

# The Bulletin



CONGREGATION  
B'NAI ISRAEL

Congregation B'nai Israel, Elizabeth, NJ - Affiliated 1992

March 2020



CONGREGATION  
B'NAI ISRAEL

\*\*\* Sunday, March 8 \*\*\*



## Family Purim Carnival

10:00 a.m. to 12:00 p.m.

Singalong & Costume Parade  
Games // Arts & Crafts // Prizes  
Carnival Food



**New This Year! Make & Decorate Your Own Wood Grogger**

\*\*\* Monday, March 9 \*\*\*



## Children's Purim Program

6:00 p.m.

*Family-Friendly Megillah Telling!*

*Come in costume, bring your groggers and make some noise!*



## Purim Pastapalooza Dinner

6:45 p.m.

*Join us for a festive meal!*

*Assorted pastas, salad, garlic bread, dessert & refreshments!*

*Free for All!*  
RSVP at [www.cbi-nj.org](http://www.cbi-nj.org)

## Congregational Megillah Reading

7:15 p.m.

*The whole megillah ... from start to finish!*  
*Don't forget to dress up! Ransom Rabbi & Cantor!*



*Want to hear the story again? We will read the Megillah again on Tuesday morning at 7:00 a.m.*

Sensory / Quiet Space Available at All Times

## March Service Times, Candle Lighting, Minyan

Kabbalat Shabbat 8:15 pm  
Shabbat Services 9:00 am

### Additional Shabbat Programs:

#### Friday, March 6

8:15 pm – Kabbalat Shabbat

#### Saturday, March 7

9:00 am – Shabbat Services

11:00 am – Bim Bam Shabbat

#### Friday, March 13

8:15 pm – Sisterhood Kabbalat Shabbat

#### Saturday, March 14

9:00 am – Shabbat Services

8:00 pm – Pajama Havdallah

#### Friday, March 20

6:30 pm – Men's Club & Yaldeinu Kabbalat Shabbat

7:30 pm – Congregational Shabbat Dinner

#### Saturday, March 21

9:00 am – Shabbat Services

#### Friday, March 27

\*\*6:00 pm – Shir Shabbat Services

#### Saturday, March 28

9:00 am – Shabbat Services

10:45 am – Shabbat Journeyer's minyan

Please check [www.cbi-nj.org](http://www.cbi-nj.org) for any changes to schedule.

### Candle Lighting

March 6	5:37 pm
March 13	6:44 pm
March 20	6:52 pm
March 27	6:59 pm

### Mincha/Havdallah

March 4	5:37 pm / 6:52 pm
March 11	6:44 pm / 7:59 pm
March 18	6:52 pm / 8:07 pm
March 25	6:59 pm / 8:14 pm

### Minyan Rotation

March 1 - March 6	Solomon - Tenenbaum
March 8 - March 13	Tiplitz - Wank
March 15 - March 20	Warner - Wiener
March 22 - March 27	Williams - Zimiles

This is a reminder that you are scheduled on the Minyan Rotation List for this month. **We urge you to make every effort to attend minyan, the times are listed below.**

### Morning Minyan

7:10 am Mon. & Thurs.  
7:15 am Tues., Wed. & Fri.  
8:00 am Sun.

### Evening Minyan

8:00 pm Sun.-Thur.

## Rabbi's Musings

By Rabbi Paul Resnick



It is March. One would not think that it is a month packed with Jewish activity. But it is! I would like to share some of the highlights here at CBI. I would like to encourage you to participate in all, or some of what is being offered. However, you connect, I would guarantee that the more you get involved the fuller your life, the more meaningful your life, would be. And there are lots of great folks here at CBI.

Some people have told me that they do not feel a part of the *in crowd*. Others have told me that they do not feel as knowledgeable as others. I would like to assure you that you too can feel part of the group. And that here are all different levels of connectedness and knowledge. And so, please try to come of the myriad activities being offered.

PURIM - elsewhere you can see details about the carnival, Pasta Palooza, and Megillah reading. Purim is a holiday that is filled with joy and happiness. We receive gifts of *mishloach manot* and are encouraged to be happy! Join us, in costume or not and try to figure out who the rabbi is on Purim eve! And of course, bring your children and/or grandchildren!

Shabbatot - wow, there is Youth Shabbat, Mens Club Shabbat and Sisterhood Shabbat! Why would you want to miss any of them? Great davening - praying - and Torah, good food and meaningful communal engagement recognizing three important strands in the tapestry of CBI. And so even if you do not usually come to the synagogue on Shabbat, try to this month. And on March 20th there is a Friday night dinner.

I would also like to re-invite you to the CBI Walking Group which meets weekly on Tuesday at 2:00 PM. We have had 14 walks this year and we are strong and will keep going. Let me know if you want to join us.

Every other Tuesday at 9:30 AM there is a committed of folks who study Ethics of the Fathers - *Pirkei Avot* - at LIV Breads. Everyone is invited. If you want to study in the evening instead, please let me know and we can do that too!

There is Israeli Dancing on Sundays and Monday morning modules of Torah study and Talmud study on Monday evenings.

Towards the end of March, I will be presenting two workshops on Pesach. I guarantee you that you will be able to bring new ideas to your seder. Ideas presented will be what to put on your seder plate in 2020, to a great recipe for homemade and easy to make gefilte fish, to how to interpret - *we were slaves in Egypt* for our modern day mindset.

As always I am here for conversation, a cup of tea/coffee just to shmooze and catch up. Have a great March.

Rabbi Paul Resnick



To contact Rabbi Resnick,  
email him at [rabbi@resnick@cbi-nj.org](mailto:rabbi@resnick@cbi-nj.org)



## Musical Notes

By Cantor Lorna Wallach



### Esther: An Eishet Chayil

I feel privileged and fortunate to have had and continue to have so many strong and inspiring role models in my life. In this month, when we read the Megillah on Purim, I find myself focusing on the Biblical character of Esther, and the strength and courage which Esther exhibited in the Purim story. "While Esther's story is impressive on the level of intrigue, bravery and adventure, it is made eternal by her self-sacrifice and unmitigated faith. Esther remains a role model not because of her external beauty or because she was queen of a powerful empire, but because of her inner fortitude." [Women in Judaism, Copyright (c) 2000 by Mrs. Leah Kohn]

Our tradition recognizes that what makes a woman an *Eishet Chayil*, a true woman of valor and strength, is not her looks but her actions and her faith. In the Book of Proverbs, verses 10 – 31, there is a beautiful poem, *Eishet Chayil*, (A Woman of Valor) which praises women for these special qualities. In many households, it is the custom to recite *Eishet Chayil* every Friday night at the Shabbat meal. Many Jewish grooms also recite the *Eishet Chayil* poem to their brides at their wedding. This poem is also sometimes heard as a tribute to a deceased woman at her funeral.

