prayers, joining together for a story and conversation and everyone is invited to join us at the end of services for a festive Oneg Shabbat with tasty treats.

September 16 October 21 (6:00 p.m.) November 18 December 9

**January 20 March 17 April 21 May 12 or 19** (TBD)

### EARLY FAMILY SHABBAT SERVICE (Families with Children Birth through Kindergarten) // 6:00 p.m.

This short, family-friendly service is filled with upbeat songs, prayers and a story geared to younger participants but meaningful to all...an opportunity to let kids feel good about being Jewish while still being free to act...like kids.

Parents and grandparents, brothers and sisters, aunts and uncles are all welcome! Challah and juice at end of service!

September 9 December 2 January 13 April 7

For more information, please contact Rabbi Sharon at slitwin@cbi-nj.org or 973-379-1134.



### Sisterhood Gift Shop (your Judaica Depot)



### Start your New Year right with products from Israel!

We carry a wide selection of items - candle sticks and candles, challah covers, honey and apple dishes, jewelry, ketubahs, kiddish cups, kippot, shofars and tallit just to name a few. Support Israel by purchasing Israeli products.

So many **new items** from local vendors too! New soaps from Chagrin Valley Soap & Salve, candlesticks from Blackthorne Forge, Precious Heirloom tallit, musical jewelry boxes from Splendid, hostess gifts from Word Play, Case Island Glass, jewelry from Meryl Griff Hubscher, Is Art, Michal Golan, Michael Bromberg, and Emily Rosenfeld to name a few. Tzedukah boxes, mezuzahs, yads from Quest, Tamara Baskin, Joy Stember, and so much more.

Think of us first for all of your gifting needs - weddings, bar/bat mitvahs, birthdays, anniversaries, hostess gifts and thank-you's. Even that special gift for yourself!







### Open 10am till Noon

### Sunday, October 16th (erev Sukkot) Sunday, October 30th

Stop by to get your etrog box and plush torahs just in time for Sukkot and Simchat Torah.

You can also call Ilisa Perlman at 973 379-9275 to meet you at the gift shop during off hours.





Adult Forum "Lunch & Learn"

Congregation B'nai Israel 160 Millburn Avenue, Millburn, NJ 07041

Our programs are open to CBI members and the general community.

By all means, bring friends!

Lunch begins at 12:30 p.m. The program begins at 1:00 p.m at CBI

Thursday, October 6, At CBI Hirschhorn speaker Arthur Gertzman presents a program discussing the sources and uses of Magic in Jewish Life in the pre-Modern period. Arthur Gertzman is a student of Jewish Culture in Medieval times. He will discuss several aspects of these beliefs and the use of magic in medicine, the needs of women and the origins of Jewish humor deriving from magical curses.

Thursday, October 20 At CBI Screen the British dramatic thriller Eye in the Sky starring Helen Mirren and Alan Rickman. As taut as it is timely, Eye in the Sky offers a powerfully acted and unusually cerebral spin on the modern wartime political thriller.

\$10 for Adult Forum members & partners// \$12 for non-members YOU MAY PAY AT THE DOOR. CONTACT LOIS at 973-533-1809 to place your lunch order.

### L'SHANAH TOVA

Adult Forum Fall 2016 "On the Road" Trip with JCC of Central New Jersey

Thursday, November 17 TRIP to the Bickford Theater in Morristown to see Old Jews Telling Jokes. Learn why kvelling is better than kvetching in this hilarious long-running off-Broadway hit. Reservations needed by Wednesday, November 2. Member price \$36, Community Participants \$40. TRANSPORTATION ON YOUR OWN.

For information about membership, programs or trips, contact Lois Dyer 973-533-1809

### MOST A TABLE AT MLK MITZVAH DAYI



### MONDAY JAN. 16, 2017 2pm



Mitzvah Day is a wonderful opportunity to learn about and support various charitable groups and organizations in our community and Israel.

> This community-wide event is open to ALL! There will be hands-on mitzvah for everyone!

YOU are invited to host a table at this year's Mitzvah Day! Host a table yourself, as a family or with some friends!

