The Bulletin



December 2017

CBI GALA CELEBRATION

A NIGHT IN MOROCCO

Saturday Evening February 3, 2018 at

Congregation B'nai Israel

FESTIVITIES BEGIN AT 6:45 PM AND INCLUDE havdalah, open bar, dinner & dessert, awards presentation, music & dancing

Guests of Honor Heidi and Brett Cohen Aleza Rosenberg

 ${\it Rising Stars} \\ {\it Michelle Neier and Jonathan Schor}$

Gala Committee Co-Chairs

Elizabeth Cohen, Sydra Miller, Micole Cohen Richter

GALA COMMITTEE:

Orli Almog
Deena Bernhaut
Corey Biller
Shari Brandt
Ann Brown
Adina Brownstein
Debbie Fox
Liz Goldberg
Sydney Hilzenrath
Debbie Marcus
Carol Marcus

Marion Mohl
Robyn Namm
Debra Nevas
Lori Pitkowsky
Alia Ramer
Joe Rosenberg
Judith Rosenberg
Janet Slifer
Nancy Tenenbaum
Paula Touger
Lucy Waldman

Shabbat Services

Kabbalat Shabbat Shabbat Services 9:00 am

December 2

10:30 am - Bim Bam Shabbat 10:30 am - Family Shabbat Service 11:15 am – Yaldeinu

December 9

10:30am – Bim Bam Shabbat with Bagels!

December 15

6:45 pm - Congregational Chanukah Dinner

10:00 am – Bim Bam Shabbat with Bagels! 10:45 am – Journeyer's Minyan

December 23

10:30 am - Bim Bam Shabbat

December 30

10:30 am – Bim Bam Shabbat

Candle Lighting

Dec 1		4:12 pm
Dec 8		4:11 pm
Dec 15		4:12 pm
Dec 22		4:15 pm
Dec 29		4:20 pm
Dec 22		4:15 pm

Mincha/Havdallah

Dec 1	4:12 PM / 5:27pm
Dec 8	4:11 PM / 5:26pm
Dec 15	4:12 PM / 5:27pm
Dec 22	4:15 PM / 5:30pm
Dec 29	4:20 PM / 5:35pm

Minyan Rotation

12/3-12/9	Lakin – Lindauer
12/10-12/16	Lipp – McCafferty
12/17-12/23	McGarr – Neger
12/24-12/30	Nesson – Plump

This is a reminder that you are scheduled on the Minyan Rotation List for this month. We urge you to make every effort to attend minyan, the times are listed below.

Morning Minyan

7:10 am Mon. & Thurs. 7:15 am Tues., Wed. & Fri. 8:00 am Sun.

Evening Minyan 8:00 pm Sun.-Thur.

FROM THE RABBI'S DEN

By Rabbi Steven Bayar

s I promised last month here is the first installment of the issues involved in finding new Clergy leadership. This is a post written by a friend, Rabbi Rebecca Sirbu.



Here are several points for congregations to consider when looking for a rabbi. Be as honest and specific as possible in describing your position, your community, and what you are looking for in a rabbi. Know what the top priorities are for the candidate you are looking for. Should your rabbi be pastoral, a great teacher, sermonizer, good with kids or seniors? What are your community's particular needs?

Talk about your good points: Highlight what makes your job and/or community great. Are you in a fabulous location? Have a strong social justice streak? Are you musical? Have a great public school system? Access to Jewish day schools? Kosher food? Include all of these points in the description of your description.

You want to find the best match. No one will be perfect. You will likely have to compromise on some of your expectations. Know what you are willing to let go of, and what you are not.

Don't judge a rabbi only by their age or gender. What do you picture when I say the word "rabbi?" Many people still picture a 35-year-old bearded male with 2.5 kids. If this is who you are looking for, you may miss out on some wonderful rabbis. Many who are over 50 have great wisdom and experience to share with a congregation. They can be just as talented at bringing in young families, a concern for many communities, as that 35-year-old. A 35-year-old does not necessarily attract other 35-year-olds to a congregation. And as much as I hate that this needs to be said, a female rabbi can be just as talented as a male rabbi. She may challenge your image of a rabbi with a beard. But she has a lot to offer.

Finding a rabbi is not an easy task. but the process itself is enlightening and important.

Rabbi Rebecca W Sirbu is the Founder of RabbiCareers.com and the Director of Rabbis Without Borders at Clal- The National Jewish Center for Learning and Leadership.

Steven Bayar



To contact Rabbi Bayar, email him at cbirabbi@cbi-nj.org



MUSICAL NOTES

By Cantor Lorna Wallach

nce again, it's the season of lights! Light, whether in its physical or spiritual manifestation, is a significant symbol in Jewish tradition all through the year. The Torah states that God made light on



the first day of Creation, thus preparing the potential for everything else that was to be created. At the end of Psalm 97 is the familiar verse, "Or Zarua Latzadik…" "Light is sown for the righteous…" We light candles to usher in Shabbat and Festivals, and we light a special candle for Havdalah at the conclusion of Shabbat. Also, on the observance of the anniversary of a family member's death a Yahrzeit candle is lit which is to burn for 24 hours.

During Chanukah, the most important holiday ritual is the lighting of the *Chanukkiyah* (menorah) on each of the eight nights with the recitation of specified blessings. There are laws on how and when to light the candles and what their function should be. Unlike the Shabbat candles, which may be used for illumination, the Chanukkah candles are kindled for the purpose of publicizing the miracle of the holiday and they should not be used for anything else. All year long we are looking at what we see using the light, but on Chanukah we are to focus on seeing the light itself. We are to fill our eyes with the light of Chanukah so that when Chanukah is over, we will continue to see our lives in this special light.

If we are looking to find deeper levels of meaning in Judaism, the story of Chanukah can speak to our need for connection and spirituality. We want to know how Jewish traditions, teachings and rituals can help us live and act in greater alignment with our values; connected to the idea that out of many we are one, with a sense of greater purpose. This teaching I found from Rabbi Rachel Cowan really spoke to me regarding the relevance of Chanukah: "The opportunity for spirituality implicit in the Chanukah story is made explicit in a beautiful text from Proverbs that links the lighting of candles to the search for spirit: "The human spirit is God's candle" (Proverbs 27:20). It is our spirit that brings light into the world—the light of love, compassion, truth and justice. To the extent that we do the very Jewish work of cultivating these inner qualities, we can bring more light into the world and feel a deeper connection to that which is holy."

