

The Bulletin



CONGREGATION
B'NAI ISRAEL

Congregation B'nai Israel, Elizabeth, NJ - Affiliated 1992

November 2019

Musical Shabbat



featuring the

Shabbatoners

Jewish A Cappella Group

November 15 & 16

BRING
FAMILY &
FRIENDS!



Shabbat Dinner & Kabbalat Shabbat!
Shabbat Morning Everywhere!
See Inside for All the Details!

November Service Times, Candle Lighting, Minyan

Kabbalat Shabbat 8:15 pm
Shabbat Services 9:00 am

Additional Shabbat Programs:

Friday, Nov. 1
8:15 pm – Kabbalat Shabbat

Saturday, Nov. 2
9:00 am – Shabbat Services
10:30 am – Bim Bam Shabbat

Friday, Nov. 8
6:00 pm – Kabbalat Shabbat

Saturday, Nov. 9
9:00 am – Shabbat Services / Bar Mitzvah of Judah Marcus

Friday, Nov. 15
7:30 pm – A Cappella Kabbalat Shabbat with the Shabbatones

Saturday, Nov. 16
9:00 am – Shabbat Services
10:30 am – Family Services
11:00 am – Yaldeinu

Friday, Nov. 22
6:00 pm – Shir Shabbat Service

Saturday, Nov. 23
9:00 am – Shabbat Services / Bat Mitzvah of Eliana Biller
10:45 am – Shabbat Journeyer's Minuan

Friday, Nov. 29
8:15 pm – Kabbalat Shabbat

Saturday, Nov. 30
9:00 am – Shabbat Services / Bat Mitzvah of Sara Dybner

Please check www.cbi-nj.org for any changes to schedule.

Candle Lighting

Nov. 1	5:35 PM
Nov. 8	4:27 PM
Nov. 15	4:20 PM
Nov. 22	4:16 PM
Nov. 29	4:12 PM

Mincha/Havdallah

Nov. 2	5:35/6:48 PM
Nov. 9	4:27/5:42 PM
Nov. 16	4:20/5:33 PM
Nov. 23	4:16/5:28 PM
Nov. 30	4:12/5:25 PM

Minyan Rotation

Nov. 3 - Nov. 8	Greenberg - Halpren
Nov. 10 - Nov. 15	Hauman - Jacobs
Nov. 17 - Nov. 22	Jasinover - Keselman
Nov. 24 - Nov. 29	Kessler - Krauss
Dec. 1 - Dec. 6	Lakin - Lindauer

This is a reminder that you are scheduled on the Minyan Rotation List for this month. **We urge you to make every effort to attend minyan, the times are listed below.**

Morning Minyan
7:10 am Mon. & Thurs.
7:15 am Tues., Wed. & Fri.
8:00 am Sun.

Evening Minyan
8:00 pm Sun.-Thurs.

Rabbi's Musings

By Rabbi Paul Resnick



Dear Friends,

I hope that you found the time that you spent in shul over Rosh Hashanah and Yom Kippur to be meaningful. Several of you have mentioned that you found me exercise of the card to have made an impact on your lives.

That is the best thing that I could have heard.

Thank you very much.

As I said in my sermon if all these hours in shul mean anything then the time needs to have impacted you in a tangible way.

If anyone of you want to discuss what you are doing and if the exercise affected you in any way, please contact me at rabbiresnick@cbi-nj.org.

I would love to hear from you. If my Israel sermon on day #2 of Rosh Hashanah excited you, angered you or encouraged you, please let me know.

As I said, supporting Israel is one of our core Jewish values. It is my job as your rabbi to discuss Jewish values.

I also feel good that we had some wonderful events over Sukkot and Simchat Torah. CBI is a warm, heimish place. And now that "holidays" are behind us, we can focus on the more routine pieces that make CBI what it is. My study session on Thursday at 9:30 am are underway using a great curriculum from the Jewish Theological Seminary focusing in on Jewish ethics today. It is not too late to join. Id there is interest in holding this class in the evening, please contact me ASAP!

I will be holding two sessions on LIV Breads when we will study Pirkei Avot. I want to start a walking club—if you are interested, please contact me to. And do not forget our daily minyan! I am here for you and to further engage with you, our Jewish texts CBI and with each other. I look forward to hearing from you.

Rabbi Paul Resnick



To contact Rabbi Resnick,
email him at rabbiresnick@cbi-nj.org



Musical Notes

By Cantor Lorna Wallach

Stay Tuned for an A Cappella Musical Shabbat on November 15 - 16!

If you know even a little bit about me, you know my passion for singing – particularly singing Jewish music, both sacred and folk; and for making music with others through the venue of a choir. I have derived great joy and satisfaction from conducting our own CBI choir, whom you hear each year singing so beautifully on the High Holydays.

This past summer, as I have done for almost every summer since 1990, I enjoyed attending the North American Jewish Choral Festival, sponsored by the Zamir Choral Foundation. This festival is a 5 day gathering of over 500 people, all of whom share a passion for singing Jewish music (although not all of them are “professional” singers/musicians) and who share the objective of keeping alive the tradition of music in Jewish life and worship. A survey conducted on behalf of the Zamir Choral Foundation shows the impact that singing in a Jewish choir can have. There is strong anecdotal evidence that many people who are not otherwise involved in Jewish life, find their way in through their love of Jewish singing. For me, singing in or conducting a Jewish choir is a way to integrate music, Judaism, community and spirituality.

For 10 years (1988 – 1998), I sang with the Zamir Chorale in New York. I didn’t even know that this Jewish choir existed until I was in Cantorial School. I always wished that I had had some type of outlet for singing Jewish music, especially with my peers, during my college years, but Jewish *A Cappella* groups had not yet become a presence on college campuses as they are at so many colleges today. Realizing the tremendous positive impact that singing Jewish music together can have in strengthening the Jewish identity of young adults in college, I feel it is critical for the future health and strength of the Jewish community to support the existence of such an extra curricular activity in colleges and to encourage students with an interest in music to get involved in these choirs.

