

The Bulletin



CONGREGATION
B'NAI ISRAEL

Congregation B'nai Israel, Elizabeth, NJ - Affiliated 1992

September 2018

The Spirit of the High Holidays at CBI

We pride ourselves on being a warm and welcoming congregational community. During the High Holidays, when so many people join together to celebrate the New Year, we have a special opportunity and responsibility to nurture this feeling of warmth and be an accepting community.

We invite you to join us in making Congregation B'nai Israel feel like a big family gathering. As you arrive at synagogue, smile and greet others with wishes of "Shanah Tovah!" - "A good New Year!" As you greet your own family and friends, take time to also meet those you do not know and welcome those who are new to our congregational family. Making the effort to greet visitors and newcomers, or invite a stranger to sit with you, can make the spirit of the High Holidays even more powerful.

*L'shanah Tovah U'metukah!
May this be a sweet and good new year!*

You can find our High Holiday Schedule on page 10

June Shabbat Services

Kabbalat Shabbat 8:15 pm
Shabbat Services 9:00 am

Additional Shabbat Programs:

Saturday, September 1

10:30 am – Bim Bam Shabbat Family Service

Saturday, September 22

10:30 am – Bim Bam Shabbat Family Service

Please check www.cbi-nj.org for any changes to schedule.

Candle Lighting

August 31	7:12 pm
Sept 7	7:00 pm
Sept 14	6:49 pm
Sept 21	6:37 pm
Sept 28	6:25 pm

Mincha/Havdallah

Sept 1	7:27 pm/8:27 pm
Sept 8	7:15 pm/8:15 pm
Sept 15	7:04 pm/8:04 pm
Sept 22	6:52 pm/7:52 pm
Sept 29	6:40 pm/7:40 pm

Minyan Rotation

9/2-9/8	Abraham – Basarab
9/9-9/15	Benbasset – Blum
9/16-9/22	Bolton – Cantwell
9/23-9/29	Casel – Cohen

This is a reminder that you are scheduled on the Minyan Rotation List for this month. **We urge you to make every effort to attend minyan, the times are listed below.**

Morning Minyan

7:10 am Mon. & Thurs.
7:15 am Tues., Wed. & Fri.
8:00 am Sun.

Evening Minyan

8:00 pm Sun.-Thur.

FROM THE RABBI'S DEN

By Rabbi Steven Bayar



In this my last year's articles for the bulletin, I would like to revisit some of the most meaningful moments during my tenure here. In this way I hope to give you a glimpse of where we have been – for I believe that one (be it person or organization) cannot have a firm direction to travel unless they know from which direction they came.

My first shabbatot at Bnai Israel were filled with questions. We were in the traditional seating arrangement; bimah with pews set up in traditional church arrangement. My podium was “bimah left” the cantor's podium was “bimah right.” People sat in an odd formation in the sanctuary: no one sat in the first six pews in front of my podium. When I asked a past president (Max Schachter) why this odd arrangement, I was told that the people who normally sat in those pews had left with the previous rabbi.

The rabbi emeritus, Rabbi Max Gruenewald, sat in the pew next to what is the sanctuary door leading to my office. He rarely came of Friday nights. On the first Shabbat morning (in those days we had about 25 people coming every Shabbat morning and 50 people coming every Friday evening), when I began to speak he raised the book he was reading above pew level so that everyone could see that he was not paying attention to anything I said.

When several members of the congregation approached me to see if I was bothered by his actions, I laughed and said something like, “at least he is doing something interesting. To be honest sometimes I'm bored with what I say.”

At that time we only had six children attending services on a regular basis (we only had 35 students in the religious school, 30 in the nursery) – all and on Friday night two of them came in pajamas. They would fall asleep in the pews and their parents would take them home after the oneg.

These memories give perspective to our history and more importantly - give us the opportunity to realize how far we have come, how much we have changed and the culture of our synagogue has been enhanced with these challenges. This is very much what the spirit of the High Holy Days brings us in our personal lives.

Ginny and I would like to wish all of you a most happy and healthy New Year.

Steven Bayar



To contact Rabbi Bayar,
email him at cbirabbi@cbi-nj.org



MUSICAL NOTES

By Cantor Lorna Wallach

~ BLESSINGS ~

Jewish tradition is rich in blessings; we have blessings for many different occasions – some of them “ordinary” (like eating and drinking) and others more extraordinary or rare such as seeing a blossoming fruit tree for the first time in the month of Nissan, or a shooting star or a rainbow. Reciting a blessing allows us to infuse a seemingly mundane activity with holiness. Blessings are not said to merely show gratitude to G-d, they are meant to raise our awareness. This is how the writer/blogger Daniella Levy describes it, “When I hold an apple and say *Blessed are You, our G-d, Sovereign of the Universe, who creates the fruit of the tree*, I take something mundane/worldly (eating) and make it spiritual. Simply put: in this apple, I see G-d.”

There are three main types of blessings: (1) for Commandments – blessings we say when we are about to perform a Mitzvah such as lighting Shabbat or holiday candles or putting on a Tallit; (2) of Experience – blessings we recite upon experiencing an unusual event such as seeing a rainbow, experiencing an earthquake, or when we have survived a potentially life-threatening situation like a serious illness, surgery or a bad car/bicycle accident (this blessing is known as *Birkat HaGomel*); and (3) of Enjoyment – blessings we make over something that gives us material pleasure such as eating, drinking or smelling something pleasant (spices at *Havdallah*).

This third category has many blessings of which we are very familiar – *Hamotzi Lechem Min Ha'aretz* (over bread), *Borei Pri Hagafen* (over wine/grape juice) and *Birkat Hamazon* (after we have eaten a meal). Another blessing in this category is *Shehecheyanu*. In translation, “Blessed are You, Lord our G-d, Sovereign of the Universe, who has granted us life, sustained us, and enabled us to reach this occasion.” At moments of great joy, when we arrive at a special and rewarding moment in time, we express our thanks to G-d with the *Shehecheyanu* blessing. There are a host of monumental occasions that warrant this exclamation, like when you perform a mitzvah for the first time that year (hearing the Shofar, shaking the Lulav and Etrog, lighting Chanukkah candles), but the most common is the onset of a Jewish holiday.