Lorna Wallach

In The Community

Mazel Tov to:

Amy Katz-Wisnudel and Marc Wisnudel in honor of their daughter, Kate, becoming a Bat Mitzvah.

Nealy and David Troll in honor of their Son, Eli, becoming a Bar Mitzvah.

Mazel Tov to Caren and Stan Fischer on the marriage of their son, Brett.

Corinne Winston and Joseph Rubin in honor of Alyssa Rubin's Bat Mitzvah.

The CBI Music Fund for enhancing the Oneg in honor of the Shabbatones.

Helene Moehlman, Sara Sherman and Paula Touger in honor of 20 years of reading torah at CBI.

Elayne and Barry Moss in honor of Russell's bar mitzvah.

Howard Kessler on the Bat Mitvah of his granddaughter, Hanna Abbe Kessler-Karp.

Naomi and Gerry Eisenberger on the Bar Mitzvah of their grandson, Ilan.

Sara Sherman and Steve Finkler on their election as President and Treasurer, respectively, of the South Mountain Civic Association.

Heather and Marc Adelman on the Bat Mitzvah of their daughter, Hilary.

Refuah Shleima to:

Anitta Fox, Meryl Hubscher, Cathy Lasser, Frieda Ostrowsky and Gloria Segel

Condolences to:

Hedda Maleh on the passing of her beloved mother, Thais Ashkenas.

Gloria Segel on the passing of her brother, Fred Wachtel.

Gary Scheiner on the passing of his mother, <u>Bobbie Scheiner</u>.



To contact Cantor Wallach, email her at cbicantor@cbi-nj.org

President's Message

By David Good, CBI President



A Caring Committee for our Caring Community!

Every organization has its unsung heroes. Those individuals that provide quiet leadership and dedicated service in an understated or quiet manner but, in many respects, reflect the best in our community.

Congregation B'nai Israel's **Caring Community Committee** is made up of such individuals.

The Caring Community Committee of Congregation B'nai Israel recognizes our responsibility to care for one another as we fulfill the mitzvot of *G'milut Hasasdim* — acts of loving kindness. These acts build and nourish a network of relationships which can sustain us throughout the journey of our lives.

The volunteers involved with this committee often help in the following ways:

- Visit congregants in hospitals, nursing homes, or in their homes.
- Make phone calls to congregants that volunteers are unable to visit.
- Prepare and deliver meals during difficult times.
- Provide transportation to doctor appointments, services and synagogue events.
- Comfort the bereaved.

These volunteers are not professional healthcare aids or medical professionals and as such cannot provide care in a professional manner, but they do offer friendship and compassion when it is most needed.

Caring for one another is our obligation as Jews. In a sense, we are all members of CBI's Caring Community Committee. As such, each member is encouraged to extend – and receive – a helping hand in times of bereavement, illness, loneliness, and debility.

We can only help those in need if we know a need exists. If you or a CBI member you know is in need of assistance, please call the CBI office, (973) 379-3811, and ask to speak to one of the clergy.

Our Caring Community Committee – led by our amazing, caring and "under-the-radar" Laurie Kavowras – would

love to hear from you. You can reach her at (862) 763-7705 or lscaregiver48@gmail.com. We welcome ideas, suggestions and, most of all, offers of help. We can all be heroes.

A heartfelt THANK YOU to all our Caring Community Committee volunteers!

May we always take care of each other and look out for each other in our extended CBI community...and may we go from strength to strength together.

David Good



To contact David Good, email him at dfgood43@gmail.com



CBI Chanting Circle

Sunday, December 10, at 5:00 pm

Join us the Chapel on Sunday, December 10th as we mark the approach of the winter solstice. Our chants and songs on the theme of Light will chase the darkness away and bring in joy and warmth! There will be light musical accompaniment to our singing and chanting.

Be prepared to sing your heart open, soothe your mind, and let your spirit soar! No knowledge of Hebrew necessary, or singing ability only a wish to join in spiritual community.

Beineynu

By Harvey Brenner, Executive Director

As Chanukah approaches, I often ask myself this question, "When did we Jews relinquish The Festival of Lights to the secular world"?

It seems that over time, what was traditionally a season of "Jewish" light.... of *neirot* (candles), of *latkes* (pancakes) and of *sufganiyot* (fried donuts) that Jews the world over



"owned" has now been supplanted by Christmas lights, inflatable lawn characters and indefatigable electronic caroling machines that play melodies well into the night.

So my question again is, when (and how) did this happen?

If my family is any yardstick, we still celebrate *Chanukah* for eight days, and even though my son's birthday is December 16th, we made it a point to give him an appropriate birthday gift AND gifts for the 8 days so that he could learn and appreciate the chag and his special day. Now having a five year old granddaughter and lighting the *Chanukya* (menorah) with her is especially sweet and meaningful. Seeing the joy in her eyes as the candles are reflected in them and her whoops of pure delight when she opens a wrapped gift and it turns out to be yet another "Minnie Mouse" (her favorite!) or "Hatchables" (a very close second!) brings back memories flooding over me like tidal waves; first of my own childhood when we were the only Jews on our block in Queens and then as a father, with my now 34 year old son.

As I drive through my neighborhood, from Thanksgiving until the end of January (and sometimes even later depending upon the weather) the homes are ablaze not with a *Chanukyot* in the windows but with twinkling lights of every color, shape and intensity hanging from every available surface for the world to see. I'm not sure if some Jews aren't ashamed of their religion and so don't do anything 'conspicuous' in terms of outward or outside celebration.

By comparison, a member of a congregation I formerly served, has nine cypress trees in a row on her property. Every year, she'd diligently hang blue and white "Christmas" lights from them and illuminate them, one tree at a time on each of the 8 nights (plus the *Shammes* of course). Her non-Jewish neighbors at first came by to commiserate with her about how difficult it was to get all the lights work at the same time and what a shame, after all her efforts, only one or two strands

were working. Bulbs wired in 'series' don't light if one of the bulbs dies, so they naturally assumed that was the case here.

To her credit, she took the opportunity to teach her neighbors about *Chanukah*, <u>our</u> "Festival of Lights", the significance of the "Miracle of 8 Days" and invited them to share in some of the traditional foods mentioned above. She embraced the ancient words from *Talmud Shabbat*, בר למחד נר למחד נר למחד (*Ner l'echad*, *ner l'meah*). One man's candle is light for many!