In Jewish lore, this poem was written by Solomon for his mother Bath-Sheba, but some say it was written by Abraham as a eulogy for his wife, Sarah. The text is too lengthy to print here, but it is worth reading if you are not familiar with it. The poem begins with a question, "A woman of valor – Who can find?" It invites us to participate in the search. Who are our role models? What qualities do they possess which we would want to emulate? *Eishet Chayil* is not just about the virtues of a woman who is a good wife and mother and who provides for her family. It also praises women in their own right for having many valuable qualities, including women who volunteer, work hard, give tzedakkah, who are strong, wise, courageous and who revere God.

In a book called Praise Her Works: Conversations with Biblical Women (edited by Penina Adelman, JPS Publishers, 2005), I learned of a 13th century Yemenite collection of midrashim called *Midrash HaGadol* (The Great Midrash), which describes twenty two women of valor in the Bible and connects each of them to a line from the *Eishet Chayil* poem. The Biblical women included are: the wife of Noah, Sarah, Rebekkah, Leah, Rachel, Batya, Yocheved, Miriam, Hannah, Yael, the widow from Tzarfat (I Kings 17:14), Rachav (who took in the spies, Joshua 2), Bath-Sheba, Michal (David's wife, I Samuel), Elisheba (Aaron's wife, Exodus 6:23), Hatzleponi (Samson's mother, I Chronicles), Serach (daughter of Asher), wife of Obadiah (2 Kings), the Shunammite woman (2 Kings), Esther, and Naomi and Ruth (from the Book of Ruth read on Shavuot).

*continued on page 15*

## In The Community

### Condolences to:

Risa Wasserman on the passing of her husband, Evan (z"l).

### Refuah Shleima to:

Meryl Hubscher, Frieda Ostrowsky, June Fastow, Shirley Ehrich, Celeste Johnson, Laurie Weinberg.

### Mazel Tov to:

The Goodman Family on Eliana becoming a Bat Mitzvah.

Deena Bernhaut on her grandson's bar mitzvah.

CBI 2nd grade students at GOA, Rebecca Schor and Emily Talpins, and to their families, on the celebration of the students receiving their first Chumashim.

Merna Most on the birth of her great-grandson, Leo Most, born earlier this week. Leo is the son of Zach and Lacey Most and grandson of Bill and Susan Most.

Penny & Arthur Klein on the birth of their Granddaughter, Willow Jaine, to Katie & Yale Klein.

Amy & Nathaniel Carota on the birth of their daughter, Waverley.

## President's Message

By Mariela Markelis Dybner



It's the final countdown to the Roaring 20's Gala honoring Matt Askin and Miriam Linver, Jonathan and Roz Engel and Adam and Lori Katzman! I am so excited to be enjoying a fabulous evening surrounded by our CBI family and toasting our incredible honorees. We are so very fortunate to have benefitted from the talents and efforts of these remarkable couples. Thank you

to all who have worked so hard to make this event a reality and for supporting our CBI budget with necessary fundraising. A special thanks goes to our Gala Committee chairs David Touger and Ruth Novick.

At CBI, we welcome Spring with Adar and Purim! This year, we are celebrating Purim in many wonderful ways: On March 4, our Hedwig Gruenwald Early Childhood Center will host a School Wide Purim Party at 9:30 am. Please join us for crafts, songs, stories and snacks. RSVP to [hgecc@cbi-nj.org](mailto:hgecc@cbi-nj.org). Our Family Purim Carnival complete with Singalong, Costume Parade, games, arts & crafts, carnival food and make and decorate your own wood grogger is on Sunday, March 8 beginning at 10am and is open to the community. Come and bring your neighbors and friends!

Our services for Erev Purim on March 9 will include a children's service at 6pm (wear your costumes! bring your groggers!) and a Congregational Megillah Reading at 7:15 pm. In between the two readings, join us for a festive meal with Purim Pastapalooza Dinner at 6:45! Please RSVP at the office or at [www.cbi-nj.org](http://www.cbi-nj.org). There will be another full Megillah reading at 7:00am on Tuesday, March 10.

Don't forget to treat your CBI friends and participate in the mitzvah of sending Mishloach Manot! We make it easy for you by putting the gifts together--all you need to do is order online or by dropping the paper form at the front office. It's \$10 per basket sent up to a maximum of \$236, and you can even send a basket to an Israeli soldier! Double your mitzvah by helping to pack and deliver the baskets throughout our community-- packing is on March 1 at 9am and delivery is soon thereafter. Thanks to Alia Covell and Robyn Namm for organizing the Purim Baskets this year.

Our new committees are taking shape. The Security Taskforce, headed by Helaine Ettinger, is fully formed, has had its first meeting and has already proposed security guard guidelines to be considered by the Board of Trustees. The Environmental Concerns committee is still in formation and is focusing first on recycling efforts but also on green energy and other ways CBI can be a better steward of our environment. Please let me know if you are interested in working with this committee.

By the time you are reading this, many of us will probably be returning from the AIPAC Policy Conference. I am so proud to be part of our CBI delegation along with Rabbi Resnick and Cantor Wallach. It is truly an honor to serve a community so dedicated to the US/Israel relationship.

Chag Purim Sameach!

**Marielaw Markelis Dybner**



To contact Mariela Markelis Dybner,  
email her at [president@cbi-nj.org](mailto:president@cbi-nj.org)

### LET'S HAVE DINNER TOGETHER!

Our monthly Congregational dinners are popular and fun!

Thank you to several generous congregants for sponsoring the Congregational Shabbat Dinners for the enjoyment of our community.