In what has become an annual tradition at CBI, we will enjoy another college *A Cappella* Shabbat on **Friday night November 15** at a **7:30 PM service** and **Saturday morning, November 16** as we welcome back the **SHABBATONES**, the Jewish A Cappella choir from the **University of Pennsylvania**. This talented group has a repertoire which includes Jewish, Israeli and popular American songs. These students (including my niece!) will perform at our service on Friday night (Please note earlier start time!) and will also share their voices on Shabbat morning and with community singing at Kiddush! These events are open to the entire community (you are welcome to bring your neighbors/friends who are not members of CBI) and I also hope to see the many UPenn alumni who are at CBI and in our area to show their support!



Lorna Wallach



To contact Cantor Wallach,
email her at cbicantor@cbi-nj.org

In The Community

Condolences to:

Shari Brandt (Popolow) on the death of her beloved grandmother, Hessa Kapelus (z”l).

Nikhil and Wendy Minocha on the passing of his father, Surender Minocha.

Dayna Platnick Clawans & Jason Clawans on the passing of her mother, Ella Ann Platnick (z”l).

Condolences to the Henry Brendzel on the death of his brother, Michael (z”l).

Condolences to Barry and Sandra Cogan on the death of their son, Seth (z”l).

Refuah Shleima to:

Naomi Eisenberger, Meryl Hubscher, Frieda Ostrowsky, June Fastow, Shirley Ehrich, Laurie Weinberg, Lenore May and Sue Shapiro.

Mazel Tov to:

Orli Almog and Ben Levy on the B’nai Mitzvah of Ella and Max.

Mazel Tov to the Meiler family on son Henry’s Bar Mitzvah

November 2019 Yahrzeit Donors

Hank Kaplowitz	Gloria Gottlieb
Ruth Dobrowski	Stacey Thornton
Leslie McCafferty	Lenore May
Gary Dubro	Flo Ellen Maslow
Sandra Panzer	Lisa Jacobs
Michael Klausner	Laurie Landau
Barbara Fulop	Linda Glasofer
Allan & Nancy Sloan	Leila Schott

President's Message

By Mariela Markelis Dybner



Looking back over the last month, I hope that the holidays have been a meaningful opportunity for self-reflection and celebration with friends, family and our CBI community. We welcomed our Rabbi Emeritus Steven Bayar back to our sanctuary as we learned with our Interim Rabbi Paul

Resnick and soothed our collective souls with Cantor Lorna Wallach. Our community enjoyed an invigorating Sukkot with many meals in our new, beautiful Sukkah and incorporated new traditions for Simchat Torah with our Director of Congregational Learning Rabbi Julie Schwartzwald. Thank you to all the clergy, the office staff, the maintenance staff and our many volunteers for making our observance possible.

We are in the process of concluding our High Holiday Appeal for the year. My deepest gratitude to all those who contributed and to those who are still planning their gifts. If you have not yet had the opportunity to give, please let this be a reminder to you to contact the office about your annual support. A special thank you to our Board of Trustees for making solicitation calls and especially to Henry Bloom and Dan Richter for once again chairing our biggest fundraiser of the year. CBI would not be able to achieve what we do without the important work of our volunteers and the funds donated by so many generous congregants.

Our rabbinic search committee has been reconstituted and back at work. Co-chairs Jonathan Engel and Debra Nevas have welcomed Jodi Reich to the committee, which has edited and posted our synagogue questionnaire and job description with the Rabbinic Assembly. We look forward to receiving applications from interested rabbinic candidates but also encourage you as our congregants to let committee members know if you know of a rabbi who would be a good fit for CBI. The search committee will proceed with the first rounds of interviews and will select the candidates to come visit CBI early next year to meet with our congregation.

Save the date to celebrate! This year's Gala will be held at CBI on Saturday night, March 7, 2020. Gala Committee Co-Chairs Ruth Novick and David Touger are currently

forming their committee, so please let them know if you are interested in participating. Stay tuned for the exciting announcement of our honorees!

As always in November, we honor our veterans and we gather as Americans to give thanks for the many blessings we enjoy. This November brings a special blessing for my family as we mark the occasion of my daughter Sara's becoming a bat mitzvah. We invite our congregational family to share in our joy with a Shabbat dinner in her honor on Friday, November 29th and hope to see many of you on Shabbat morning as well. We are so very grateful for the warm and loving community in which we have the privilege of raising our family.

Mariela Markelis Dybner



To contact Mariela Markelis Dybner, email her at president@cbi-nj.org



The Art of the Nigun At the CBI Chanting Circle

**Join us in the Chapel Sunday November 10th at 5PM for
our inspirational Hebrew chant and song circle
with musical accompaniment.**

This special edition of the chanting circle is going wordless! What is a nigun if not a chant without words? Like chant, the nigun is powerful centuries-old way of accessing a spiritual sensibility not otherwise readily available to us. While our niguns will be contemporary, what they bring out is timeless!

The intention of chanting is to awaken the divine in our hearts. It can soothe the mind and at the very least is simply fun to do! No prior knowledge of Hebrew or singing ability necessary ... only a willingness to join in spiritual community.

Our 9th Year!

Beineynu

By Harvey Brenner, Executive Director

It's almost *Sukkot* as I sit to write my November column and that means that Thanksgiving cannot be far away. Having just spent the better part of a month in shul, many things come to mind, but most importantly, my desire to be a better person this coming year (both generally and Jewishly). So, I'm taking a little liberty with my column this month and reprising one that I wrote two years ago. I hope you'll forgive me for doing so, but it's even more relevant today than at that time.



"While sitting in my home synagogue's sanctuary for the *Yom Tovim*, I had the chance to read, think and plan just how accomplish this. One of the tools I found available to me was a handout compiled by my rabbi that offered lots of inspirational and contemplative excerpts for our personal use. One of the selections resonated within me, most probably because of what I do for a living.