So, let us be candles to our non-Jewish neighbors and celebrate the Festival of Lights with vigor, in "hi-def" and with brightness. May those of us blessed to belong to this wonderful *kehillah* share our joy and love of Judaism with our secular friends and via that illumination help bring about a world of *Shalom*, of Peace, in our lifetime.

Chag Chanukah Sameach.

Harvey M. Brenner, FSA, FTA



To contact Harvey Brenner, email him at hbrenner@cbi-nj.org



LATKAS, SUFGANIYOT AND OTHER FRIED FOODS ROSH CHODESH MONDAY, DECEMBER 18^{TH} , 2017 THE 7^{TH} DAY OF HANUKAH

A home filled with the scents of cooking evokes fond memories of bygone days

On this ROSH CHODESH we would like you to share your recipes and memories about your favorite HANUKAH FOODS.

At this event we will be creating a cookbook for all who attend.

If your recipe is from a cookbook include the name of the cookbook and

Please send recipes to Wendy Kaplowitz at wendy.kaplowitz@verizon.net or

Or 2451 Belcher Drive

Union, New Jersey 07083

Hedwig Gruenewald Early Childhood Center (HGECC)

By Rochelle Baron, Director

November has passed and December is here—and that means Chanukah can't be far away! This month we'll be busy creating, baking, singing, and dancing as we learn about our favorite holiday. Family parties will take place on December 13 and 19. The HGECC Parents Association will sponsor the



refreshments at a celebratory Bim Bam Chanukah Shabbat on December 16. Lots of fun activities to look forward to!

Our Friday morning Shabbat program is off to a great start. Each week we welcome families and gather in the sanctuary to sing songs, hear a story told by Cantor Wallach, and collect tzedakah. The children understand that we are using their contributions to help others. So far we've given money to help fund research for pancreatic cancer and to the Bobrow Kosher Food Pantry to provide food for Thanksgiving. December's contribution will go towards purchasing toys for the South Orange/Maplewood Parenting Center's holiday toy drive. Our students might be young age-wise but when we pool our resources together we can do great things.

We're looking forward to winter break and coming back to school on January 2, 2018. All of us wish all of you a happy and healthy Chanukah!

Rochelle



To contact Rochelle Baron, email her at HGECC@cbi-nj.org

Blanche Bayer Religious School (BBRS)

By Rabbi Sharon Litwin, Director of Congregational Learning

Shalom CBI Families,

As I write this, I have just returned home from 4 days in California at the *Rabbis Without Borders* retreat. This is the 2nd of 3 retreats that I have attended as part of an incredible opportunity to study leadership and to think about innovation in my own rabbinate and in the Jewish community as a whole.



At this retreat, we asked the question, "What does Jewish do to help us flourish?" The question can be interpreted in many ways, but most importantly, is there something about being Jewish that can help us to lead more flourishing lives that we can't find elsewhere? I would offer that here at CBI, we are always working with a mind toward the five aspects that Positive Psychologist Martin Seligman offers as the keys to live a life that is not just happy, but truly flourishing.

He suggests that we need PERMA, these five things in order to live a flourishing life: Positive Emotion, Engagement, Relationships, Meaning and Accomplishment. I would add one more – Body, do we do things to take care of the body, the Temple to the positive life?

Here at CBI, our school is bringing joyful Judaism to our learners through opportunities to sing and lead services, to

do Tikkun Olam, (repairing the world through acts of social justice), to play games, to ask meaningful and important questions, and to help form friendships amongst our students and their families. We are working to make sure that the lessons from our Torah and Tradition help to make our students more thoughtful and connected and ultimately more flourishing.

I think we do the same in the "adult" areas in our community, by offering times for reflection and prayer, socializing, learning, social action and even CBI team Bike rides. As rabbi, I hope that the programs that we offer, the opportunities for social engagement, for joyful living and for spiritual introspection, we are adding to the PERMA-B of our families and that being Jewish and being a part of a community brings you a more fulfilling and flourishing life.

Thank you to the CBI community for allowing me the time to continue to learn and to grow as a rabbi and attend these professional development conferences and others like them.

Rabbi Sharon Litwin



To contact Rabbi Sharon Litwin, email her at slitwin@cbi-nj.org

Sisterhood's Message

By Laurie Kavowras and Ruth Novick

hope

of

everyone

We

had





course, lots of good food!

wonderful Thanksgiving surrounded family by and friends, Laurie Kavowras **Ruth Novick** and,

Now that Thanksgiving is behind us, we can look forward to Chanukah. Who wouldn't want to try out some new (and perhaps some old) recipes as part of the celebration of the festival of lights? Sisterhood's Rosh Chodesh program on December 18, the seventh night of Chanukah, can help you with this. We will be sharing stories and recipes about our favorite Chanukah foods and traditions and you will take home a cookbook with many wonderful recipes that our members have contributed. Can't you just smell the aromas now? Please r.s.v.p to Wendy Kaplowitz at wendy.kaplowitz@ verizon.net to let us know you are coming. And speaking of Chanukah, don't forget that the Sisterhood Gift Shop has wonderful items for everyone on your gift list!

Also coming up this month (like every month) is Mah Jongg on Wednesday, December 13. We have had terrific turnout each month with both experienced and newer players attending. If you would like to better hone your skills in learning the differences among craks, bams and dots, please join us! Let Helene Moehlman know if you are coming, especially if you are a learner, at shmoehlman@yahoo.com.

Knit and Knosh is also coming up on December 19. This monthly program is for experienced and inexperienced knitters (and noshers - but who's an inexperienced nosher???) alike. Please respond to Marion Mohl at marionmohl@aol. com or 908-273-8157 or to Ann Spector at annspector@msn. com or 973-868-0329.

As the end of the secular calendar draws near, we can't help but reflect upon the first six months of our co-presidency with pride. Sisterhood is a vibrant organization dedicated to bringing together the women of Congregation B'nai Israel to serve our synagogue, support our Jewish community, and build friendships. We accomplish these goals through educational and social programming, fundraising and community service. We have already had an ambitious calendar with multiple Ladies Nights Out, multiple Rosh Chodesh programs, Sisterhood's Got Talent (a.k.a. Kickoff), and monthly mah jongg and Knit and Knosh. And let's not forget all of the flowers, kiddushes and onegs that Sisterhood either sponsors or prepares for families celebrating b'nai mitzvah or other special occasions. We are so proud that our events have been well attended by women representing all of our community's demographics. In the new year, we have more exciting programs to offer, so continue to carefully read the bulletin and your emails. If you are not receiving Sisterhood emails, please sign up at https://cbi-nj.org/ mailing-lists/.

