

CBI TIKKUN 2020

Thursday, May 28 from 5:30-7:30 p.m.

Online via ZOOM – [CLICK HERE!](#)

Shavuot is the anniversary of the Giving of the Torah at Mount Sinai. *Tikkun Leil Shavuot* is the custom of studying with the community on Shavuot in order to relive the experience of standing at Sinai. Join us for an evening of enlightenment, engagement and enjoyment as we learn together!

How to Celebrate the Jewish Way

What Judaism says about celebrating and enjoying the pleasures of life.

Miriam Engel & Shai Bloom

Quarantine Torah Trivia Time!!!

A challenging series of questions from Judaism's scriptures — some easy and some stumpers!

The Dovidavany Family

Fear is OK Avoidance is Not

What the Torah teaches us about confronting anxiety.

Carrie Masia

Revelation!

What does our tradition say about Sinai; what does it mean to YOU?

Rabbi Paul Resnick

Special *Shavuot Mincha Service*

Cantor Lorna Wallach

Shal-OHM Judaism and Yoga CAN and DO Go Together!

Learn how Judaism and yoga overlap and why they work well for many Jews.

Michelle Daniel

Jewish Views of a Healthy Body, Mind and Soul

Jewish views of health and how it relates to modern medicine, particularly integrative medicine.

Michelle Neier

El Aleph Jews and Jewish Themes in the Latin American Canon

The influence of Jewish writers, characters and mysticism on the great works of Latin American Literature.

Lucy Dybner

Parsha Shiur

A D'var Torah from a Sefer written by an extended family member.

Zach Marcus

The Book of Ruth II

A humorous skit looks at what may have happened after the Book of Ruth I.

Ruth Novick, Laurie Kavowras & Dan Richter

PLUS!

Chanting of The Ten Commandments
Kopel Burk
Chanting from Book of Ruth
Sara Sherman