In addition to saying this blessing for all of the “firsts”, Rabbi Shefa Gold, a leader in the Jewish Renewal movement and a developer of sacred chants, suggests saying this blessing anytime – since every moment is new and unprecedented. Unfortunately, we often get distracted or complacent and miss the “miracle” that is right in front of us. Rabbi Gold’s approach is to use this blessing to bring our attention back to the present moment, to remind us not to take anything for granted and allow ourselves to be surprised and to appreciate the gift of life.

If you’re familiar with *Fiddler on the Roof*, you know that the character of the Rabbi can come up with a blessing for everything...even the Tzar! As we begin a new Jewish Year, let us each strive to look at the world around us with new lenses and find the blessings IN everything. And if we see things that are unjust, or where others are struggling and in pain, let us try even harder to BE the blessing for them.

Michael, Shira and Joshua join me in wishing all of you a Shana Tova U’Metukah. May this be a year of MANY BLESSINGS!!



Lorna Wallach



To contact Cantor Wallach,
email her at cbicantor@cbi-nj.org

In The Community

Mazel Tov to:

Erik & Lisa Landauer on the birth of their first grandchild, Matilda.

Mazel Tov to Susan & Charles Shapiro (and sister Sagan) on the bar mitzvah of their son/brother Daniel.

Refuah Shleima to:

Anitta Fox, Meryl Hubscher, Frieda Ostrowsky, Emanuel Magid, Beth Giladi, David Emma & Debra Fox

September 2018 Yahrzeit Donors

Lynn Arian	Arthur & Penny Klein
Ronnie Armuth	Roger & Liz Koman
Daniel Baer	Thelma Leff
Roberta Balsam	Deborah Less
Marvin Bartfeld	Lisa Less
Henry Bloom	Anne Levison
Lillian Bressman	Susan Lichtenbaum
Irwin & Judith Buncher	Debbie Liner
Andy Cohen	Susan Margulies
Steve Colin	Judy Martin
The Dashefsky Family	Erika Maurer
Ruth Dobrowski	Barbara & Eli Meisler
Gary Dubro	David Merdinger & Joan Guzik
Samuel Estreicher	Polly Merdinger
Rosalie Farber	Helene Moehلمان
June Fastow	Marion & Murray Mohl
Marvin Fish	Merna Most
Sofiya Fornaro	Frieda Ostrowsky
Neysa Friedland	Sandra Panzer
Jacqueline Gershman	Mordecai Podhoretz
Marvin Gersho	Cynthia & Lou Rappaport
David & Mary Glasofer	Mark Richman
William & Linda Glasofer	Janee Ries
Larry Gordon	Ruth Rosenberg
Shari Gorman	Secky Rothman
Alan Gottlieb	Sondra Sabin
Howard Greenwald	Andrea Sadow
David Gutstein	Elliott Schabbes
Helen Hader	Evelyn Schachtel
Samuel Halpern	Gloria Segal
Renee Harrison	Peta Siegal
Cynthia Headman	Sally Shotkin
Sydney Hilzenrath	Nancy & Allan Sloan
Mark Ingber	Lorin Teplitz
David Jacobs	Stacey Z. Thornton
Isobel Kahn	Mindy Tucker & Family
Eugene & Joan Kalkin	Michael Turk
Robert & Geraldine Kandall	Sydel Weiner
Henry Kaplowitz	Neil Yaris
Hanna Keselman	Ellen Zall
Howard Kessler	Abbe Esocoff Zimmerman
Michael Klausner	

President's Message

By Mariela Dybner, CBI President



I write to you as your new President at the end of what has been an incredible summer at CBI.

Kicking off the season, Rabbi Bayar took our largest contingent of volunteers ever to help in the Appalachian town of McRoberts, Kentucky.

As always, we have enjoyed our ever-popular and spiritually satisfying

Musical Kabbalat Shabbats, led by Cantor Lorna Wallach with the CBI Band.

We came together to support our local community with our biannual Rummage Sale—thank you to Rich and Robin Jacobs for their herculean efforts to put together this event.

Continuing our initiative from last year, members participated in the mitzvah of caring for our cemetery with a family clean up organized by Nan Greenwald and Steve Finkler.

For the eighth consecutive year, one of the highlights of the summer was our Bar-B-Que for all current and prospective members. It was a great celebration and very well attended. Our appreciation goes out to David Good for coordinating the annual festivities along with the help of Howard Kessler, Wendy Kaplowitz, David Touger, Jonathan Engel, David Lax, Michael Slifer, Alex Marcus and Corey Biller.

CBI has stretched its wings this summer and expanded its offerings, particularly for families with young children. Dan Halpern led this initiative, planning activities throughout the summer including Popsicles in the Playground, Shabbat dinner and more. Look for new efforts to make these families welcome in our High Holiday services.

Dan Richter kicked off the Men's Club campaign to fight hunger in our community, organizing monthly volunteers for area food pantries and soup kitchens.

Our Religious Affairs committee had its first Holy Happy Hour, inviting members to gather with a drink to toast the coming of Shabbat.

I am excited to see you all as we join to celebrate the High Holidays. This will be a time of transition, as Rabbi Bayar leads us in his final year. Let's take this opportunity of the Days of Awe to reflect on not only what we have done as individuals but also as a community. I hope to serve you well as we uncover what we wish to be in the years to come.

L'Shana Tova Tikateyvu!

Mariela Dybner



To contact Mariela Dybner, email her at president@cbi-nj.org

BAR MITZVAH



Daniel Shapiro August 25, 2018

Daniel Shapiro is an eighth grader at Victor Mravlag School #21 in Elizabeth, NJ.

He loves hats, swimming, and playing "Magic the Gathering". He also is big brother to his little sister Sagan, and as she says, "I'm the cutest little girl"!! (btw, he also thinks she's adorable!)

Daniel is an enthusiastic Boy Scout and student. He has a love of family and camping and loves to explore the outdoors.