None of these events would be possible without the hard work of too many women to list here, but we start by thanking our Board members. We appreciate everything that you do. You make us look good. To all of the past Sisterhood presidents your guidance and the many ways that you shaped Sisterhood make our job that much easier. You have truly paved the way for us. To everyone that has volunteered in any way, we know that it is hard to leave your families and other obligations and we are so grateful for your dedication and hard work. Finally, we thank our membership for coming to Sisterhood events, supporting our fundraising efforts, and actively engaging in our amazing community. Oh, and a huge thank you to everyone for indulging the two of us when we act like total goofballs!

Upcoming Events:

Wednesday, December 13 - Mahjongg Monday, December 18 - Rosh Chodesh - Latkes, Sufganiyot and Other Fried Foods Tuesday, December 19 - Knit and Knosh

> Chag Sameach and Happy New Year, Laurie Kavowras and Ruth Novick



CBI GALA - A NIGHT IN MOROCCO* SATURDAY, FEBRUARY 3, 2018 6:45 P.M. @ CBI

The Gala Committee is pleased to share this profile of Heidi & Brett Cohen, dedicated congregants and guests of honor at the upcoming Gala. Look for your invitation to arrive soon.

Heidi & Brett Cohen



Heidi and Brett Cohen have a long history of participating in Jewish life and giving back to their Jewish communities and the world around them. They even met on an Israel Bonds Trip to Israel in 1998! Married in NYC in 2000, they moved to Short Hills in 2004 and joined CBI the following year, where they enrolled their young children in the preschool and at BBRS. Their son, Koby is now 16 and their daughter Kayla is 14 – both proudly attend Newark Academy.

During their years at CBI, Heidi has worked on the Hearts and Hand Committee, Membership Committee, Nominating Committee and Gala Committee. Brett has served on the Capital Campaign Committee, BBRS Board, BBRS Parent Association (treasurer), the CBI Board of Trustees, and is currently serving on the CBI Finance Committee.

Heidi is originally from the Cleveland suburb of Pepper Pike, Ohio. After graduating from the Wharton School at University of Pennsylvania and receiving her MBA from UCLA, she worked in banking for 15 years. An active volunteer at Glenwood Elementary School, she has also chaired or co-chaired several events for Jewish Federation of Greater MetroWest NJ including co-chairing the Borinsky Leadership Program in 2017, Hineni for 2017-18, and

participating on the Women's Mission to Israel in 2017. She has been a board member of Women's Philanthropy since 2016. When not volunteering, Heidi enjoys tennis, skiing, yoga, walking, playing bridge, and being a soccer/gymnastics mom/manager.

Brett was born and raised in Albany, son of Herb and Marilyn. After graduating from Bet Shraga Hebrew Academy of the Capital District and from Albany State in 1981, he went to Israel for an ulpan program at Kibbutz Ma'ayan Zvi followed by his first accounting job with a firm in Tel Aviv for a year. He now has had a long career with PricewaterhouseCoopers (PwC), and currently serves as a consulting partner in the firm's national office in Florham Park.

In the community, Brett has served as treasurer and executive board member of the Racquets Club of Short Hills for three years. Brett and Heidi have both participated in AIPAC for many years and have started to bring to their children to AIPAC's annual Policy Conference in Washington.

Brett's love of bicycle riding and desire to make a difference in the world have led him to participate in countless bikea-thons over the years including 13 years riding in the 200 mile Pan Mass Challenge, raising over \$300K for cancer research and care at the Dana Farber Cancer Institute. For 6 years, Brett, Heidi and their kids participated in the Hazon Environmental Bike Ride in New York, an organization that works to create a healthier and more sustainable Iewish community. In November 2016, Brett helped lead the 17 member Desert Dawgs team (including a dozen CBIers) in a 5-day ride through the Negev desert - he was the top fundraiser for the event, raising nearly \$20K for the Arava Institute for Environmental Studies. And in April of next year, Brett plans to lead the Desert Dawgs in the Federation's first ever Tour de Summer Camps NJ, a local ride to raise funds for the One Happy Camper program.

Brett's other passions include electric vehicles and solar power. He's proud of having driven 100% electric vehicles since being invited to be part of a BMW pilot program back in 2011.

Last month, we highlighted honoree Aleza Rosenberg and in January, look forward to learning more about our Rising Stars - Michelle Neier & Jonathan Schor.









Chanukah Dinner Dance

Sunday, December 10th at 6:30 p.m.

Dancing - Celebrating - Door Prizes

Honoring
Men's Club 2017 Man of the Year

David Sotnick

Festive Holiday Dining

Prepared by CBI Chefs Extraordinaire

Featuring Fantastic Musical Encore

Soulfege

Millburn High School's Student-led A Cappella Group





B'nai Jazz

Merging Jewish Roots and Classic Jazz

Admission \$60 per person

Please RSVP to Invitation via Evite or

Sign up online! http://tinyurl.com/chanukahdinner2017

For more information, please contact:

Michael Jurist at <u>michael.jurist@verizon.net</u>, or Dan Richter at <u>daniel.richter@verizon.net</u> or Mike Slifer at <u>mikeslifer@verizon.net</u>







Adult Forum "Lunch & Learn"

Congregation B'nai Israel

160 Millburn Avenue, Millburn, NJ 07041

Our programs are open to all- bring friends!

DECEMBER EVENTS

Lunch begins at 12:30 p.m. The program begins at 1:00 p.m

Thursday, December 14 at CBI Come hear the dynamic Cantorial duo of our own Lorna Wallach and Cantor Erica Lippitz of Oheb Shalom who will have you humming along with their presentation of Chanukah and melodies both new and familiar. The Cantors also weave entertaining informative narrative to accompany their beautiful voices. Come join us for a wonderful afternoon of music!

Thursday, December 28 at CBI Hirschhorn presenter Marty Schneit will tell us why Jews selected Harlem as their residence in the 1880's. Marty will talk about better known Jewish individuals who came from Harlem as well as Mt. Olive Baptist Church, originally Temple Israel, the largest and most influential synagogue in Harlem.

Sandwich choices are: Turkey, Corned Beef, Roast Beef, Pastrami, Tuna Fish, or Egg Salad. YOU MAY PAY AT THE DOOR. CONTACT LOIS at 973-533-1809 to place your lunch order by the Wednesday afternoon preceding the program. The cost is \$10 for Adult Forum members & partners and \$12 for non-members.

