

The Bulletin



CONGREGATION
B'NAI ISRAEL

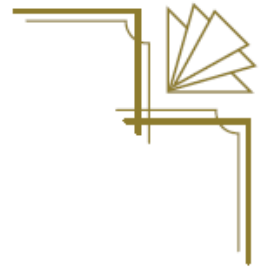
Congregation B'nai Israel, Elizabeth, NJ - Affiliated 1992

February 2020



Congregation B'nai Israel

ROARING 2020 GALA



Saturday, March 7, 2020

Join Us at the CBI Speakeasy for a Roaring Good Time

as we honor



Miriam Linver & Matt Askin



Roz & Jonathan Engel



Lori & Adam Katzman

RSVP by February 19, 2020



Purchase tickets and tributes at

www.WizAdJournal.com/CBIGala2020



February Service Times, Candle Lighting, Minyan

Kabbalat Shabbat 8:15 pm
Shabbat Services 9:00 am

Additional Shabbat Programs:

Saturday, Feb. 1

9:00 am – Shabbat Services - Bat Mitzvah of
Eliana Goodman
6:15 pm – Magnetic Havdallah @ Genius Gems

Friday, Feb. 7

8:15 pm – Kabbalat Shabbat

Saturday, Feb. 8

9:00 am – Shabbat Services
10:30 am – Family Shabbat Service
11:00 am – Yaldeinu Services

Friday, Feb. 14

8:15 pm – Kabbalat Shabbat

Saturday, Feb. 15

9:00 am – Shabbat Services
11:00 am – Bim Bam Shabbat

Friday, Feb. 21

8:15 pm – Kabbalat Shabbat

Saturday, Feb. 22

9:00 am – Shabbat Services

Friday, Feb. 28

**6:00 pm – Shir Shabbat Services
6:45pm – Congregational Shabbat Dinner

Saturday, Feb. 29

9:00 am – Shabbat Services
10:45 am – Shabbat Journeyer's minyan
11:00 am – Torah Teen Time

Please check www.cbi-nj.org for any changes to schedule.

Candle Lighting

February 7	5:04 pm
February 14	5:12 pm
February 21	5:21 pm
February 28	5:29 pm

Mincha/Havdallah

February 8	5:04 pm/6:19 pm
February 15	5:12 pm/6:27 pm
February 22	5:21 pm/6:38 pm
February 29	5:29 pm/6:44 pm

Minyan Rotation

Feb. 2 - Feb. 7	Solomon - Tenenbaum
Feb. 9 - Feb. 14	Tiplitz - Wank
Feb. 16 - Feb. 21	Warner - Wiener
Feb. 23 - Feb. 28	Williams - Zimiles

This is a reminder that you are scheduled on the Minyan Rotation List for this month. **We urge you to make every effort to attend minyan, the times are listed below.**

Morning Minyan

7:10 am Mon. & Thurs.
7:15 am Tues., Wed. & Fri.
8:00 am Sun.

Evening Minyan
8:00 pm Sun.-Thur.

Rabbi's Musings

By Rabbi Paul Resnick



We are Diaspora Jews. We spend a lot of time loving and supporting Israel from afar. But this year, we have a rare chance to make an actual difference, a chance to assert our influence in our Jewish homeland - a chance that comes only every FIVE years. As Jews living in New Jersey in 2020, we can have a direct effect on the distribution of millions of dollars to institutions in Israel that will help shape its future.

We want those dollars to support OUR beliefs and prayers for a stronger, more democratic and more pluralistic State of Israel.

From today on, you can vote to elect MERCAZ representatives to the World Zionist Congress, where they will defend Conservative/Masorti values, our recognition, and religious pluralism.

The time has come again to stand up and use our voices. This election gives us the opportunity to fight for religious pluralism, democratic principles and the celebration of diversity throughout Israel. A strong showing in the election will help us secure leadership positions and funding for the future of the Conservative/Masorti Movement.

As we look towards a new year, let us seal the past and assert ourselves in the future. Voting MERCAZ is our responsibility, and it is also our responsibility to mobilize friends, family, and fellow congregants; the consequences of this election will affect us all so it must also include us all.

On a personal note, after our synagogue, MASORTI Judaism is the largest recipient of our tzedakah dollars. Please ask me why. I believe that our way of living Judaism can only strengthen the State of Israel. Please join me.

To learn how you can Pledge to Vote for the Mercatz slate or get involved in the campaign please speak to Rabbi Resnick, grab a flyer, or visit Mercatz2020.org.



Please see the following info from MERCAZ for your consideration:

Why Vote MERCAZ?

MERCAZ supports and will fight for . . .

- An Open, Pluralistic, Jewish Society
- No Restrictions on the Law of Return

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Musical Notes

By Cantor Lorna Wallach



Most Jews are familiar with the Biblical verse “Sh’ma Yisrael Adonai Eloheinu Adonai Echad.” In the verses that follow this sentence, in Deuteronomy 6, verses 5 – 9, is the phrase “uk’shartam l’ot al yadekha, v’hayu l’totafot bayn einekha.” “And you shall bind them as a sign upon your hand, and they shall be a reminder between your eyes.” This is of course referring to the mitzvah of Tefillin. Tefillin are ritual objects worn for weekday Shacharit (morning prayers) and are usually introduced at Bar or Bat mitzvah age. They consist of two small black boxes (*Bayit*) made from layers of parchment that are sealed and lacquered and attached to leather straps. Inside the boxes are scrolls of parchment inscribed with four passages from the Torah (from the books of Exodus and Deuteronomy).

The mitzvah of wrapping Tefillin is one of the most basic Jewish rituals. Years ago, children saw their fathers and grandfathers wearing them for the daily morning prayers and the boys knew that when they became Bar Mitzvah they would take on this commandment along with all the other commandments. Yet for many of us today, the practice of wearing Tefillin is removed from our daily lives; somehow a relic of the past rather than being a fundamental and meaningful spiritual experience.

I must admit that when I first began wearing Tefillin (I was 23 years old!) it felt strange and uncomfortable. As I became more accustomed to wearing them regularly, and as the skill of wrapping them around my arm and hand became more second nature to me, I learned to appreciate this ancient ritual and get to a point in my life where now, when I recite the daily morning prayers, I feel strange and out of place if I’m not wearing my Tefillin. Putting on Tefillin (and a Tallit) is like a way of praying to God with what we wear. In his book, *To Pray as a Jew*, Rabbi Hayim Donin suggests that Tallit and Tefillin are like a uniform worn by soldiers in the army. When wearing a uniform, one is especially mindful to whom one owes one’s allegiance.

At B’nai Israel, we should be proud of the fact that we sustain a daily morning minyan, which, by the way, could use some more attendees as there are always people needing to say Kaddish and we have fewer “regulars” who can attend as frequently as they used to. Some, though not all, of the attendees put on Tefillin. While men are obligated to perform this commandment, as the case with many other mitzvot, women can take on these obligations and then consider themselves “equally obligated.” Taking on a new ritual is not necessarily easy to do. The best way to learn how to put on Tefillin is to have someone show you how it’s done. Similar to learning how to ride a bicycle, if someone just explains how it’s done you still won’t “get it” until you’ve tried it and practiced it for a while. CBI’s Men’s Club brought the “World Wide Wrap” program, sponsored by the Conservative Movement, to our congregation several years ago to help

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In The Community

Condolences to:

Chris Bennett on the passing of his father Richard Bennett (z”l).

Joan & Harvey Bucholtz on the death of their son-in-law, Rabbi Adam Feldman (z”l).