Dr. Ron Wolfson, *Fingerhut Professor of Education, American Jewish University*, and founder of "*Synagogue 3000*", spends a great amount of his time teaching and writing about converting synagogues from 'transactional' organizations into 'relational' ones. The preferred latter, where people connect with one another and establish lasting friendships is far superior and much more rewarding to all.

So it was with great interest that I read an excerpt from his *Spirituality of Welcoming, "Jewish Values to Guide Communications"*. In it, he lists **seven Jewish values** that we should incorporate into our everyday synagogue language and behavior, and some hints to help us model them:

1) *Sh'tikah & Sh'miat Ha-Ozen*:

Silence & Active Listening

- a) Reflect in silence while others are speaking
- b) Refrain from interrupting while others are speaking

2) *Dibbur*: Speech

- a) Speak the truth as you see it, but.....
- b) Don't hurt others by speaking harshly to or about them
- c) Speak as if God was listening to everything you say

3) *Salvanut*: Patience

- a) Be patient while others are speaking; wait your turn
- b) Have empathy towards others and their opinions

4) *Elu v'elu*: "These and these"

- a) Allow for multiple perspectives
- b) Even if you don't agree with others, don't be condescending towards them

5) *B'yachad*: Together

- a) Let's think of each other as teammates
- b) Progress emerges from collaboration
- c) Even davenning requires a minyan!

6) *Derech Eretz*: Common Decency towards others

- a) Treat each other with mutual respect
- b) Remember, everyone present is on the same side

7) *L'Shem Shamayim*: For the sake of Heaven, and *Da Lifnei Mi atah Omed*: Know before Whom You Stand

I'm going to try and remember that our congregation is a *Sacred Community* and not just a building. We are a collection of individuals who share a common goal and a profound love of Judaism. It is "all about the relationships" we develop that keeps us together in good times and bad. We support each other spiritually, emotionally and socially."

Despite the prevailing polarizing political rhetoric that attempts to divide rather than unite us, I still hold great hope for our survival as a religion and a nation. Although I am "third generation born in the USA" American, I feel a connection to all the immigrants who come today and came yesterday to our country to find a better life; one of promise, freedom, health and prosperity for them and all their descendants. Let us not forget that we are a nation of immigrants and somewhere, perhaps deep in our past, some relative trekked from a far-off country to the United States in the hopes of achieving a better life.

For this "better life", for the bounty of this rich and flourishing Jewish community, and for the many other blessings in our lives, I say "Thank You"!

Enjoy your Thanksgiving and the bountiful year to come.....

L'hitraot,

Harvey M. Brenner, FSA, FTA



To contact Harvey Brenner,
email him at hbrenner@cbi-nj.org



CONGREGATION
B'NAI ISRAEL



Children's & Family Shabbat Services

CBI offers a variety of services for families that teach the songs and rhythm of Shabbat for children of all ages. Join us for meaningful experiences and memories that blend Jewish learning and living. Children are always welcome in the sanctuary for services; guests are always welcome at any services!

BIM BAM SHABBAT (for children through 1st grade and their families)

Monthly Saturdays, from 10:30 am to 11:45 am

November 2, December 14, January 4, February 15, March 7, April 4, May 9

Sing songs and prayers, hear a story and play games! Celebrate your birthday in your birthday month! Bim Bam Shabbat will be led by Morah Vivian Gibilisco and Rabbi Julie. Bring moms, dads, grandparents, neighbors, friends... all are welcome! Families will enjoy the congregational Kiddush following Bim Bam Shabbat.

FAMILY SHABBAT SERVICE (for 2nd-6th graders and their families)

Monthly Saturdays, from 10:30 am to 12:00 pm (Light breakfast at 10:15 am)

November 16, December 7, January 11, February 8, March 21, May 2

A vibrant Shabbat service on Saturday morning filled with singing and storytelling, including a special up-close look at the Torah as we read part of the weekly parasha. Children take an active part in leading prayers and chanting Torah. Parents and children will learn and pray together, participate in discussion and act out a play. A light breakfast is available before the service. Following services, we welcome families to stay for Kiddush with the entire congregation.

SHIR SHABBAT (Families with children of all ages)

Monthly Fridays, 6:00 to 6:45 pm

November 22, December 13, January 24, February 28, March 27, April 24, May 8

A shorter version of the traditional Friday night service in the Sanctuary with upbeat singing, led by our clergy and children together. Services are often followed by a catered Congregational Shabbat Dinner. (Or, just come for the service.)

Check the CBI calendar for the most up-to-date information: www.cbi-nj.org. For more information about any of these Shabbat programs, please contact Rabbi Julie Schwarzwald, Director of Congregational Learning, at rabbijulie@cbi-nj.org or 973-379-1134.

B'NAI MITZVAH



Judah Marcus November 9, 2019

Judah is an 8th grader at Joseph Kushner Hebrew Academy (JKHA), though he earlier attended BBRS at CBI. Judah has enjoyed five summers (so far!) at Camp Ramah in the Poconos and is active in Chabad's CTeen youth group in his hometown of Basking Ridge. He is an avid Yankees fan and an intense fantasy league organizer. Judah also plays piano, tennis, and basketball and competes in his school's Torah Bowl and Math leagues. He plans to donate a portion of his simcha gifts to Boys Town Jerusalem - which is dedicated to providing outstanding technological and Jewish education to Israeli children of all backgrounds. Judah is thrilled to share his simcha with parents, Alex and Debbie Marcus, brother Zachary - flown in from his Yeshiva Mevasseret gap year in Israel, sister Eliana, Grandparents

Rabbi Jonathan and Gracie Brown and Grandparents Robert and Carol Marcus. Judah thanks Rabbi Resnick and Cantor Wallach for their help preparing for this special day.



Eliana Biller November 23, 2019

Eliana is a 7th grader at Millburn Middle School. She is a caring and sweet young girl who is excited to share her Bat Mitzvah with her family and friends.