Daniel's bar mitzvah project was to beautify the synagogue he loves so dearly, with perennial flower plantings around the building. He and his boy scout troop planted plants, bulbs and flowers on the synagogue grounds.

His family has been there to support him all the way and they are glad to see him reach this milestone.

(Editor's note: Daniel's Bar Mitzvah is/was August 25 so you may be reading this "after the fact")



JULIE SCHWARZWALD
WILL REGALE US ABOUT HER JOURNEY FROM BEING A
“JEW IN THE PEWS”
TO HER ENROLLING IN RABBINICAL SCHOOL.
“Becoming a Rabbi: A Personal Journey”

ON OCTOBER 15TH, AT 6:30 PM

COST OF DINNER \$18

Vegetarian or Gluten Free options available upon request.

Please RSVP to Wendy Kaplowitz at 908 964 0127 or wendy.kaplowitz@verizon.net by October 10th.

Please send checks made out to Sisterhood to the Synagogue prior to the event.

Beineynu

By Harvey Brenner, Executive Director

In *Talmud, Rosh Hashana*, it states, “Who changes his place changes his luck!” For me, this past year has been one of great change, much excitement and extraordinary good luck!

As you are aware, the last synagogue position I held was as an executive director in Buffalo, NY. I left there and began here in June. So, by anyone’s measure, I certainly changed my “place” (by some ~400 miles and 6-7 hours’ drive away).

More importantly, my luck changed as well. I had the good fortune to have found a warm, caring and committed congregation in which to ‘ply my trade’. From my perspective, the ‘fit’ has been like “hand and glove”. We’ve formed a wonderful partnership and if you attended the Annual Meeting in June, you’d have heard me tick off some of the major accomplishments we’ve achieved together during the past 15 months or so.

Your Board, Officers and I worked together to lower our expenses and generate more income, all without overburdening you, our members, or diminishing the service levels we deliver daily.

We applied for and have received two security grants (from the State of *New Jersey Office of Homeland Security and Preparedness* for \$10,000 and \$2,500 from the *Jewish Federation of Greater MetroWest*). These two awards will allow us to improve security on our premises throughout the coming year and help to insure the safety and comfort of our members, staff and guests.

Additionally, in June, we applied for (and are awaiting determination for) a \$150,000 *FEMA-Homeland Security Grant* that if awarded, will permit us to further strengthen our perimeter and building, making us less vulnerable to acts of desecration, violence or terrorism.

We’ve upgraded our computer and copier systems thereby enhancing the way we’re able to connect with our membership and do more projects “in house” rather than out-sourcing.

We’ve realigned the office personnel and staffing to better “right-size” to the needs of our congregation now and in the near future.

We’re investigating new methods of facility access and



egress to help make our current building as barrier-free as we can while being ever mindful of enhanced security and situational integrity.

As I noted last year, we’re already hard at work revisiting the entire CBI membership experience (spiritual, educational, social and communal) as part of the self-evaluation process necessary before undergoing a rabbinic search.

As I’ve said many times before, it is very easy to say “no”; it takes no talent and just about anybody can say it. The challenge in my position is to say “yes” and to figure out ways to meet our membership’s needs (and to do it all within the framework of the rules, regulations and by-laws of our synagogue’s constitution and in keeping with our long standing *minhag*).

Again, I invite you to join me on this exciting, meaningful and vibrant journey in search of avenues for change. I can’t promise you that it will always be smooth, but I can promise that it will be interesting, challenging and rewarding once we reach our destination.

From my entire family (my wife-Faith, son-Joshua, granddaughter-Averi and future daughter in law-Janelle)...

G’mar Hatima Tova,

Harvey M. Brenner, FSA, FTA



To contact Harvey Brenner,
email him at hbrenner@cbi-nj.org

LET’S HAVE DINNER TOGETHER!

This year we are planning monthly Shabbat dinners to bring the CBI Community together and we’re looking for additional sponsors.

To become a sponsor:

Contact Harvey Brenner (hbrenner@cbi-nj.org)
in the CBI office for more information.



Cantor Wallach & Susan Gordon at a Thursday Morning Minyan

CBI Youth Groups

Chaverim 4th-5th Grade | Kadima 6th-8th Grade | USY 9th-12th Grade

There are many new and exciting events planned and we hope everyone takes advantage of everything the program has to offer.

Keep an eye out for our membership information packets, which will include a calendar of events through December, membership application, and key information about the youth groups. **Please return your membership forms right away so we can keep you and your child(ren) up to date with email reminders and important information.**

Check out the schedule of events in this Bulletin for a quick look at our September programs for all three youth groups. Bring your friends and enthusiasm to help get this year off to a fabulous start!

Aly Greenstein

USY & Kadima Advisor

Alygreenstein18@gmail.com

Michael Greenstein

Chaverim Advisor

cbichaverim@gmail.com



← John Hancock Commercial Filmed at CBI

On August 15, the CBI parking lot and building were the backdrop for a new John Hancock 'Eldercare' insurance commercial. Nearly 40 technicians, directors, producers, camera operators and actors used our building's façade and parking lot in their photo shoot.

We don't have any idea when the commercial will be aired but it was exciting having all that activity on our premises during an otherwise very quiet week.

If we get word as to its airing date(s) we'll pass it along. Stay tuned!



Friday Morning Minyanaires at Breakfast



High Holiday Chanting Circle

The ten days between Rosh Hashanah and Yom Kippur are regarded by our tradition as an optimal time for spiritual reflection. Tailor-made for this purpose is the practice of Hebrew chant!

Join us in the Chapel on **Sunday, September 16th, at 5 PM** as we pre-prayer for Yom Kippur through inspirational chant and uplifting song. Our words are taken from or inspired by the liturgy of Yom Kippur and are set to compelling melodies that are a joy to sing. Our singing and chanting will have light musical accompaniment

Be prepared to sing your heart open, soothe your mind, and let your spirit soar!

No prior knowledge of Hebrew necessary or singing ability . . . only a willingness to join in spiritual community

Hedwig Gruenewald Early Childhood Center (HGECC)

By Rochelle Baron, Director

We are excited to begin another new year at HGECC!