IN CASE OF INCLEMENT WEATHER, Please call the temple 973-376-3811

Stay tuned for news about Adult Forum Spring 2018 "On the Road" Trips with JCC of Central New Jersey



Calling All Knitters, Crocheters or Wannabees

Please join us for the

Sisterhood Knit & Knosh Group 2017-18 schedule

Tues. Dec.19th;
Tues. Jan. 23rd; Mon. Feb. 26th; Tues. Mar. 20th; Tues. Apr. 24th;
Tues. May 29th, and Tues. June 26th.

The group meets from 7:30 to 9pm in the Youth Lounge

Bring your own supplies
Want to learn - we'll have yarn. You bring needles.
Work on your project or stitch for a cause.
An opportunity to share patterns and provide support

RSVP: Marion Mohl <u>marionmohl@aol.com</u> 908-273-8157 Ann Spector <u>annspector@msn.com</u> 973-868-0329

Want to learn, are experienced, or just want to schmooze, come to our monthly informal gathering. Light refreshments.











a weekend with

United Hatzalah Ambucycles

Using specially equipped motorcycle ambulances, United Hatzalah's diverse network of more than 3,400 volunteer medics help save thousands of lives each year across Israel by providing emergency medical treatment in an average response time of three minutes or less. These humanitarian services are free, universal and available 24 hours a day, seven days a week to every sector of Israeli society.



Saturday, December 9 Shabbat Morning Services

Sunday, December 10

Bagel Sunday!
Breakfast & Discussion at 9:30 a.m.

Gavy Friedson, a dedicated volunteer, will speak on Saturday at Shabbat services and at Sunday breakfast.

Join us to see this life-saving ambucycle in person at CBI! Learn about the cutting-edge technology...and the Israeli volunteers who are saving lives every day!

For more information, please contact Rabbi Sharon Litwin, Director of Congregational Learning, at slitwin@cbi-nj.org.

Bagel Sunday Breakfast & Discussion is generously supported by Neil and Jane Yaris.

MEN'S CLUB MINUTE

By Dan Dovdavany, Men's Club President

Happy Chanukah!

We had a great month of November, beginning with a Fall Hike led by our very own Jonathan Engel (engeljw@gmail.com), followed by some inter-Shul Bowling – thank you to Jonathan Schor and Danny Kamen for organizing and to all who rolled.



We close 2017 with an extravaganza

that is not to be missed: on Sunday, December 10, please join us for our Man of the Year Chanukah Dinner Dance! On this special evening, we honor our Man of the Year, David Sotnick (dsotnick14@gmail.com)! This is truly one of Men's Club's signature events, an absolute must-attend. There will be a Festive Holiday Dinner prepared by Men's Club Chefs Extraordinaire as in prior years. Lively music to dance the night away will be performed by B'nai Jazz. But most importantly, we will salute (and roast!) David Sotnick for his many contributions to Men's Club (and CBI!) over the years!

- Cost is \$50 per person with RSVP by November 30th (\$60 thereafter). Please respond to the "eVite" invitation sent by email or sign-up online at: http://tinyurl.com/chanukahdinner2017.
- For more information on the Men's Club Man of the Year Chanukah Dinner Dance, please reach out to Michael Jurist at michael.jurist@verizon.net, Dan Richter at daniel.richter@verizon.net or Mike Slifer at mikeslifer@verizon.net.

Looking ahead, please save-the-following-dates:

- Sunday, February 4, 2018: World Wide Wrap please contact Mike Slifer (mikeslifer@verizon.net) or click on https://www.fjmc.org/content/world-wide-wrap for more information.
- Friday, February 9 Saturday, February 10, 2018: Men's Club Shabbat, featuring Parshat Mishpatim ("an oldie, but a goodie") it is also **Shabbat Shekalim** (bonus points for all who can identify the significance of this Special Shabbat).

Finally, Men's Club plays pick-up basketball on Monday and Wednesday evenings at 8:30 p.m. at Hartshorn Elementary School (Short Hills). Contact David Touger (dtouger@aol. com) for more information.

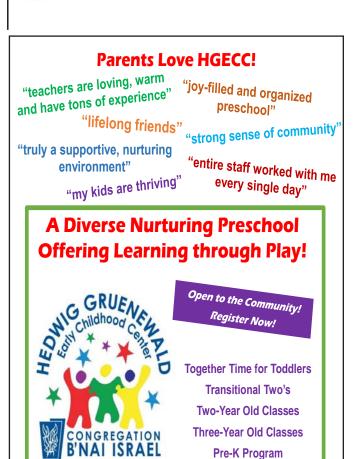
Please contact me at any time if you have questions about any of our programs.

B'achavah,

Dan Dovdavany (917) 862-1941



To contact Dan Dovdavany, email him at dandov@yahoo.com



Contact Rochelle Baron for more info

or to schedule a personal tour!

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LIBRARY NEWS

By Abigael Good

Chanukah sameach! This month the library presents "eight books you should give as Chanukah presents"!

First night: *When Mindy Saved Hanukkah* by Eric Kimmel For: Little kids who want to read about even littler people saving chanukkah from the *real* villains: cats!

Second night: *Superman is Jewish?* by Harry Brod For: Your cousin Sam who's a total nerd.

Third night: *My Name Is Asher Lev* by Chaim Potok For: People who enjoy serious literature. Yawn.

Fourth night: *The Gift of Asher Lev* by Chaim Potok For: Your worst enemy. They'll want to read it and then be annoyed to realize it's a sequel and they don't own the first one. Success!

Fifth night: *A Life of Menasseh Ben Israel* by Cecil Roth For: The rabbi.

Sixth night: *Odessa Stories by Isaac Babel*For: Your uncle who loves *The Godfather*. Tell him to go read about some Jewish gangsters for once.

Seventh night: Avi Cantor Has Six Months to Live by Sacha Lamb

For: Your teenage niece/nephew. Teens like romance and demons, right?

Eighth night: *The Adventures of Rabbi Harvey* by Steve Sheinkin

For: Someone who likes books that have lots of pictures. Introduce them to the concept of graphic novels. They'll love it!

Twelfth night: *The Golem and the Jinni* by Helene Wecker For: Wait a minute, Chanuka only has eight nights. That's a Shakespeare play. Learn to count!