The Coscia family on the death of our colleague and friend Denise Coscia (z”l).

The family of Jane Vatsky (z”l) on her passing.

Risa Sheer Goldberg on the passing of her mother, Sandra Sheer Rosenberg (z”l).

Alan Mintz on the passing of his father, Marvin Mintz (z”l).

Refuah Shleima to:

Meryl Hubscher, Frieda Ostrowsky, June Fastow, Shirley Ehrich, Celeste Johnson, Laurie Weinberg and Richard Maslow.

Mazel Tov to:

Arthur & Sharon Draznin on the upcoming marriage of their son, Andrew to Stephanie Bazbaz.

Carol & Fred Bolton on granddaughter Morgan Heller (daughter of David & Meryl) becoming a Bat Mitzvah.

Ellie Garry on her daughter, Sarah Fried’s marriage.

Helene and Steve Moehlman, brother Jesse Moehlman and grandfather Gary Dubro.

on Lara Moehlman’s engagement to Aaron Priluck.

President's Message

By Mariela Markelis Dybner



We are blessed. It is not every month that I am able to convey news of such importance to our community. With much enthusiasm and anticipation, I am overjoyed to announce that Rabbi Ari Isenberg will be joining Congregation B'nai Israel as our permanent rabbi as of August 1 of this year. Many of you came to CBI

to get to know Rabbi Isenberg and his wonderful wife Gila during their weekend visit and have expressed your positive opinions and eagerness to welcome them. I am pleased to inform the congregation that Rabbi Isenberg was offered the rabbi position with the full support of both the Rabbinic Search Committee and the Board of Trustees.

Rabbi Isenberg is originally from Montreal and is fluent in Hebrew and French. He has served as the Cantor, Spiritual Leader and Senior Rabbi at Shaar Shalom Congregation in Halifax, Canada and most recently, as the Associate Rabbi and then Rabbi at Temple Israel Center in White Plains, New York. He received his Rabbinic Ordination and Master of Sacred Music from JTS in 2013. His most recent publication, "Spirituality, Religion and Humanism: The Challenge from Youth," was included in a book in 2019.

Our congregational mission has much in common with the values that Rabbi Isenberg has shown us through his work

to date as well as what he shared with us during his interview and weekend visit. His dedication to pastoral work as well as creating sacred Jewish moments will serve our kehila well in the years to come, and his love and support for Israel, his bridging of generations and outreach to the unaffiliated including the LGBTQ community will speak to the greater Jewish community.

Please come to welcome Rabbi Isenberg and Gila at our Annual BBQ on August 6.

I'll end by noting my comments about our Rabbinic Search at the Annual Meeting:

Your incredible and infectious excitement and engagement in our rabbi search blew me away. The attendance for each of our rabbi interview weekends was outstanding and the level of participation not only for each scheduled interaction with the candidates but also for feedback to the rabbinic search committee was commendable. Thanks to this high level of participation, we have come to understand what we need and want in a future rabbi.

I'm so very happy to report that we now have found what our community needs and wants in Rabbi Ari Isenberg.

Marielaw Markelis Dybner



To contact Mariela Markelis Dybner,
email her at president@cbi-nj.org

Rabbi's Message

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- Governmental Respect for Conservative and Egalitarian Traditions and Practices
- Increased Funding for the Conservative/Masorti Movement
- Strengthening the Ties Between American Jews and Israel Combating Antisemitism and Anti-Zionism
- Achieving Peace Supporting Israel as a Democratic Ally and Engaged Global Citizen
- Over 80 Conservative/Masorti Congregations growing and thriving in Israel Over 800,000 Israelis affiliating with Masorti and liberal Judaism

Rabbi Paul Resnick



To contact Rabbi Resnick,
email him at rabbiresnick@cbi-nj.org

February 2020 Yahrzeit Donors

Amy and Mitchell Radin	Neysa Friedland
Shirley Malamut-Judd	Jacqueline Gershman
Myron Feldman	Terry Hofflich
Frances Licht	Flo Ellen and Richard Maslow
Gary Dubro	Robert Kandall
Ronnie Armuth	Lenore May
Jeryl Rempell	Marion and Murry Mohl
Evelyn Schachtel	Selma Friedman
Ellen Berkowitz	Beverly Orel
Judy and James Beneroff	Robert Fanburg
Robert Fulop	June Fastow
Nathaniel Feldman	Ruth Rosenberg
Susan and Michael Turk	

Beineynu

By Harvey Brenner, Executive Director

For me, as the senior staff member responsible for building security and member/guest safety, it is something which I take most seriously. Virtually every month, I participate in nationwide conference calls and webinars hosted by *The Department of Homeland Security* (D.H.S.), F.E.M.A. (*Federal Emergency Management Agency*), the F.B.I., S.C.N. (the *Secure Communities Network*) and other government and faith-based super organizations.



Not a session goes by where I don't learn something new or pick up on some 'best practices' that other houses of worship employ to safeguard their sacred communities. While we strive to maintain an open and welcoming atmosphere, we are also cognizant of the many threats to public assembly around the country and attempt to moderate those concerns for safety with the warm, accessible community we have come to enjoy.

Our board and officers are constantly seeking advice and guidance from law enforcement professionals so that we can better understand our local community as it relates to the larger American scene. If and when educational opportunities present themselves (to learn more about security) we attend them.

Recently, we have met with the Millburn School Superintendent and Chief Security Officer to learn from them about what methods they employ to protect their students, faculty and guests. It is our hope to 'mirror' their plans so that our community will have a seamless integration of secular and religious location protocols. More on this in the next few months.

Currently, there is no known active threat to the American Jewish community generally, or to the Metro area in particular. That doesn't mean we should relax our guard. Rather, we should be aware of the following two stratagems:

"IF YOU SEE SOMETHING, SAY SOMETHING!"

That's the motto made famous by the Metropolitan Transportation Authority of NYC, but it could very well pertain to any shul in these troubled times. With the recent tragic events of Jersey City, Monsey and Brooklyn,

it reminds us that we must continue to be vigilant and alert to potential threats while still maintaining a warm, welcoming congregation.

If you think something or someone doesn't look quite right, let us know. Tell an officer, clergy or staff member or call 911 if you can't find one of us. Please don't assume that someone else will or has notified us. In this case, redundancy is a very good thing!

"RUN-HIDE-FIGHT"

In the very unlikely event that there ever is an active threat on our premises:

RUN (run as far away as fast as you can) and avoid danger, then call 911.

HIDE (if you can't run, find a hiding place away from doors and windows) and do not reveal yourself until police search the premises and find you.

FIGHT this is your last resort when you have no other alternative (and your life is absolutely in jeopardy). Fight like your life depends upon it! (Historically, 16% of all active intruder situations are ended by just such citizen action.)

B"H, we will never know such violence in our towns, homes, or shul but should the worst happen, these few short slogans, put into practice, may save our lives.

As a rabbi colleague mine suggested, "we must not allow our fear to rule our behavior or actions. We must continue to live our lives in as normal a fashion as possible. To give in to those fears and prejudices makes the terrorists the winners." It is important to be cautious and aware but live our lives to the fullest!

Let us hope that our community never knows the pain and loss of Sandy Hook, Paris or San Bernardino, Pittsburgh, Jersey City or Crown Heights. May *HaShem* continue to bless us with peace and freedom!

L'hitraot!