Our Parent Orientation meeting is scheduled for Wednesday evening, September 5 and is followed the next day with an Open House for the children when they will come to meet their teachers and check out their new classrooms. The first day of classes will be on Friday, September 7.

Many activities will keep us busy throughout 2018-2019. The teachers have planned exciting curriculums and are ready to get everything in full swing. September is a bit 'light' on actual school days but we have many plans to get everyone engaged and on board about what's to come in each group. In addition to our morning



enrichment programs of Music with Ms. Jill, Kids Yoga, visits from the Cora Hartshorn Arboretum and Travelin' Tumblers, we're looking forward to our afternoon enrichment classes of Art Exploration, Amazing Athletes, Tae Kwon Do, Preschool Performers and Ooey Goey Science.

Best wishes from Gary and I for a healthy, happy new year!

Sincerely,

Rochelle



To contact Rochelle Baron,
email her at HGECC@cbi-nj.org

Blanche Bayer Religious School (BBS)

By Rabbi Sharon Litwin, Director of Congregational Learning

In July, I was privileged to spend 11 days in Israel, 7 of them with the Alexander Muss High School in Israel (AMHSI). High School in Israel? Why would I need to go back almost 30 years to relive my years in High School? Actually, I was with a group of 16 teen educators, 5 of whom are not Jewish, 9 work in secular public and private schools as guidance counselors, principals, and deans of students, 1 other is a rabbi, 2 work with organizations that promote global studies for teens and all of us were profoundly impressed with the opportunities that AMHSI offers to teenagers in their array of programs.

AMHSI was founded over 40 years ago as a response to the dwindling interest of teens in being involved in the Jewish community. (Sound familiar?) Over the past 4 decades, thousands of teens have attended either a semester (14 weeks), a mini-semester (8 weeks) or a summer (6 weeks) of High School in Israel. The core program consists of a 6-college-credit Jewish history course which starts with Adam and Eve and runs chronologically through today. 3-4 days a week, the students are in a classroom with a highly trained, engaging and expert teacher and then the other days, they are using the Land of Israel as their classroom. They visit ancient historic sites, centers of Jewish mysticism, graves of early Zionist pioneers and take hikes through the biblical landscape. They learn about modern Israel through encounters with Israelis, Arabs, politicians, teens and adults. They volunteer with food banks, shelters, medical



facilities and with the elderly. When the students are there for a semester or mini-semester they also have general studies classes, mostly in tutorial and the school is accredited to teach for AP's and other pre-college requirements.

All I can say about my time in the program is that I learned something new every single day. As a student, I lived in Israel for 2 years, majored in Jewish Studies in college, and obviously spent 5 years in Rabbinical School. For me to learn so many new things and to gain new perspectives was so inspiring and promising.

Ultimately, the goal of AMHSI is for every student to think more critically, to be more attached to the Land and State of Israel and to return home with a stronger and more developed Jewish identity. High School is a formative time in the development of human identity and the values that AMHSI instills in its students are remarkable. I know I sound like an advertisement, but I am only sharing with you as passionately as I feel that one of the best things we can do for our teens is to help them to grow as Jews. If it is even a small possibility that you know a teenager in 10th, 11th or 12th grade who would benefit from a program like AMHSI, I would be happy to share more about my experience with you and help you to connect to the program.

Wishing you a Shana Tova, a Happy and Sweet New Year.

Rabbi Sharon Litwin



To contact Rabbi Sharon Litwin,
email her at slitwin@cbi-nj.org

Sisterhood's Message

By Laurie Kavowras and Ruth Novick



Laurie Kavowras



Ruth Novick

We can still feel the warm sun on our faces and the sand beneath our toes. Sigh. Although summer is drawing to an end and the Jewish holidays loom, we, along with our amazing Sisterhood Board and incredible group of volunteers, have been hard at work planning for next year. Here's a look ahead to some of the upcoming programs.

Rosh Hashanah Honey Sale: hat better way to wish family, friends, and business associates a Sweet and Healthy New Year than sending a jar of honey

Mah Jongg: We have had record attendance at our monthly mah jongg meetups! Established players and learning players alike discard craks, bams and dots, with some groups even wagering 25-50 cents a game (ooh, such high stakes!) in the hope of being able to exclaim MAH JONGG! Our next mah jongg night is Wednesday, September 26. Free for all Sisterhood members, \$5 for non-members.

Fall Bookends: What would you do if you knew exactly when you would die? [The Immortalists](#), the second novel by 28 year old Chloe Benjamin (an Edna Ferber Fiction Book Award Winner for her first book), ponders this question. Set in the Lower East Side of New York in 1969, word has spread of the arrival of a traveling psychic who claims to be able to tell anyone the day they will die. The Gold children—four adolescents on the cusp of self-awareness—sneak out to hear their fortunes. This highly acclaimed novel follows the lives of each of these children and we learn how their prophecies affect their lives. Our Fall Bookends, led by our very own Sara Sherman, will discuss the book on October 4.

Rosh Chodesh: Our first Rosh Chodesh program of the year will be Monday, October 15. Julie Schwarzwald will regale us about her journey to becoming a rabbi. The cost of the program is \$18 and includes dinner. To rsvp or for more information, please contact Wendy Kaplowitz at 908-964-0127 or wendy.kaplowitz@verizon.net.

Knit and Knosh: Do you have a KNack for KNots? People are KNOcking down the doors for monthly KNit and KNosh! We KNow you'll be excited to learn that this popular program will return on October 30. Bring your own project or stitch for a cause. Want to learn how to knit? We have yarn, you bring needles. For more information, please reach out to Marion Mohl at marionmol@aol.com or 908-273-8157, or to Ann Spector at annspector@msn.com or 973-868-0329.

Kickoff: We are also excited to announce that our kickoff dinner for all paid up Sisterhood members will be on Thursday, October 25. As of the date of this article, we are still working on the program, but we assure you that there will be some silliness involved! Please stay tuned for more information.