### Here is how your can help your organization:

- 1. Choose your own philanthropy or charitable organization.
- 2. Contact the organization to find out their wants/needs.
- 3. Invite a representative from the organization to come to CBI to "man" the table (2-4pm) or be the representative for the organization yourself.
- 4. Provide information (pamphlets, posters, etc.) regarding the organization.
- 5. Provide a "hands-on/interactive" service activity and/or collection to engage attendees.\*
- 6. Be responsible for staffing your table from 2-4pm.
- 7. Be responsible for delivering items to your organization (if applicable).
- 8. Please be aware that there is NO entrance fee; please let us know if you will be soliciting in-kind or nominal
- \* Please note: our most successful tables have included an interactive project.

The MLK Mitzvah Day Committee must approve all organizations and ideas. Final Deadline is Wednesday, Nov. 2nd Contact our new co-chairs, Lisa Biller and Lisa Goldberg with any questions.



Organized by Hearts and Hands Committee and our Director of Congregational Learning, Rabbi Sharon Litwin

### **DONATIONS**

If you wish to send a tribute please call the main office at 973-379-3811 ext.111 or email: lisar@cbi-nj.org.

### Synagogue Fund

David Good and family, in memory of your beloved father and grandfather Howard Good.

- Ilene and Steven Kandler
- Miriam Linver and Matthew Askin
- Miri and Adam Forster
- Roz and Jed Buck
- Aleza and Joe Rosenberg
- The Daniel Family
- Debra Nevas and Jonathan Abrams & family
- Jane and Neil Yaris

Joe Tenenbaum, Mazel Tov on your retirement! Our best wishes on this next exciting chapter!

The Daniel Family

Sandy Panzer and family, in memory of your beloved husband, Alvin Panzer.

- Helene and Steve Moehlman
- Rosalie and Mort Farber

### Rabbi's Fund

Denise Glassman, in memory of your beloved mother Beatrice Luft.

Julia and Bill Burns

#### Cantor's Music Fund

Cantor Wallach, thank you so much for all your support and guidance during this difficult time for my family.

The Glassman Family

#### **Burk-Mendlovitz Youth Fund**

David Good and family, in memory of your beloved father and grandfather Howard Good.

- Helene and Steve Moehlman
- Renee and Kopel Burk

### Hannah Blum Cogan USY-Kadima Fund

David Good and family, in memory of your beloved father and grandfather Howard Good.

Isabel Goldfaden and Hernan Wurgaft



### Sisterhood Members FREE! Open Mah Jongg Night!



Wednesday, October 26, 7:15 pm

Presenting an opportunity to play your game, or join a new one; refresh your skills, or perfect them! Learner's table available. RSVP to Amy Dantus, Abdant@gmail.com. Members FREE!!!

Non-Members \$5.00

DON'T MISS THE DEADLINE

Please note, the deadline for the November 2016 bulletin is October 1. Information contained in the bulletin each month is time sensitive. We appreciate your cooperation in order to ensure that the Bulletin reaches everyone by the beginning of each month. Space permitting, we will do our best to include your item(s), and we reserve the right to edit your submission. Please submit all material to CBIbulletin@cbi-nj.org.

### **ISRAEL AFFAIRS**

By Joe Tenenbaum



### A few items for the new year

I expect that 5777 will be much like 5776 with continuing challenges to Israel and more opportunities for our community to support Israel. Three items I want to highlight, before I bring you two summer vacation reports:

### Please support Our Israel Bond Campaign

You should already have received a letter from David Brown of the local Israel Bond Office requesting that you help support Israel by lending money to the state. We will also have a special speech on Kol Nidre evening explaining why this type of support is so important. Please return the pledge card you received to the Israel Bond Office, either now, or following the Kol Nidre Speech. Israel relies on long term financial support from the American Jewish Community, and Israel Bonds is a cornerstone of this support.

### Make your plans to attend the 2017 AIPAC Policy Conference in Washington, DC

The AIPAC Policy Conference is an important bi-partisan event focused on educating and inspiring pro-Israel activists. The Conference welcomes adults as well as High School and College Students. We encourage congregants and their families to be a part of our CBI delegation. We have a limited supply of pre-purchased registrations for the Conference which will be available for a discounted price of \$399. Please seriously consider joining our CBI team. We will provide more information in the coming months about this opportunity.

