## Selected Financial and Social Service Resources For the COVID-19 Outbreak

## Millburn Township:

https://twp.millburn.nj.us/DocumentCenter/View/5214/Opt-for-Shop-and-Dropfor-Senior-Citizens-Notice-PDF?bidId= - Shop And Drop program coordinated by Millburn Township provides limited food and pharmacy shopping services for resident senior citizens with no reliable local support system. Visit website, or call 973-447-1223.

<u>https://twp.millburn.nj.us/463/Novel-Coronavirus-News-and-Information</u> -Additional Millburn Township information relating to various aspects of COVID-19 outbreak

<u>Note</u>: Individuals residing outside Millburn Township are encouraged to visit their town's website to investigate available services.

## State of New Jersey:

https://jobs.covid19.nj.gov/ - Lists thousands of open jobs.

https://covid19.nj.gov/faqs/nj-information/general-public/what-is-the-statedoing-to-prevent-water-gas-or-electricity-shutoffs - New Jersey water, gas and electric utilities have suspended service shutoffs during the COVID-19 outbreak

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https://covid19.nj.gov/faqs/nj-information/get-assistance/am-i-eligible-forbenefits-or-unemployment-if-i-or-a-family-member-have-been-impacted-by-theoutbreak – Unemployment benefits, disability insurance, family leave, sick leave, and related benefits. (State unemployment benefits have been expanded by using Federal assistance recently provided because of the COVID-19 outbreak.)

<u>https://myunemployment.nj.gov/</u> - Information on New Jersey Unemployment Insurance and instructions for filing a claim

https://covid19.nj.gov/faqs/nj-information/general-public/what-housing-andrental-assistance-and-mortgage-relief-is-available-for-new-jerseyans-are-thereprotections-for-eviction-or-foreclosure – Relief from mortgage payments, limitations on housing evictions and mortgage foreclosures, modification of fees for early CD withdrawals, additional housing assistance and counseling

https://covid19.nj.gov/faqs/nj-information/get-assistance/how-do-i-apply-forfood-and-cash-assistance-and-health-insurance-during-the-covid-19-outbreak -How to apply for food assistance, cash assistance and health insurance during the COVID-19 outbreak

https://covid19.nj.gov/faqs/nj-information/get-assistance/who-can-i-call-if-i'mfeeling-stressed-or-anxious-during-the-covid-19-outbreak - Mental health support, information and assistance. Visit website, or call 866-202-4357.

<u>https://covid19.nj.gov/</u> - Additional New Jersey information relating to various aspects of COVID-19 outbreak. Visit website, or call 2-1-1 from 7 am to 11 pm with general COVID-19 questions, or call 1-800-962-1253 for medical COVID-19 questions 24 hours daily/7 days a week.

https://faq.business.nj.gov/en/articles/3838662-what-new-state-financialsupport-programs-are-available-to-businesses-impacted-by-the-covid-19outbreak - State financial support programs for businesses

## U.S. Government:

Certain resources below refer to the Federal Coronavirus Aid, Relief and Economic Security Act (the CARES Act), which was signed into law on March 27, 2020.

https://covid19.nj.gov/faqs/nj-information/general-public/how-does-the-caresact-help-me-or-my-business - Impact of CARES Act on individuals and businesses, including for example refundable tax credit of \$1,200 per individual (\$2,400 per couple) plus \$500 per child to individuals with income below \$75,000 (\$150,000 for couple). People earning above those amounts receive phased-out amounts, to a maximum income of \$99,000 (individual) or \$198,000 (couple). Other benefits are also described at this website.

https://www.bloomberg.com/news/articles/2020-03-27/coronavirus-bill-letsstruggling-americans-tap-retirement-money - Changes to retirement plan rules during the COVID-19 outbreak

<u>https://www.consumerfinance.gov/about-us/blog/what-you-need-to-know-about-student-loans-and-coronavirus-pandemic/</u> - Student loan relief during the COVID-19 outbreak

https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stressanxiety.html?CDC AA refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F 2019-ncov%2Fprepare%2Fmanaging-stress-anxiety.html – Managing stress and anxiety during the Coronavirus outbreak. Visit website, or call Disaster Distress Helpline at 1-800-985-5990 or National Domestic Violence Hotline at 1-800-799-7233.

https://www.njeda.com/pdfs/The-Small-Business-Owners-Guide-to-the-CARES-Act-f - Small Business Owner's Guide to the CARES Act, including information on loans, grants, debt relief, business counseling, and tax provisions

https://www.sba.gov/disaster-assistance/coronavirus-covid-19#section-header-21 – Disaster assistance available from the Small Business Administration

https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loanresources - Coronavirus small business guidance and loan resources

Non-Governmental Resources:

<u>https://jvsnj.org/</u> - Jewish Vocational Service of MetroWest provides career counseling and job-search assistance for people of all ages, and classes to enhance job-related skills. Visit website, or call 973-674-6330. <u>https://www.jfedgmw.org/hebrew-free-loan</u> - Hebrew Free Loan of New Jersey provides interest-free loans to local Jewish residents for a variety of purposes. Visit website, or call 973 765 9050.

<u>https://www.jfsmetrowest.org/</u> - Jewish Family Service of MetroWest provides comprehensive behavioral healthcare, mental health services, and related social services to clients of all ages. Visit website, or call 973-765-9050.

<u>http://www.downtheblock.org/</u> - Down The Block provides short-term assistance to Millburn Township residents facing unexpected financial setbacks. Visit website, or call 973-943-1424.

https://www.inc.com/inc-staff/free-tools-grants-video-conferencing-ad-creditsgift-certificates-cloud-storage-cyber-security.html?icid=hmhero – Free tools, resources and financial help for business owners impacted by COVID-19