Abigael Good

library@cbi-nj.org



AS THE CALENDAR YEAR DRAWS TO A CLOSE, WON'T YOU PLEASE REMEMBER CONGREGATION BNAI ISRAEL IN YOUR YEAR-END GIVING PLANS?

CONTACT EXECUTIVE DIRECTOR, HARVEY BRENNER (hbrenner@cbi-nj.org) OR 973-379-3811 X 118
TO DISCUSS VARIOUS GIVING OPPORTUNITIES AND OPTIONS.

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ALL DONATIONS WILL BE RECOGNIZED IN CBI COMMUNICATIONS AND BY 'DONATION THANK YOU LETTERS' IN EARLY 2018.

THANK YOU IN ADVANCE FOR REMEMBERING CBI IN THIS GENEROUS MANNER.

CBI Sisterhood Presents

Mah Jongg Nights



Play your game or join a new one! Refresh your skills or perfect them! Learners table available! Most of All - Have Fun!

We meet on Wednesday at 7:30 p.m. at CBI

December 13 January 10 February 7 March 14 April 18 May 16

Please RSVP to Helene Moehlman shmoehlman@yahoo.com or call 201-341-2059

Let us know if you would like to play at the Learners Table. Free for Sisterhood members // \$5.00 for non-members

USY REPORT

By Leah Miller, Regional Programming VP

USY has three different levels of participation: chapter, regional, and international. We have many active members in our chapter, Millburn USY, with MillbUSY pride to spare, but we are also part of something bigger. Our chapter and 37 others are all in the region Hagalil, which is the region for New Jersey. There are many great things about participating in regional events. The best way that I can tell you the impact of a regional convention is through my first regional experience in the spring of my Freshman year.

The convention was a one-weekend retreat to a hotel in Somerset. Hagalil region is one of the more religious regions in USY, and so therefore, we spend most of our day Saturday praying. We do our morning service, then lunch, then afternoon service, then a two and ½-hour chofesh (free time), then mincha, then dinner, and lastly the Havdalah service. I personally enjoy our time in services, but not everyone thinks the same way. Some of the kids are reluctant to participate, but not many. I was always confused in past years about how some kids could have this attitude, especially because it was Judaism that brought us together in the first place. I brought this up to one of my friends. She smiled, as if she knew something that I did not. When I asked her what it was, she just told me to wait for the Havdalah service.

She was right. I have never experienced anything more pure and natural as what I experienced during that Havdalah service. Instead of chairs, we all sat on the floor in a clustered circle with the lights out. In the center of the circle, the regional board members held Havdalah candles. This time when we prayed, everything changed. It felt like everyone put their heart and positive energy into that service. I was beyond moved. Something about the service and the way it was conducted made me feel empowered. I felt strong as an individual, and I felt a connection to every single person in the room. As the service was close to ending, I suddenly felt an internal change. I felt that it was time for me to take charge of my own life and faith, and in that moment, I realized more about myself as a strong and independent Jewish girl. As I came back into the moment, the first thing I saw the regional board members with their candles. I then thought about how I just learned so much about myself, and how I have USY to thank for that. Although I was already passionate about USY, my passion grew. I became the Membership VP, this year I am our chapter's Regional Programming VP, and my goal is to give Jewish teens the opportunity to experience what I felt that night, and through my USY leadership, I am making that happen.

If you have any questions at all about the chapter, regional or international events, don't hesitate to call me or shoot me a text! My number is 973-735-3363, and my email is lpoohmill@gmail.com. I am so thankful for my experiences and I am looking forward to helping you do the same!

Leah Miller Regional Programming VP





DECEMBER COMMUNITY EVENTS AT A GLANCE

You can also check the calendar on our website www.cbi-nj.org

Friday, December 1

- 7:15 AM Morning Minyan
- 8:15 PM Kabbalat Shabbat Service

Saturday, December 2

- 10:30 AM Family Shabbat Service @ MPR
- 10:30 AM Bim Bam Shabbat Young Family Service @ Room 105 of Education Wina
- 11:15 AM Yaldeinu Service

Sunday, December 3

- Torah Fund Event @ Social Hall
- 8:00 AM Morning Minyan
- 10:30 AM Kitot Gimel & Dalet -Workshop @ MPR
- 8:00 PM Evening Minyan

Monday, December 4

- 7:10 AM Morning Minyan
- 9:30 AM Contemporary Jewish
 Philosophers with Rabbi Bayar @ Social
 Hall
- 7:30 PM Hartman iEngage @ MPR
- 8:00 PM Evening Minyan

Tuesday, December 5

- 7:15 AM Morning Minyan
- 7:30 PM Sisterhood Board Meeting @ MPR
- 7:30 PM Executive Committee Meeting
 @ Social Hall
- 7:30 PM USY @ Youth Lounge
- 8:00 PM Evening Minyan

Wednesday, December 6

- 7:15 AM Morning Minyan
- 8:00 PM Evening Minyan

Thursday, December 7

- 7:10 AM Morning Minyan
- 9:30 AM Pirkei Avot with Rabbi Bayar @ Social Hall
- 6:00 PM Kadima @ Youth Lounge
- **7:30 PM** CBI Membership Committee @ Youth Lounge
- 8:00 PM Evening Minyan

Friday, December 8

- 7:15 AM Morning Minyan
- 8:15 PM Kabbalat Shabbat Service

Saturday, December 9

- 9:00 AM Shabbat Services
- 10:00 AM Bim Bam Shabbat with Bagels! - Young Family Service @ Room 105 of Education Wing
- 10:30 AM United Hatzalah Ambucycles visit CBI

Sunday, December 10

- 8:00 AM Morning Minyan
- 9:30 AM United Hatzalah Ambucycles Breakfast @ MPR
- 12:00 PM Tichon Plus @ BBRS School Wing
- 5:00 PM Chanting Circle: Chants of Light @ Chapel

- 6:30 PM Men's Club Chanukah Party @ Social Hall
- 8:00 PM Evening Minyan

Monday, December 11

- 7:10 AM Morning Minyan
- 9:30 AM Contemporary Jewish
 Philosophers with Rabbi Bayar @ Social
 Hall
- 7:30 PM Hartman iEngage @ MPR
- **7:30 PM** BBRS Board Meeting @ Room 201
- 8:00 PM Evening Minyan
- 8:00 PM Men's Club Board Meeting

Tuesday, December 12

- 7:15 AM Morning Minyan
- 6:00 PM Chaverim @ Youth Lounge
- **7:30 PM** Board of Trustees Meeting
- 8:00 PM Evening Minyan