### Join a local I-engage Lecture Series

CBI will be hosting a Hartman Institute Video Lecture Series exploring how Jewish Values can be applied to the complex Israeli-Palestinian conflict. The series includes videos by the Hartman Institute's faculty and discussions led by our own clergy on the textual basis for the values being discussed. Look for more information in this and future Bulletins about this amazing and thought provoking course.

### And then two reports on summer vacations (in Israel)

We are privileged to have reports on two different trips to Israel this summer. One by two of our USY leaders and their family, and one by a past-president and lay leader of the Congregation.

### Report on a trip to Europe and Israel by Jess and Rebecca Daniel:

Jessica and Rebecca Daniel were participants this summer on NFTY's L'Dor V'Dor program through Camp Harlam. They wrote this article during the last week of their trip.

Shalom from Israel! We are here in the Promised Land on a five week trip with our camp (Camp Harlam). We spent the first week of our trip in Eastern Europe, following the footsteps of our ancestors. We started off in Prague before heading to Poland. We visited the Jewish quarters and synagogues, learning what life was like for the Jews before and during the Shoah. A very powerful experience was visiting Auschwitz I and Auschwitz-Birkenau. It was very difficult to see, but we felt fortunate to be able to walk out of the gate, something that 1.1 million Jews couldn't do. We learned while visiting Poland that many Jews dreamed of making it to Israel. A phrase written on the walls of the hidden synagogue in the Terezin ghetto was "If I forget you, O Jerusalem, let my right hand forget its skill", so we were very appreciative that we had the ability and opportunity to make it to Jerusalem.

From Poland we continued our journey to Israel. It was so exciting to fly to Israel and see its shape emerge out of the plane window. It did not hit us that we were in Israel until we saw the Tel Aviv coast and beach. Some of the highlights of our month in Israel included camping and hiking in the Negev for 4 days, climbing up Masada to see the sunrise, floating in the Dead Sea and covering ourselves in the mud, going to the Kotel, shopping on Ben Yehuda street and running into many people we knew from home (many of them USYers!), riding a camel, sleeping in Bedouin tents, and meeting our Israeli peers. On our trip, we had the opportunity to choose a four day chavaya (free choice activity), and they were super fun! I (Jess) chose to participate in a hike across the Israeli country side from the Kineret to the Mediterranean (Sea to Sea - Yam L'yam). It was an amazing way to see Israel and embrace nature. Some of my favorite moments included sleeping under the stars, cooking my own food with a Bunsen burner, and biking the last 10 miles to the Mediterranean Sea and seeing the coast emerge from the distance. It was an incredible, once-in-a-lifetime experience!

I (Rebecca), participated in Gadna, Israeli Defense Force training. We learned IDF discipline and values, participated in a 3k Masa (journey), where we ran and army crawled, did obstacle courses, and fired a gun, which was a very cool and powerful experience. I became very appreciative of IDF soldiers and what they do to protect Israel through my time at Gadna.

We have been learning about the transformation of Judaism and Israel from before King David's time to modern day, and we have also been discussing the Israeli-Palestinian conflict, examining it from both sides. In addition, we were lucky to have the opportunity to hear a Holocaust survivor share her story at Yad Vashem.

Overall, we are having an amazing time in Israel, and we are so pleased to share our experiences with you.

### And a report on a completely different type of trip to Israel by Jonathan Engel:

#### A Month of Hebrew

Jonathan Engel

I spent the month of July in an intensive summer ulpan at the University of Haifa - a belated 50th birthday present to myself accomplished with the indulgence of my kids (and dog) and the largesse of my wife. I had been studying Hebrew on and off for, well, my entire life, including years in day school as a kid, a year and a half of college Hebrew, and assorted online and on-the-ground Hebrew classes over the past few years. I'd used a Hebrew podcast's website, subscribed to easy-to-read Hebrew newspapers, and watched Israeli movies and TV shows when I could. I'd also spent hundreds of hours flipping through homemade Hebrew flashcards whenever I had a few minutes. The result of all of this was a Hebrew vocabulary of some 1,500 words; a working knowledge of conjugations in 5 binyanim (verb construction templates); familiarity with pronoun declensions for the more basic pronouns (b-, l-, m- bishvil, et, al, el) and a hazy memory of gendered numbers. With all of that, I was stuck at an intermediate level.