If you are interested in sponsoring a future Shabbat Dinner --on your own to commemorate a special occasion, with friends, your neighborhood, BBRS class, etc. -- please contact

Harvey Brenner in the synagogue office or  
Henry Bloom at [hdbloom@hotmail.com](mailto:hdbloom@hotmail.com)

### March 2020 Yahrzeit Donors

Michael Cohen	Sanford Kingsly
Cantor Lorna Wallach	Mindy Haber
Murray Mohl	Richard Sherman
Helene Moehlman	Susan Margulies
Deena Bernhaut	Barry Dashefsky
Allen Kohan	Gary Tiplitz
Dina Prus	Gary Dubro
David Glasofer	Howard Kessler
Jeryl Rempell	Allan Reiss
Jacqueline Gershman	Arlene Bartfeld
Gloria Segel	Sheila Marx
Jerome Cook	Ronald Arons
Isabel Kahn	Sandra Neger



## Beineynu

By Harvey Brenner, Executive Director

### CBI Begins a Recycling Program

It has been a long time coming, but CBI is joining the ranks of other concerned establishments around the globe and is beginning to separate “trash” from “recyclables” and thereby reducing our land fill use and helping to improve our environment.

There are ample teaching examples throughout Jewish history and liturgy about how we are commanded to be “stewards” and “caretakers” of our environment. The modern interpretation of *Tikkun Olam* is the Jewish concept defined by acts of kindness performed to “**repair the world.**”

The phrase is first found in the *Mishnah*, a body of classical rabbinic teachings, saying, “**Mip’nei tikkun ha-olam,**” (*for the sake of repairing the world*), which appears with the meaning of amending the law in order to keep the society well-functioning. It is often used when discussing issues of social policy, ensuring a safeguard to those who may be at a disadvantage. In this case, our planet and environment.

Over the next few months we’ll be phasing in “**single stream recycling**” similar to what many of us already do at home: glass, paper, plastic and metal can be “co-mingled” and separated from “regular trash” and taken to a recycling plant for separation and reuse.

We’re starting in the schools and offices with special “**blue buckets**” to collect anything recyclable and have already obtained a separate “**recycling dumpster**” to collect and haul away that refuse. Food waste, wood, used paper plates, foil tins and wrap, etc., **are not permitted in the recycling stream** and should be treated as plain, old fashioned, garbage. Our motto should be, “**When in doubt (about an item), treat it**



as ‘trash’ and throw it out!”

If that last statement seems a bit counter-intuitive, it’s not. The recycler will “reject” the entire load of recycling matter if there are regular trash items included in it. The disposal company will then return the load to us and impose a “penalty fee” for having the load rejected.

So, let’s start slowly and carefully. We’re in the process of sourcing recycling receptacles for the rest of our building’s “public spaces” (lobby, Social Hall, MPR, Youth Lounge) so that as a program, service, meeting or event concludes, participants may place their items either in trash bins or recycling containers, whichever is appropriate.

This is but a first step but in this season of the impending Spring renewal, let us begin the journey together to help our community and our planet thrive!

L’hitraot!

Harvey M. Brenner, FSA, FTA



To contact Harvey Brenner,  
email him at [hbrenner@cbi-nj.org](mailto:hbrenner@cbi-nj.org)

**Purim**  
**PASTAPALOOZA**  
**Dinner**

**Monday, March 9 at 6:45 p.m.**  
**Join us for a Festive Meal!**

The dinner takes place AFTER the Children’s Purim Program (which starts at 6:00 p.m.) and BEFORE the Congregational Megillah Reading (starting at 7:15 p.m.).

*it's a pasta party*

**Assorted pastas, salad, garlic bread, dessert & refreshments!**  
**Kid-friendly, vegetarian and gluten-free options ... please let us know!**

**FREE FOR ALL!**  
**Please RSVP by Wednesday, March 4**



Congregation B'nai Israel

# ROARING 20's GALA

**Don't Miss the  
Party of the Year!**  
Still Time to RSVP!

**Saturday, March 7, 2020**

**7:15 p.m.**

**Join Us at the CBI Speakeasy for a Roaring Good Time**

*as we honor*



**Miriam Linver & Matt Askin**



**Roz & Jonathan Engel**



**Lori & Adam Katzman**

Party like it's the 1920's with a wonderful evening of food, cocktails, dancing  
and joy as we celebrate our community!



**Purchase tickets and tributes at**

**[www.WizAdJournal.com/CBIGala2020](http://www.WizAdJournal.com/CBIGala2020)**



# Purim Carnival

**Sunday,  
March 8  
10:30 am -  
12 pm**

Singalong &  
Costume Parade  
10-10:30 am

**MAKE &  
DECORATE YOUR  
OWN WOOD  
GROGGER**

NEW THIS YEAR!

GAMES  
ARTS &  
CRAFTS  
PRIZES

Including  
Preschool  
Games  
&  
Sensory/  
Quiet Space

Pizza  
Ice Cream  
Cotton Candy  
Hamantaschen  
Water  
available for purchase  
11 am - 12 pm



Open to the Community ~ Bring Family & Friends  
Tickets \$10 per Child (includes all games & grogger)  
160 Millburn Avenue, 07041 ~ [www.cbi-nj.org](http://www.cbi-nj.org) ~ 973-379-1134

# The CBI Preschool at Hedwig Gruenewald Early Childhood Center

By Rochelle Baron, Director

Purim, one of our favorite holidays, will be here in a few days and the preschool is a-buzz with all kinds of activities relating to this fun time. We're looking forward to welcoming our families to our school-wide Purim Party on March 4 where we'll hear the story of Esther, sing songs and share traditional refreshments. The CBI Purim Carnival takes place on March 8 and features activities for children of all ages. A few days after we finish our Purim fun we'll jump right into learning about Passover. Our friends from the Living Legacy will be here with their Matzoh Bakery program and we'll experience baking—and eating—this traditional holiday food.

Looking ahead to next month, HGECC will be hosting a family Passover workshop on April 5, 2020 from 10:00 am to 11:00 am. The program is geared towards children between two and five years old. We'll do a fun craft, hear stories, sing holiday



songs, and share refreshment together. Please come and bring your friends!