New Kiddush Sponsorship Opportunities: The Congregation has spoken and we have listened. Over the years, our members have requested healthy options for our Shabbat morning kiddushes and now our regular kiddushes feature veggies, dips, fruit and other healthy choices. But, of course, we still offer sweet and savory treats! Now our members have asked for more variety and we are pleased to announce that Sisterhood is offering several menus that are available for sponsorship at a range of prices. Our offerings include a yogurt/fruit/granola bar (the "Kveller"), a savory veggie bar (the "Nachas"), bagels, cream cheese, dips and fruit (the "Nosher"), and ziti/salad (the "Mensch"). And for our b'nai mitzvah families and for those wishing to sponsor a full blown, traditional Kiddush (the "Simcha"), we still offer that! If you have good news that you would like to share with the congregation or would like to sponsor a Kiddush "just for the heck of it," please reach out to Jane Brauer, our Kiddush coordinator extraordinaire, at brauer1000@yahoo.com.

Our families join us in wishing everyone a happy, healthy and sweet new year.

Upcoming Events:

Mah Jongg: Wednesday, September 26, October 17
Fall Bookends: Thursday, October 4
Rosh Chodesh: Monday, October 15
Kickoff: Thursday, October 25
Knit and Knosh: Tuesday, October 30

Laurie Kavowras and Ruth Novick



CONGREGATION B'NAI ISRAEL

HIGH HOLIDAYS 2018 / 5779

SELICHOT

Saturday, September 1

7:00 pm	Mincha
7:45 pm	Maariv and Havdalah
8:15 pm	Selichot Service

ROSH HASHANAH

Sunday, September 9

7:00 pm Erev Rosh Hashanah - Mincha / Ma'ariv

Monday, September 10

8:30 am	Main Sanctuary Service
9:30 am	Family Shachrit (MPR) (Family Service)
10:30 am	Lev Shalem (MPR) (Parallel Service)
10:30 am-12:30 pm	Children's Programming K-2 nd , 3 rd -5 th , and 6 th -7 th gr. (Chapel and BBRS Wing)
11:30-12:30	8 th - 12 th gr. (Youth Lounge)
6:30 pm	Tashlich (<i>Open to Community / Meet in in Cul-de-sac behind synagogue</i>)
7:15 pm	Mincha / Ma'ariv

Tuesday, September 11

8:30 am	Main Sanctuary Service
9:30 am	Family Shachrit (MPR) (Family Service)
10:30 am	Lev Shalem (MPR) (Parallel Service)
10:30 am-12:30 pm	Children's Programming K-2 nd , 3 rd -5 th , and 6 th -7 th gr. (Chapel and BBRS Wing)
11:30-12:30	8 th - 12 th gr. (Youth Lounge)
7:15 pm	Mincha / Ma'ariv

YOM KIPPUR

Tuesday, September 18

6:30 pm	Erev Yom Kippur / Mincha
6:45 pm	Kol Nidre

Wednesday, September 19

8:30 am	Main Sanctuary Service
9:30 am	Family Shachrit (MPR) (Family Service)
10:30 am	Lev Shalem (MPR) (Parallel Service)
10:30 am-12:30 pm	Children's Programming K-2 nd , 3 rd -5 th , and 6 th -7 th gr. (Chapel and BBRS Wing)
11:30-12:30	8 th - 12 th gr. (Youth Lounge)
2:00 pm	Afternoon Study Session
5:00 pm	Community Yizkor Service
5:30 pm	Mincha
7:00 pm	Neilah

Join us for a Communal Break Fast at Conclusion of Services.

LOOKING AHEAD!

Sukkot
September 23 –
September 30

Simchat Torah
October 1 – 2

Watch for our exciting
programs!



CBI's AAA Hunger Response Program

HIGH HOLIDAY FOOD DRIVE

Achlu Avyonei Ameicha אכלו אויני עמך is taken from Parshat Mishpatim and means, "the poor of your nation shall eat."

The AAA program is Congregation B'nai Israel's response to hunger within our community. AAA is open to all adult members of the synagogue (ages 18 and up). High School aged and in some cases Middle School aged children are allowed to participate in certain programs alongside parents. To learn about the volunteer opportunities with the AAA Programs, (all are once a month basis), reach out to Dan Richter (732) 261-5138 or daniel.richter@verizon.net.

**We are Collecting Non Perishable Food Items for 2 of the AAA Programs:
The Bobrow Kosher Food Pantry at Oheb Shalom and The Interfaith Food Pantry of the Oranges**

Examples of things to bring (accepting Kosher and non-Kosher)

<p>FRUITS & VEGETABLES</p> <ul style="list-style-type: none"> • Canned Fruit • 100% Fruit Juice – 32 oz. preferred • Canned Vegetables • Spaghetti / Pasta Sauce, Canned Tomato Products (sauce, crushed, whole, diced, paste, puree, etc.) <p>GRAINS</p> <ul style="list-style-type: none"> • Cereal – low sugar, high fiber • Oatmeal • Pasta / Whole Wheat Pasta • White Rice / Brown Rice – 1 or 2 lb. sizes <p>DAIRY</p> <ul style="list-style-type: none"> • Parmalat (shelf stable 32 oz size) • Dry Milk (1-qt. package) • Evaporated milk • Calcium-fortified Milk alternatives such as soy, rice or almond milks <p>PROTEIN</p> <ul style="list-style-type: none"> • Canned Beans – meat and beans, pinto, red or white kidney; • Dried Beans • Tuna Fish, Salmon and other canned fish • Peanut Butter – 18 oz preferred • Canned Meats and Meals – ravioli, spaghetti & meatballs, hash, stew, canned chicken, chili, etc. 	<p>Jewish Holiday</p> <ul style="list-style-type: none"> • Jars of Gefillte Fish • Kosher Cans of Soup, boxes of broth • Matzah meal <p>SIDE DISHES</p> <ul style="list-style-type: none"> • Rice-A-Roni, Pasta-Roni, etc. • Hamburger Helper, Tuna Helper, etc. • Instant/Dried Potatoes • Stuffing <p>CONDIMENTS</p> <ul style="list-style-type: none"> • Jars/bottles of Oil, Vinegar, Dressings • Bottles of Ketchup, Mayo, Mustard, Relish • Cooking oils <p>SOUPS</p> <ul style="list-style-type: none"> • condensed varieties • hearty varieties • low-sodium – condensed and hearty varieties <p>BABY ITEMS</p> <ul style="list-style-type: none"> • Enfamil Infant Formula • Baby Food (Fruits, Vegetables, Meats & Meals) Stages 1-3 • Baby Cereal – Rice, Oatmeal • Diapers – Size N, Size 1-6 • Pull ups – Size 2T-3T, Size 3T-4T & Size 4T-5T • Baby Wipes
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Collection from September 4 through October 9
Food donations can be dropped off in the bins at CBI in the school wing and near the front office.