Harvey M. Brenner, FSA, FTA



To contact Harvey Brenner,
email him at hbrenner@cbi-nj.org

CBI GALA – THE ROARING 20'S

SATURDAY, MARCH 7, 2020

7:15 P.M. @ CBI

The calendar may say 2020, but CBI will go back in time to the 1920's on March 7, when we honor three deserving couples, Roz and Jonathan Engel, Miriam Linver and Matt Askin, and Lori and Adam Katzman, at our Roaring 20's Gala. The Gala Committee is pleased to share these profiles of the honorees.

Roz and Jonathan Engel

Roz and Jonathan Engel have been CBI members since 1995 except for a two-year hiatus when they lived in New York City while Roz pursued her PhD, and a one-year stint living in Washington, D.C. due to Roz's employment. CBI kept calling them back. In fact, they returned from New York after Rochelle Baron made them realize that the preschool was the right fit for the Engel family.

CBI has been the focus of their philanthropic activities, serving on many permanent and *ad hoc* committees. Among other roles, Roz has served on the Board of Trustees, nursery school board, and governance committee. She has also served as the synagogue treasurer and Sisterhood treasurer, chaired the enrichment committee, and co-chaired the first gala committee. *Inter alia*, Jonathan has served as synagogue president and vice-president, and chaired or co-chaired the adult education, religious affairs and rabbinic search committees. He plays in the CBI band and periodically leads the journeyers minyan.

Roz received a B.A. in economics from Smith College, an M.S. in economic history from the London School of Economics, and a PhD in economics from Columbia University. She is a Professor of the Practice at the United States Naval Academy at Annapolis, Maryland, and the founder and president of the World Affairs Council of New Jersey, a non-profit organization that focuses on delivering thought-provoking programs on global affairs in New Jersey. Jonathan received his B.A. from Harvard in the history of science, his MBA from the Yale School of Management, and his Ph.D. in the history of medicine and science from Yale Graduate School. He is currently a professor in the Marx School of Public and International Affairs at Baruch College. They have four children: Ezra, who is serving in the United States Army; Ruth, a senior at Ramapo College; Miriam, a sophomore at the University of Wisconsin; and Judah, a freshman at the College of William & Mary. All of their children attended preschool and religious school at CBI.

Little known facts about our honorees: Roz is an expert knitter, though she failed her Master Knitting Certification (must have been something extremely "knit picky"). Jonathan lifts weights in dress clothes.

Miriam Linver And Matt Askin

Matt Askin originally hails from Brick, New Jersey. He graduated from Brandeis University and Mount Sinai School of Medicine. Miriam Linver was raised primarily in Albuquerque, New

Mexico. She also received her bachelor's degree from Brandeis, and earned master's and doctorate degrees in Family Studies & Human Development from the University of Arizona. Matt is a gastroenterologist at Affiliates in Gastroenterology, as well as the chief of Gastroenterology at Saint Barnabas Medical Center. He has been named a "Top Doc" by New Jersey Monthly Magazine for the past 13 years. Miriam is a tenured full professor in the Department of Family Science & Human Development and is co-director of the Institute for Research on Youth Thriving & Evaluation at Montclair State University. Their children, Eve (16) and Joey (13), attend Golda Och Academy.

Miriam and Matt joined CBI in 2002 when they moved to Maplewood from Manhattan. While shul shopping, they attended a Friday night service and learned about a Progressive Dinner scheduled for the next night. They crashed the appetizer course hosted by Carol and Bob Marcus (Matt was friends with Alex in USY). Once there, Brenda Eisenberg (z"l) "ordered" them to join a small group of congregants for dinner, thus sealing their shul selection. Miriam and Matt appreciate their friendships in the CBI community, and think fondly of the many Shabbat kiddushes and meals they have shared with clergy and congregants. A standout memory is when Lainie Cogan gave Eve her first bagel!

Miriam and Matt are active members of the congregation, attending services regularly—including evening minyans, often on a moment's notice. Miriam has served on the Board of Trustees, Legacy Circle Committee, Torah Cover Campaign Committee, and prior Gala Committees, and routinely volunteers with Sisterhood. Matt is active in Men's Club, including playing with Joey on the basketball team, and has served on the Religious Affairs and Rabbinic Search Committees. Matt has been spotted after hours, tool box in hand, making minor CBI building repairs. Miriam and Matt have opened their home to Rabbi Resnick each week for Shabbat. Outside of CBI, both are active in the Jewish Federation of Greater Metrowest. Miriam serves on the Golda Och Academy Board of Trustees; Matt is involved with the Health Professionals Division of Israel Bonds, and was honored by Israel Bonds in 2012.

Little known facts about our honorees: Miriam earned a black belt in Tae Kwon Do and recorded an album of Jewish children's music. Matt plays guitar and once performed "Summertime Blues" with The Who's Roger Daltrey.

Lori and Adam Katzman

Lori Katzman grew up in East Brunswick, New Jersey and Adam Katzman grew up in King of Prussia, Pennsylvania. The two met as teenagers while they attended Lehigh University during Lori's sophomore year and Adam's freshman year. After Lehigh, Lori went on to pursue her doctorate in Clinical Psychology from Widener University while Adam began his relatively brief

career as a CPA in Philadelphia. The two were married while Lori was still getting her PsyD and while Adam was getting his MBA from Villanova University. Shortly after they were married, they relocated to Summit, New Jersey in 2000 and were blessed with their twin daughters Rayna and Hallie. Lori volunteered for several years within the public school system, the synagogue and the Girl Scout organization for over a decade. She returned to work in 2015 joining Integrative Psychology Services and has been working as the psychologist at Fellowship Village in Basking Ridge ever since. Lori specializes in working with older adults. Adam is an Associate General Agent and Certified Financial Planner at Certified Financial Services in Paramus. Rayna and Hallie are recent graduates of Millburn High School and are currently in their freshman year at Union College in Schenectady, New York. They are student-athletes participating on the women's tennis team.

In 2006 when their daughters were about to start kindergarten, Adam and Lori looked to move to a town with a conservative synagogue to call home. They joined CBI at that time and have called Short Hills home ever since. Upon joining CBI, Lori vividly remembers Linda Sotnick inviting her to participate with the Social Action Committee. Lori quickly became involved with some of the community service activities of the synagogue and eventually chaired the Hearts and Hands Committee for several years. She worked to help make CBI's Mitzvah Day a large community wide event and is participating in this year's roundtable discussion on inclusion on MLK Day. Adam has served as the Treasurer and Financial Secretary, on the Board of Trustees and has been part of the CBI finance committee. He also was a regular participant in the Men's Club basketball team before tearing his ACL and is currently a plodding first basemen or designated hitter on the Men's Club Softball team.

Lori and Adam have enjoyed being part of the CBI community for many years. While they've participated in countless social action activities in the community, their fondest memory is that CBI provided the opportunity for the women in the family to all read torah for the first time. Growing up in an extremely conservative synagogue, the Akawie women had not had this opportunity before. At their nephew Ryan's Bar Mitzvah, Lori, her mother Hannah and her sister Heather all chanted a torah portion, and of course Hallie and Rayna did as well a few years later at their own B'not Mitzvah. They both remember these moments and the warmth expressed by Cantor Wallach with great fondness.

Little known facts about our honorees: Lori coauthored a book with her daughters called "Everyone's Got Something: My First Year with Celiac Disease" and is a celiac disease advocate. Adam has become an expert food shopper that can hit 3 super markets in under 2 hours while getting laundry done in the process.