Hebrew is a hard language for English speakers to master. Very few words have cognate counterparts, meaning that vocabulary has to be memorized by brute force. (Airport is not aeroporte, but rather sde te-ufah. Clock is not cloche, but rather sha-on.) Not only are nouns gendered (as in most languages) but so are adjectives, adverbs, and numbers (and the numbers are gendered backwards, except one and two). Prepositions are declined (aggressively); the verb "to be" does not exist in the present tense and the verb "to have" appears in no tense; and the language essentially lacks the word "for". Abstract nouns, passive voice, and reflexive tenses are all created by taking three-letter roots and manipulating them endlessly using yuds and vavs. Israelis read without vowels, and decode words through brute knowledge of tense, binyan, and gezirah (subverb template). And while there are some crude rules governing gender (ending hehs, dual body parts, geographic locations except the Vatican), nouns are regularly pluralized irregularly. That is, the plural of shanah (year) is not, as expected, shanot, but rather shanim. In contrast, the plural of makom (place) is not mekomim, but rather mekomot. But, the adjective stays

true, so the correct Hebrew is shanim tovot, and mekomot tovim (good years and good places). The State Department (which knows about these things) estimates that Hebrew and Arabic are roughly three times harder to learn for English language speakers than are Romance and Germanic languages. Having studied French as a kid, I can say that I think that that estimate is sound.

I deliberately chose to study in Haifa because; a) Haifa is pretty quiet and unexciting, so there are few distractions; b) Haifa is a bit cooler, being mountainous; and c) Haifa-ites tend not to speak English, so they are more likely to indulge your broken Hebrew as you make attempts to speak with them. All of these assumptions turned out to be true.

The University of Haifa is perched on the top of Mount Carmel with spectacular views of Haifa Bay on one side (the mifratz) and the Carmel Reserve on the other. The main university building is evocative of the United Nations – sort of warmed over 1960s-era Swedish modernism. There is a reason for this; both campuses were designed by Brazilian architect Oscar Niemeyer. I stayed in a simple dorm room for the month, and got by on café hafooch (upside down coffee, aka cappuccino); schwarma and falafel, and Goldstar beer – cheap, cold, and plentiful. About 20 city bus lines stopped at the university, and at six shekels for bus fare (\$1.50) I found I could get pretty much anywhere I wanted. Israeli trains were cheap, clean, and reliable – a ticket to Tel Aviv was about \$12 round-trip; Jerusalem was a bit more.

About 110 students enrolled in the summer ulpan - the majority from Europe (west, central, and east) - and more than half not Jewish. After a rather exhaustive placement exam, I was pleased to be placed in the 5th of 6 levels (smug, smug, oh year, I am so good at Hebrew . . .) which I quickly learned was really just high gimel (level 3) of 7 levels. Class met 4.5 hour per day, six days a week, and required about 2-3 hours of homework nightly. The teacher ran us through endless drills; forced us to read, write, and speak; broke us into groups to converse with each other; and generally pried words out of our mouths. A group of us followed up with a Hebrew table over lunch (English was basically the working vernacular, and most student resorted to English when not in the classroom); and I pushed myself to use Hebrew in day-to-day situations. I got a haircut in Hebrew (miraculously, I got the cut that I wanted); ordered food in Hebrew; bought a new pair of sneakers in Hebrew; requested a quieter table in Hebrew; and - drum roll - rented a car in Hebrew. (No, I did not read the fine print on the contract).

