



CONGREGATION
B'NAI ISRAEL



Lifelong Learning

2018-2019 Programs and Events

מרבה עצה
מרבה תבונה

*Marbeh aytzeh,
marbeh t'vuna*

**The more learning,
the more wisdom**

Shalom!

Welcome to Lifelong Learning at CBI!

In the Talmud we learn about a conversation that took place between Rabbi Tarfon, Rabbi Akiva and other elders of the community in Lod. In response to the question: Is study greater or action greater? Rabbi Tarfon answered and said, 'Action is greater.' Rabbi Akiva answered and said, 'Study is greater.' They all answered and said, 'Study is greater, since study brings about action.'

(Excerpted from BT Kiddushin 41a)

With these words in mind, the Lifelong Learning Committee of CBI is happy to offer a variety of programs for the New Year 5779 which are designed to spark the interest of and offer learning opportunities for all segments of our community.

Please take the time to peruse this brochure and mark your calendars with programs that pique your interest. Programs include: Learning Hebrew with Rabbi Litwin, singing with Cantor Wallach, a Shabbat of A Cappella, chanting with member Len Hausman or learning about Naomi Shemer, Israel's first lady of song and poetry. There are also thought provoking classes such as "Wrestling with God" and the Joseph narratives with Rabbi Bayar and the Melton School program of adult Jewish learning. Two very important current issues will be addressed by Matt Katz, a WNYC reporter, on "Immigration in the U.S.", and Amit Stern, Jewish Federation Shaliach, on "Religious Pluralism in Israel." Join us for Shabbat morning discussions in the Sanctuary, the Journeymen's Minyan and for programs run by Sisterhood and Men's Club and for many more...

We wish you a year filled with meaningful Jewish learning that enriches your life and that of your family and community in a joyful way and reflects the words of the Talmud scholars excerpted above.

Rabbi Sharon Litwin, *Director of Congregational Learning*
Aleza Rosenberg, *Chair of Lifelong Learning Committee*
Heidi Cohen, Jesse Moehlman, Marion Mohl, Debra Nevas,
Members of Lifelong Learning Committee

Questions about any of the programs?

Please reach out to Rabbi Sharon at 973-379-1134 or slitwin@cbi-nj.org.



the florence melton school of adult jewish learning



A PROJECT OF THE HEBREW UNIVERSITY OF JERUSALEM

Adult Learning for the Wondering Jew

Take your seat at the table and join the great Jewish conversation.

We invite you to join us for an innovative world-class curriculum created by scholars at The Hebrew University of Jerusalem. This Melton experience will help you gain a profound understanding of what it means to be Jewish. Whether a life-long learner or starting from scratch...explore the answers to your questions!

Rhythms of Jewish Living & Purposes of Jewish Living

The Melton School Core Curriculum is a signature two-year course of study that provides adults with a comprehensive understanding of Jewish thought, practice and history. The core curriculum integrates Jewish philosophy, ritual, ethics, literature, theology and contemporary Jewish life. No tests, no grades, no homework...No Hebrew knowledge required...Just enjoy the Journey!

Thursday Evenings 7:00 to 9:15 p.m.

November 1, 15, 29

December 6, 13

January 3, 10, 17, 24, 31

February 7, 14, 21, 28

March 7, 14, 28

April 4, 11

May 2, 9, 16, 23, 30

June 6

Year One Overview

PURPOSES – What are the core Jewish beliefs? This course explores Jewish thought and theology for both ancient and modern responses to this question.

RHYTHMS – Why live a Jewish life? A wide variety of Jewish sources will be used to understand the deeper meaning and significance of Jewish holidays, lifecycle events, tradition and observance.

Each session includes text study and discussion led by Rabbi Sharon Litwin and veteran Melton teacher, Lisa Lisser.

\$575 for CBI Members // \$725 for Non-Members

Includes sourcebooks from Melton and 26 sessions

ADVANCE REGISTRATION REQUIRED

Please register online by October 1 by visiting CBI website or at
www.meltonschool.org/schools-category-north-america/179-west-orange

Register
NOW!

Hebrew Reading & Speaking

Private Sessions at Any Level with Rabbi Litwin



Whether you want to learn the Alef-Bet, become proficient in a particular prayer, want to improve your Torah reading, lead a service, or work on your conversational Hebrew, **Rabbi Sharon** will meet with you for one-to-one sessions of 20-30 minutes at a mutually convenient time to study on your own terms.



Introduction to Torah Chanting with Cantor Wallach

Do you aspire to read from the Torah? Reach out to **Cantor Lorna Wallach** to arrange a time for private sessions. She will work with you until you are ready to confidently chant from the Torah for Shabbat or a *simcha*.