***Purchase tickets to the Gala & online
tribute journal ads online NOW!***

www.WizAdJournal.com/CBIGala2020

Congregation B'nai Israel

ROARING 2020 GALA

Gala Hosts

Heather & Marc Adelman
Elizabeth & Gerald Cohen
Heidi & Brett Cohen
Betsy & Phil Darivoff
Mariela & Ariel Dybner
Helaine Ettinger & Henry Bloom
Andrea & David Good
Alison Grann & David Gutstein
Rachel & Jeffrey Greenberg
Melissa & Eric Kanter
Harriet & Paul Klein
Debbie Liner & Mark Goldenthal
Carol & Robert Marcus
Deborah & Alex Marcus
Michelle Neier & Jonathan Schor
Ruth & Bruce Novick
Debra Pianin & Rubin Sinins
Amy & Mitchell Radin
Daniel Ramer
Aleza & Joe Rosenberg
Susan & Charles Shapiro
Ellen Shulman & Jay Perler
Susan Soggs & Andrew Cohen
Nancy & Joe Tenenbaum
Paula & David Touger
Nealy & David Troll

Gala Committee

Ruth Kirshner & David Touger (Co-Chairs)
Brett Cohen, Elizabeth Cohen, Jeff Greenberg,
Debbie Marcus, Sydra Miller, Micole Cohen Richter,
Janet Slifer, Todd Warner

Hedwig Gruenewald Early Childhood Center (HGECC)

By Rochelle Baron, Director

February is short on 'school days' and we are filling them up with all kinds of activities. Tu B'Shevat takes center stage as we explore and learn about the beauty of trees and what they provide us with. We'll enjoy a traditional seder together, sampling various fruits that grow on trees in Israel and planting some seeds from each. We are also hosting a Tu B'Shevat family workshop on Sunday, February 9 from 10:00am to 11:00am where we'll have even more fun learning about this holiday. RSVP to hgecc@cbi-nj.org or the preschool office at 973-379-4040 by February 3, 2020 if you'd like to join us! This event is open to the community so please bring your friends and neighbors.

We continue to add new dimensions to our program, the latest being a "mindfulness curriculum". This is an approach that helps children—and adults—learn how to focus on attention-



building skills, filter out distractions, and develop calming skills as we try to manage the hectic world we live in. This is done through mindful breathing, sensory experiences, guided imagery, and movement, all done simply yet consistently within the classroom each day. Children as young as two can effectively participate and we are very excited to include this into our daily routines. Hopefully what we do carries over at home and your whole family can participate together!

Registration for 2020 Summer Camp and next fall's classes is currently underway. We are excited about our new offerings and welcome inquiries about our programs. Please reach out to me if you'd like to learn more about it.

Enjoy the month,

Rochelle



To contact Rochelle Baron,
email her at HGECC@cbi-nj.org

DCL Drash

By Rabbi Julie Schwarzwald, Director of Congregational Learning

Train up a child in the way they should go, and even when they are old, they will not depart from it. —Proverbs 22:6

I came across a Twitter thread from (((Michael Weiss))), beginning with a quote from Rabbi Harold Kushner: "There are only two kinds of Jews: serious and non-serious Jews." Michael Weiss goes on to say that both kinds can be found in all denominations. He says, "The crucial question (in my opinion) that separates serious Jews from non-serious Jews is this: 'How would your life be different, in day-to-day terms, if you were not Jewish?'"

Following this idea, think for a moment about your daily life. What is regularly "Jewish" about it? Are there Jewish objects around your house? Are you conscious of kashrut as you eat? Do you read Jewish books, see Jewish movies, search Jewish websites? Do you observe Shabbat in some way? How would your life be different, in day-to-day terms, if you were not Jewish?

(((Michael Weiss))) goes on to say that "If your life is not distinctively Jewish in some way that matters on a daily basis, then your kids will probably not grow up thinking that being Jewish and having Jewish kids matter. And why should they, if there's no real difference?"



He is very clear that he is not talking about the level of observance or how "religious" one is. But if we are not currently creating those same memories for our kids that we have - about holidays with the grandparents or Shabbat dinner or life cycle rituals - then they won't have the same connection. It is not enough to talk about our own memories; we must create them for our children.

Obviously, I am a serious Jew. Everything I do revolves around Judaism. I call myself a "professional Jew." My two sons, however, are non-serious Jews. As 20-somethings, their daily lives have nothing Jewish within them. Of course, a parent hopes this is a temporary state - and that they will find a time where Judaism again has a place in their lives. But I think it's essential that we do more than just "hope." It is incumbent on us to provide our children with the tools and foundation they need to embrace being serious Jews when they are ready.

I think there are several essential elements that we need to instill in our children. First, reading fluency in Hebrew. This is our common heritage and the gateway to learning prayers, participating in services, and being comfortable in Jewish communities around the world. Next, authentic experiences celebrating holidays and participating in life cycle rituals.

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Sisterhood's Message

By Jennifer Glick and Sharon Richman, Sisterhood Co-Presidents



Jennifer Glick & Sharon Richman

Our favorite time of the year is just around the corner! SISTERHOOD SHABBAT, one of the BEST events of the year (if we do say so ourselves), is arriving at CBI on March 13th and 14th. We love this event so much because it combines everything that we, and indeed CBI, stands for: community, ritual, learning, FUN, delicious food and sometimes even SNOW, but let's hope not! To get you even more excited about it, here are some frequently asked questions to let you know what Sisterhood Shabbat is all about:

What is Sisterhood Shabbat? Great question! Sisterhood Shabbat is an annual event where the women of CBI Sisterhood reign supreme over Friday night and Shabbat morning services from beginning to end. The women of CBI will read Torah; lead services; open and close the ark; lift, carry and dress the Torah; and give the d'var torah.

Who can participate? Any Sisterhood member is encouraged to participate. So here's a plug to join Sisterhood if you aren't already a member. Sisterhood is a dynamic organization comprised of the women of CBI who are dedicated to serving our synagogue, supporting our Jewish community, building friendships, and having fun together. Have we mentioned FUN? We accomplish these goals through educational and social programming, fundraising and community service.

I'm not already signed up to participate. Is it too late? It is not too late. Spots are filling up fast but the sooner you speak up, the more likely you are to get the spot you want. And if you would prefer to help behind the scenes, we could use help in the kitchen and with setting up. Let Michelle Daniel at michelledaniel@gmail.com or Chaya Cohen at chayacohen@gmail.com know what you would like to do. If you're still unsure about whether you are up to participating this year, just come and support your friends and see what Sisterhood Shabbat is all about. We're sure you will be inspired to jump in next year.

Do you have to be able to read Hebrew to participate? No! You do not need to read Hebrew in order to participate. In

fact, there are Hebrew and English parts, and even non-speaking parts - something for everyone. BUT, if you would like to stretch and have a Hebrew-speaking part, we are so fortunate to have Cantor Wallach assist you with learning your part.

Who may attend? Everyone - including men and children. We love to have children in the sanctuary. And think about the wonderful example that you set for them through your participation. Our kids love to see us try new things, and it encourages them to do the same.

Will there be food? Seriously? You know there will be lots of great food. What Sisterhood event doesn't involve food?

We hope that these FAQ's inspire you to participate and/or attend.

We are also excited and proud to announce that on **Thursday, March 26th**, Sisterhood will be hosting a Rosh Chodesh Concert by local singers Shiru Na. This all-female group will be presenting "A Tribute to Jewish Composers in Song." The concert is a fundraiser for UJA of Greater Metrowest. For more information, please contact Wendy Kaplowitz at 908-964-0127 or wendy.kaplowitz@verizon.net.