Eliana was two and a half years old when she started pre-school at HGECC. She has been a fixtured at CBI ever since, attending Hebrew school, Chaverim, Kadima, and raising funds at the annual Mitzvah Day.

While not at CBI Eliana loves playing basketball, going on foodie adventures and to Jets and Devils games with her family, hanging out with her friends, and occasionally spending time on her iPad). During the summer, Eliana attends Camp Harlam where she is "Welcomed Home" by her camp family and friends.

Eliana is proud to celebrate the 30th anniversary of her Dad's and Uncle's Bar Mitzvah by sharing their Torah portion – Chayei Sarah. Special thanks to Paula Touger, Cantor Wallach, and Rabbi Resnick for their warm and patient assistance with the Bat Mitzvah process.



Sarah Dybner November 30, 2019

Sara is a seventh-grader at Maplewood Middle School and is so excited to be celebrating her Bat Mitzvah at CBI where she has been a member since birth. Sara enjoys musical theater, Ultimate Frisbee, Girl Scouts and all things Marvel. She attends and loves Camp Young Judea Sprout Lake.

For her bat mitzvah project, Sara volunteered her efforts and fundraised for the Partnership for Jewish Camp, culminating in the Tour de Summer Camps on September 22. Sara chose this bat mitzvah project because her camp is very near and dear to her, and she wanted the gift of Jewish camping to be available for other children.

Sara is thrilled to share this simcha with her parents Mariela and Ariel, her sisters Lucy and Phoebe and her brothers Teddy and Miles as well as her grandparents Mario Markelis and Ana and Ruben Dybner. She extends much gratitude to Paula Touger, Cantor Wallach and Rabbi Resnick as well as all her teachers at BBRS who helped her prepare for this day.

Hedwig Gruenewald Early Childhood Center (HGECC)

By Rochelle Baron, Director

We enjoyed all of the October holidays and are now looking forward to November's events. This month the staff will partake in re-certification training in Infant/Child CPR and First Aid, truly hoping that we never have to use the skills we learn. We will be offering speech, hearing and language screenings with a certified speech pathologist on November 11 for those families who are interested in having their child evaluated. Individual and class photos will be taken on November 20. There will also be lots of Thanksgiving experiences—cooking, crafts, songs, stories, dramatic play, discoveries, experiments—as we all get ready for this fun holiday at the end of the month.

Each day we are learning new things about our students as we observe them in the classroom setting. We are discovering



their likes, dislikes, methods of expressing themselves, strengths and weaknesses, and how they interact with one another. STEAM activities are in evidence each day as the children explore their environment and challenge themselves to discover new things. One common thread is the key element of 'play' which is present in everything they do. To quote Fred Rogers: "Play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play is really the work of childhood." We are vested in supporting everything the children do as they learn through play throughout their day. We invite you to come by to see the kids in action and 'play and learn' with us!

Happy Thanksgiving!

Rochelle



To contact Rochelle Baron,
email her at HGECC@cbi-nj.org

DCL Drash

By Rabbi Julie Schwarzwald, Director of Congregational Learning

The Jewish month of Cheshvan is often referred to as MarCheshvan, with the prefix *mar* meaning bitter. Cheshvan is the only Jewish month in our calendar that is not honored with a festival or special day, and this makes us consider it a bitter month.

However, I am looking forward to Cheshvan. The month where I can catch my breath, cast my eyes around and appreciate where we are, and what we, as a community, are building together.



Cheshvan for me is not a bitter month. It is instead a month where we can acknowledge that there is value and beauty in the ordinary. The month where we aren't bouncing from one activity to the next one. When our

children are settled into their new routines and we are able to take pride in our everyday lives. BBRS, Lifelong Learning, and Shabbat youth services are running smoothly, and we have full weeks of programming and activities.

This quiet month gives us an opportunity to understand the blessings of the ordinary and by doing so, we learn to value these intangibles. At the same time, as we look up from a hectic month, we notice that the season is changing around us. For me, seeing the leaves change colors and the magnificence of nature, is a spiritual experience. I regularly find this blessing on my lips as I drive or walk in my normal day:

Baruch atah Adonai, Eloheinu melech haolam, shekacha lo beolamo. We praise You, Eternal God, Sovereign of the universe, that such as these are in Your world.

So Cheshvan, thank you. Thank you for the gift of the everyday life. Thank you for the respite before we jump into the next set of Jewish and secular holidays. Thank you for the reminder that God is everywhere and part of everything.

Rabbi Julie Schwarzwald



To contact Rabbi Schwarzwald,
email her at rabbijulie@cbi-nj.org

Sisterhood's Message

By Jennifer Glick and Sharon Richman, Sisterhood Co-Presidents



Jennifer Glick & Sharon Richman

Our Sisterhood year has started! In addition to sponsoring some special kiddushes and onegs for Sukkot and Shemini Atzeret, we have already enjoyed some incredible programs. Most notably, we had the opportunity to all spend time together at our **Annual Kickoff event**. Many thanks to Lisa Ehrlich, Rachel Benjamin, Edie Yaffee and Melissa Zarin for making our 2nd annual trivia themed Kickoff a huge success. Who knew that our members know so much trivia? We had a fun and stimulating **Rosh Chodesh program with Rabbi Resnick**, where we discussed "the top ten teachings to assure the next generation of Jews." We also want to thank Wendy Kaplowitz for organizing this Rosh Chodesh program where we all were able to enjoy an evening with Rabbi Resnick.

Many of us also participated in our monthly **Mah Jongg night** organized by Helene Moehlman. Now is a good time to let you know that **2020 Mah Jongg cards** are now on sale. The price has not changed from 2019. It is still \$8 for regular sized print cards and \$9 for large print cards. Please contact Amy Dantus at abdant@gmail.com to place your order. And, consider buying two cards, one for the car and one for home. This way you can "save the day" when one of your friends forgets to bring hers (or his).