Cantor's Melody Workshop

Shabbat after Kiddush 12:45 to 1:45 p.m.

November 3 January 12 March 9 May 4

For singers and non-singers, no Hebrew literacy necessary! If you love music or want to become better acquainted with some new or new-to-you Jewish melodies, this is a great opportunity. **Cantor Lorna Wallach** will teach one new melody each session that will be incorporated into either Friday night or Shabbat morning services. And we will sing some favorite traditional Shabbat afternoon *Z'mirot* (songs). All are welcome!





Congregation B'nai Israel L'Dor V'Dor Speaker Series

Special Presentation

Immigration in America How it Impacts Us Nationally and Locally



Matt Katz

Reporter for WNYC and winner of
Peabody and Livingston Awards

Sunday, October 14 at 9:30 a.m.

Bagel Breakfast at 9:00 a.m.

Matt Katz currently reports on air at WNYC, the NY area public radio station, about immigration, refugees and national security. Formerly, he covered New Jersey Gov. Chris Christie through scandal and presidential candidacy for The Philadelphia Inquirer and then for WNYC, for which he and his WNYC team won a Peabody Award. Matt has written about politics for The Washington Post, The New York Times, The New Republic and POLITICO and has also authored a biography of Christie which was published by Simon & Schuster.

Q&A session moderated by Allan Sloan, a ProPublica editor at large and a Washington Post columnist (and CBI member). Allan has won seven Loeb Awards, business journalism's highest honor.

Admission is FREE and open to the community.

This program is co-sponsored with the Men's Club as part of "Bagel Sunday" speaker series.

Shabbat A Cappella with Pizmon

The Jewish A Cappella Group of Columbia, Barnard and JTS

Friday Evening, October 26 at 7:30 p.m. – Service and Concert

Saturday Morning, October 27 – Shabbat Service and Kiddush



Bring family and friends...fun for all ages!
Pizmon was founded in the 1990's as the co-
ed pluralistic Jewish a cappella group of
Columbia University, Barnard College, and

the Jewish Theological Seminary, one of the largest and most vibrant Jewish campus communities in the nation. Their mission is to share their love of Jewish music with Jewish communities in the US and abroad. On Sunday, October 28, Pizmon will perform and workshop with BBRS students.

Shabbat Journeymen's Minyan

Lay-Led Discussion

Shabbat Mornings 10:45 to 11:45 a.m. (after Torah Reading in Sanctuary)

October 13	December 15	February 9	May 4
November 17	January 12	March 16	June 29

The CBI Shabbat Journeymen's Minyan is an opportunity for congregants to get together on Shabbat morning to discuss and explore topics related to the weekly Torah portion, meaning of prayers or psalms, holiday traditions, characters in the bible or anything related to Jewish life. The congregant/leader selects a topic of interest and prepares a brief presentation to kick off the discussion. All are welcome to join us as we journey together!



Please check CBI email announcements a week prior to meeting date to confirm date, leader, and subject.

Mornings with the Rabbi

Interactive Learning with Rabbi Steven Bayar

Wrestling with God:

Theological interactions with the Divine

Monday Mornings 10:00 to 11:00 a.m.

This class will examine Jewish theology and personal connections to God in difficult times.

October 15, 22, 29
November 5, 12, 19
December 3

March 11, 18, 25
April 1, 8



Joseph Narratives in Genesis

Thursday Mornings 9:30 to 10:30 a.m.

In this course, we will use texts from Genesis as triggers for discussion concerning family dynamics and the role of Joseph in the Torah.



October 11, 18, 25
November 1, 15, 29
December 6, 13

March 14, 21, 28
April 4, 11, 25
May 2, 9, 16

These classes are suitable for learners at all levels...from beginner to the most experienced. It is not necessary to attend each session.

FREE for CBI Members // \$75.00 for Community Friends

Please register by contacting Clergy Office at 973-379-3811 or go to
www.cbi-nj.org/learning/lifelong-learning/

Religion and State in Israel

Perspectives on Israel with Amit Stern

Community *Shaliach* at Jewish Federation of Greater MetroWest

Sunday, December 2 at 9:30 a.m.

Amit Stern will talk about religious pluralism in Israel and its effect on relations with the Jewish community in the US. He will also share his own story of being considered single in the eyes of Israel, even though he had a Halachic wedding.



Community *Shaliach* Amit Stern, 34, came to NJ from Jerusalem with his family to oversee the *Mishlachat* (delegation of *rishonim* and *shlichim*) and work throughout the community. He holds a B.Ed. and teaching certificate in history and bible studies from Kibbutzim College of Education and a bachelor's-of-law degree from Hebrew University of Jerusalem. His extensive experience in Jewish education includes serving as Israel national director of Noam, the Masorti (conservative) youth movement, and various positions in the Israeli scouts.