Wednesday, December 13

- 7:15 AM Morning Minyan
- 7:30 PM Mah Jongg @ MPR8:00 PM Evening Minyan

Thursday, December 14

- 7:10 AM Morning Minyan
- 12:30 PM Cantor's Chanukah Concert with Adult Forum @ MPR
- **5:00 PM** *Kadima* @ *MPR*
- 7:00 PM Ruth Gottscho Kidney Foundation Board Mtg @ Library
- 7:30 PM USY @ Youth Lounge
- 8:00 PM Evening Minyan
- 8:00 PM HGECC Board Meeting @ Room 101 Educational Wing

Friday, December 15

- 7:15 AM Morning Minyan
- 6:00 PM Shir Shabbat
- **6:45 PM** Congregational Shabbat Chanukah Dinner @ Social Hall

Saturday, December 16

- 9:00 AM Shabbat Services
- 10:30 AM Bim Bam Shabbat Young Family Service @ Room 105 of Education Wing
- 10:45 AM Journeyer's Minyan @ Room 205

Sunday, December 17

- 8:00 AM Morning Minyan
- 10:30 AM Schoolwide Chanukah Celebration @ Social Hall
- 8:00 PM Evening Minyan

Monday, December 18

- 7:10 AM Morning Minyan
- 6:30 PM Sisterhood Rosh Chodesh @ MPR
- 8:00 PM Evening Minyan

Tuesday, December 19

- 7:15 AM Morning Minyan
- 7:30 PM Knit and Nosh @ Youth Lounge
- 8:00 PM Evening Minyan

Wednesday, December 20

- 7:15 AM Morning Minyan
- 8:00 PM Evening Minyan

Thursday, December 21

- 7:10 AM Morning Minyan
- 8:00 PM Evening Minyan
- 8:15 PM Religious Affairs Committee @ Youth Lounge

Friday, December 22

- 7:15 AM Morning Minyan
- 8:15 PM Kabbalat Shabbat Service

Saturday, December 23

- 9:00 AM Shabbat Services
- 10:30 AM Bim Bam Shabbat Young Family Service @ Room 105 of Education Wina

Sunday, December 24 BBRS CLOSED - WINTER VACATION

- 8:00 AM Morning Minyan
- 8:00 PM Evening Minyan

Monday, December 25 OFFICE CLOSED - CHRISTMAS

- 8:00 AM Morning Minyan
- 8:00 PM Evening Minyan

Tuesday, December 26 BBRS CLOSED - WINTER VACATION

- 7:15 AM Morning Minyan
- 8:00 PM Evening Minyan

Wednesday, December 27

- 7:15 AM Morning Minyan
- 8:00 PM Evening Minyan

Thursday, December 28 BBRS CLOSED - WINTER VACATION

- DDR3 CLUSED WINTER VA
- 7:10 AM Morning Minyan
 12:30 PM Adult Forum Lunch and Learn: Jewish Harlem @ MPR
- 8:00 PM Evening Minyan
- 8:15 PM Finance Committee Meeting @
 Youth Lounge

Friday, December 29

- 7:15 AM Morning Minyan
- 8:15 PM Kabbalat Shabbat Service

Saturday, December 30

- 9:00 AM Shabbat Services
- 10:30 AM Bim Bam Shabbat Young Family Service @ Room 105 of Education Wing

Sunday, December 31 BBRS CLOSED - WINTER VACATION

• 8:00 AM Morning Minyan

ISRAEL AFFAIRS

By Joe Tenenbaum



CBI and Israel – The story of one olah (immigrant)

I always love to share stories from CBI congregants about how Israel is important in their life. Recently Robert Finkel and Jackie Printz travelled to Israel for a long weekend to visit their daughter, Rebecca

who is living there. I asked if they could share her story with our community.

We are not parents who say no. When Rebecca [Finkel] said (progressively) that she wanted to do a semester abroad at Tel Aviv University (in the midst of Palestinian hostilities), to spend Purim in Israel, to cut a family winter vacation short to do a one-week academic program in Israel, and (ultimately) to make Aliyah and join the IDF, we didn't say no. We have family in Maryland and California, and once you get used to it (especially with facetiming), it is not much more difficult to visit and maintain contact with Rebecca in Israel.

Rebecca made Aliyah shortly after graduating from college in 2015. She did a few month ulpan in Ra'anana and joined the army in December 2015. She is with the Central Command outside Jerusalem coordinating logistics with the Jordanian army. She lives on the base nine/ten days on, then four/five days off. When off, she rents an apartment on Arlozorov (TLV) with two friends from the IDF.

In the army they say no (and sometimes without good reason!), but she has made good friends and has learned much about Israeli customs, military and politics. Rebecca didn't have to do the army to make Aliyah, but felt that to be part of the culture you need to do military service. Also, the army provided structure for her in a foreign country.

She is finishing her two-year commitment this December and has a job offer with an Israeli company to start in January. She is taking it a year at a time.

Jackie and I appreciate the soul and joie of Israel and understand Rebecca's motivations. We just returned from a four-day long weekend in Israel and are planning to return in March (with Rebecca visiting over Thanksgiving).

Thank you to Robert and Jackie for sharing their story, and thank you to Rebecca for her service in the IDF. We wish you

much success as you transition from army life to regular life in Israel. Kol Ha Kavod!!

If you would like to share your personal or family experience with CBI, please let me know. I am interested in reports about living in Israel, visiting Israel, helping Israel or learning about Israel. I particularly look forward to receiving reports from congregants who will be travelling to Israel with Rabbi Bayar this coming February.

What's coming in 5778?

CBI lifelong learning has announced its educational program for 5778 and there are several events focusing on Israel.

- On Saturday, December 9 and Sunday, December 10, Gavy Friedson, a volunteer for United Hatzalah will speak at Shabbat Services and at a Sunday morning brunch about the organizations fleet of specially equipped motorcycle ambulances which provides emergency medical treatment across Israel with an average response time of 3 minutes. The Sunday morning brunch is generously supported by Jane and Neil Yaris.
- On Monday, February 12, Jonathan Schanzer from Foundation for Defense of Democracies will provide a security update on Israel's position in the Middle East. Shanzer will speak at 7:30 pm, in an event sponsored by Friends of AIPAC.
- On Sunday morning, February 25, JNF is sponsoring their Annual Garden State Breakfast for Israel at Congregation B'nai Tikveh in North Brunswick, NJ. Featured speaker is Joe Hyams, CEO of HonestReporting, a nonprofit organization which promotes fair and accurate media coverage of Israel.