We also enjoyed our **Knit and Knosh night** organized by Marion Mohl and Ann Spector. All are welcome to attend **Mah Jongg and/or Knit and Knosh**, whether you are playing your first Mah Jongg game, knitting your first scarf or are an experienced knitter. Please join us in November for **Knit and Knosh** on November 19th and the very next night, November 20th, **Mah Jongg**.

For those of you interested in learning a new and exciting game Sisterhood is planning to host **Canasta** lessons. Please let us know if you are interested in signing up for **Canasta** lessons or playing by contacting Jennifer at

glickcorwin@msn.com or 240-401-1057! We've already received interest from members so we are well on our way to planning lessons as well as starting a monthly Sisterhood Canasta night.

Hopefully, you started reading **Mrs. Everything by Jennifer Weiner**, in preparation for Fall Bookends, to be held on **November 14th**. You still have a few days to read and enjoy this emotionally rich **novel**. We are fortunate that we have our very own Sara Sherman to facilitate the book discussion.

We are very busy planning our program for the rest of the year. Some of the highlights include a guided bus tour of **Jewish synagogues and other areas of Jewish interest in Newark** including lunch. Another not to be missed Rosh Chodesh program is a performance by **Shiru Nah**, a wonderful singing group. Since we had so much fun this summer playing games at our staycation, a Bingo night is being planned. Who could miss our traditional **Rosh Chodesh movie night** with a themed dinner? Sign ups for participation in Sisterhood Shabbat on **March 13th and March 14th** began at Kickoff. If you missed Kickoff, but would like to participate, please reach out to Chaya Cohen at chayacohen@gmail.com or Michelle Daniel at michellefdaniel@gmail.com. Opportunities are available in both Hebrew and English. Michelle and Chaya would love to have your participate.

Chanukah is quickly approaching. The holiday begins the evening of December 22. Think about the Sisterhood Gift Shop when you are putting together your gift list! Ilisa Perlman has many lovely items that would make beautiful Chanukah gifts. Ilisa can be reached at ilisaperlman@verizon.net to schedule a personal shopping trip at the Sisterhood Gift Shop.

Finally, do you have an idea for an event that you think Sisterhood members would enjoy? Just let us know and we can help make it happen. Jennifer is at glickcorwin@msn.com and Sharon can be reached at sjschmerz@gmail.com.

Jennifer Glick and Sharon Richman
Sisterhood Co-Presidents



To Place an Ad in the Journal Honoring David Touger:

Full Page: \$136
Half Page: \$ 72
Quarter Page: \$ 50

Deadline: Sunday, December 8

Ads placed and paid for prior to or by December 1,
are entitled to the following “early bird” discount:

Full Page: \$118
Half Page: \$ 65
Quarter Page: \$ 45

Send your ad as a PDF or Microsoft Word document via email to:
mikeslifer@verizon.net

Pay for the ad with your credit card – no extra charge.

Any questions, feel free to contact Mike at (973) 379-7799 or via email at:
mikeslifer@Verizon.net



Annual
Chanukah Dinner Dance

Sunday, December 15th at 6:30 p.m.

Dancing - Celebrating - Door Prizes

Honoring
Men's Club 2019 Man of the Year
David Touger

Festive Holiday Dining

Prepared by CBI Chefs Extraordinaire

Featuring Fantastic Music

Reservation Deadline Sunday, December 8

Please RSVP to Invitation in eMail

Admission \$50 per person (\$60 after December 8th)

Sign up online! <http://tinyurl.com/chanukahdinner2019>

For more information, please contact the co-chairs:

Michael Jurist at michael.jurist@verizon.net, or Craig Rothman at craig231rothman@gmail.com

For questions about the ad, contact Mike Slifer at mikeslifer@verizon.net

Musical Shabbat

featuring the

Shabbatoners

Jewish A Cappella Group

November 15 & 16



We are thrilled to welcome the Shabbatoners from the University of Pennsylvania to celebrate Shabbat with us. The Shabbatoners are one of the premier Jewish a cappella groups in the country, known for their energetic arrangements and entertaining performances of popular Israeli, Jewish and American music.

**BRING
FAMILY &
FRIENDS!**

**This Musical Shabbat is made possible by donations to the
Cantor's Music Fund.**

**Thank you to an anonymous congregant for sponsoring this
Shabbat Dinner.**

**If you are interested in contributing to future Shabbat Dinners,
please contact Harvey Brenner in the synagogue office.**

Friday, November 15

Shabbat Dinner at 6:30 p.m.

Welcome Shabbat with family and friends
with a FREE Shabbat Dinner!

Please register by November 11.

RSVP online at www.cbi-nj.org.

Or, call the synagogue office at 973-379-3811.

Kabbalat Shabbat at 7:30 p.m.

A special musical performance of Jewish,
Israeli and popular American songs!
Festive Oneg to follow.

Saturday, November 16

Shabbat Morning

The Shabbatoners will engage with our
Family and Yaldeinu Shabbat Services and
then we will all come together in the
Sanctuary for a short performance.

More singing at Kiddush!



**CONGREGATION
B'NAI ISRAEL**

160 Millburn Avenue
Millburn, NJ 07041
973-379-3811
www.cbi-nj.org

MEN'S CLUB MINUTE

By Alex Marcus & Jonathan Schor,
Men's Club Co-Presidents

Welcome to the November edition of MMM!

September and October were busy months for Men's Club. The holidays bring many opportunities to get the entire group together and celebrate. Now that the season has passed, we wanted to thank everyone who volunteered to usher for the High Holidays. Your efforts helped everyone in the building have a safe and meaningful holiday. Thanks again to Danny Kamen for coordinating the ushering efforts. Another wonderful job!

Thanks again to everyone who helped us organize the Kiddush on the first day of Sukkot. It was great to be the first Kiddush in the beautiful and newly expanded Sukkah. We also had a fun "Scotch in the Sukkah" event in conjunction with BBRs. It was a fun night filled with comedy and a few drinks. We are still trying to understand how Alex gets his face on the toast... Thank you to everyone who donated drinks, time and energy to help make the night so successful.