Please direct any questions to Dan Richter daniel.richter@verizon.net or 732-261-5138.



Scotch Tasting in the Sukkah



**Men's Club Members and Prospective Members
Social Hour**

Saturday, September 29th, 2018 8:00 p.m.



Join friends in the Sukkah...

Sample an assortment of Scotch Whiskey (5 shot max!)

Learn something new about Scotch Whiskey ("educational component")

Desserts / Snacks

Schmoozing!

RSVP to Jonathan Schor at cbimensclubmillburn@gmail.com or (516) 978-1705 by September 26th

**\$5.00 per person if RSVP email, call, or voicemail received by September 23rd.
\$10.00 per person thereafter and at the door.
(Bring cash or check payable to "CBI Men's Club.")**



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~Classes starting October 25, 2018~

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Rhonda Lillianthal
rlillianthal@jccmetrowest.org
973-530-3519**

MEN'S CLUB MINUTE

By Dan Dovdavany, Men's Club President

From all of us at Men's Club, we hope you had a great Summer and we wish you an early Shana Tovah!!

Congratulations to the Men's Club Softball team for another successful season, which included participation in the playoffs and no known season-ending injuries requiring surgery. Thanks to Craig Rothman (crothman54@gmail.com) and David Touger (dtouger@aol.com) for leading the Team. Stay tuned for details on pick-up basketball this Fall.



Thank you to our Grillers & Chillers for all of their help at the Annual CBI Summer BBQ!

With Rosh Hashanah and Yom Kippur just around the corner, please sign-up to be an Usher by clicking on: <http://nancyd.pairserver.com/volunteer/hhusher.html>. Kudos to Dan Kamen (dankamen99@gmail.com) for once again organizing our Ushering program.

Remember to enjoy your High Holiday meals with Zadi's delicious challah! For faster order processing and pay by credit card please use our online ordering system at: <https://form.jotform.com/81916013085150> or see flyer in this Bulletin.

Upcoming Events:

- First Day Sukkot Kiddush: Monday, September 24, 2018. Please contact Akiba Lubow - arlubow@aol.com.
- Scotch-in-the-Sukkah: Saturday, September 29, 2018.
- Installation Dinner: Monday, October 8, 2018. Please contact Hernan Wurgaft - hmwurgaft@gmail.com.

Finally, as I prepare to pass the Men's Club torch (actually, Gavel) to our incoming Co-Presidents Jonathan Schor & Alex Marcus, I'd like to encourage all members of the CBI community to consider joining Men's Club. From ushering, to challahs, to yellow candles, to the Chanukah Party, to Men's Club Shabbat, to softball and basketball, to Passover wine, to book club, to speaker programs – the list goes on and on. Please help keep Men's Club a pillar of the CBI community by allowing us to offer a wide variety of programs that enrich the lives of all Congregation B'nai Israel members. Your generous support makes it all happen!

Thank you for the opportunity to lead this fantastic organization.

On behalf of Men's Club, we wish you a sweet, happy and healthy New Year!

Shana Tovah,

Dan Dovdavany
(917) 862-1941

 To contact Dan Dovdavany,
email him at dandov@yahoo.com

MINYANAIRE'S GENEROSITY HELPS OTHER WORTHY ORGANIZATIONS

Every day, when minyan-goers (euphemistically called "Minyanaires") give 'tzedakah' to the 'pushkeh' (Charity Box), the money is collected and reserved for distribution to charitable organizations at a later date.

Over the course of the year, the coins, dollars and larger bills contributed, add up to a considerable amount of money from which funds are disbursed to other Jewish organizations around the globe.

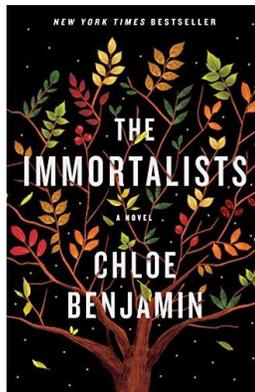
The latest recipients (in no particular order) are:

- Keren Or
- American Friends of Lema'an Achai
- Mazon
- American Friends of Magen David Adom
- Dorot
- Jewish National Fund
- Ram Bam Hospital

Please join us at our daily morning and evening minyanim and you too may both perform the mitzvah of communal prayer and help worthy organizations throughout the world.

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**PLAN TO JOIN US
FOR CBI SISTERHOOD'S FALL BOOKENDS MEETING
TO BE FACILITATED BY SARA SHERMAN
ON THURSDAY EVENING, OCTOBER 4TH
AS WE DISCUSS
THE IMMORTALISTS
BY CHLOE BENJAMIN**



If you knew the date of your death, how would you live your life? In 1969, the four Gold children visit a Lower East Side Psychic who gives them this very information. This captivating novel follows each of the siblings through the next fifty years of their lives probing the line between destiny and choice, reality and illusion, this world and the next.

Date: Thursday, October 4, 2018

Time: 7:30

A Parve Dessert will be served

RSVP & Questions: Susan Stern at Hazelstorm1016@aol.com or 973-415-9547

Sponsored by CBI Sisterhood



Adult Forum "Lunch & Learn"
Congregation B'nai Israel
160 Millburn Avenue, Millburn, NJ 07041
Our programs are open to all- bring friends!