On another note, if you haven't already done so, we encourage you to participate in this year's Torah Fund "Stay at Home Tea" to benefit the Jewish Theological Seminary and its affiliates. If you have not received a flyer about this worthy cause, have any questions, or want to know where to send your check, please contact either Sandy Panzer (Sandypanzer3@gmail.com or 908-352-1999) or Linda Silver (lssilver@verizon.net).

Finally, just to throw out a little teaser for now, the Spring will involve some exciting new events including: a day trip to "Jewish" Newark, a special cooking class and, hopefully, some Zumba and a power brunch. Keep your eyes open for information as we get closer.

Upcoming Events:

<i>Mah Jongg</i>	February 12
<i>Knit and Knosh</i>	February 25

Jennifer Glick and Sharon Richman
Sisterhood Co-Presidents

BAT MITZVAH



Eliana Goodman February 1, 2020

Eliana is a 7th grader at Millburn Middle School.

She started her Jewish life at the United Synagogue of Hoboken. She joined CBI as a preschooler in HGECC and continued her Jewish education at BBRS.

She loves ballet and is a committed dancer in New Jersey Ballet's pre-professional intensive program training 6 - 7 days a week. She recently performed with the NJ Ballet Company in the Nutcracker. She also enjoys going to Camp Zeke in the summer and caring for her dog all year round.

Among Eliana's passions is a fondness for warm socks. For her b'nai mitzvah project she raised funds for Bridges Outreach to purchase, assemble, and distribute Cold Weather packs including warm socks, hand warmers, foot warmers, lip balm, and a solar blanket to people on the streets of New Jersey and New York who do not have indoor shelter in the winter.

To read more about Bridges Outreach, Inc. go to www.bridgesoutreach.org

Eliana is happy to celebrate her simcha with her family and friends especially her mom, dad, and brother, Zachary.

She would especially like to thank Cantor Wallach for all of her support and encouragement and also Rabbi Resnick for his insight and understanding.

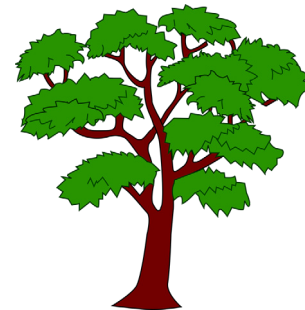


LET'S HAVE DINNER TOGETHER!

Our monthly Congregational dinners are popular and fun!

Thank you to several generous congregants for sponsoring the Congregational Shabbat Dinners for the enjoyment of our community.

If you are interested in sponsoring a future Shabbat Dinner – on your own to commemorate a special occasion, with friends, your neighborhood, BBRS class, etc. – please contact Harvey Brenner in the synagogue office or Henry Bloom at hdbloom@hotmail.com



Join us for a Tu B'Shevat

Family Workshop

Come and celebrate the 'birthday of the trees' as we do a craft, hear stories, sing, dance and share snack together. This class is perfect for toddlers through age five and is open to the community.

Sunday, February 9, 2020

Congregation B'nai Israel (school wing)

10:00am to 11:00am

Please RSVP to the CBI Preschool office at

hgecc@cbi-nj.org or call 973-379-4040

by February 3, 2020.

DCL Drash

continued from page 8

This is how our youth learn to live Jewish adult lives. And this learning happens best in partnership with families. With this foundational knowledge, they will have the tools they need to become serious Jews.

As Harold Kushner continues, "The question is not how many of the hundred mitzvah you choose to follow. The question is whether you're interested in doing what Jews have always done: recapturing the feeling of standing at Sinai."

How would your life be different, in day-to-day terms, if you were not Jewish?

UPCOMING EVENTS:

- February 1 - Magnetic Havdalah at Genius Gems
- February 2 - World Wide Tefillin Wrap - 5th-7th graders and parents
- February 8 - Family Shabbat
- February 9 - 5th grade Purim mask making with parents
- February 9 - Kindergarten-1st grade Tu B'Shevat seder
- February 11 - 3rd-5th grade Tu B'Shevat seder
- February 15 - Bim Bam Shabbat
- February 16-23 - Break - no school
- February 28 - Shir Shabbat

Rabbi Julie Schwarzwald



To contact Rabbi Schwarzwald,
email her at rabbijulie@cbi-nj.org



THE STORY OF THE STATE OF ISRAEL THROUGH ITS MUSIC WITH LEN HAUSMAN

Music is an ideal way to learn about a country's history and culture. In this third module consisting of four additional sessions we will focus on the period between the 6-Day War and the Yom Kippur War and its aftermath. While we will be highlighting the music of Naomi Shemer, known as 'the first lady of Israeli song,' other composers will be heard as well.

The class will learn about how the lives of the composers were interwoven with the development of the State of Israel as reflected in their music. The text for this class are song lyrics, in translation, as we explore their context and meaning. We will approach the lyrics as we would a poem, looking for their resonance and allusions. The Hebrew text will be available and we will learn some key Hebrew words in the lyrics.

We will be listening to the most well known versions of these songs which were sung by the leading vocalists and groups of the day and the class will gain the familiarity of a 'Who's Who' in the history of Israeli song as we listen to and enjoy the musical selections.

ABOUT THE CLASS LEADER

Len Hausman has had an interest in the music of Israel since his youth. He completed a year of training in Israel toward being a teacher in the diaspora, sponsored by the World Zionist Organization. He has enjoyed teaching on a range of subjects over the years at CBI's Shabbat Journeymen's Minyan and other venues. Professionally, Len is a psychologist with practices in Greenwich Village, New York and locally.



Monday Mornings

9:30 – 10:30 a.m.

Four Sessions

March

**2nd, 9th, 16th, 23rd
2020**

**FREE for
CBI Members**

To register,
please contact:
Rabbi Julie Schwarzwald
Director of
Congregational Learning

rabbijulie@cbi-nj.org
(973) 379-1134

CONGREGATION B'NAI ISRAEL

160 Millburn Avenue
Millburn, NJ 07041

www.cbi-nj.org

Hearts and Hands Committee — Rise up so early in the morn'!

Can you donate a super-early volunteer morning...5:45 am - 7:30 am once per month? Hearts and Hands is looking to form 3 person teams to provide breakfast service to the Summit Helping its People Program at Cavalry Church one morning per month. We will start this program in March, finding that one morning per month that is feasible for the team. If you are able to rise up to this challenge to impact our local needy population in a meaningful way, please reach out to Dan Richter at 732-261-5138 or daniel.richter@verizon.net.



You & Sisterhood Shabbat, Perfect Together

MOTHERS, DAUGHTERS, GRANDMOTHERS, SISTERS, AUNTS, & COUSINS...

Feel the warmth of joining with your friends
Lead Friday evening & Shabbat morning prayers
Your participation will make Sisterhood Shabbat so special!

Friday, March 13 & Saturday, March 14, 2020

Please follow the link below to choose from our many ways to participate:
https://cbi-nj.org/sisterhood/sisterhood_shabbat.html
OR call/email our co-chairwomen

Michelle Daniel 973-258-1245 michelldaniel@gmail.com Chaya Cohen 908-654-8580 chayacohen@gmail.com

Please join us by choosing from the following parts:
• a reading (in English or Hebrew) • singing • silent role • behind-the-scenes work



Adult Forum "Lunch & Learn"
Congregation B'nai Israel
160 Millburn Avenue, Millburn, NJ 07041

Our programs are open to all- bring friends!