Rochelle



To contact Rochelle Baron,  
email her at [HGECC@cbi-nj.org](mailto:HGECC@cbi-nj.org)



**Seeking FUN Furniture**  
**for Cozy Corners in classrooms**  
in good condition, clean & sturdy, from pet-free & smoke-free homes

**Do you have any area rugs, comfy chairs, bean bag/disc/pouf chairs, small coffee tables, ottomans, and so on that you no longer use?**  
**BBRS wants them!**  
**Contact Rabbi Julie to donate: [rabbijulie@cbi-nj.org](mailto:rabbijulie@cbi-nj.org), 973-379-1134**



## Passover Prep Workshops

Join Rabbi Resnick for two unique workshops designed to make your Seder more engaging and compelling. Through review of texts, discussion and open-ended, thought-provoking questions, you are guaranteed to feel inspired as we approach Passover.



**Each workshop will be presented twice ...  
choose the session that is best for you!**

### Workshop #1 –

Evening Session - Tuesday, March 17, 7:00 – 8:00 p.m.

OR Morning Session - Monday, March 30, 9:30 – 10:30 a.m.

### Workshop #2 –

Evening Session - Tuesday, March 31, 7:00 – 8:00 p.m.

OR Morning Session - Monday, April 6, 9:30 – 10:30 a.m.

➤ **SIGN UP!** Please RSVP to [rabbijulie@cbi-nj.org](mailto:rabbijulie@cbi-nj.org)

**Tikun Olam Day  
Sunday, March 15**

A JOINT PROGRAM OF



### Donations for projects:

- fleece fabric in baby designs, 1.5 yards each
- small glass or plastic jars or bottles for vases
- gallon zip-close plastic bags
- brown lunch bags

## NOW COLLECTING:

- small hand sanitizers
- hand warmers
- foot warmers
- new socks-adult size
- toothpaste/brushes
- individual water bottles
- energy/cereal bars
- individual applesauce
- small pretzel packs
- individual fruit cups
- lip balm
- small/hotel toiletries
- old towels
- Bumble Bee tuna & cracker pouches
- new or gently used shoes

### Guest Speaker and Canine Friend



### Bridges

Pack lunches  
and  
Blessing Bags

## PLEASE BRING DONATIONS TO

Congregation B'nai Israel  
160 Millburn Avenue, 07041  
[www.cbi-nj.org](http://www.cbi-nj.org)

## SOLES 4 SOULS

WEARING OUT POVERTY

Make blankets for  
**Project Linus**



For more info, contact Rabbi Julie Schwarzwald, [rabbijulie@cbi-nj.org](mailto:rabbijulie@cbi-nj.org)  
160 Millburn Avenue, 07041 – [www.cbi-nj.org](http://www.cbi-nj.org)



## Sisterhood's Message

By Jennifer Glick and Sharon Richman, Sisterhood Co-Presidents



Jennifer Glick & Sharon Richman

As we write this month's Sisterhood article, we have so many exciting upcoming events to share with you; but first we want to kvell over some of our recent successes. We all enjoyed our recent Rosh Chodesh movie night organized by Wendy Kaplowitz. We thoroughly enjoyed watching Hummus the Movie followed by a delicious dinner - you guessed it! Hummus for the main meal and dessert. At the risk of Sisterhood being nicknamed "gamers" we are pleased to report on the success of our canasta lessons. So far twenty ladies have enjoyed three lessons out of the scheduled five. We are planning to add Canasta to our monthly free programs as soon as the lessons are completed, and all canasta-playing Sisterhood members will be welcome to these sessions. Our monthly Mah Jongg night continues to attract over thirty ladies. We do enjoy our games!!

Another success is that thanks to Sandy Panzer ([Sandypanzer3@gmail.com](mailto:Sandypanzer3@gmail.com)) and Linda Silver ([lssilver@verizon.net](mailto:lssilver@verizon.net)), the Torah Fund has raised over \$3,000. We can go higher than that. Let's try to reach 100% Sisterhood member participation in donating to Torah Fund. Please contact Sandy or Linda for further details.

What's coming up? Our biggest event of the year is Sisterhood Shabbat on March 13th and 14th. Michelle Danielle and Chaya Cohen are tirelessly working to ensure an unforgettable weekend. Of course, there will be a skit. Since past Presidents Ruth and Laurie did such a stupendous job writing and performing, we engaged them to author the skit for the Sisterhood Shabbat this year. We're sure you are all looking forward to enjoying it.

We have a number of events coming up that will be facilitated by our very own members. We just have so much talent. On March 22nd, Lois Cantwell will lead a participatory cooking event at CBI. We will make and eat a delicious seasonal lunch. On April 26th, Debbie Toplansky will lead us in a zumba class - so get out those sneakers and come ready to exercise. Looking ahead to the Fall, Hope Atlas will facilitate a journaling

experience. There is no better time to reflect than before the High Holidays. We are sure there are many of you with hidden talents! If you would like to facilitate a program, please contact Jennifer ([glickcorwin@msn.com](mailto:glickcorwin@msn.com)) or Sharon ([sjschmerz@gmail.com](mailto:sjschmerz@gmail.com)) to plan an event.

We have an exciting Rosh Chodesh program on March 26th. Sisterhood will be hosting a concert by local singers Shiru Na. This all-female group will be presenting "A Tribute to Jewish Composers in Song." The concert is also a fundraiser for UJA of Greater Metrowest. For more information, please contact Wendy Kaplowitz at [wendy.kaplowitz@verizon.net](mailto:wendy.kaplowitz@verizon.net).

Finally, we are also looking forward to our May 3rd trip to "Jewish" Newark. Susan Stern is already in the process of planning our summer Ladies Night. We love projects. So get ready to make a beaded wire headcovering.

### Upcoming Events:

<b>Mah Jongg</b>	March 11
<b>Sisterhood Shabbat</b>	March 13th and 14th
<b>Cooking</b>	March 22nd
<b>Knit and Knosh</b>	March 24th
<b>Rosh Chodesh</b>	March 26th

Jennifer Glick and Sharon Richman  
Sisterhood Co-Presidents

You & Sisterhood Shabbat, *Perfect Together*

MOTHERS, DAUGHTERS, GRANDMOTHERS, GRANDDAUGHTERS, SISTERS, AUNTS, & COUSINS...