SEPTEMBER EVENTS

Lunch begins at 12:30 p.m. The program begins at 1:00 p.m.

Thursday, September 13 CBI Thursday, Screen *Wonder*, starring Julia Roberts. This an upbeat story of kindness, compassion and self-acceptance that glides along with wit, assurance, and grace. The film has something touching and resonant to say about the current climate of American bullying. Hope to see you at this wonderful film about how a young boy deals with a deformity.

Thursday, September 27 at CBI Hirschhorn presenter Elaine Freed Lindenblatt, whose parents owned the Red Apple Rest, will share stories about the famous restaurant on Route 17 that served over one million famous and unfamiliar customers annually. Join us to learn about the *Stop at the Red Apple*.

Sandwich choices are: Turkey, Corned Beef, Roast Beef, Pastrami, Tuna Fish, or Egg Salad. **YOU MAY PAY AT THE DOOR. CONTACT LOIS at 973-533-1809 to place your lunch order by the Wednesday afternoon preceding the program.** The cost is \$10 for Adult Forum members & partners and \$12 for non-members. If you are coming for the program only, there is no charge, but please call to let me know that you will be attending. **We would like to begin to email the Bulletin announcements to you as well as putting out robocalls. Please SEND YOUR EMAIL ADDRESS TO ME at Penzoe1@comcast.net**

SAVE THE DATE--Thursday, October 11th-TRIP with the JCC of Central New Jersey to Newark , including the Newark Public Library, the renovated Hahne's Building, the Weequahic section and Congregation Ahavas Shalom.. Lunch at Hobby's. Contact Alison to register 908-889-8800 by Oct. 4. Cost \$75 members, \$85 community participants

L'SHANA TOVA

ISRAEL AFFAIRS

By Joe Tenenbaum



Another vacation in Israel – or is it really a visit?

Again this summer, Nancy and I spent over a month in Israel. I would not really call it a vacation; it was more of a visit. We visited our daughter and her family and helped take care of our beautiful granddaughters.

(Next time you see me on a weekday, ask to see some pictures).

Living in Israel is different than living in the United States. Different even from living in a Jewish neighborhood in the United States. And being here is more challenging than living a routine existence at home. So once again, I will give you a few observations from our visit:

I just gave directions in Hebrew to a driver in front of our family's apartment. Quite a first step for me. I hope I did a good job. And I hope the people who chose to rely on me got to where they were going, rapidly and without having to ask for directions again. (Actually, driving around here is rarely rapid, so I just hope my directions were helpful.)

As I write this, I am in the middle of my Hebrew instruction, and I believe it is going well. The emphasis this time is on having courage to speak. And I think it is working. It turns out that waiting until you have learned all the appropriate grammar rules, and only then speaking is a road to silence. (or a road to speaking English). Within the confines of my one on one instruction, I watch videos, complete exercises and then talk with the instructor for about half an hour. I have also taken a couple of walks to drink coffee and to tour near by neighborhoods, while speaking and listening (mostly) in Hebrew.

In a related change in life style, I have been learning to ride the buses here in Tel Aviv. The first lesson was to know where to catch the bus. I made a choice early on that I would rather walk an extra quarter mile in the morning to be at a bus stop with shade, instead of the closer one, which at around 7:00 am has nothing by sunshine. Then I learned the equally important lesson – how to get off the bus, principally related to how to get the bus to stop. While riding the 90 bus to the Ramat Aviv Mall, I watched as the bus drove right by the stop. I figured I would get off at the next stop and walk back – but unfortunately the next stop was in Herzliya, miles away. But I got the first bus in the other direction and still had fun with the family. (There is a very nice food court at the Ramat Aviv Mall).

One more thing about Israel in July and August. Exercise is great, but air conditioning is essential. Is it a blessing or a curse, that I have grown up in a time and place, where I do not

like long periods of 90 degree heat? Either way, I find long walks exciting, and I meet my exercise goals, but I need my periods of mazgan (air conditioning) in between.

And about those issues?

At the same time as our visit, there were controversies – passage of the nation state law, detention of a rabbi who officiated at an unauthorized wedding, arrests of Jews who prayed on the temple mount, and issues with outside organizations about how Israel should fight its enemies. These are important issues, covered so well by the various news and commentary sites. But living day to day in Israel, without English language news sites, the issues are less pressing.

Before I finish writing about our trip, I want to mention one other exciting event which we attended several times – there is an open-air instrumental Shabbat service on Friday night during several weeks in the summer. Led by an Israeli rabbi, with singers and musicians, the service was very energetic and exciting. And I found something very special sitting at a Shabbat service as the sun is setting over the Mediterranean Sea. In the historical context of the establishment of the State of Israel, it is amazing to me to have hundreds of Israeli Jews and other visitors experiencing such and inspiring event, which would be impossible if there were not a Jewish state of Israel.

How to stay current

I encourage you to stay up to date on news about Israel by visiting <http://www.dailyalert.org/> This website includes a digest of US, Israeli and international news sources reporting on events in the middle east. It is essential that when you read an article accusing Israel of bad behavior, that you review it carefully to check the source of the accusation. Israel's enemies have a history of proclaiming false accusations. Usually within a few days, facts turn out to be different than originally reported.

CBI Israel Affairs Committee

If you would like to work on a committee which will actively plan and assist all arms of the Congregation to support Israel, please contact me at TenenbaumJ@AOL.com. For those of you who prefer telephones, please call me at 973 768 7440. I am planning to really use this committee to plan CBI programs to help all of us improve our knowledge and our relationships with Israel. Please volunteer.

CBI and Israel – What is your story?

If you have participated in a program supporting Israel or if you have travelled to Israel, please share your Israel experiences with us.

2018 AIPAC Policy Conference March 4-6, 2018

You should plan **early** on attending the 2019 Policy Conference. The experience is priceless, so putting this on your calendar now for you (and the students in your family) to attend will be a life altering experience. Next year we will again have a supply of discounted registrations, so if you wish to save on your experience, please let me know. However, I guarantee you that going even at full price is worth the expense.