I'm hardly fluent, but I was amazed at how much I was able to learn in a month. I mastered the tricky gezirot that I had never really understood (the efal verbs; ayin-yud and ayin-vav verbs, lamed-hey verbs, verbs with guttural letters); learned

how to say "because" in about six different ways; learned the "lo, eleh" (no, rather) structure; mastered gerunds and abstract nouns; clarified the difference between zeh and ha-zeh, finally learned the dreaded (passive) hufal and pual binyanim; learned rules governing smichoot (weird phonetic contractions in compound nouns); and most importantly, memorized the nearly arbitrary prepositional match for about 100 different verbs. I also added about 200 words to my vocabulary; worked on my accent; and developed greater reading fluency. A month was really not enough, but I progressed enough to see that perhaps an additional 3-4 months of intensive instruction would get me pretty conversant.

I wanted to improve my Hebrew in part (as is true in learning any foreign language) to better access the country in which it is spoken (Israel really opens up to you as you learn the language), and in part to gain a deeper understanding of Judaism. Modern Hebrew is close enough to the ancient version that studying the language brings alive the Tanach and the siddur (although certain Medieval piyyutim and prophetic writings remain bewilderingly elusive). Hearing Torah read aloud in shul in Israel is haunting; the narrative comes alive when a native Israeli speaker articulates it, and when the congregation

understands it. Many people asked me why I was investing so much time and energy in learning the language, given its near uselessness in commerce, academe, and travel. I can only answer that I study Hebrew to feed my soul, and have not been disappointed.

### **Helping Israel**

If you wish to be part of next year's CBI support for Israel Committee, please contact me at TenenbaumJ@AOL.com or through the CBI office.

### **Missing Soldiers**

We must continue to pray for the remaining soldiers to return home:

Guy Hever Zachary Baumel Avi Feldman

Joe Tenenbaum



To contact Joe Tenenbaum, email him at TenenbaumJ@AOL.com

### **B'NAI MITZVAH**



### **Devin Rose Genderson** October 29

Devin is in 8th grade at Millburn Middle School. Devin swims competitively for Berkeley Aquatics and has been playing piano since first grade and looks forward to three weeks of Capital Camps each summer. The Mitzvah project she completed along with her brother included raising a puppy for Seeing Eye of Morristown and conducting two fundraisers to benefit that and several other charities. Devin would like to thank the CBI community, Andy Schultz, Cantor Wallach and Rabbi Bayer for helping her prepare for this milestone. She would also like to thank her parents and the many family and friends who have come from near and far to share in ceremony and celebration.



### Frank Halton Genderson October 29

Frank is in 8th grade at Millburn Middle School. Frank plays USTA tennis, loves playing piano and has rocked Maccabiah Games at Capital Camps for the past six years. The Mitzvah project he completed along with his sister included raising a puppy for Seeing Eye of Morristown and conducting two fundraisers to benefit that and several other charities. Frank extends sincere thanks to the CBI community, Andy Schultz, Cantor Wallach and Rabbi Bayer for helping him to prepare and confidently become Bar Mitzvah. He appreciates the love of his parents and large extended family and all who have supported him with generosity and humor.

### **OCTOBER COMMUNITY EVENTS AT A GLANCE**

You can also check the calendar on our website www.cbi-nj.org

### Saturday, October 1

- 9:00 am Shabbat Services
- 10:30 am Minyan Gesher (Grades 2-6)
- 10:30 am Minyan Katan (Birth through age 4)
- 10:30 am Minyan Shalom (PreK through 1st

#### Sunday, October 2 Erev Rosh Hashanah **BBRS No School**

- 8:00 am Morning Minyan
- 6:00 pm Mincha/Ma'ariv
- **6:18 pm** Candle Lighting

#### Monday, October 3 Rosh Hashanah

#### **BBRS No School / HGECC No School**

- 8:30 am Main Service
- 9:00 am Young Family Service @ MPR
- 9:30 am Yaldeinu @ Chapel
- 10:30 Children's Programming am @ BBRS School Wing
- 10:30 Parallel Service am @ MPR
- 11:30 am Youth Service @ Youth Lounge
- 6:00 pm Tashlich
- 6:30 pm Mincha/Ma'ariv