Moving on to upcoming events. We are pleased to announce that this year's CBI Men's Club man of the year is none other than... David Touger. As many of you know David is a CBI institution. He has served on nearly every committee in the Shul, he is a past president, a world champion Torah lifter, and is willing to admit that he is a Met fan. David is also our resident master chef, BBQ'er, and sportsman. He has planned every major Men's club event over the years. There isn't anyone more deserving of the honor this year. Please come out to celebrate David on December 15th.

Visit www.tinyurl.com/chanukahdinner2019 to sign up, place ads and for more information. We look forward to an evening with great music, food, and great company. Mazal Tov David!



Alex Marcus



Jonathan Schor

Looking Ahead: Men's Club Shabbat will be on March 20-21. Stay tuned for more information.

Alex Marcus & Jonathan Schor
Co-Presidents

LET'S HAVE DINNER TOGETHER!

This year we are planning monthly Shabbat dinners to bring the CBI Community together and we're looking for additional sponsors.

To become a sponsor:

Contact Harvey Brenner (hbrener@cbi-nj.org) in the CBI office for more information.



Monday Morning Modules

A variety of short-term offerings on different topics that comprise a single course of adult education. Free to CBI members; non-members may pay \$50 for the entire fall semester or pay \$10 a week and choose which modules interest you!

Class meets at CBI on Monday Mornings from 9:30 to 10:30 a.m.



November 4, 11, 18, 25: Naomi Shemer's songs from the '60's to the '70's with Len Hausman

December 2, 9, 16: Ki Ner Mitzvah V'Torah Or: An Exploration of Lamps, Light, and Liturgy in Our Tradition with Cantor Lorna Wallach

This class is suitable for learners at all levels...from beginner to the most experienced.

It is not necessary to attend each session.

Lifelong Learning classes are open to CBI members as well as members of the general community.

Questions? Please contact the Clergy Office at 973-379-3811.



THE STORY OF THE STATE OF ISRAEL THROUGH ITS MUSIC

WITH LEN HAUSMAN

Music is an ideal way to learn about a country's history and culture. In the Fall 2019 module of this class we will be learning about Israel's second two decades through the music of Naomi Shemer, who is known as the first lady of Israeli song and poetry. Her music is regarded as the soundtrack of the lives of Israelis who came of age in the 60's and 70's.

The class will learn about the composer's life and how it was interwoven with the development of the State of Israel as reflected in her music. The text for this class is Naomi Shemer's song lyrics, in translation, as we explore their context and meaning. We will approach the lyrics as we would a poem, looking for their resonance and allusions. The Hebrew text will be available and we will learn some key Hebrew words in the lyrics.

An added bonus is that while Naomi Shemer did record her songs, the most well-known versions are those done by others. These versions were sung by the leading vocalists and groups of the day and the class will gain the familiarity of a 'Who's Who' in the history of Israeli song as we listen to and enjoy her music.

ABOUT THE CLASS LEADER

Len Hausman has had an interest in the music of Israel since his youth. He completed a year of training in Israel toward being a teacher in the diaspora, sponsored by the World Zionist Organization. He has enjoyed teaching on a range of subjects over the years at CBI's Shabbat Journeymen's Minyan and other venues. Professionally, Len is a psychologist with practices in Greenwich Village, New York and locally.



Monday Mornings

9:30 – 10:30 a.m.

Four Sessions

November

4, 11, 18 & 25

**FREE for
CBI Members**

To register,
please contact:

Rabbi Julie Schwarzwald
Director of
Congregational Learning

rabbijulie@cbi-nj.org
(973) 379-1134

CONGREGATION B'NAI ISRAEL

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Millburn, NJ 07041

www.cbi-nj.org



Adult Forum "Lunch & Learn"
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 160 Millburn Avenue, Millburn, NJ 07041

Our programs are open to all- bring friends!



NOVEMBER EVENTS

Lunch begins at 12:30 p.m. The program begins at 1:00 p.m.

Thursday, November 7th TRIP with the JCC of Central New Jersey. We will be going to The Jewish Heritage Museum: *Not Long Ago, Not Far Away*. This groundbreaking exhibit brings together more than 700 original objects and 400 photographs covering the history of Auschwitz and its role in the Holocaust. This is the most comprehensive exhibit ever presented in North America. The cost is \$85 for members, \$95 for community participants. Price includes docent led tour, bus transportation, time to explore on your own, and a box lunch. RSVP to Alison at 908-889-8800x260 as soon as possible. There will be a pick-up & drop off in Millburn at CBI.

Thursday, November 14th Hirschhorn speaker Charlie Bernhaut will bring us *The Best of Jewish Comedy-recordings/clips of the best of Jewish humor*. Please join us for this most entertaining smile-filled program.

Sandwich choices are: turkey, roast beef, corned beef, pastrami, tuna, egg salad. **PAY AT THE DOOR.** CONTACT LOIS at 973-533-1809 to place your lunch order by the Wednesday afternoon before 3 p.m. The cost is \$10 for Adult Forum members and friends, and \$12 for community participants. If you are coming for the program only and not joining us for lunch, then there is no charge, but PLEASE CALL ME to let me know you will be attending.