FEBRUARY EVENTS



Lunch begins at 12:30 p.m. The program begins at 1:00 p.m.

Thursday, February 13th Hirschhorn presenter **Eric Hafen** will describe the *Mysteries and Superstitions of the Theater*. There's no denying it: theater folk, especially actors, are a superstitious bunch. Maybe it's the obvious flare for the dramatic, the nightly thrill of live performance, or the awareness that careers can turn overnight. Regardless of the cause, Eric Hafen, actor, director and producer for over 40 years, will introduce some of the fun and serious superstitions that thespians have sworn by for decades. Truth be told...some still swear by them today! Come and learn about theater lore!

Thursday, February 27th Screen *Can You Ever Forgive Me* starring Melissa McCarthy as the infamous real life American literary forger, Lee Israel. The biopic is laced with dark wit as Israel, a frustrated author, tries to pay off her bills by writing fake letters from famous authors to sell to book collectors. Please join us to watch this engrossing film.

Sandwich choices are: turkey, roast beef, corned beef, pastrami, tuna, egg salad. PAY AT THE DOOR. CONTACT LOIS at 973-533-1809 to place your lunch order by the Wednesday afternoon before 3 p.m. The cost is \$10 for Adult Forum members and friends, and \$12 for community participants. If you are coming for the program only and not joining us for lunch, then there is no charge, but PLEASE CALL ME to let me know you will be attending.

MEN'S CLUB MINUTE

By Alex Marcus & Jonathan Schor,
Men's Club Co-Presidents

#1 The Talmud (Shabbat 119b) lists desecrating Shabbat as one of the (many) reasons for the destruction of Jerusalem/The Holy Temple (The Churban).



Alex Marcus



Jonathan Schor

#2 During Shabbat Musaf we sing *yismichu*

...

ענג וקראַי שבת שומרי במלכותך ישמחו

They shall rejoice in your kingship, those who observe the Sabbath and call it a delight

מטובך ויתענגו ישבעו כלם. שביעי מקדשי עם

The people that sanctifies the Seventh — they will all be satisfied and delighted from your goodness

To help combat #1 and promote #2 שבת ענג

CBI Men's Club presents:
MEN'S CLUB SHABBAT
25 Adar 5780
March 20-21, 2020

and to paraphrase R. Eliezer that we read each *Erev Shabbat*, don't read מטובך goodness, but rather מטובך CHOLENT.

So, the line reads:

those who come to Men's Club Shabbat will enjoy WARM, YUMMY CHOLENT (including vegetarian too).

Please contact us for further information and to participate!

And dust off those gloves and cleats, Men's Club Softball starts soon. Let us know if you want to play.

Alex Marcus & Jonathan Schor
Co-Presidents

Millburn Kadima

Winter/Spring 2020 Events

Mark your calendars for all our great events!
Event details will be sent via email prior to the event:

Thursday, January 9th 6:00-7:15 - GaGa and Games

Thursday, January 30th 6:00-7:15 - Mystery Party

Thursday, February 6th 6:00-7:15 - Tu B'Shevat Seder

Thursday, February 27th 6:00-7:15 - Shark Tank

Friday, March 6th - Youth Group Shabbat

Thursday, March 12th 6:00-7:15 - Cookie Making

Thursday, March 26th 6:00-7:15 - Rosh Chodesh Program

Thursday, April 2nd 6:00-7:15 - Chocolate Seder

Thursday, April 23rd - Israel Night

Thursday, May 7th 6:00-7:15 - End of Year Celebration

Don't forget to send in the youth group membership form, which must be handed in to attend an event. Any questions - Contact Aly Greenstein, USY Advisor at: 973-495-6967 or alygreenstein18@gmail.com

Millburn USY

Winter/Spring 2020 Events

Mark your calendars for all our great events!
Event details will be on our Instagram (millbusy160) and sent via email prior to the event:

Thursday, January 9th 7:30-9:00 - Cupcake Wars

Thursday, January 30th 7:30-9:00 - Superbowl and Sweets

Thursday, February 6th 7:30-9:00 - Tu B'Shevat Seder

Thursday, February 27th 7:30-9:00 - The Office: Broken Hearts

Friday, March 6th - Youth Group Shabbat

Thursday, March 12th 7:30-9:00 - Shark Tank

Thursday, March 26th 7:30-9:00 - Top Chef

Thursday, April 2nd 7:30-9:00 - Mall Scavenger Hunt

Thursday, April 23rd - Elections

Saturday, April 25th - Lock In

Thursday, May 7th 7:30-9:00 - Bonfire

Don't forget to send in the youth group membership form, which must be handed in to attend an event. Any questions - Contact Aly Greenstein, USY Advisor at: 973-495-6967 or alygreenstein18@gmail.com

On the Military

By Josh Novick

When I was 2 years old, my Bubbie showed me a photo of my great uncle, Norman Shyken, with John Glenn. I had learned about John Glenn in preschool here at CBI, and I was very excited to discover I had a relative that knew him. As I grew older, I learned more about my uncle, that he was in the Air National Guard, worked as an engineer for McDonnell Aircraft, helped with the Gemini program, and was a final candidate for NASA's group 5 astronauts. While he passed away long before I was born, he served as one of my biggest inspirations. As I grew up, I became interested in science and engineering myself, and developed the same passion for aviation that my great uncle had. I ultimately decided to follow in Norm's footsteps and join the Air Force with the goal of becoming a pilot.

There are many paths to becoming a military pilot, and the path I chose was Air Force ROTC, where I trained to become an Air Force officer while getting my degree in mechanical engineering at the University of Maryland. ROTC taught me valuable professional and personal skills, including leadership and management, critical decision making in stressful situations, and even personal finance. During my junior year, I submitted my application for USAF pilot training, which considers many things including GPA, military training performance, and scores on aptitude tests for hand eye coordination, multitasking, and spatial reasoning. When the selection results were posted, I was called to meet with my commander and found out that not only was I selected for pilot training, but that I was chosen to attend Euro Nato Joint Jet Pilot Training (ENJJPT), a joint NATO pilot training program that only the top candidates from each participating nation are selected to attend. After receiving my diploma and commission as USAF Officer in May of 2018, I reported for duty at Sheppard AFB in Texas where I am currently training as a student pilot at ENJJPT. I will graduate from pilot training in May of this year, and from there I will be assigned to an operational unit somewhere in the US or abroad.

While I've only been on active duty a year, I have a good sense of what life in the military is like. It's very hard work, and will continue to be for the rest of my career, but it's incredibly fulfilling, especially now in training as I see my skills improve every day working towards graduation. The people around me are more than just co-workers; there is a uniquely strong bond between myself and my peers that is seldom found outside the military. Being in the military comes with a sense of respect and belonging to all its members regardless of where they came from, which has positively affected all aspects of my life, especially as a Jew. As with many places in the country, we are a small minority of the armed forces, though we are just as welcome and respected as every other military member. Many



of my peers have never met a Jew, and as the only Jew in my unit I am the first exposure to Jewish culture many of them have had. Though despite their lack of knowledge, they have been eager to learn about my background and culture. Now that we've been together for a while, no one was surprised when I showed up to my friend's Christmas party wearing an ugly Hanukkah sweater.

I still have a lot of training ahead of me before I'll be fully qualified as an Air Force pilot, and many years of service after, but I've already taken the first major steps on my path to that career. My uncle Norm continues to inspire me, and I'm looking forward to continuing his work.