Does anyone in your family love the idea of Lacrosse in Israel?

Remember that next July Israel will be hosting the Federation of International Lacrosse (FIL) Men's World Lacrosse Championship. This is a great accomplishment for Israel Lacrosse and will be a great event for interested international visitors to attend. Israel Lacrosse also sponsors special Lacrosse related birthright trips, and other internship possibilities for young adults from the US. For more information, visit Israel Lacrosse on Facebook, or contact me for e-mail contact information.

Several donors from CBI have pre-purchased a limited number of \$399 registrations to encourage our fellow congregants to attend the Policy Conference next year. As the AIPAC direct price is now higher than that, registering through CBI will

save each purchaser at least \$100. Let me know if you are interested in registering through CBI, and we will sign you up with AIPAC. We have confirmed that Metrowest will continue its scholarship program for teenagers who attend the AIPAC Policy Conference with a parent.

2018 Israel Ride

The 2018 Israel Ride sponsored by The Aruva Institute, Hazon and the JNF, an amazing ride from Jerusalem to Eilat is scheduled for October 23 – 30, 2018. Look for more information in the future.

Missing Soldiers

We must continue to pray for the remaining soldiers to return home:

Guy Hever Zachary Baumel Avi Feldman

Joe Tenenbaum



To contact Joe Tenenbaum, email him at TenenbaumJ@AOL.com







Children's & Family Shabbat Services

Join us for meaningful experiences and memories that blend Jewish learning and living.

CBI offers services for families that teach the songs and rhythm of Shabbat services for children of all ages.

Please refer to the synagogue weekly email, the Synagogue Bulletin or the Calendar on the CBI website for exact dates for these services.

Children are <u>always</u> welcome in the sanctuary!

SATURDAY MORNING

BIM BAM SHABBAT (for children through 1st grade and their families)

Every Shabbat at 10:30 a.m. // Room 105

Sing songs and prayers, hear a story and play games! Come get to know other young families and feel the sense of community at CBI. Bim Bam Shabbat will be led by Morah Vivian Gibilisco. Bring moms, dads, grandparents...all are welcome! A snack is provided at end of the service.

Once a month the young family enrichment committee will sponsor **Bim Bam Bagels** at 10:00 a.m. to socialize with young families for breakfast before the service.

NEW! FAMILY SHABBAT SERVICE (for 2nd-6th graders and their families)

Oct 28, Nov 18, Dec 2, Jan 27, Feb 10, March 10, May 5 from 10:30 a.m. to 12:00 p.m. // Multi-Purpose Room A vibrant Shabbat service filled with singing and storytelling, including a special up-close look at the Torah as we read part of the weekly parasha. Each month our students will be assigned parts and prayers to lead in the service. Parents and children will learn and pray together, participate in discussion and act out a play. A light breakfast will be served before the service at 10:15 a.m.

Following these services, we welcome families to stay for Kiddush with the entire congregation.

FRIDAY EVENING

SHIR SHABBAT (Families with Children of all ages)

This service is a traditional Friday night service in the Sanctuary with upbeat singing, led with our clergy and children together. Children are invited to participate in leading prayers, joining together for a story and conversation and everyone is invited to join us at the end of services for a festive Oneg Shabbat with tasty treats or Shabbat Dinner as noted.

December 15 (6:00 p.m.) followed by Shabbat Dinner

January 5 (6:45 p.m.)

February 2 (6:45 p.m.)

March 23 (6:00 p.m.) followed by Shabbat Dinne

April 20 (6:00 p.m.) *followed by Shabbat Dinner*

May 11 (6:00 p.m.) followed by Shabbat Dinner

For more information, please contact Rabbi Sharon at slitwin@cbi-nj.org or 973-379-1134.

DONATIONS

If you wish to send a tribute please call the main office at 973-379-3811 ext.111 or email: lisar@cbi-nj.org.

Synagogue Fund

Mariela Dybner - in memory of your beloved mother Irene Starosniecki Markelis

Michael & Nancy Weinstein

Harriet & Sheldon Greenholtz - in honor of your 50th anniversary

The Eichler Family

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- ❖ Carol & Bob Marcus
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- ❖ Deena Bernhaut
- Anonymous

Marian Mohl - Wishing you a speedy recovery

Anonymous

Gary Scheiner - in memory of your beloved mother, Bobbi Scheiner

- ❖ Roz & Jed Buck
- Jackie Printz & Rob Finkel

Gloria Segel - in memory of your beloved brother, Fred Wachtel

❖ Hanna Keselman

Jeffrey & Nikka Stirling - in honor of Rose's Bat Mitzvah

Michael & Nancy Weinstein

Rabbi's Fund

Deena Bernhaut - in memory of your loving sister, Barbi Hvman

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Paula & Alan Saltzman & Family - sorry for your loss

Marci & Harvey Brooks

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to reach our engaged and local congregants?

Contact **Harvey Brenner** at (973) 379-3811 x 118 or hbrenner@cbi-nj.org for more information about advertising in **The Bulletin**.

Phyllis S. Magid Adult Forum Fund

Steve & Lilli Finkler - in honor of your 40th Anniversary

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Debra Nevas & Jonathan Abrams - Thank you for your continued support of IHN

Denise Glassman

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Mariela Dybner - with our condolences

Ettinger-Bloom Families

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DON'T MISS THE DEADLINE!

Please note, the deadline for the January 2018 bulletin is December 1. Information contained in the bulletin each month is time sensitive. We appreciate your cooperation in order to ensure that the Bulletin reaches everyone by the beginning of each month. Space permitting, we will do our best to include your item(s), and we reserve the right to edit your submission. Please submit all material to CBIbulletin@cbi-nj.org.

Deadline	Edition
Dec 1	JANUARY
Dec 29	FEBRUARY
Jan 26	MARCH
Feb 23	APRIL
Apr 2	MAY
May 1	JUNE
Jun 1	JULY

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Reaching in to its members and reaching out to the community, Congregation B'nai Israel is a traditional, inclusive, egalitarian, multigenerational community. Characterized by a unique blend of high energy in a low key, warm and welcoming environment, CBI is a place where congregants come together to pursue religious fulfillment, diversified programming and social and community leadership.

Congregation B'nai Israel (973) 379-3811

Steven Bayar, Rabbi Lorna Wallach, Cantor Harvey Brenner, FSA, FTA, Executive Director

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