CBI Kadima 2019 Fall/Winter Events

- Thursday, November 14th 6:00-7:15
 Pottery Painting – Dinner and Event in Youth Lounge
- Thursday, November 21st 6:00-7:15
 Mystery Party – Dinner and Event in Youth Lounge
- Thursday, December 5th 6:00-7:15
 Giant Game Night – Dinner and Event in Youth Lounge
- Thursday, December 13th 6:00-7:15
 Top Chef Chanukah – Dinner and Event in Youth Lounge

Don't forget to send in the youth group membership form, which must be handed in to attend an event. Any questions – Contact Aly Greenstein, Kadima Advisor at: 973-495-6967 or alygreenstein18@gmail.com

CHAVERIM 2019 - 2020 CALENDAR OF EVENTS

- 11/26: "Cupcake Wars"
- 12/10: Wild West Winter Gold Rush
- 1/14: "Master Chef Junior"
- 2/4: "Maker Space Tu B'shvat"
- 3/10: Purim Dance Party
- 4/7: Cookie Decorating and Movie Night
- 4/28: (3rd Grade ONLY Event 6:00 - 7:00PM)
- 5/12: Field Day and Ice Cream Party

All events are for 4th and 5th graders who are paid members of CBI's Chaverim Youth Group. All events are directly after religious school on Tuesdays beginning at 6pm, dinner will be served. Pick up is promptly at 7:15PM. Please contact CBIChaverim@gmail.com to RSVP or if you have any questions.

ISRAEL AFFAIRS

By Joe Tenenbaum



Israel "Current" Events

My article here is only monthly, so perhaps trying to make people aware of Israel current events seems problematic. However, this year is very special. We have only a few different phrases which have been valid all year. There is another election coming soon. There may be another election coming soon. An election was recently completed, but we cannot yet tell who will be offered the chance to form a government. The President has selected [Netanyahu / Gantz / Lieberman / Lapid / Shaked / Sa'ar] to form a government, but it is hard to see if he will be able to create a majority government.

There you have it. As I write this in mid-October we still do not know if the Prime Minister will have a new term, or if Israel will have a new Prime Minister, or if instead Israel will have a new election. Tune in next month for an update to this complex process.

5780 Israel Bond Appeal

If you did not pledge a bond purchase during the holidays, you can still purchase bonds directly from the Israel Bond Office by calling David Brown at (973) 712-1404. Be sure to mention that you are a member of CBI Millburn.

Think of purchasing bonds as gifts, particularly in honor of Bar and Mitzvah celebrations. A mitzvah bond will mature in five years from the date it is purchased, which can be perfect time for use either for a gap year in Israel, or the beginning of college in the United States. The message of an Israel Bonds is as valuable as the financial value – nothing says support for the State of Israel like lending money to the State to help it thrive. And a five year bond purchased now will still be helping Israel when she reaches her 75th Anniversary (coming up in 2023).

2020 AIPAC Policy Conference March 1-3, 2020

Next year's Policy Conference will be held Sunday March 1 – March 3, and once again there will be a Shabbaton the weekend before. The conference will be held the week before Purim, so well ahead of the spring holidays. Next year's conference is in an election year, and AIPAC has usually invited Presidential candidates to address the Conference during election years. So, this conference may be even more historic than usual. Talk to your fellow congregants who attended this year and decide to come with them next year.

I hope that you noticed the poster inviting congregants to join Rabbi Resnick as part of the CBI AIPAC delegation this year.

It is so important that we continue to attend in greater numbers, both from CBI, and from other congregations. Consider attending not only with your children (high school and older) but maybe with your parents, your siblings, or your good friends.

Bi-partisan support for the US Israel relationship is the keystone of all that AIPAC does. This concept is being challenged by both sides in our current environment and it is essential that Democrats and Republicans come together in Washington to demonstrate that this relationship is stronger than our partisan divide. Make plans to be part of our CBI delegation.

Congratulations to our Diller Teen Graduates!



2019 CBI Diller Graduates

Three CBI teenagers recently graduated from the Diller Teen program. Lexi Abrams, Jacob Daniel and Alex Popolow are shown in the picture above. (Missing from this picture was junior counselor Phoebe Dybner.

Diller Teen Fellows is an immersive leadership program inviting a select group of Jewish 10th and 11th graders from six continents and 32 communities to step up, lead their communities, and help repair the world. Each year, over 600 teens – from 32 communities worldwide – spend 12 months engrossed in the Diller program. Training includes a commitment to hands-on tikkun olam, building a connection to the Jewish people and Israel, and deepening Jewish identity.

The Diller Teen Fellows program is generously sponsored by the Helen Diller Family Foundation and locally by the Jewish Federation of Greater MetroWest NJ.

Congratulations to Lexi, Jacob and Alex!!

Would you like to Ride for Israel without leaving New Jersey?

Flywheel Studios in Millburn (351 Millburn Avenue) is sponsoring a Fly with Israeli Special Forces night on November 11, 2019. The event will include a Meet and Greet with Heroes from Air Force Combat Search and Rescue Unit 669 preceding the ride, which will begin at 7:00 pm. Cost to participate is \$45. To register for the ride, or to donate to Unit 669 e-mail Jillian Braunstein at Jillianb@aol.com

News you can use

Olympic Baseball 2020

Israeli baseball is returning to the International stage next summer, as Israel has become the first team to qualify for the Olympic Event. Israel qualified by winning an Africa Europe tournament. In the tournament, Israel defeated Spain, Netherlands, Italy and South Africa.

All members of the Olympic team have Israeli passports, a more restrictive rule than was in effect for the 2017 World Baseball Classic. The most recognizable MLB name on this year's team is Danny Valencia, a 35 year old infielder/outfielder who played for seven American League teams in his eight year Major League career. The team includes 4 native born Israelis, including Shlomo Lipitz, a 40 year old pitcher who has been involved in Israeli baseball for 30 years. There is no word on whether Mensch on the Bench will be with the team in Tokyo. *(Much of this information was from NBC Sports)*

Tell us about your Israel experience!

Please consider sharing your Israel experience with the CBI Community. Describe your trip, or your activity in 200 to 300 words, and I will include it in a future article here in the CBI Bulletin. Let me know if you are interested in sharing.