Feel the warmth of joining with your friends  
Lead Friday evening & Shabbat morning prayers  
Your participation will make Sisterhood Shabbat so special!

Friday, March 13 & Saturday, March 14, 2020

Please follow the link below to choose from our many ways to participate:  
[https://cbi-nj.org/sisterhood/sisterhood\\_shabbat.html](https://cbi-nj.org/sisterhood/sisterhood_shabbat.html)  
OR call/email our co-chairwomen

Michelle Daniel 973-258-1245 [michelledaniel@gmail.com](mailto:michelledaniel@gmail.com)  
Chaya Cohen 908-654-8580 [chayacohen@gmail.com](mailto:chayacohen@gmail.com)

Please join us by choosing from the following parts:  
• a reading (in English or Hebrew) • singing • silent role • behind-the-scenes work

# **CBI MEN'S CLUB SHABBAT Kulam Service & Dinner**

Friday, March 20, 2020

Services at 6:30pm\* / Dinner at 7:30pm

\*6:00pm meet up for Yaldeinu families in Sanctuary

Men's Club and Yaldeinu team up for a Special Needs Inclusive Friday Night Service & dinner prepared by the Men's Club chefs!

Adults and children of all ages are welcome!

Shabbat Singing and Good Times!



\$5 per person / \$25 per family max

**WE HOPE YOU CAN JOIN US! Last date to RSVP: Wednesday, March 18<sup>th</sup>**

**Sign up online at** <http://tinyurl.com/MCShabbat2020>

**Or, follow instructions below:**

**RSVP to Dan Richter by email at** [cbimensclubmillburn@gmail.com](mailto:cbimensclubmillburn@gmail.com) **or by phone at** (732) 261-5138

Then send your check with below form to: CBI, 160 Millburn Ave, Millburn, NJ 07041, Attn: Men's Club Shabbat.  
Please make check payable to "CBI Men's Club" with memo "Shabbat Dinner."

## **CBI Men's Club Shabbat Dinner Signup Form**

Adult Names \_\_\_\_\_

Kids Under 18 Names and Ages \_\_\_\_\_

Total # of People \_\_\_\_\_ Amount Due \_\_\_\_\_



## THE STORY OF THE STATE OF ISRAEL THROUGH ITS MUSIC

WITH LEN HAUSMAN

Music is an ideal way to learn about a country's history and culture. In this third module consisting of four additional sessions we will focus on the period between the 6-Day War and the Yom Kippur War and its aftermath. While we will be highlighting the music of Naomi Shemer, known as 'the first lady of Israeli song,' other composers will be heard as well.

The class will learn about how the lives of the composers were interwoven with the development of the State of Israel as reflected in their music. The text for this class are song lyrics, in translation, as we explore their context and meaning. We will approach the lyrics as we would a poem, looking for their resonance and allusions. The Hebrew text will be available and we will learn some key Hebrew words in the lyrics.

We will be listening to the most well known versions of these songs which were sung by the leading vocalists and groups of the day and the class will gain the familiarity of a 'Who's Who' in the history of Israeli song as we listen to and enjoy the musical selections.

### ABOUT THE CLASS LEADER

Len Hausman has had an interest in the music of Israel since his youth. He completed a year of training in Israel toward being a teacher in the diaspora, sponsored by the World Zionist Organization. He has enjoyed teaching on a range of subjects over the years at CBI's Shabbat Journeymen's Minyan and other venues. Professionally, Len is a psychologist with practices in Greenwich Village, New York and locally.



### Monday Mornings

9:30 – 10:30 a.m.

*Four Sessions*

March

2nd, 9th, 16th, 23<sup>rd</sup>  
2020

FREE for  
CBI Members

To register,  
please contact:

Rabbi Julie Schwarzwald  
Director of  
Congregational Learning

[rabbijulie@cbi-nj.org](mailto:rabbijulie@cbi-nj.org)  
(973) 379-1134

## CONGREGATION B'NAI ISRAEL

160 Millburn Avenue  
Millburn, NJ 07041

[www.cbi-nj.org](http://www.cbi-nj.org)



### Need the services of a Notary Public?

Harvey Brenner, our Executive Director, is a Notary Public, commissioned in the State of New Jersey.

As a "benefit of CBI membership," Harvey is happy to perform any required notary services, and waive all fees.

Please contact him at: 973-379-3811 x 118 or [hbrenner@cbi-nj.org](mailto:hbrenner@cbi-nj.org) to set up an appointment.

## PAJAMA HAVDALAH

Join us for a quick Family Havdalah at 8 pm ~ then adults enjoy a night out...

and we'll watch the kids

while they enjoy a movie, games, and dessert!

FREE for CBI congregants

\$10 per child for guests

**MARCH 14, 2020  
8-10 PM**

160 Millburn Avenue, 07041  
RSVP BY MARCH 9  
[rabbijulie@cbi-nj.org](mailto:rabbijulie@cbi-nj.org)  
[www.cbi-nj.org](http://www.cbi-nj.org)



### Adult Forum "Lunch & Learn"

160 Millburn Avenue, Millburn, NJ 07041

Our programs are open to all- bring friends!



### MARCH EVENTS

Lunch begins at 12:30 p.m. The program begins at 1:00 p.m.

**Thursday, March 12<sup>th</sup> Screen *Ad Astra*.** Set in the near future, astronaut Roy McBride (Brad Pitt) has lived in the shadow of his heroic father, Clifford (Tommy Lee Jones), who disappeared on a mission to find artificial intelligence in the universe. When electrical surges from space begin to hit the Earth, Roy must travel across the solar system to find his father, the origin of the surge — and maybe more. The title comes from the phrase *Per Aspera Ad Astra*, meaning, "Through difficulty to the stars."

**Thursday, March 26<sup>th</sup>** Come and learn from our noted returning Hirschhorn presenter, Dr. Mark Grebenau. He will take us on a *Medical Mythical Tour* debunking medical myths along the way. This promises to be a fascinating and educational program!

