



CONGREGATION
B'NAI ISRAEL



Lifelong Learning

2020 WINTER-SPRING Programs and Events

שהתלמוד מביא לידי מעשה
Study brings one to act.

Shalom!

Welcome to Lifelong Learning at CBI!

In the Talmud we learn about a conversation that took place among Rabbi Tarfon, Rabbi Akiva and other elders of the community in Lod. *In response to the question: Is study greater or action greater? Rabbi Tarfon answered and said, 'Action is greater.' Rabbi Akiva answered and said, 'Study is greater.' They all answered and said, 'Study is greater, since study brings about action.'*
(Excerpted from BT Kiddushin 41a)

The Lifelong Learning Committee is delighted to have had a great fall line-up of engaging programs! From our Monday Morning Modules to Jewish Ethics, from holiday workshops to Pirkei Avot in town, we have been able to reach and teach members and friends interested in many topics. Thank you to all who participated; we are looking forward to more exciting learning in this Winter/Spring 2020 term!

Please take the time to peruse this brochure and mark your calendars with all of the learning opportunities this year. We wish you a year full of learning and connections, to community, to your family and to enriching your own Jewish life.

Rabbi Julie Schwarzwald, Director of Congregational Learning
Rabbi Paul Resnick
Cantor Lorna Wallach

Aleza Rosenberg, Chair of Lifelong Learning Committee
Marion Mohl
Heidi Cohen
Jesse Moehlman
Debra Nevas

Questions about any of the programs?

Please reach out to Rabbi Julie Schwarzwald at 973-379-1134 / rabbijulie@cbi-nj.org or Rabbi Paul Resnick at 973-379-3811 / rabbiresnick@cbi-nj.org.

Individualized Instruction

Hebrew Reading ~ At Any Level



Whether you want to learn the aleph-bet, become proficient in a particular prayer or a few prayers, improve your Torah reading, or lead a service, Rabbi Julie will meet with you for individual 30-minute sessions at a mutually convenient time to study on your own terms.

➤ **INTERESTED?** Please contact rabbijulie@cbi-nj.org

Introduction to Torah/Haftarah Chanting

Reach out to Cantor Lorna Wallach to arrange a time for private lessons learning Torah or Haftarah trope. She will work with you until you are ready to confidently chant from the Torah for Shabbat or a *simcha*.



➤ **CURIOUS?** Please contact cbicantor@cbi-nj.org

Check CBI Bulletin, email announcements, Facebook and website for details and reminders for events and programs throughout the year!

www.cbi-nj.org

Special Programs

Passover Prep Workshops



Join Rabbi Resnick for two unique workshops designed to make your Seder more engaging and compelling. Through review of texts, discussion and open-ended, thought-provoking questions, you are guaranteed to feel inspired as we approach Passover.

Each workshop will be presented twice ... choose the session that is best for you!

Workshop #1 –

Evening Session - Tuesday, March 17, 7:00 – 8:00 p.m.

OR Morning Session - Monday, March 30, 9:30 – 10:30 a.m.

Workshop #2 –

Evening Session - Tuesday, March 31, 7:00 – 8:00 p.m.

OR Morning Session - Monday, April 6, 9:30 – 10:30 a.m.

➤ ***SIGN UP!*** Please RSVP to rabbijulie@cbi-nj.org

Café Time

Pirkei Avot / Ethics of the Fathers

Tuesdays at 10:00 a.m. at LIV Breads

**January 14 & 28, February 11 & 25, March 10 & 24, April 21,
May 5 & 19, June 2**

Learning in the Neighborhood! Join Rabbi Resnick in downtown Millburn for coffee/tea and conversation about this chapter of the Mishnah that contains ethical teachings and maxims passed down through generations of our rabbis and sages. LIV Breads is located at 184 Essex Street.

➤ ***JOIN US!*** Please RSVP to clergyoffice@cbi-nj.org.

Cantor's Melody Workshop

Shabbat after Kiddush from 12:45 to 1:45 p.m.

Dates to be scheduled

For singers and non-singers, no Hebrew literacy necessary! If you love music or want to become better acquainted with some new or new-to-you Jewish melodies, this is a great opportunity. Cantor Lorna Wallach will teach a new melody each session that will be incorporated into either Friday night or Shabbat morning services. And we will sing some favorite traditional Shabbat afternoon *z'mirot* (songs).



➤ ***NO RSVP NECESSARY ... just bring your voice!***

Weekly Classes

These classes are suitable for learners at all levels ... from beginner to the most experienced.