### Tuesday, October 4

Rosh Hashanah

### BBRS No School / HGECC No School

- 8:30 am Main Service
- 9:00 am Young Family Service @ MPR
- 10:30 am Children's Programming @ BBRS
- 10:30 am Parallel Service @ MPR
- 11:30 am Youth Service @ Youth Lounge
- 6:30 pm Mincha/Ma'ariv

### Wednesday, October 5

- 7:15 am Morning Minyan
- 8:00 pm Evening Minya

### Thursday, October 6

- 7:10 am Morning Minyan
- 12:30 pm Adult Forum Lunch and Learn
- 6:00 pm Kadima Gaga and Games @ Youth Lounge
- 7:00 pm Choir Rehearsal
- 7:30 pm Sisterhood Board @ MPR
- 7:30 pm USY Murder Mystery @ Youth Lounae
- 8:00 pm Evening Minyan

### Friday, October 7

- 7:15 am Morning Minyan
- 8:15 pm Kabbalat Shabbat

### Saturday, October 8

- 9:00 am Shabbat Services
- 10:15 am Shabbat Birthday Morning
- 10:30 am Minyan Gesher (Grades 2-6)
- 10:30 am Minyan Katan (Birth through age 4)
- 10:30 am Minyan Shalom (PreK 1st Grade)

### Sunday, October 9

- 8:00 am Morning Minyan
- 9:00 am Chanting Circle 5:00 pm @ Chapel
- 7:30 pm Men's Club Book Club
- 8:00 pm Evening Minyan

#### Monday, October 10 Columbus Day

- 7:00 pm Choir Rehearsal
- 8:00 pm Evening Minyan

#### Tuesday, October 11 Erev Yom Kippur

#### BBRS No School / HGECC No School

- 7:15 am Morning Minyan
- 5:45 pm Mincha
- 6:00 pm Kol Nidre
- 6:03 pm Candle Lighting

### Wednesday, October 12

### Yom Kippur

#### **BBRS No School / HGECC No School**

- 8:30 am Main Service
- 9:00 am Young Family Service @ MPR
- 9:30 am Yaldeinu @ Chapel
- 10:30 am Parallel Service @ MPR
- 10:35 am Children's Programming @ BBRS School Wing
- 11:30 am Youth Service @ Youth Lounge
- 2:00 pm Study Session
- 5:00 pm Community Yizkor
- **5:15 pm** *Mincha*
- **6:15 pm** Neilah followed by Break Fast

#### Thursday, October 13

- 7:10 am Morning Minyan
- 8:00 pm Evening Minyan
- 8:00 pm Men's Club Meeting

### Friday, October 14

- 7:15 am Morning Minyan
- 8:15 pm Kabbalat Shabbat

### Saturday, October 15

- 9:00 am Shabbat Services
- 10:30 am Minyan Gesher (Grades 2-6)
- 10:30 am Minyan Katan (Birth through age 4)
- 10:30 am Minyan Shalom (PreK through 1st
- 7:30 pm USY/Kadima -Havdallah and Movie in Sukkah @ MPR & Sukkah

### Sunday, October 16

### Erev Sukkot

- 8:00 am Morning Minyan
- 5:30 pm Mincha/Ma'ariv

### Monday, October 17

#### Sukkot

#### **BBRS No School / HGECC No School**

- 9:00 am Festival Shacharit
- 6:30 pm Mincha and Ma'ariv

#### Tuesday, October 18 Sukkot

### **BBRS No School / HGECC No School**

- 9:00 am Festival Shacharit
- 8:00 pm Evening Minyan

#### Wednesday, October 19 Sukkot

- 7:00 am Morning Minyan
- 5:00 pm 6:30 pm HGECC Pizza in the Hut @ MPR & Sukkah
- 7:30 pm Board of Trustees @ MPR
- 8:00 pm Evening Minyan

#### Thursday, October 20 Sukkot

- 7:00 am Morning Minyan
- 12:30 pm Adult Forum Lunch and Learn
- 5:10 pm-6:00 pm Kadima w/BBRS Sweet Sukkah @ MPR
- 7:00 pm BBRS Board Meeting @ Room 201
- 8:00 pm Evening Minyan