**Sandwich choices are: turkey, roast beef, corned beef, pastrami, tuna, egg salad. PAY AT THE DOOR. CONTACT LOIS at 973-533-1809 to place your lunch order by the Wednesday afternoon before the program by 3 p.m. The cost is \$10 for Adult Forum members and friends, and \$12 for community participants. If you are coming for the program only and not joining us for lunch, then there is no charge, but PLEASE CALL ME to let me know you will be attending.**



## MEN'S CLUB MINUTE

By Alex Marcus & Jonathan Schor,  
Men's Club Co-Presidents

Winter is almost over! It's amazing how quickly Winter will pass when there is so little snow. Of course here at CBI the winter wears quite eventful. At CBI we will soon be welcoming Rabbi Ari



Alex Marcus



Jonathan Schor

Isenberg as the new permanent Rabbi. We are very excited to have Rabbi Isenberg at CBI and hopefully as a fellow member of CBI Men's Club!

Last month we had the first CBI Men's Club Axe throwing event. Thanks to Tomer Hoenig for setting everything up. A good time was had by all and everyone left with all of their fingers intact. Thankfully there were no "axe-idents" along the way. (Sorry, I couldn't help the bad jokes...)

Spring is an exciting time for Men's Club. Men's Club Shabbat will be celebrated on March 20th. This year we are having a special "Kulam" Friday night service and dinner. This will be a combined Yaldenu and Men's Club Shabbat fully inclusive service. It will be followed, of course, by a Shabbat meal prepared by David Touger and staff. Sign up for dinner at <http://tinyurl.com/MCShabbat2020>. On Shabbat morning we will have services lead by the Men's Club with another great shtick performed by the MC Parsha Players. It's another "oldie but goodie." The Cholent Contest has a number of new entries into the fray all vying for the coveted Kiddush Kup. Everyone will be out to dethrone current champ, Alex "Chili Master" Marcus. It promises to be a great weekend. Please join us!

Spring also make everyone think of Passover. Here at Men's Club we are no different. The annual Passover wine sale is starting. We have new selections of great wine for the holiday. The deadline for orders is March 25th. The wine will be delivered to your door before the holiday. Visit <http://tinyurl.com/passoverwine2020> for full wine

list and more information.

### Looking ahead:

- 1) Softball season is starting up soon. Contact Craig Rothman at [craig231rothman@gmail.com](mailto:craig231rothman@gmail.com) if you are interested in joining the team. We are always looking for a few new players to help bring CBI a championship.
- 2) Be on the lookout for a special MC Paid Up event coming in May. Details to follow but we are hoping to get another great speaker for the event.
- 3) If you are interested in planning an event or have an idea for a new event please let us know. Email Men's Club at: [cbimensclubmillburn@gmail.com](mailto:cbimensclubmillburn@gmail.com)

Alex Marcus & Jonathan Schor  
Co-Presidents

## ISRAELI DANCING RETURNS TO CBI!

\$10 per week  
Perfect for new learners and those who  
want to expand their repertoire  
Open to all ages!  
Register with RabbiJulie@cbi-nj.org



Sundays, beginning March 1  
Beginners at 7:30 pm; Everyone at 8:15 pm  
Led by experienced dance instructor Sara Alter



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[www.cbi-nj.org](http://www.cbi-nj.org) ~ 973-379-1134



In January we formed our first CBI Security Committee. The members include: Matt Askin, Bob Brauer, Greg Daniel, Helaine Ettinger (Chairperson), Nan Greenwald, H a n k

Kaplowitz,

Kenny Kavowras, Michelle Neier, Bruce Novick and Joe Tenenbaum. We are working closely with our Executive Director, Harvey Brenner, to create an overall emergency and security plan for CBI. All plans and policy recommendations will be brought before the CBI Board for discussion and approval.

We are very pleased to report that Harvey has already secured two grants from the Department of Homeland Security and FEMA to upgrade our security. Funds from one of these grants has already enabled us to hire an armed security guard whenever large numbers of people are expected to be in the building. Additionally, with these funds we will be addressing security issues related to door access, lighting, windows, CCTV, and more.

We have continued to consult with the security experts at Jewish Federation of Greater MetroWest and at the Millburn-Short Hills Department of Education. We also want to learn from and collaborate with other synagogues in our area as well as with our local police department.

In the coming months we will continue to update you on security issues. We are all responsible for maintaining CBI's security and so you may see changes in the future such as regular announcements about emergency exits at gatherings and emergency information cards in the pews and around the building. Knowing where the exits are located and what to do in an

emergency is part of any commercial airline flight and makes us all feel safer. Similarly, familiarity with the location of exits and emergency procedures in our building will make us all safer. Thank you for your cooperation and consideration on these issues.

## CBI MEN'S CLUB PASSOVER WINE SALE



**Order your Passover Wine at Discount Prices!**

**Have it Delivered to Your Home in Time for Your Seder!**



**Great Selection from Israel, California, Italy and more!**

**See the entire selection and order all wine on-line and pay with a credit card here!**

<http://tinyurl.com/passoverwine2020>

**OR**

**See separate Order form with complete list**

**Drop off order form in office or mail completed form and check to:**

**Congregation B'nai Israel**

**Attn: Men's Club Wine Sale**

**160 Millburn Avenue**

**Millburn, NJ 07041**

**Orders must be received by March 25th**

**Your order will be delivered to your house before the first seder.**

**Direct any questions to Michael Jurist@ [cbimensclubmillburn@gmail.com](mailto:cbimensclubmillburn@gmail.com)**

**or (973) 699-2431**

## Musical Notes

*continued from page 3*

May each of us strive to appreciate and emulate the remarkable attributes of the Nashei Chayil – the women of valor – who came before us as well as those who surround us and enrich our lives in countless ways. Using Esther as a role model, if we

live our lives with faith and take action when it needs to be taken, we **can** make a difference in the world and will perhaps inspire others to do the same!

Lorna Wallach



To contact Cantor Wallach,  
email her at [cbicantor@cbi-nj.org](mailto:cbicantor@cbi-nj.org)



Get ready for Passover at our

## FAMILY PASSOVER WORKSHOP

Sunday, April 5, 2020

10:00am to 11:00am

CBI Preschool Wing

We'll do a fun craft, hear great stories, sing holiday songs, and enjoy refreshments together!

This program is open to all families with children between 2 and 5 years old.