2019 AIPAC Policy Conference March 24-26, 2019

You should plan **early** on attending the 2019 Policy Conference. The experience is priceless, so putting this on your calendar now for you (and the students in your family) to attend will be a life altering experience. Next year we will

again have a supply of discounted registrations, so if you wish to save on your experience, please let me know. However, I guarantee you that going even at full price is worth the expense.

Missing Soldiers

We must continue to pray for the remaining soldiers to return home:

Guy Hever Zachary Baumel Avi Feldman

There are also two non-combatant Israelis being held by Hamas in Gaza:

Avera Mangistu Hisham al Sayed

Joe Tenenbaum

 To contact Joe Tenenbaum, email him at TenenbaumJ@AOL.com



*FREE Kindergarten at BBRS
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not just CBI Members*

Come learn about the Jewish holidays through music, art, dance, storytelling, and more!

Every Sunday throughout the 2018-19 academic year. The Gan program at BBRS allows your child to explore the Jewish holidays, Hebrew, music and more in a fun and safe environment.

If you or someone you know is interested in receiving more information about our Free Gan program please contact Rabbi Sharon Litwin, Director Congregational Learning

DON'T MISS THE DEADLINE!

Please note, the deadline for the October 2018 bulletin is August 31. Information contained in the bulletin each month is time sensitive. We appreciate your cooperation in order to ensure that the Bulletin reaches everyone by the beginning of each month. Space permitting, we will do our best to include your item(s), and we reserve the right to edit your submission. Please submit all material to CBIbulletin@cbi-nj.org.

Deadline	Edition
31-Aug	OCTOBER
21-Sep	NOVEMBER
2-Nov	DECEMBER
3-Dec	JANUARY
4-Jan	FEBRUARY
1-Feb	MARCH
4-Mar	APRIL
29-Mar	MAY
29-Apr	JUNE
31-May	JULY

DONATIONS

If you wish to send a tribute please call the main office at 973-379-3811 ext.111 or email: dcoscia@cbi-nj.org.

Synagogue Fund

Barbara Brown - My sincerest condolences on the loss of your brother Mark

- ❖ Hanna Keselman

Thank you to everyone who helped make a minyan for my father's yahrzeit

- ❖ Roberta Balsam

Sydra Miller - our sympathies on the passing of your grandmother

- ❖ Board of Trustess

Ilisa Perlman & Family - Mazel Tov on the wedding Simcha

- ❖ Board of Trustess

Nachum & Cheryl Burnstein - IMO of your mother

- ❖ Daniel & Jennifer Bauer

Paula Touger - Thank you for all your work & support in helping to prepare Sophie for her Bat Mitzvah

- ❖ Araten Family

Shirley Ehrich - My sincerest condolences on the loss of your brother, Carl

- ❖ Hanna Keselman

Rabbi's Fund

IHO Mina Jo Mosts Bat Mitzvah (daughter of Carolyn Most)

- ❖ Merna Most

Judy Baker - IMO Frank Levi

- ❖ Harvey & Marcy Brooks

Jacob Esocoff - Congratulations on passing the AIA Exam & becoming a partner at Foster & Partners

- ❖ Abbe Zimmerman

Wendy Kaplowitz - Mazel Tov on your first full term on the Board of Trustees for CBI

- ❖ Abbe Zimmerman

Rabbi Bayar - Thank you for helping to prepare Sophie for her Bat Mitzvah

- ❖ Araten Family

Charlotte Wernick - IHO your birthday

- ❖ Roberta Balsam

Rabbi Bayar - Thank you for helping to make Seth's bar mitzvah such a special experience.

- ❖ Nevas/Abrams Family

Cantor's Music Fund

Ferdinand Family - Our sincere condolences on your loss. Our hearts & thoughts are with you

- ❖ Risa & Howard Goldberg

Marion & Murray Mohl - IHO your anniversary. May we share many future Simchas

- ❖ Henry & Wendy Kaplowitz

Cantor Wallach - Thank you for all your help & encouragement preparing Sophie for her Bat Mitzvah

- ❖ Araten Family

Barbara Brown - We are sorry for your loss & our tardiness for this donation

- ❖ Andrea & David Hirschfeld

Cantor Wallach - Thank you so much for all the time & encouragement & joy you gave to Seth & to us all in the helping to prepare him for his Bar Mitzvah

- ❖ Nevas/Abrams Family

Abramowitz Family - Mazel Tov on the new baby- thank you for celebrating with us!

- ❖ Andrea Hirschfeld

Mark & Ilisa Perlman - congratulations on your sons marriage

- ❖ Nan & Howard Greenwald

Fran & Steve Rod - Mazel Tov on 50th Anniversary!

- ❖ Marion & Murray Mohl

Blanch Bayar Religious School Fund

Ilana Tenenbaum - IMO of your Lucy

- ❖ Rachel & Eric Manne

Rabbi Litwin - Thank you for all you've done to make the experience of becoming a bar mitzvah a great one.

- ❖ Nevas/Abrams Family

Hedwig Gruenewald Early Childhood Center Fund

Amy Blake & Family - IMO your mother

- ❖ Rochelle Baron

Ilana Tenebaum - We are sorry for your loss. Sending love to you and your family

- ❖ Miriam & Don Abraham

Ilana Tenebaum - IMO of your mother Lucy

- ❖ Deena Bernhaut

Hannah Blum Cogan Usy-Kadima Fund

- ❖ Ettinger-Bloom Families

Library Fund

- ❖ Sydell and Gordon Weiner

Max Alper Prayer Book Fund

- ❖ Eileen Silver

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Reaching in to its members and reaching out to the community, Congregation B'nai Israel is a traditional, inclusive, egalitarian, multigenerational community. Characterized by a unique blend of high energy in a low key, warm and welcoming environment, CBI is a place where congregants come together to pursue religious fulfillment, diversified programming and social and community leadership.

Congregation B'nai Israel (973) 379-3811

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Lorna Wallach, Cantor
Harvey M. Brenner, FSA, FTA, Executive Director

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Chaverim - Michael Greenstein
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