This program is co-sponsored with the Israel Affairs Committee.

Rosh Chodesh Learning

Sponsored by Sisterhood

Rosh Chodesh is traditionally a women's holiday that celebrates the arrival of the new month. Women come together at a dinner for camaraderie and stimulating discussions led by clergy or congregants. All women of the congregation are welcome.

Monday, October 15 at 6:30 p.m. *Rosh Chodesh Heshvan*

Julie Schwarzwald will lead "Becoming a Rabbi: A Personal Journey"

Thursday, December 6 at 6:30 p.m., *Rosh Chodesh Chanukah*

Lisa Lisser, M.A.R.E. will lead "Chanukah and Civil Discourse"

Wednesday, February 6, *Rosh Chodesh Adar*

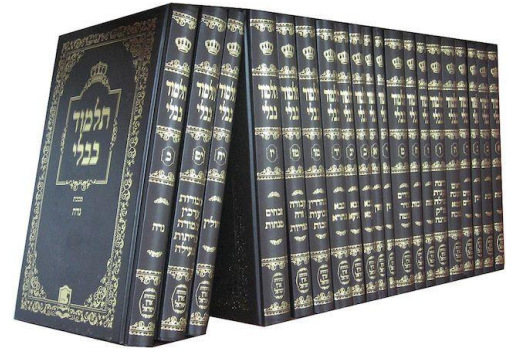
Program and time to be announced

Talmud Study

with Rabbi Akiba Lubow

Monday Evenings from October 15 through May 20 // 8:15 to 9:45 p.m.

This class will enter the extraordinary world of the Talmud, arguably the most important Jewish text after the Torah. Learn about some of the earliest practices and teachings of Judaism that serve as the foundations for the way we live Judaism today. This course is appropriate for both beginners and those who have already studied Talmud. Knowledge of Hebrew is not a prerequisite as we will be studying primarily in English. Attendance on a regular basis is strongly encouraged.



FREE for CBI Members // \$75 for Community Friends

To register, please contact Rabbi Sharon Litwin slitwin@cbi-nj.org.

The Story of the State of Israel Through Its Music with Len Hausman

Monday Mornings from 9:30 to 10:30 a.m. April 29 May 6, 13, 20



Learn about Israel's first two decades through the music of Naomi Shemer, the first lady of Israel song and poetry. The class will learn about the composer's life and her contribution to Israeli culture, explore the context and meaning of a selection of her songs (through an English translation of the lyrics) and learn to sing some of them.

Chanting Circle

The CBI Chanting Circle is now in its eighth year! What is it? It is not prayer, yet it is prayerful. It is not text study yet it encounters liturgy and biblical text very closely. It is not a singing group, yet all its words are sung. (And no singing ability is required!) No knowledge of Hebrew or ability to read it is needed, yet our chants are in Hebrew. Musical instruments are used throughout, yet it is not a performance. It is meditative, yet it is not meditation. Participants are fully engaged, yet they tend to become very relaxed. Many chants are soothing but others can be ecstatic.



If you are a person curious about exploring the spiritual dimensions of your Judaism, the chanting circle is for you. If you want your Judaism to be experientially compelling in a way that a usual prayer service may not always be, the chanting circle is for you. If you enjoy traditional texts being set to new and beautiful melodies, the chanting circle is for you.

Sundays from 5:00 to 6:15 p.m.

September 16	High Holiday Chanting Circle (Yom Kippur)
October 14	Chants of Peace and Healing (post-Sukkot)
November 11	Nigun Jam
December 16	Chants of Light (winter solstice)
January 20	Nature Chants (Tu' B'shevat)
February 17	Sephardic and Mizrachi Chants
March 17	Chants of Joy (Purim)
April 14	Song of Songs in Chant (Passover)
May 5	Kabbalah Chants (the Omer)

Knit and Knosh

with Sisterhood

Tuesday Evenings from 7:30 – 9:00 p.m.

October 30

November 27

December 18

January 29

February 26

March 19

April 23

May 28

June 25



Want to learn? Are experienced? Just want to schmooze? Come to our monthly informal gathering in the Youth Lounge. Bring your own supplies. For learners: Bring needles, we'll have the yarn. Work on your project or stitch for a cause. Any kind of needlecraft is great! Light refreshments are served.

PLUS! PLUS! PLUS!

Don't miss wonderful learning opportunities with

Adult Forum

Men's Club Book Club

Sisterhood "Bookends" Book Club

and more!

**Check CBI announcements for dates and details
throughout the year!**



160 Millburn Avenue, Millburn, NJ 07041

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Please Save for Future Reference!