Please RSVP to the HGECC office

([hgecc@cbi-nj.org](mailto:hgecc@cbi-nj.org)) by March 25, 2020.

## ISRAEL AFFAIRS

By Joe Tenenbaum



### Israel "Current" Events

The Israeli election will be held any day now (depending on when this Bulletin is published). From outside Israel we watch and wonder if the third time will be the "charm." Will Israel be able to form a permanent government? In

Israel, the saying is different – פעם שלישית גלידה or Pa-am Shlishit G'lidah which means, the third time – Ice Cream !! I think I prefer the Israeli saying.

Perhaps you can say we anticipated this saying with our recent celebration of Ice Cream for Breakfast Day on the first Saturday in February. Look for this event to become a regular occurrence for us.

In the meantime, the United States presented its new Peace Plan. Although the plan seems to have been accepted by both the Prime Minister and the leading opposition candidate in the Israeli election, the way forward is not at all clear. The Palestinian Authority has rejected this plan and rejected participation in developing the plan. Some commentators have accused the plan of scuttling the two state solution. My observation is that the two state solution had been without significant progress in over a decade. Negotiations are difficult when both sides have significant nonnegotiable issues.

### 2020 AIPAC Policy Conference March 1-3, 2020

As you read this, the AIPAC 2020 Policy Conference is occurring. It is fascinating that the Conference coincides this year both with Super Tuesday in the United States and with election number three in Israel. AIPAC will try to stay focused on maintaining bi-partisan support for a strong US Israel Relationship in Congress so that whatever happens in the upcoming Presidential election, our bond will remain strong. To view videos from the conference, visit AIPAC.org and look for Policy Conference links.

### Upcoming Events - Note the following dates for Events about Israel

View the film, *My Truth, Fighting the Demonization of the IDF* on Sunday, March 8, at 2 pm at Temple Beth Or

Beth Torah at 111 Valley Road in Clark NJ. For more info contact Conradwho@gmail.com

See the film *Aulcie* as part of the Jewish Film Festival of Central NJ. The film tells the story of Israeli basketball star Aulcie Perry. The film is being shown at AMC Mountainside NJ on April 12 at 7:30 pm Call (908) 889-8800 x208 for ticket information.

JNF New Jersey will sponsor its annual breakfast on Friday May 8 featuring journalist and author Matti Friedman. The event is at the Westminster Hotel. Check in begins at 7:30, and the programs goes from 8 to 9 am.

Federation of Greater MetroWest is sponsoring a conversation about the Television series FAUDA, with its co-founders on May 13, 2020.

CBI will be hosting an Israel Bond Bruch on Sunday morning, May 31 honoring a CBI supporter of Israel Bonds and featuring a guest speaker. Please save the date.

The Celebrate Israel Parade will be held in NYC on Sunday, June 7. CBI will once again be sponsoring a bus to the event.

JNF National Conference in Israel is being held October 25-29, 2020.

### Tell us about your Israel or pro-Israel experience

Let me know if you want to share some thoughts about either a trip you took to Israel, or a pro-Israel event you participated in. We want this column to be a source of inspiration from and for all members of our community.

### Missing Soldiers and non-combatants

We must continue to pray for the remaining soldiers to return home.

**Guy Hever Yehuda Katz Zvi Feldman**

There are also two non-combatant Israelis being held by Hamas in Gaza:

**Avera Mangistu Hisham al Sayed**

Joe Tenenbaum



To contact Joe Tenenbaum,  
email him at TenenbaumJ@AOL.com



# CBI joins Community Mitzvah Day March 29<sup>th</sup> 2020 – 2 Events!

## Event #1 For individuals & families (including kids Pre K and up) Surplus Medical Supply Sorting and Packing

Help inventory, sort, and pack surplus medical supplies to be distributed through public health missions worldwide to help victims of natural disasters and international conflicts. Join us to be part of an amazing effort to sustain global health and save lives!

Sunday March 29<sup>th</sup> 1-3 pm at Daughters of Israel -1155 Pleasant Valley Way, W Orange

Register at [www.jfedgmw.org/cmd](http://www.jfedgmw.org/cmd) Click "Register" & select "Help Victims..."

Free Pizza lunch beforehand in CBI Social Hall – (For participants of above)

Pizza will be free from Jerusalem Restaurant. If you want anything else from there, please notify Dan Richter by Thursday March 26 (then reimburse on Sunday)

Lunch will be Sunday March 29<sup>th</sup> 11:45am–12:30pm in CBI Social Hall.

At 12:30pm... we leave for Daughters of Israel in your own cars, maybe carpools too.

For this lunch just email [daniel.richter@verizon.net](mailto:daniel.richter@verizon.net) or call Dan (732) 261-5138

## Event #2 Just for the teens (12-18)

Join us for J-SERVE,  
an international day of  
Jewish Youth Service



**Sunday, March 29**  
**11:30 a.m. – 3 p.m.**

**Aidekman Jewish  
Community Campus**  
901 Route 10, Whippany

Part of Federation's commUNITY Mitzvah Day. Choose from 11 meaningful service projects!

REGISTER AT

[www.jteengmw.org/j-serve](http://www.jteengmw.org/j-serve)

For more info and car pooling contact Dan Richter at  
[daniel.richter@verizon.net](mailto:daniel.richter@verizon.net) or (732) 261-5138



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**YALDEINU**  
for families with special needs

Yaldeinu ("Our Children") is the name of our congregation's outreach to families with children or young adults with special needs. We have prepared liturgy and an experience designed to be participatory, joyous, and relaxed!

The service is approximately 45 minutes long and led by a special needs educator. The attendees are encouraged not only to participate but to lead as well as they can. The service is held in the Chapel and there is a Torah service. Youth over the age of 13 have the experience of being called up for an aliyah. It is a warm, nurturing, supportive environment for the youth and their families. Synagogue membership is not required for attendance, and all programs are held at CBI.

Saturday, March 14	7:15-8:15 pm	Havdalah service
Saturday, April 18	11:00-11:45 am	Shabbat morning
Saturday, May 9	11:00-11:45 am	Shabbat morning
Saturday, June 6	11:00-11:45 am	Shabbat morning

Any questions? Please contact Beth Giladi at [bethhg@gmail.com](mailto:bethhg@gmail.com) or Rabbi Julie Schwarzwald, Director of Congregational Learning, at [rabbijulie@cbi-nj.org](mailto:rabbijulie@cbi-nj.org) or 973-379-1134.