Josh Novick

Musical Notes

continued from page 3

teach and inspire our members to perform this mitzvah. This year, on **Sunday morning, February 2**, Men's Club will once again offer this program in our congregation. I encourage everyone to participate, whether you've never done it or just need a refresher. There are also Morning Minyan attendees, in addition to Rabbi Resnick, Rabbi Julie (a relative newcomer

to wearing Tefillin—under two years) and me, who are happy to help anyone who shows up to morning minyan and wants to try putting on Tefillin or who wants to have a discussion to explore the possibility of doing this mitzvah! Putting on Tefillin is definitely not as hard as learning to ride a bicycle... and you won't end up with any scraped knees!

Lorna Wallach



To contact Cantor Wallach,
email her at cbicantor@cbi-nj.org

CBI Families in Israel over Winter Break

By Dan Richter

With such a bumper Mitzvah class in Kitah Zayin there were many CBI families in Israel this past Winter Break. Some went on organized tours. Others hired guides to take their families around. The more routine Israel travelers bought their tickets and made their own plans in Eretz Yisrael visiting family and going to favorite spots or discovering new sites. I'm sure I'm leaving families out, but I recall hearing that these CBI families were in Israel over Winter break - Adelmans, Averbachs, Brandt/Popolows, Chasens, Finkels, Krauss, Levys, Mannes, Reiters, Richters, and Warners. Thanks to them for supporting Israel through personal travel!

Consider a family trip before or after a Bar or Bat Mitzvah, as it is a great way to start up or continue the celebration! Start with an internet search of vendors to see what is offered and at what price (10 day trips, not including airfare can be found for \$3,500 per person or even less), then talk with families who went on these trips, Rabbi Resnick, and Joe Tenenbaum.

We went on a family tour organized by Jewish National Fund and Hadassah. When these 2 organizations get involved, the family tour takes on the look and feel of their "missions", where the organizations show up close the projects they support. So, on our "missionized tour", we went to Hadassah Hospital Ein Kerem, where Simon did an Aliyah as a second Bar Mitzvah in the hospital synagogue surrounded by new friends and old Chagall windows. We went to JNF's Ammunition Hill where besides the regular tour, we honored the WW II service of my grandfather with a plaque presentation to their Wall of Honor of Worldwide Jewish soldiers. We stopped in at Hadassah's Meir Shveah Youth Aliyah Village, where resident students gave us a musical presentation and we toured the campus and farm. On Masada, we visited the repurposed Masada Synagogue atop the mountain where a JNF sponsored Sofer writes Torahs to give to new communities in the Negev. While we stood there, the sofer wrote the psuk describing the fifth day of creation



*Sofer at Masada
(Escritorium)*

from Parshat Bereshit. We were also shown some northern Negev sites for JNF's multi-million dollar Negev Blue Print program, including the Be'er Sheva River Park, Sderot Indoor Protected Playground, Shlomit, a remote Gaza envelope community where planted Olive trees next to a Kindergarten.

The most intriguing part of the Blue Print Negev section of the tour was a visit to a demonstration farm right on the Gaza border called the Salad Trail Farm. At the Salad Trail Farm, tomatoes, cucumbers, peppers and other vegetables were grown in a manner used by more and more farms throughout the Negev - above ground on hanging trays holding rooted in ground coconut husks and watered with processed sewage water from Central Israel. It's not just processed sewage water



*Salad Trail guide & his
Wasp*

and coconut husks that make these vegetables taste so great. The farmers also add wasps and other parasitical insects! These bugs added on purpose to destroy other bugs, mainly beetles as an alternative to pesticides, although some pesticides are still used. The Salad Farm guides serve up a nice lunch inclusive of the produce grown on the farm before or after the tour which can me made vegetarian, vegan, and gluten free. Definitely worth adding to your tour or visiting on your own, next time in Israel!

ISRAEL AFFAIRS

By Joe Tenenbaum



Israel "Current" Events

Although the CBI Bulletin is only a monthly publication, with an early deadline compared to news organizations, the Israeli elections are moving slowly enough, that we can stay ahead of this story. I can report to you authoritatively

that Israel will be having a third Knesset election next month, on Monday, March 2.

The most serious question about the upcoming Israeli election is this: What might change in the circumstances to cause a change in the election results? Insanity has been defined (perhaps by Albert Einstein, perhaps not) as doing the same thing over and over again and expecting different results. Will voter attitudes change? Will international circumstances change? Or will the opinions of voting Israelis change? Or will we have a third election with basically the same results.

2020 AIPAC Policy Conference March 1-3, 2020

The CBI delegation to the AIPAC Policy Conference will exceed 35 people this year. We are still encouraging members of our community to sign up. This is not just about having a big number of attendees. It is about sharing the AIPAC Policy Conference experience with more of our CBI friends.

The Policy Conference will be held Sunday March 1 – Tuesday, March 3, and once again there will be a Shabbaton the weekend before. I hope that you noticed the poster inviting congregants to join Rabbi Resnick as part of the CBI AIPAC delegation this year. It is so important that we continue to attend in greater numbers, both from CBI, and from other congregations. Consider attending not only with your children (high school and older) but maybe with your parents, your siblings, or your good friends.

Anyone paying attention to our national conversation must notice that the tenor of the discussion has deteriorated, making it difficult for people with different points of view to meet and have meaningful discussions. AIPAC is not just a celebration of the US Israel relationship but also a celebration of pro-Israel Democrats, Republicans and Unaffiliated. If you want to be part of an organization going against the grain of divisive and mean-spirited rhetoric, join your CBI friends at AIPAC.

Ironically, the date of the election corresponds with the 2020 AIPAC Policy Conference. Although the Israeli voting requirements will probably limit the number of Israelis who will attend the full conference in person, I am sure that we will be well connected by video with the events in Israel. (Israel has very limited voting for citizens not in the country on election day itself).

Having both the Israel election, and the US Super Tuesday primaries coincide with the Conference will add importance to event. Come with us to DC to be a part of this historic experience.

JNF National Conference October 25 -29, 2020

If you read Dan's article about their trip to Israel, you get an idea about the kind of work JNF-USA is performing in Israel. If you want to go beyond a description of these projects and actually visit them, consider attending the JNF-USA national conference begin held in Herzliya Israel this October.

Registration for the conference is currently set at \$625 per person. However, unlike many conferences, this conference is not limited to its base location, but includes trips to many of the JNF sites throughout Israel. Hotel accommodations and air travel are additional, but if you are available during the last week in October, you should consider attending this conference. For more information about the conferences go to this JPost article. (If you need a paper copy, let me know). <https://www.jpost.com/Israel-News/A-visit-from-the-JNF-USA-Family-in-2020-612541>

To register for the conference, go to jnf.org/nc.

Missing Soldiers and non-combatants

We must continue to pray for the remaining soldiers to return home:

Guy Hever Yehuda Katz Zvi Feldman

There are also two non-combatant Israelis being held by Hamas in Gaza:

Avera Mangistu Hisham al Sayed

Joe Tenenbaum



To contact Joe Tenenbaum,
email him at TenenbaumJ@AOL.com

Reflections on Torah Teen Time

Torah Teen Time met for the first time in early January. Alana Good, a Millburn High School junior who also works as a madricha in BBRS and serves as Millburn USY VP Religious Education, attended with other CBI teens. Not mentioned below is the tasty kiddush lunch provided by Rabbi Resnick!