Missing Soldiers and non-combatants

We must continue to pray for the remaining soldiers to return home:

Guy Hever Yehuda Katz Zvi Feldman

There are also two non-combatant Israelis being held by Hamas in Gaza:

Avera Mangistu Hisham al Sayed

Joe Tenenbaum

To contact Joe Tenenbaum,
email him at TenenbaumJ@AOL.com



**CONGREGATION
B'NAI ISRAEL**

160 Millburn Avenue
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YALDEINU
for families with special needs

Yaldeinu ("Our Children") is the name of our congregation's outreach to families with children or young adults with special needs. We have prepared liturgy and an experience designed to be participatory, joyous, and relaxed!

The service is approximately 45 minutes long and led by a special needs educator. The attendees are encouraged not only to participate but to lead as well as they can. The service is held in the Chapel and there is a Torah service. Youth over the age of 13 have the experience of being called up for an aliyah. It is a warm, nurturing, supportive environment for the youth and their families. Synagogue membership is not required for attendance, and all programs are held at CBI.

Saturday, November 16	11:00-11:45 am	Shabbat morning
Saturday, December 14	11:00-11:45 am	Shabbat morning
Saturday, January 11	11:00-11:45 am	Shabbat morning
Saturday, February 8	11:00-11:45 am	Shabbat morning
Saturday, March 14	7:15-8:15 pm	Havdalah service
Saturday, April 18	11:00-11:45 am	Shabbat morning
Saturday, May 9	11:00-11:45 am	Shabbat morning
Saturday, June 6	11:00-11:45 am	Shabbat morning

Any questions? Please contact Beth Giladi at bethhg@gmail.com or Rabbi Julie Schwarzwald, Director of Congregational Learning, at rabbijulie@cbi-nj.org or 973-379-1134.

**DON'T MISS
THE DEADLINE!**

Please note, the deadline for the DECEMBER 2019 bulletin is NOVEMBER 8. Information contained in the bulletin each month is time sensitive. We appreciate your cooperation in order to ensure that the Bulletin reaches everyone by the beginning of each month. Space permitting, we will do our best to include your item(s), and we reserve the right to edit your submission. Please submit all material to CBIbulletin@cbi-nj.org.

EDITION	DUE DATE FOR MATERIALS
DEC	8-Nov
JAN	13-Dec
FEB	10-Jan
MAR	14-Feb
APR	13-Mar
MAY	13-Apr
JUN	8-May

DONATIONS

If you wish to send a tribute please call the main office at 973-379-3811 ext.111 or email: dcoscia@cbi-nj.org.

Synagogue Fund

Joey Linver - In honor of your Bar Mitzvah!

❖ The Dovdavy Family

Naomi Eisenberger - Wishing you a speedy recovery!

❖ CBI Board of Trustees

The Askin Family - In honor of Joey's Bar Mitzvah!

❖ Arden Levy & Tony Sanchez

Dennis Lowenthal & Family - In memory of your father

❖ Ron & Debbie Arons

Nancy & Allan Sloan - In honor of your 50th Anniversary!

❖ Phillip & Marian Schaefer

Nancy & Allan Sloan - In honor of your 50th Anniversary!

❖ Treasure Cohen

Roslyn Schott - In memory of Mel Schott

❖ Steve & Gayle Chizzik

Nancy & Allan Sloan - In honor of your 50th Anniversary!

❖ Wendy & Hank Kaplowitz

Dayna & Jason Clawans - In memory of Ella Ann Patrick

❖ Nealy & David Troll

Cantor's Music Fund

Cantor Lorna Wallach - In honor of your help with Joey's Bar Mitzvah

❖ Matt Askin & Miriam Linver

Allan & Nancy Sloan - In honor of your 50th Anniversary!

❖ Aleza & Joe Rosenberg

Cheryl Burstein - In memory of Herb.

❖ Lisa Less & Family

Cantor Lorna Wallach - In honor of your support & guidance during mitzvah preparations!

❖ The Levy Family

Rabbi's Discretionary Fund

Rabbi Paul Resnick - In honor of your help with Joey's Bar Mitzvah!

❖ Miriam Linver & Matt Askin

Rabbi Paul Resnick - In honor of your help with mitzvah preparations!

❖ The Levy Family

Phyllis S. Magid Adult Forum Fund

In honor of being called to the Bima!

❖ Mark & Roni Chasin

Lois Dyer - In honor of your kindness!

❖ Ruth Tenner

Blanch Bayar Religious School Fund

In honor of the birth of my grandson, Philip Garrett Fields!

❖ Barbara Ismail

Gray-Ramah Scholarship Fund

Brandt-Popolow Family - In memory of your grandmother & great-great grandmother.

❖ The Sinins Family

Millburn USY 2019 Events

Mark your calendars for all our great events!

Event details will be on our Instagram ([millbusy160](#)), Facebook group and sent via email prior to the event:

Tuesday, November 12th 7:30-9:00 – Game Night

Thursday, November 21st 7:30-9:00 – ThanksRamen

Thursday, December 5th 7:30-9:00 – Escape the Room

Thursday, December 12th 7:30-9:00 – Dreidels and Doughnuts

Don't forget to send in the youth group membership form, which must be handed in to attend an event. Any questions – Contact Aly Greenstein, USY Advisor at: 973-495-6967 or alygreenstein18@gmail.com

Keep up to date with everything Millburn USY has to offer, follow [Millbusy160](#) on Instagram!



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MISSION STATEMENT

Congregation B'nai Israel is a center of Jewish life where we come together in a warm and welcoming environment.

We are...

- Rooted in Conservative traditional Jewish values, Torah, our connections to each other, our community, spirituality and Israel • Committed to creating a place where everyone feels comfortable and engaged, and is encouraged to participate • An inclusive, family-friendly, multi-generational, egalitarian congregation that pursues lifelong fulfillment through education, observance and social action • Present and supportive of one another whether celebrating life's joys or sharing its sorrows • Distinguished by passionate professional and lay leadership.

Congregation B'nai Israel is dedicated to inspiring current and future generations to experience rich Jewish lives.

Congregation B'nai Israel (973) 379-3811

Paul Resnick, Interim Rabbi
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