*DON'T MISS  
THE DEADLINE!*

Please note, the deadline for the APRIL 2020 bulletin is MARCH 13. Information contained in the bulletin each month is time sensitive. We appreciate your cooperation in order to ensure that the Bulletin reaches everyone by the beginning of each month. Space permitting, we will do our best to include your item(s), and we reserve the right to edit your submission. Please submit all material to [CBIbulletin@cbi-nj.org](mailto:CBIbulletin@cbi-nj.org).

EDITION	DUE DATE FOR MATERIALS
APR	13-Mar
MAY	13-Apr
JUN	8-May

## DONATIONS

If you wish to send a tribute please call the main office at 973-379-3811 ext.111 or email: [dcoscia@cbi-nj.org](mailto:dcoscia@cbi-nj.org).

### Synagogue Fund

Paula Touger - Helping to prepare Henry Meiler for his bar mitzvah

- ❖ Meiler Family

Risa, Alexa and Ross Wasserman - In memory of your beloved husband and father Evan

- ❖ Kimelman Family

Risa Wasserman - In memory of Evan Wasserman

- ❖ Steven and Helene Moehlman

The Wasserman Family - In memory of Evan Wasserman

- ❖ Phil and Betsy Darivoff

Richard Wasserman - In memory of Evan Wasserman

- ❖ The Wallman Family

Risa Wasserman & Family - In memory of Evan Wasserman

- ❖ Harriet Greenholtz

Risa, Alexa and Ross Wasserman - In memory of Evan Wasserman

- ❖ Amy and Philip Stern

Risa Goldberg and Family - In memory of your mother, Sandra Rosenberg

- ❖ Elizabeth and Allan Rauch

Risa and Ross Wasserman, Alexia Casey - In memory of Evan Wasserman

- ❖ Howard Kessler

Risa Wasserman - In memory of Evan Wasserman

- ❖ Steve and Barbara Brown

The Wasserman Family - In memory of Evan Wasserman

- ❖ The Radin Family

### Cantor's Music Fund

Risa Goldberg and Family - In memory of your mother, Sandra Rosenberg

- ❖ Meryl and Michael Skinder and Family

Cantor Wallach - Helping to prepare Henry Meiler for his bar mitzvah

- ❖ Meiler Family

Cantor Wallach - In memory of Sandra Sheer Rosenberg

- ❖ Risa and Howard Goldberg and Family

Biller Family - Mazal tov on the beautiful occasion of Eliana's bat mitzvah.

- ❖ Janet and Michael Slifer

Risa Wasserman - In memory of Evan Wasserman

- ❖ Andrea and Davis Hirschfeld

Risa Wasserman - In memory of Evan Wasserman

- ❖ Judy and Art Fredman

Risa Wasserman - In memory of Evan Wasserman

- ❖ The Lakin Family

Risa Wasserman and Family - In memory of your beloved Evan

- ❖ Elizabeth and Allan Rauch

Risa Goldberg - In memory of your mother, Sandra Rosenberg

- ❖ Amy and Larry Dantus

### Rabbi's Discretionary Fund

Rabbi Resnick - Helping to prepare Henry Meiler for his bar mitzvah

- ❖ Meiler Family

Risa Wasserman - In memory of Evan Wasserman

- ❖ Deena Bernhaut

Risa, Alexa and Ross Wasserman - In memory of Evan Wasserman

- ❖ Debra and Rubin Sinins

### Hedwig Gruenewald Early Childhood Center Fund

Rochelle and Gary Baron - Mazal tov on your 50th anniversary

- ❖ Deena Bernhaut

Risa Wasserman and Family - In memory of Evan Wasserman

- ❖ Rochelle Baron

### Hannah Blum Cogan USY-Kadima Fund

Glatt Family - In honor of Zach's bar mitzvah

- ❖ Neier-Schor Family

Richter Family - In honor of Simon's bar mitzvah

- ❖ Michelle Neier

Risa Wasserman and Family - In memory of Evan Wasserman

- ❖ Goldfaden Wurgaft Family

### Max Alper Prayer Book Fund

The Wasserman Family - In memory of Evan Wasserman

- ❖ The Reidenberg Family



## Purim Chanting Circle

**Join us in the Chapel  
Sunday, March 8th at 5PM  
for an especially joyous and raucous  
Hebrewchant and song circle with musical  
accompaniment!**

**We are in the merry month of Adar when  
we are told to increase our joy! Winter will  
soon be over and in one day Purim will be  
here. And there is no easier  
mitzvah to fulfill!**

**The intention of chanting is to awaken the  
divine in our hearts. It can soothe the  
mind, and at the very least is simply fun to  
do! No prior knowledge of Hebrew or  
singing ability necessary . . . only a  
willingness to join in spiritual community.**



**Harriet F. Klein, J.S.C. (Ret.)**

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#### MISSION STATEMENT

Congregation B'nai Israel is a center of Jewish life where we come together in a warm and welcoming environment.

We are...

- Rooted in Conservative traditional Jewish values, Torah, our connections to each other, our community, spirituality and Israel • Committed to creating a place where everyone feels comfortable and engaged, and is encouraged to participate • An inclusive, family-friendly, multi-generational, egalitarian congregation that pursues lifelong fulfillment through education, observance and social action • Present and supportive of one another whether celebrating life's joys or sharing its sorrows • Distinguished by passionate professional and lay leadership.

Congregation B'nai Israel is dedicated to inspiring current and future generations to experience rich Jewish lives.

#### **Congregation B'nai Israel (973) 379-3811**

Paul Resnick, Interim Rabbi  
Lorna Wallach, Cantor  
Steven Bayar, Rabbi Emeritus  
Harvey M. Brenner, FSA, FTA, Executive Director

#### **Education**

Rochelle Baron, Director, Early Childhood Center  
Rabbi Julie Schwarzwald, Director of Congregational Learning

#### **Youth and Adult Programming**

USY & Kadima - Aly Greenstein  
Chaverim - Michael Greenstein  
Adult Forum - Lois Dyer

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