Registration for each course for the Winter-Spring semester is free for CBI members.
(\$50.00 for Non-Members, or \$10 per week)

Timely Topics with the Rabbi

The Ethical Life: Jewish Values in an Age of Choice

Thursdays, 9:15 to 10:30 a.m.

Join Rabbi Paul Resnick for this contemporary course in Jewish ethics. Come for all or pop in for one. Each session begins with a brief video from experts and is followed by engagement with relevant texts from our tradition. Topics include fracking, torture, beauty enhancement, end-of-life issues, and more. This course will continue until all 12 topics are covered.

➤ ***SIGN UP!*** Please RSVP to rabbijulie@cbi-nj.org

Monday Morning Modules

Mondays from 9:30 to 10:30 a.m.

A variety of short-term offerings on different topics that comprise an engaging and interactive learning experience. It is not necessary to attend each session.



1) February 3, 9:30-10:45 -- Why We Pray with Rabbi Paul Resnick

Why do you pray? To whom are you praying? Why don't you pray? Is prayer difficult? Come to these sessions to engage with Jewish texts and with others to help you on the path to prayer.

2) February 10 & 24 -- A Time to Dance, A Time to Mourn: Jewish Lifecycle Rituals with Cantor Lorna Wallach

How does Jewish lifecycle ritual shape the biological and legal changes we experience at various stages in our lives? What values and meaning do these rituals convey? Come explore some of the traditional as well as more contemporary rituals intended to sanctify our times of celebration and help us through times of sadness and pain.

3) March 2, 9, 16, & 23 -- The Story of the State of Israel Through Its Music with Len Hausman

This class highlights the songs of Naomi Shemer as well as other notable songwriters from the period following the 6-Day War to the Yom Kippur War and its aftermath.

4) March 30 & April 6 -- Make Your Seder More Engaging and Compelling with Rabbi Paul Resnick

Through review of texts, discussion and open-ended, thought-provoking questions, you are guaranteed to feel inspired as we approach Passover.

5) April 20, 27, May 4, 11, & 18 -- Jewish Art: What Makes Art "Jewish"? with Rabbi Julie Schwarzwald

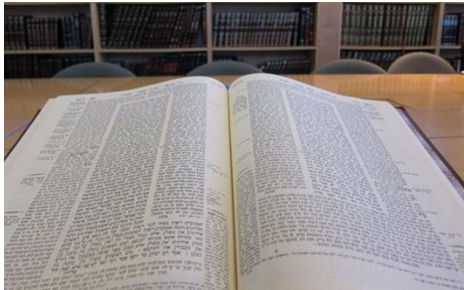
Examine various artists, art, and themes in works of art.

➤ ***EASY TO REGISTER!*** Contact Rabbi Julie Schwarzwald at 973-379-1134 or rabbijulie@cbi-nj.org.

Talmud Study: Origins of Jewish Prayer

with Rabbi Akiba Lubow

Mondays from 7:30 to 9:00 p.m.



In this class we will enter the extraordinary world of the Talmud, arguably the most important Jewish text after the Torah. Written down between 1,500 and 1,800 years ago, we'll discover how relevant its teachings are today! While focusing on the Origins of Jewish

Prayer, we will also learn about traditions and theological tenets that have stood the test of time, as well as practices and teachings that serve as the foundations for the way we live Judaism today. This course is appropriate for both beginners and those who have already studied Talmud. Knowledge of Hebrew is not a prerequisite.

➤ ***INTERESTED?*** Please contact rabbijulie@cbi-nj.org

Monthly Programs

Shabbat Journeys' Minyan

Lay-Led Discussion

Shabbat Mornings from 10:45 to 11:45 a.m.

January 25, February 29, March 28, April 25, May 16

The Shabbat Journeys' Minyan is an opportunity for congregants to get together on Shabbat morning to discuss and explore topics related to the weekly Torah portion, meaning of prayers or psalms, holiday traditions, characters in the bible, contemporary issues, liturgical songs and music or any other topic related to Jewish life.

➤ ***DATES SUBJECT TO CHANGE*** - please check the CBI Announcements.

Chanting Circle

Sundays, 5:00 to 6:15 p.m.

The CBI Chanting Circle is now in its ninth year! If you are a person curious about exploring the spiritual dimensions of your Judaism, the chanting circle is for you. No knowledge of Hebrew or ability to read it is needed, nor is a singing voice.