#### Friday, October 21 Sukkot

- 7:00 am Morning Minyan
- 6:00 pm Shir Shabbat Service
- 6:45 pm Sukkot Shabbat Dinner

#### Saturday, October 22 Sukkot

- 9:00 am Shabbat Services
- 9:30 am-10:15 am Delve into Davening @ Chapel
- 10:30 am Minyan Gesher (Grades 2-6)
- 10:30 am Minyan Katan (Birth through age 4)
- 10:30 am Minyan Shalom (PreK through 1st Grade)
- 7:30 pm Men's Club Scotch in the Sukkah @ Sukkah

#### Sunday, October 23 Erev Sh'Mini Atzeret Sukkot

- 8:00 am Men's Club Hike
- 8:00 am Morning Minyan
- 10:30 am BBRS Sukkot Celebration @ MPR
- 6:00 pm Mincha & Ma'ariv

### Monday, October 24

#### Sh'Mini Atzeret Simchat Torah

#### **BBRS No School / HGECC No School**

- 9:00 am Festival Shacharit
- 10:30 am Yizkor
- 6:00 pm Simchat Torah Children's Service
- 7:00 pm Congregational Oneg
- 7:30 pm Simchat Torah Service

#### Tuesday, October 25 Simchat Torah

### **BBRS No School / HGECC No School**

- 9:00 am Festival Shacharit
- 7:30 pm Down the Block Meeting @ Social Hall (Alcove)
- 8:00 pm Evening Minyan

### Wednesday, October 26

- 7:15 am Morning Minyan
- 7:15 pm Mah Jongg @ MPR
- 8:00 pm Evening Minyan

- Thursday, October 27 7:10 am Mornina Minvan
- 8:00 pm Evening Minyan

- Friday, October 28
- 7:15 am Morning Minyan • 8:15 pm Kabbalat Shabbat

- Saturday, October 29 9:00 am Shabbat Services - B'nei Mitzvah of
- Frank & Devin Genderson
- 10:30 am Minyan Gesher (Grades 2-6)
- 10:30 am Minyan Katan (Birth through age 4) 10:30 am Minyan Shalom (PreK through 1st
- Grade) 10:45 am Shabbat Journeyers' Minyan

- Sunday, October 30
- 8:00 am Morning Minyan 9:45 am-12:00 pm Bret Stephens L'Dor V'Dor
- Speaker Series @ Sanctuary & Social Hall **12:00 pm -1:00 pm** BBRS Tichon Plus
- 8:00 pm Evening Minyan

### Sunday, October 30

- 7:10 am Morning Minyan
- 8:00 pm Evening Minyan

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## Yom Kippur Chanting Circle



The ten days between Rosh Hashanah and Yom Kippur are regarded by our tradition as an optimal time for spiritual reflection. Tailor-made for this purpose is the practice of Hebrew chant! Join us in the Chapel on

### Sunday, October 9, at 5:00 PM

as we pre-prayer for Yom Kippur through inspirational chant and uplifting song. Our words are taken from or inspired by the liturgy of Yom Kippur and are set to compelling melodies that are a joy to sing. Our singing and chanting will have light musical accompaniment.

Be prepared to sing your heart open, soothe your mind, and let your spirit soar! No prior knowledge of Hebrew necessary or singing ability . . . only a willingness to join in spiritual community.



**CONGREGATION B'NAI ISRAEL** 

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Reaching in to its members and reaching out to the community, Congregation B'nai Israel is a traditional, inclusive, egalitarian, multigenerational community. Characterized by a unique blend of high energy in a low key, warm and welcoming environment, CBI is a place where congregants come together to pursue religious fulfillment, diversified programming and social and community leadership.

### Congregation B'nai Israel (973) 379-3811

Steven Bayar, Rabbi Lorna Wallach, Cantor Steven Kandler, Synagogue Director

### **Education**

Rochelle Baron, Director, Early Childhood Center Rabbi Sharon Litwin, Director of Congregational Learning

### **Youth Programming**

USY & Kadima - Aly Greenstein Chaverim - Michael Greenstein

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