On Saturday January 4th I attended the new teen Shabbat service led by Rabbi Resnick. Lasting only a little over an hour, this program gave me a lot to think about. We started out with a quick opportunity for prayer and discussion using the new conservative siddur, which introduced me, as well as the other teens, to commentaries and notes about the prayers I've so long recited but never really thought deeply about. We also spoke about the Torah portion and how the ancient story of Joseph in Egypt still teaches values that we can learn from today.

My favorite part of the service was our discussion about the recent attacks committed against our community across the United States. This was meaningful to me because it provided a space for us to discuss everything that's been going on and talk about how we feel about it, which isn't something I get to talk about during the rest of my week.

This service made my Shabbat special and very different from most of my Saturday afternoons and I encourage all of my fellow CBI teens to join us next time.

The next Torah Teen Time meets Saturday, February 29 at 11:00 a.m. Discussion topic will be about the Jewish perspective on climate change. Please contact Rabbi Resnick at RabbiResnick@cbi-nj.org to RSVP.



**CONGREGATION
B'NAI ISRAEL**

160 Millburn Avenue
Millburn, NJ 07041

YALDEINU
for families with special needs

Yaldeinu ("Our Children") is the name of our congregation's outreach to families with children or young adults with special needs. We have prepared liturgy and an experience designed to be participatory, joyous, and relaxed!

The service is approximately 45 minutes long and led by a special needs educator. The attendees are encouraged not only to participate but to lead as well as they can. The service is held in the Chapel and there is a Torah service. Youth over the age of 13 have the experience of being called up for an aliyah. It is a warm, nurturing, supportive environment for the youth and their families. Synagogue membership is not required for attendance, and all programs are held at CBI.

Saturday, February 8	11:00-11:45 am	Shabbat morning
Saturday, March 14	7:15-8:15 pm	Havdalah service
Saturday, April 18	11:00-11:45 am	Shabbat morning
Saturday, May 9	11:00-11:45 am	Shabbat morning
Saturday, June 6	11:00-11:45 am	Shabbat morning

Any questions? Please contact Beth Giladi at bethhg@gmail.com or Rabbi Julie Schwarzwald, Director of Congregational Learning, at rabbijulie@cbi-nj.org or 973-379-1134.

**DON'T MISS
THE DEADLINE!**

Please note, the deadline for the MARCH 2020 bulletin is FEBRUARY 14. Information contained in the bulletin each month is time sensitive. We appreciate your cooperation in order to ensure that the Bulletin reaches everyone by the beginning of each month. Space permitting, we will do our best to include your item(s), and we reserve the right to edit your submission. Please submit all material to CBIbulletin@cbi-nj.org.

EDITION	DUE DATE FOR MATERIALS
MAR	14-Feb
APR	13-Mar
MAY	13-Apr
JUN	8-May

DONATIONS

If you wish to send a tribute please call the main office at 973-379-3811 ext.111 or email: dcoscia@cbi-nj.org.

Synagogue Fund

Elana Mass (Vatsky) and Family - In memory of your mother, Jane Vatsky.

❖ Ruth and Myron Rosenberg

Dan and Micole Richter - Mazel Tov Simon on your Bar Mitzvah!

❖ The Dovdavany Family

Jerry and Judy Weiss - Mazel Tov Milo on your Bar Mitzvah!

❖ The Dovdavany Family

The Fallek Family - In memory of your father, Joseph Fallek.

❖ Phil and Betsy Darivoff

Risa Goldberg and Family - In memory of your mother, Sandra Rosenberg

❖ Phil and Betsy Darivoff

Alan Mintz and Family - In memory of your father, Marvin Mintz

❖ Phil and Betsy Darivoff

Elana Mass (Vatsky) and Family - In memory of your mother, Jane Vatsky.

❖ Deena Bernhaut

Robin and Alan Mintz - In memory of your father, Marvin.

❖ The Wenik Family

Helene and Steven Moehlman - In honor of Lara's engagement!

❖ Allan and Nancy Sloan

Robert Rabin - In memory of Liz Kamens Taylor

❖ Roz and Jed Buck

Risa Sheer Goldberg and Family - In memory of your mother, Sandra Rosenberg

❖ Karen, Mickey Kahn and Family

Risa Goldberg and Family - In memory of your beloved mother, Sandra Sheer Rosenberg

❖ Carol and Bob Marcus

Roberta Rabin - In memory of your beloved sister, Elizabeth Taylor

❖ Sally Shotkin

Lois Dyer - In memory of your beloved mother, Doris Goldman

❖ Sally Shotkin

The Almog-Levy Family - In honor of the b'nai mitzvah of Max and Ella

❖ Board of Trustees

The Dybner Family - In honor of the bat mitzvah of Sarah

❖ Board of Trustees

Cantor's Music Fund

Judy and Jerry Weiss - Mazel Tov on Milo's Bar Mitzvah!

❖ Wendy and Hank Kaplowitz

Cantor Wallach - Thank you for all your support and comfort during our loss.

❖ Joan and David Merdinger/Polly Merdinger and Rick Yaverbaum

Mariela and Ariel Dybner - Mazal tov on Sara becoming a bat mitzvah

❖ Roz and Jed Buck

Terry Hofflich - In memory of your brother, David Levy

❖ Evelyn Schachtel

Rabbi's Discretionary Fund

Elana Mass (Vatsky) and Family - In memory of your mother, Jane.

❖ Frances Licht

Joan and Harvey Buchholtz - In memory of your son-in-law

❖ Frances Licht

Coscia Family - In memory of Denise Coscia

❖ Susan and Larry Gordon, Ruth and Dan Dovdavany, Ellen Shulman and Jay Perler, Deena Bernhaut, Wendy and Hank Kaplowitz, Amy and Lawrence Dantus, Marion and Murray Mohl,

Howard Kessler, Aleza and Joseph Rosenberg, Jane and Robert Brauer, Nancy and Joseph Tenenbaum, Nan Greenwald, Bernard Zenn

Phyllis S. Magid Adult Forum Fund

Coscia Family - In memory of your wife and mother, Denise

❖ Lois Dyer

Hedwig Gruenewald Early Childhood Center Fund

Elana Mass (Vatsky) and Family - In memory of your mother, Jane Vatsky.

❖ Linda and Bill Glasofer

Max Alper Prayer Book Fund

In honor of our 50th wedding anniversary

❖ Flo Ellen and Richard Maslow



Tu B'Shevat Chanting Circle

Join us in the Chapel

Sunday, February 9th at 5PM

for our inspirational Hebrew chant and song circle with musical accompaniment.

In general, traditional Judaism has been skittish about making too much of Mother Nature, fearing a slippery slope toward pagan worship. In the 16th century the Kabbalists of Safed, having no such fear, created the Tu B'shevat seder and ever since we are more comfortable sacralizing nature, especially on the coming holiday (February 9th!) of Tu B'shevat. Accordingly, this month's theme centers on the magnificence of the natural world as reflected in our liturgy and in the Hebrew Bible.

The intention of chanting is to awaken the divine in our hearts. It can soothe the mind and at the very least is simply fun to do! No prior knowledge of Hebrew or singing ability necessary . . . only a willingness to join in spiritual community.

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We are...

- Rooted in Conservative traditional Jewish values, Torah, our connections to each other, our community, spirituality and Israel • Committed to creating a place where everyone feels comfortable and engaged, and is encouraged to participate • An inclusive, family-friendly, multi-generational, egalitarian congregation that pursues lifelong fulfillment through education, observance and social action • Present and supportive of one another whether celebrating life's joys or sharing its sorrows • Distinguished by passionate professional and lay leadership.

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