Musical instruments are used throughout, yet it is not a performance. It is meditative, yet it is not meditation. If you want your Judaism to be experientially compelling in a way that a usual prayer service may not always be, the chanting circle is for you.



January 12	Sephardic and Mizrahi Melody Jam
February 9	The Natural World / Tu B'Shevat
March 8	Joy / Purim
April 5	Song of Songs / Pesach
May 3	Kabbalah Chants / Omer

➤ **INTERESTED?** Contact Len Hausman at lenhausman@msn.com

Adult Forum

Thursdays at 12:30 p.m.

Adult Forum offers creative, dynamic programming that provides spiritual, intellectual and social connections in a warm, friendly synagogue setting. Adult Forum generally offers two "Lunch & Learn" programs each month, consisting of an optional kosher lunch followed by a movie, speaker or entertainer. Check weekly email or CBI calendar for event details.

January 9	Film
January 23	Speaker: Bock & Harnick on Broadway
February 13	Eric Hafen - Mysteries and Superstitions of the Theater
February 27	Film
March 12	Film
March 26	Speaker: Medical Mythical Tour (Debunking Medical Myths)
April 2	TBD
April 23	Film
May 14	Musical Program: The Great American Songbook
June 11	Speaker: The Change in How News, Music & Books are Delivered to Consumers

➤ **JOIN US!** Contact Lois Dyer at 973-533-1809

Discussion Groups

Post-Kiddush Pop-Up Learning

Occasional Shabbatot after Kiddush, approx. 12:45 p.m.

As the need arises, come and partake in a conversation with new and old friends about *inya dyoma* – an issue of the day. These will be scheduled sporadically by Rabbi Resnick; watch your email for dates. Feel free to come for services or just come **JFL – Just For Learning!**

Sisterhood Bookends

Thursday, June 11 at 7:30 p.m.

Looking for a good book to read? Look no further than CBI Sisterhood Bookends discussion group, facilitated by Sara Sherman. Spring book TBA!

Sisterhood Rosh Chodesh Learning

January 30, March 26, June 22 at 6:30 p.m.

Rosh Chodesh is traditionally a women's holiday that celebrates the arrival of the new month. Women come together at a dinner for camaraderie and stimulating discussions led by clergy or congregants. All women of the congregation are welcome.

➤ **CHECK** CBI email announcements for discussion topic.

EDGE Reboot

Sundays, 9:00-10:30 a.m.

January 26, February 23, March 29, April 26



Last year we kicked off our new discussion group, EDGE, with a series of fine presentations, mostly related to presenters' vocations. As we look forward to another year of meetings, we'd like to focus more on the "eclectic" part of these Eclectic

Discussion Group Events.

Would you like to present on your avocation instead of your vocation? Or, best of all, a subject of your own choosing. All ideas and offers are welcome!

➤ ***PLEASE CONTACT*** Jeff and Marian Freedman at [*jfreednj@aol.com*](mailto:jfreednj@aol.com) or 908-754-7867

Just for the Fun of It!

Sisterhood Knit and Nosh (and Needlework!)

Tuesdays 7:30 to 9:00 p.m.

January 28, February 25, March 24, April 28, May 26, June 23



Want to learn, are experienced, or just want to schmooze? Come to our monthly informal gathering. Light refreshments are served in the Youth Lounge. We encourage any kind of needlecraft.

➤ **CONTACT** Marion Mohl at marionmohl@aol.com or 908-273-8157

Sisterhood Presents Mah Jongg Nights

Wednesdays 7:30 p.m.

January 15, February 12, March 11, April 1, May 6, June 3

Each month Sisterhood hosts an Open Mah Jongg Night which is open to the community! All levels of play are welcome. Never played before...no worries! New players are encouraged to join...we have a learners table!

Sisterhood Members FREE! // Non-Members \$5.00



➤ **RSVP** to Helene Moehlman at shmoehlman@yahoo.com

Interested in Learning to Play Canasta?

Wednesdays, 7:00-9:00 pm

January 8-February 5

Intrigued by the game that is sweeping the nation? So is CBI Sisterhood! We are offering a series of 5 Canasta lessons run by a very experienced and knowledgeable outside teacher. The cost is \$100 for the lessons.

➤ **CONTACT** Jennifer Glick at glickcorwin@msn.com or 240-401-1057



160 Millburn Avenue, Millburn, NJ 07041

**Winter/Spring 2020
Programs & Events
Please Save for Future Reference!**